

2010 ASAA Championships - 5/21/2010 to 5/22/2010

Hosted by Lathrop High School

Lathrop HS Track

Results

Girls 100 Meter Dash 1A-2A-3A

ASAA Champ's: 12.94 % 5/23/2009 Melissa Grammer

Season Best: 13.41 * Sadie Arneson

Name	School	Finals
Section 1 Wind: -1.3		
1 Esbenshade, Ellen	Yakutat	J13.44 10
2 Arneson, Sadie	Cook Inlet	J13.64 8
3 Clark, Monica	Monroe Catholic	J13.72 6
4 Garrett, Jakeera	Hutchison	J13.72 4
5 Bennett, Chantell	Anch. Christian	J13.72 2
6 Williams, Jazzmyn	Eielson	J14.05 1
7 Lundgren, Talia	Monroe Catholic	14.21
8 Railing, Emily	Her. Christian	14.34

Girls 200 Meter Dash 1A-2A-3A

ASAA Champ's: 27.13 % 5/23/2009 Lexy Siefert

Season Best: 26.79 * Gabriella Serventi

Name	School	Finals
Section 1 Wind: -2.4		
1 Serventi, Gabriella	Grace Christian	28.04 10
2 Esbenshade, Ellen	Yakutat	28.31 8
3 Bennett, Chantell	Anch. Christian	28.58 6
4 Garrett, Jakeera	Hutchison	28.62 4
5 Arneson, Sadie	Cook Inlet	28.99 2
6 Anderson, Leisha	Anch. Christian	29.06 1
7 Ihde, Sarah	Grace Christian	29.25
8 Scott, Missy	Su Valley	30.01

Girls 400 Meter Dash 1A-2A-3A

ASAA Champ's: 1:01.11 % 5/23/2009 Britney Anderson

Season Best: 1:02.13 * Gabriella Serventi

Name	School	Finals
Section 1		
1 Serventi, Gabriella	Grace Christian	1:01.47* 10
2 Bauder, Megan	Cook Inlet	1:02.84 8
3 Simmers, Debbiey	Anch. Christian	1:03.05 6
4 Medinger, Kathryn	Sitka	1:04.24 4
5 Herbert, Maggie	Seward	1:05.43 2
6 Tulip, Anna	Grace Christian	1:05.62 1
7 Price, Blair	Grace Christian	1:06.61
8 Schreder, Megan	Monroe Catholic	1:07.58

Girls 800 Meter Run 1A-2A-3A

ASAA Champ's: 2:25.41 % 5/23/2009 Kailey Wilson

Season Best: 2:25.75 * Lizzy Bennett

Name	School	Finals
Section 1		
1 Wilson, Kailey	Kenny Lake	2:22.16% 10
2 Barnwell, Alison	Seward	2:22.26% 8
3 Bennett, Lizzy	Monroe Catholic	2:26.58 6
4 Medinger, Kathryn	Sitka	2:27.55 4
5 Davis, BethAnne	Grace Christian	2:31.50 2
6 Stevenson, Bailey	Su Valley	2:31.94 1
7 Surdyk, Kaitlyn	Skagway	2:33.57

8 Jensen, Amanda Skagway 2:33.65

Girls 1600 Meter Run 1A-2A-3A

ASAA Champ's: 5:18.10 % 5/23/2009 Kailey Wilson

Season Best: 5:20.85 * Kailey Wilson

Name	School	Finals
Section 1		
1 Wilson, Kailey	Kenny Lake	5:27.82 10
2 Fifield, Macala	Monroe Catholic	5:37.38 8
3 Jensen, Amanda	Skagway	5:37.63 6
4 Boyles, Monae	Grace Christian	5:39.00 4
5 Applegate, Mariah	Grace Christian	5:41.86 2
6 Surdyk, Kaitlyn	Skagway	5:43.24 1
7 Winkler, Anitra	Cantwell	6:01.63

Girls 3200 Meter Run 1A-2A-3A

ASAA Champ's: 11:33.61 % 5/21/2010 Kailey Wilson

Season Best: 11:23.24 * Kailey Wilson

Name	School	Finals
Section 1		
1 Wilson, Kailey	Kenny Lake	11:33.61% 10
2 Barnwell, Alison	Seward	11:42.37 8
3 Fifield, Macala	Monroe Catholic	12:13.17 6
4 Jensen, Amanda	Skagway	12:13.50 4
5 Applegate, Mariah	Grace Christian	12:14.39 2
6 Paustian, Kari	Sitka	12:22.68 1
7 Surdyk, Kaitlyn	Skagway	12:34.91
8 Dyer, Laura	Seward	13:04.18

Girls 100 Meter Hurdles 1A-2A-3A

ASAA Champ's: 15.29 % 5/23/2009 Anna Simmers

Season Best: 17.56 * Karley Madren

Name	School	Finals
Section 1 Wind: 0.4		
1 Madren, Karley	Anch. Christian	17.19* 10
2 Karlberg, Hannah	Grace Christian	18.44 8
3 Bennett, Chantell	Anch. Christian	18.93 6
4 Garrett, Jakeera	Hutchison	18.94 4
5 Thibodeaux, Briana	Anch. Christian	19.10 2
6 Campbell, Maddy	Seward	19.14 1
7 Bauder, Megan	Cook Inlet	19.52
8 Jessica, Stokes	Monroe Catholic	20.87

Girls 300 Meter Hurdles 1A-2A-3A

ASAA Champ's: 48.51 % 5/23/2009 Amie Smithwick

Season Best: 51.44 * Karley Madren

Name	School	Finals
Section 1		
1 Bennett, Lizzy	Monroe Catholic	49.90* 10
2 Madren, Karley	Anch. Christian	50.72* 8
3 Cresap, Sarah	Grace Christian	52.21 6
4 Esbenshade, Tina	Yakutat	52.40 4
5 Atherton, Kristina	Seward	53.75 2
6 Karlberg, Hannah	Grace Christian	56.38 1
7 Son, Kaylin	Eielson	56.39

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Section 1 ... (Girls 300 Meter Hurdles 1A-2A-3A)

Name	School	Finals
8 Stahl, Laura	Su Valley	56.40

Girls 4x100 Meter Relay 1A-2A-3A

ASAA Champ's: 52.83 % 5/23/2009 Anchorage Christian

R Senko, J Bennett, L Anderson, C Bennett

Season Best: 54.54 * Anchorage Christian

Team	Relay	Finals
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Section 1

1 Cook Inlet Acad.	A	54.72	10
1) Arneson, Sadie	2) Davidson, Cara		
3) Bauder, Lauren	4) Bauder, Megan		
2 Anchorage Christian	A	54.92	8
1) Thibodeaux, Briana	2) Quinlan, Callie		
3) Bennett, Jenelle	4) Anderson, Leisha		
3 Grace Christian	A	55.18	6
1) Sutton, Jenna	2) Cresap, Sarah		
3) Price, Blair	4) Ihde, Sarah		
4 Monroe Catholic HS	A	55.86	4
1) Clark, Monica	2) Barnard, Kirsten		
3) Lundgren, Talia	4) Gavora, Alexis		
5 Eielson HS	A	56.76	2
1) Williams, Jazzmyn	2) Armour, Andie		
3) Boyd, Taylor	4) Son, Kaylin		
6 Seward HS	A	56.87	1
1) Atherton, Kristina	2) Campbell, Maddy		
3) Herbert, Maggie	4) Adelman, Tessa		
7 Heritage Christian	A	59.28	
1) Railing, Emily	2) Parrott, Brittany		
3) Halsey, Abby	4) Anderson, Jessica		
8 Haines HS	A	1:00.81	
1) St. Clair, Jackie	2) Lynch, Teolani		
3) Giddings, Jess	4) Daly, Fran		

Girls 4x200 Meter Relay 1A-2A-3A

ASAA Champ's: 1:54.00 % 5/23/2009 Anchorage Christian

C Klein, J Bennett, R Senko, L Anderson

Season Best: 1:55.60 * Anchorage Christian

Team	Relay	Finals
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Section 1

1 Grace Christian	A	1:51.70%	10
1) Ihde, Sarah	2) Sutton, Jenna		
3) Tulip, Anna	4) Serventi, Gabriella		
2 Anchorage Christian	A	1:51.78%	8
1) Bennett, Jenelle	2) Anderson, Leisha		
3) Simmers, Debbiey	4) Bennett, Chantell		
3 Haines HS	A	1:57.06	6
1) Lynch, Teolani	2) Rasmussen, Marnie		
3) Giddings, Jess	4) Daly, Fran		
4 Seward HS	A	1:57.68	4
1) Erchinger, Neeka	2) Atherton, Kristina		
3) Herbert, Maggie	4) Adelman, Tessa		

5 Monroe Catholic HS	A	1:58.28	2
1) Clark, Monica	2) Barnard, Kirsten		
3) Lundgren, Talia	4) Gavora, Alexis		
6 Eielson HS	A	2:00.56	1
1) Williams, Jazzmyn	2) Armour, Andie		
3) Boyd, Taylor	4) Son, Kaylin		
7 Su Valley HS	A	2:01.29	
1) Stahl, Laura	2) Starbuck, Hannah		
3) Stevenson, Bailey	4) Scott, Missy		
8 Delta Junction HS	A	2:04.05	
1) Olsen, Kari	2) Heintz, Angie		
3) Trainor, Sam	4) Wrigley, Mallory		

Girls 4x400 Meter Relay 1A-2A-3A

ASAA Champ's: 4:36.38 % 5/23/2009 Grace Christian

S Cresap, H Kopp, H Johnson, M Dupea

Season Best: 4:23.30 * Grace Christian

Team	Relay	Finals
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Section 1

1 Monroe Catholic HS	A	4:23.74%	10
1) Fifield, Macala	2) Schreder, Nicole		
3) Schreder, Megan	4) Bennett, Lizzy		
2 Grace Christian	A	4:28.44%	8
1) Price, Blair	2) Davis, BethAnne		
3) Applegate, Mariah	4) Cresap, Sarah		
3 Haines HS	A	4:35.54%	6
1) Lynch, Teolani	2) Jacobson, Anna		
3) St. Clair, Jackie	4) Rasmussen, Marnie		
4 Yakutat HS	A	4:41.58	4
1) Wheeler, Justyne	2) Esbenschade, Tina		
3) Esbenschade, Ellen	4) Myers, Hailley		
5 Skagway HS	A	4:45.58	2
1) Leverton, Rori	2) Vogel, Avi		
3) Jensen, Amanda	4) Surdyk, Kaitlyn		
6 Eielson HS	A	4:46.40	1
1) Son, Kaylin	2) Hebert, Ashlynn		
3) Armour, Andie	4) Boyd, Taylor		
7 Delta Junction HS	A	4:46.43	
1) Byam, Anna	2) Olsen, Kari		
3) Ionashku, Tonya	4) Trainor, Sam		
8 Anchorage Christian	A	4:58.31	
1) Thompson, Krystal	2) Quinlan, Callie		
3) James, Olivia	4) Jaconette, Olivia		

Girls 4x800 Meter Relay 1A-2A-3A

ASAA Champ's: 10:13.57 % 5/23/2009 Grace Christian

N Leman, M Applegate, H Kopp, Dupea

Season Best: 10:25.40 * Grace Christian

Team	Relay	Finals
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Section 1

1 Seward HS	A	10:20.34*	10
1) Barnwell, Alison	2) Sefton, Kelley		
3) Herbert, Maggie	4) Atherton, Kristina		

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Section 1 ... (Girls 4x800 Meter Relay 1A-2A-3A)

Team	Relay	Finals	
2 Monroe Catholic HS	A	10:26.44	8
1) Fifield, Macala	2) Schreder, Nicole		
3) Schreder, Megan	4) Bennett, Lizzy		
3 Grace Christian	A	10:30.05	6
1) Applegate, Mariah	2) Winkle, Betsy		
3) Trujillo, Anna	4) Davis, BethAnne		
4 Eielson HS	A	11:28.65	4
1) Murtiff, Mickey	2) Hebert, Ashlynn		
3) Armour, Andie	4) Boyd, Taylor		
5 Anchorage Christian	A	11:41.23	2
1) Jaconette, Olivia	2) Thompson, Krystal		
3) Nale, Margaret	4) Anderson, Leisha		

Girls High Jump 1A-2A-3A

ASAA Champ's: 5-01 % 5/22/2009 Daisy Morgan

Season Best: 4-10 * 5/21/2010 Kathryn Medinger

Name	School	Finals	
Flight 1			
1 Medinger, Kathryn	Sitka	J4-10.00*	10
2 Goins, Brianna	Ninilchik	J4-08.00	7
2 Stevenson, Bailey	Su Valley	J4-08.00	7
4 Paustian, Kari	Sitka	J4-08.00	4
5 Francis, Courtney	Eielson	J4-06.00	1.5
5 Quinlan, Callie	Anch. Christian	J4-06.00	1.5
7 Cresap, Sarah	Grace Christian	4-04.00	
7 Gavora, Alexis	Monroe Catholic	4-04.00	
9 Piper, Jordan	Haines	J4-04.00	
--- Jaconette, Olivia	Anch. Christian	NH	
--- Fellman, Hannah	Delta Junction	NH	

Girls Long Jump 1A-2A-3A

ASAA Champ's: 15-07.50 % 5/23/2000 Gabriella Serventi

Season Best: 17-07.50 * Kathryn Medinger

Name	School	Finals	
Flight 1			
1 Bennett, Jenelle	Anch. Christian	14-08.25	10
2 Medinger, Kathryn	Sitka	14-07.25	8
3 Simmers, Debbie	Anch. Christian	14-06.75	6
4 Garrett, Jakeera	Hutchison	14-04.75	4
5 Serventi, Gabriella	Grace Christian	14-03.25	2
6 Madren, Karley	Anch. Christian	14-01.25	1
7 Lynch, Teolani	Haines	13-11.25	-1.3
8 Bauder, Megan	Cook Inlet	13-05.75	-2.2

Girls Triple Jump 1A-2A-3A

ASAA Champ's: 33-02.50 % 5/21/2010 Debbie Simmers

Season Best: 33-02.50 * 5/21/2010 Debbie Simmers

Name	School	Finals	
Flight 1			
1 Simmers, Debbie	Anch. Christian	33-02.50%	10
2 Bennett, Jenelle	Anch. Christian	32-02.75	8
3 Hughey, Alaire	Sitka	31-11.75	6
4 Paustian, Kari	Sitka	31-09.25	4

5 Tulip, Anna	Grace Christian	31-01.75	2
6 Francis, Courtney	Eielson	30-08.75	1
7 Goins, Brianna	Ninilchik	27-04.25	1.2
--- Madren, Karley	Anch. Christian	FOUL	

Girls Shot Put 1A-2A-3A

ASAA Champ's: 33-02.75 % 5/23/2009 Anna Simmers

Season Best: 33-01.75 *

Fran Daly

Name	School	Finals	
Flight 1			
1 Johnson, Kassi	Nikiski	34-02.50%	10
2 Daly, Fran	Haines	33-03.75%	8
3 Hansen, Megan	Nikiski	32-07.75	6
4 Anderson, Jessica	Her. Christian	31-07.25	4
5 Esbenshade, Ellen	Yakutat	31-01.25	2
6 James, Olivia	Anch. Christian	31-00.50	1
7 Adelman, Tessa	Seward	29-10.75	
8 Obermeyer, Demi	Monroe Catholic	27-11.75	

Girls Discus Throw 1A-2A-3A

ASAA Champ's: 111-08 % 5/21/2010 Fran Daly

Season Best: 117-07 *

Fran Daly

Name	School	Finals	
Flight 1			
1 Daly, Fran	Haines	111-08%	10
2 Johnson, Kassi	Nikiski	99-08	8
3 Hansen, Megan	Nikiski	95-01	6
4 Richardson, Sara	Grace Christian	93-03	4
5 Nale, Margaret	Anch. Christian	84-04	2
6 Obermeyer, Demi	Monroe Catholic	83-11	1
7 Davidson, Cara	Cook Inlet	82-09	
8 Green, Kylee	Grace Christian	72-02	

Girls 100 Meter Dash 4A

ASAA Champ's: 11.8h % 1981

Startlett Jackson

Season Best: 12.54 *

Alisha Allen

Name	School	Prelims	
Heat 1 Preliminaries Wind: -0.1			
1 Ferguson, Shaai	Service	12.87Q	
2 Tillmon, Jessica	Bartlett	12.88Q	
3 Allen, Alisha	Lathrop	13.00Q	
4 Sweet, MiCall	Dimond	13.09Q	
5 Schleich, Cori	Wasilla	13.57	
6 Mattson, Hannah	West Valley	13.66	
Heat 2 Preliminaries Wind: -1.5			
1 Harris, Dajanae	Wasilla	12.93Q	
2 Dampier, Morgan	Wasilla	12.96Q	
3 Walker, Brittany	Bartlett	13.12Q	
4 Little, Destiny	Bartlett	13.15Q	
5 Jackson, Rayana	Bartlett	13.18	
6 Souders, Hannah	Service	13.40	
7 Oliver, Samantha	Kodiak	13.87	

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Girls 100 Meter Dash 4A

ASAA Champ's: 11.8h % 1981

Startlett Jackson

Season Best: 12.54 *

Alisha Allen

Name	School	Finals
Section 1 Finals Wind: 0.9		
1 Harris, Dajanae	Wasilla	12.73 10
2 Ferguson, Shaai	Service	12.76 8
3 Tillmon, Jessica	Bartlett	12.76 6
4 Walker, Brittany	Bartlett	12.79 4
5 Allen, Alisha	Lathrop	12.87 2
6 Dampier, Morgan	Wasilla	13.03 1
7 Sweet, MiCall	Dimond	13.12
8 Little, Destiny	Bartlett	13.27

Girls 200 Meter Dash 4A

ASAA Champ's: 25.1h % 1982

Yvette Ervin

Season Best: 25.99 *

Lierin Flanagan

Name	School	Prelims
Heat 1 Preliminaries Wind: -1.2		
1 Allen, Alisha	Lathrop	26.81Q
2 Bozeman, Jaley	Dimond	27.19Q
3 Ferguson, Shaai	Service	27.30Q
3 Harris, Dajanae	Wasilla	27.30Q
5 Matthis, MacKenzie	Chugiak	27.54
6 Ernest, Selma	Kodiak	28.34
7 Kennedy, Jaime	West Valley	28.52
8 Sweet, MiCall	Dimond	28.88

Heat 2 Preliminaries Wind: -4.3

1 Flanagan, Lierin	Kenai	26.77Q
2 Little, Destiny	Bartlett	27.21Q
3 Walker, Brittany	Bartlett	27.50Q
4 Harter, Kendra	Chugiak	27.75Q
5 Cooper, Paris	Skyview	28.43
6 Siddeek, Esra	Juneau-Douglas	28.48
7 Schleich, Cori	Wasilla	28.62

Girls 200 Meter Dash 4A

ASAA Champ's: 25.1h % 1982

Yvette Ervin

Season Best: 25.99 *

Lierin Flanagan

Name	School	Finals
Section 1 Finals Wind: -1.6		
1 Flanagan, Lierin	Kenai	25.86* 10
2 Allen, Alisha	Lathrop	26.60 8
3 Ferguson, Shaai	Service	26.70 6
4 Walker, Brittany	Bartlett	27.00 4
5 Bozeman, Jaley	Dimond	27.33 2
6 Harris, Dajanae	Wasilla	27.42 1
7 Little, Destiny	Bartlett	27.42
8 Harter, Kendra	Chugiak	27.56

Girls 400 Meter Dash 4A

ASAA Champ's: 56.96 % 5/21/2010 Lierin Flanagan

Season Best: 56.84 *

Lierin Flanagan

Name	School	Prelims
Heat 1 Preliminaries		
1 Beeson, Bailey	Kenai	59.29Q
2 Bagsby, Symphony	Dimond	1:00.05Q
3 Todd, Jessica	Dimond	1:00.09Q
4 Bick, Susan	Bartlett	1:00.62Q
5 Ernest, Selma	Kodiak	1:02.09
6 Stophlet, Catherine	South Anchorage	1:02.36
7 Ashmore, Lawjen	West Valley	1:02.89
8 Matthis, MacKenzie	Chugiak	1:03.63

Heat 2 Preliminaries

1 Flanagan, Lierin	Kenai	% 56.96Q
2 Dampier, Morgan	Wasilla	59.30Q
3 Reagle, Josephine	East Anchorage	1:01.01Q
4 Imig, Madison	Dimond	1:01.15Q
5 Wood, Sam	North Pole	1:02.30
6 Angell, Christine	Lathrop	1:02.33
7 Mucha, Bree	Soldotna	1:03.33
8 Burger-Pothier, Lillian	Juneau-Douglas	1:04.58

Girls 400 Meter Dash 4A

ASAA Champ's: 56.96 % 5/21/2010 Lierin Flanagan

Season Best: 56.84 *

Lierin Flanagan

Name	School	Finals
Section 1 Finals		
1 Flanagan, Lierin	Kenai	55.95* 10
2 Beeson, Bailey	Kenai	58.46 8
3 Todd, Jessica	Dimond	59.26 6
4 Bagsby, Symphony	Dimond	59.33 4
5 Bick, Susan	Bartlett	59.94 2
6 Reagle, Josephine	East Anchorage	1:00.02 1
7 Imig, Madison	Dimond	1:01.60
8 Dampier, Morgan	Wasilla	1:03.33

Girls 800 Meter Run 4A

ASAA Champ's: 2:14.56 % 2003

Kris Smith

Season Best: 2:15.06 *

Morgan Dampier

Name	School	Prelims
Heat 1 Preliminaries		
1 Bethea, Jaymi	Kodiak	2:21.18Q
2 O'Guinn, Ivy	Skyview	2:22.22Q
3 Roelle, Rachel	West Anchorage	2:23.12Q
4 Fitzgerald, Kim	Lathrop	2:24.05Q
5 Mucha, Kailey	Kenai	2:26.18
6 Ivanoff, Chloe	Kodiak	2:30.27
7 Rorabaugh, Eliza	West Valley	2:31.45
Heat 2 Preliminaries		
1 Dampier, Morgan	Wasilla	2:24.41Q

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Heat 2 Preliminaries ... (Girls 800 Meter Run 4A)

Name	School	Prelims
2 Wilcox, Cara	Dimond	2:24.47Q
3 Michaelson, Audrey	Colony	2:24.67Q
4 Wray, Nikki	Dimond	2:25.29Q
5 Clump, Keri	Wasilla	2:25.31
6 Wheatall, Elizabeth	Service	2:30.12
7 Schmitz, Kelly	North Pole	2:36.61

Girls 800 Meter Run 4A

ASAA Champ's: 2:14.56 % 2003

Kris Smith

Season Best: 2:15.06 *

Morgan Dampier

Name	School	Finals
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Section 1 Finals

1 Dampier, Morgan	Wasilla	2:13.95% 10
2 O'Guinn, Ivy	Skyview	2:17.44 8
3 Michaelson, Audrey	Colony	2:21.82 6
4 Roelle, Rachel	West Anchorage	2:22.65 4
5 Wilcox, Cara	Dimond	2:23.40 2
6 Fitzgerald, Kim	Lathrop	2:27.68 1
7 Wray, Nikki	Dimond	2:27.79
8 Bethea, Jaymi	Kodiak	2:29.08

Girls 1600 Meter Run 4A

ASAA Champ's: 4:55.89 % 2003

Kris Smith

Season Best: 5:14.00 *

Ivy O'Guinn

Name	School	Finals
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Section 1

1 O'Guinn, Ivy	Skyview	5:09.41* 10
2 Bethea, Jaymi	Kodiak	5:13.70* 8
3 Hartke, Samantha	Chugiak	5:16.90 6
4 Ford, Jenna	Wasilla	5:17.35 4
5 Francis, Leah	Juneau-Douglas	5:18.50 2
6 Callahan, Molly	West Valley	5:19.28 1
7 Edic, Megan	Lathrop	5:23.93
8 Schmitz, Christi	North Pole	5:27.37
9 Kirk, Stephanie	South Anchorage	5:28.15
10 Freistone, Sarah	Dimond	5:29.26
11 Minge, Emma	South Anchorage	5:29.56
12 Culver, Katherine	South Anchorage	5:33.11
13 Vania, Merielle	South Anchorage	5:33.14
14 Mahlen, Tsaina	South Anchorage	5:33.75
15 Hennessy, Amelia	Dimond	5:33.89

Girls 3200 Meter Run 4A

ASAA Champ's: 10:37.7h % 1986

Kristi Klinnert

Season Best: 11:06.97 * 5/21/2010 Ivy O'Guinn

Name	School	Finals
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Section 1

1 O'Guinn, Ivy	Skyview	11:06.97* 10
2 Ford, Jenna	Wasilla	11:13.47 8
3 Francis, Leah	Juneau-Douglas	11:26.76 6
4 Callahan, Molly	West Valley	11:29.69 4
5 Ivanoff, Chloe	Kodiak	11:32.41 2
6 Wright, Jessica	North Pole	11:38.20 1

7 Schmitz, Christi	North Pole	11:41.78
8 Freistone, Sarah	Dimond	11:43.92
9 Hennessy, Amelia	Dimond	11:47.04
10 Stewart, Sydney	Colony	11:58.46
11 Mahlen, Tsaina	South Anchorage	12:00.58
12 Edic, Megan	Lathrop	12:00.64
13 Lange, Katherine	Chugiak	12:02.32
14 Smith, Melanie	Soldotna	12:05.17
15 Rinngenberg, Mandi	Wasilla	12:07.96
16 Culver, Katherine	South Anchorage	12:08.63

Girls 100 Meter Hurdles 4A

ASAA Champ's: 14.92 % 5/21/2010 Emily Sharp

Season Best: 14.92 * 5/21/2010 Emily Sharp

Name	School	Prelims
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Heat 1 Preliminaries Wind: 1.1

1 Sharp, Emily	Juneau-Douglas	* 14.92Q
2 Engel, Keiahnna	Dimond	14.96Q
3 Kueter, Morgan	Bartlett	16.64Q
4 DeVito, Shaynee	Kenai	16.76Q
5 Sandahl, Leah	Kenai	16.87
6 Bassler, Lauren	South Anchorage	16.94
7 Rust, Kiera	Wasilla	17.19
8 Vaitohi, Mary	Dimond	17.28

Heat 2 Preliminaries Wind: -0.6

1 Smith, Rosie	Bartlett	15.44Q
2 Sharp, Samantha	Juneau-Douglas	16.32Q
3 Kiyutelluk, Robin	Bartlett	16.71Q
4 Bohn, Brianna	West Anchorage	16.87Q
5 Oliver, Samantha	Kodiak	16.87
6 Klecka, Jacqueline	Eagle River	17.01
7 Oba, Elli	Lathrop	17.60
8 Nuernberg, Monica	Palmer	17.91

Girls 100 Meter Hurdles 4A

ASAA Champ's: 14.92 % 5/21/2010 Emily Sharp

Season Best: 14.92 * 5/21/2010 Emily Sharp

Name	School	Finals
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Section 1 Finals Wind: 0.8

1 Engel, Keiahnna	Dimond	14.90* 10
2 Sharp, Emily	Juneau-Douglas	15.04 8
3 Smith, Rosie	Bartlett	15.17 6
4 Sharp, Samantha	Juneau-Douglas	16.58 4
5 DeVito, Shaynee	Kenai	16.68 2
6 Kiyutelluk, Robin	Bartlett	16.71 1
7 Kueter, Morgan	Bartlett	16.79
8 Bohn, Brianna	West Anchorage	16.80

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Girls 300 Meter Hurdles 4A

ASAA Champ's: 44.93 % 1994

Lara Kelly

Season Best: 45.79 *

Rosie Smith

Name	School	Prelims
Heat 1 Preliminaries		
1 Sharp, Emily	Juneau-Douglas	46.86Q
2 Vaitohi, Mary	Dimond	48.01Q
3 Wilcox, Cara	Dimond	48.50Q
4 Sharp, Samantha	Juneau-Douglas	48.58Q
5 Ulen, Mariah	Soldotna	49.04
6 Kiyutelluk, Robin	Bartlett	50.93
7 Hollers, Elisha	Skyview	51.61
8 Johansen, Siobhan	Colony	51.96

Heat 2 Preliminaries

1 Smith, Rosie	Bartlett	46.16Q
2 Engel, Keiahnna	Dimond	46.70Q
3 DeVito, Shaynee	Kenai	49.09Q
4 Inch, Deven	East Anchorage	49.12Q
5 Rorabaugh, Marisa	West Valley	49.80
6 LeClaire, Scottie Su	Service	50.38
7 Bassler, Lauren	South Anchorage	51.03
8 Jackson, Sarah	West Valley	52.69

Girls 300 Meter Hurdles 4A

ASAA Champ's: 44.93 % 1994

Lara Kelly

Season Best: 45.79 *

Rosie Smith

Name	School	Finals
Section 1 Finals		
1 Smith, Rosie	Bartlett	45.37* 10
2 Sharp, Emily	Juneau-Douglas	45.50* 8
3 Engel, Keiahnna	Dimond	47.81 6
4 DeVito, Shaynee	Kenai	47.91 4
5 Vaitohi, Mary	Dimond	48.68 2
6 Inch, Deven	East Anchorage	48.83 1
7 Ulen, Mariah	Soldotna	49.14
8 Sharp, Samantha	Juneau-Douglas	49.19

Girls 4x100 Meter Relay 4A

ASAA Champ's: 49.77 % 2005

East Anchorage

Black, Preston, Smith, Vanzant

Season Best: 50.41 *

Bartlett

Team	Relay	Finals
Section 1		
1 Bartlett	A	49.80* 10
1) Jackson, Rayana	2) Walker, Brittany	
3) Young, Kayla	4) Tillmon, Jessica	
2 Dimond HS	A	50.24* 8
1) Bozeman, Jaley	2) Sweet, MiCall	
3) Bagsby, Symphony	4) Todd, Jessica	
3 Service HS	A	51.54 6
1) Ferguson, Shaai	2) Serrano, Gaby	
3) Zanders, Katelynn	4) Souders, Hannah	

4 Juneau-Douglas HS	A	52.10 4
1) Neary, Iris	2) Rieselbach, Maya	
3) Sharp, Samantha	4) Siddeek, Esra	
5 Soldotna HS	A	52.29 2
1) Gordon, Megan	2) Hamilton, Alicia	
3) Ulen, Mariah	4) Nolden, Jelly	
6 Palmer HS	A	52.37 1
1) Nuernberg, Monica	2) Blake, Taylor	
3) VanHoomissen, Jamie	4) Houchen, Sarah	
7 Lathrop HS	A	56.27
1) Spencer, Dominique	2) Fitzgerald, Keri-Lyn	
3) Sloat, Alex	4) Glaeser, Britt	
--- East Anchorage HS	A	DQ
1) Gardner, Amber	2) Butler, Synclair	
3) Reagle, Josephine	4) Phillips, Ashanti	

Girls 4x200 Meter Relay 4A

ASAA Champ's: 1:44.86 % 2003

Lathrop

Baily Preston Dollison, Smith

Season Best: 1:45.89 *

Service

Team	Relay	Finals
Section 1		
1 Bartlett	A	1:45.58* 10
1) Little, Destiny	2) Tillmon, Jessica	
3) Walker, Brittany	4) Jackson, Rayana	
2 Service HS	A	1:46.00 8
1) Souders, Hannah	2) Serrano, Gaby	
3) Zanders, Katelynn	4) Ferguson, Shaai	
3 Dimond HS	A	1:46.86 6
1) Jackson, Kimmy	2) Sweet, MiCall	
3) Bozeman, Jaley	4) Bagsby, Symphony	
4 Wasilla HS	A	1:48.83 4
1) Harris, Dajanae	2) Schleich, Cori	
3) Nickerson, Gladys	4) Dampier, Morgan	
5 West Valley HS	A	1:50.39 2
1) Kennedy, Jaime	2) Jones, Kinzea	
3) Mattson, Hannah	4) Oneil, Kieran	
6 Palmer HS	A	1:50.70 1
1) Blake, Taylor	2) Whitfield, Tress	
3) VanHoomissen, Jamie	4) Houchen, Sarah	
7 Chugiak HS	A	1:50.87
1) Harter, Kendra	2) Wehrheim, Barbara	
3) Fore, Rachel	4) Matthis, MacKenzie	
8 Juneau-Douglas HS	A	1:51.61
1) Cumlat, Jean	2) Rieselbach, Maya	
3) Jackson, Karissa	4) Siddeek, Esra	

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Girls 4x400 Meter Relay 4A

ASAA Champ's: 4:04.46 % 5/23/2009 Kenai Central
K Louthan, S DeVito, B Beeson, L Flanagan

Season Best: 4:04.99 * Dimond

Team	Relay	Finals
Section 1		
1 Kenai Central HS	A	4:01.72% 10
1) Sandahl, Leah	2) DeVito, Shaynee	
3) Beeson, Bailey	4) Flanagan, Lierin	
2 Dimond HS	A	4:02.47% 8
1) Engel, Keiahnna	2) Bagsby, Symphony	
3) Imig, Madison	4) Todd, Jessica	
3 Palmer HS	A	4:15.26 6
1) Whitfield, Morgan	2) Whitfield, Tress	
3) Winter, Gretchen	4) Houchen, Sarah	
4 Juneau-Douglas HS	A	4:15.29 4
1) Jackson, Karissa	2) Sharp, Emily	
3) Burger-Pothier, Lillian	4) Francis, Leah	
5 South Anchorage HS	A	4:15.34 2
1) Stophlet, Catherine	2) Kirk, Stephanie	
3) Minge, Emma	4) Wiita, Cayla	
6 Bartlett	A	4:16.47 1
1) Bick, Susan	2) Smith, Rosie	
3) Little, Destiny	4) Poole, Jasmine	
7 Service HS	A	4:22.83
1) Wheatall, Elizabeth	2) Serrano, Gaby	
3) LeClaire, Scottie Su	4) Barrus, Natalie	
8 Lathrop HS	A	4:26.64
1) Fitzgerald, Kim	2) Sloat, Alex	
3) Fitzgerald, Keri-Lyn	4) Angell, Christine	

Girls 4x800 Meter Relay 4A

ASAA Champ's: 9:35.21 % 2004 West Valley

L Johnson, C Gillis, C Miller, M Callahan

Season Best: 9:46.84 * South Anchorage

Team	Relay	Finals
Section 1		
1 Dimond HS	A	9:42.16* 10
1) Wray, Nikki	2) Hennessy, Amelia	
3) Freistone, Sarah	4) Wilcox, Cara	
2 South Anchorage HS	A	9:52.55 8
1) Minge, Emma	2) Kirk, Stephanie	
3) Vania, Merielle	4) Yanoshek, Kelly	
3 Lathrop HS	A	9:53.90 6
1) Edic, Megan	2) King, Sarah	
3) Angell, Christine	4) Fitzgerald, Kim	
4 Wasilla HS	A	9:54.63 4
1) Ford, Jenna	2) Young, Haley	
3) Rinngenberg, Mandi	4) Clump, Keri	
5 North Pole HS	A	10:03.10 2
1) Wood, Sam	2) Wright, Jessica	
3) Schmitz, Christi	4) Schmitz, Kelly	

6 Kodiak HS	A	10:15.68 1
1) Ng, Sarah	2) Smith, Allie	
3) Ivanoff, Chloe	4) Bethea, Jaymi	
7 Soldotna HS	A	10:29.38
1) Smith, Melanie	2) Skjold, Kaylee	
3) Merkes, Miranda	4) Mucha, Bree	
8 Juneau-Douglas HS	A	10:37.14
1) Clark, Lindsay	2) McDermott, Sarah	
3) Miller, Martina	4) Burger-Pothier, Lillian	

Girls High Jump 4A

ASAA Champ's: 5-06 % 1983 Rene Pickarsky

Season Best: 5-01 * 5/21/2010 Veronika Kudinova

Name	School	Finals
Flight 1		
1 Kudinova, Veronika	Service	J5-01.00* 10
2 Ulen, Mariah	Soldotna	J5-01.00* 8
3 Mattson, Hannah	West Valley	J5-01.00* 5
3 Mackey, Julia	West Valley	J5-01.00* 5
5 Kueter, Morgan	Bartlett	J5-00.00 2
6 Stewart, Taylor	Colony	J4-08.00 1
7 Mather, Laura	West Valley	J4-08.00
7 Broquet, Nicole	Dimond	J4-08.00
9 Warners, Scout	Eagle River	4-06.00
9 Okasaktaruk, Alice	Wasilla	4-06.00
11 Zakurdaew, Lida	South Anchorage	J4-06.00
12 James, Savanna	Houston	J4-06.00
--- Dumpson, Tekoa	East Anchorage	NH
--- Parish, Tonya	Dimond	NH
--- Smith, Kalene	Palmer	NH
--- Covault, Crystal	Ketchikan	NH

Girls Long Jump 4A

ASAA Champ's: 19-05 % 2003

Janay DeLoach

Season Best: 16-08 *

Alisha Allen, Lathrop

Name	School	Prelims
Flight 1 Preliminaries		
1 Mackey, Julia	West Valley	* 16-08.00q -1.2
2 Todd, Jessica	Dimond	15-11.00q 0.1
3 Houchen, Sarah	Palmer	15-04.25q -1.2
4 Engel, Keiahnna	Dimond	14-09.25q -1.0
5 Parish, Tonya	Dimond	14-04.75 -0.3
6 Collins, Alexandria	Chugiak	14-04.50 -0.8
7 Bassler, Lauren	South Anchorage	14-03.75 -0.8
8 Smith, Rosie	Bartlett	14-03.00 -1.7
Flight 2 Preliminaries		
1 Allen, Alisha	Lathrop	16-01.50q -0.1
2 Maresh, Laura	Colony	15-00.75q -1.1
3 Okasaktaruk, Alice	Wasilla	14-11.75q -0.3
4 Kudinova, Veronika	Service	14-11.00q -1.8
5 Neary, Iris	Juneau-Douglas	14-00.00 0.3
6 Penrod, Casee	Skyview	13-10.00 0.2
7 Harris, Dajanae	Wasilla	13-08.00 0.8

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Flight 2 Preliminaries ... (Girls Long Jump 4A)

Name	School	Prelims
8 Thorne, Sydney	Thunder Moun	12-04.75 -0.8

Girls Long Jump 4A

ASAA Champ's: 19-05 % 2003 Janay DeLoach
 Season Best: 16-08 * Alisha Allen, Lathrop

Name	School	Finals
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Flight 1 Finals

1 Todd, Jessica	Dimond	17-05.00* 10
2 Mackey, Julia	West Valley	17-00.25* 8
3 Allen, Alisha	Lathrop	16-09.00* 6
4 Houchen, Sarah	Palmer	15-04.25 4
5 Engel, Keiahna	Dimond	15-01.75 2
6 Maresh, Laura	Colony	15-00.75 1
7 Okasaktaruk, Alice	Wasilla	14-11.75 -0.3
8 Kudinova, Veronika	Service	14-11.50 -2.2

Girls Triple Jump 4A

ASAA Champ's: 37-04.50 % 5/19/2006 Sylvia Bullock
 Season Best: 36-09 * Alisha Allen

Name	School	Prelims
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Flight 1 Preliminaries

1 Allen, Alisha	Lathrop	36-00.50q -0.6
2 Mackey, Julia	West Valley	33-01.25q -1.5
3 Collins, Alexandria	Chugiak	32-09.50q -2.1
4 Wilcox, Cara	Dimond	32-07.00q -0.1
5 Parish, Tonya	Dimond	32-02.75q -0.4
6 Steiner, Taylor	Wasilla	31-00.25 +0.0
7 Laster, Mercedes	Service	30-10.00 -0.9
8 Orbistondo, Cassie	Juneau-Douglas	29-02.25 -0.5

Flight 2 Preliminaries

1 Stewart, Taylor	Colony	32-08.00q 0.6
2 Johansen, Siobhan	Colony	32-06.50q 0.8
3 Okasaktaruk, Alice	Wasilla	32-03.25q -1.6
4 Rust, Kiera	Wasilla	32-01.25 -0.4
5 West, Brianna	East Anchorage	31-10.75 0.3
6 Bassler, Lauren	South Anchorage	29-10.75 -1.0
7 Maresh, Laura	Colony	29-01.75 0.2

Girls Triple Jump 4A

ASAA Champ's: 37-04.50 % 5/19/2006 Sylvia Bullock
 Season Best: 36-09 * Alisha Allen

Name	School	Finals
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Flight 1 Finals

1 Allen, Alisha	Lathrop	36-00.50 10
2 Mackey, Julia	West Valley	34-08.75 8
3 Johansen, Siobhan	Colony	34-00.50 6
4 Wilcox, Cara	Dimond	34-00.25 4
5 Stewart, Taylor	Colony	33-05.00 2
6 Okasaktaruk, Alice	Wasilla	33-04.00 1
7 Collins, Alexandria	Chugiak	32-09.50 -2.1
8 Parish, Tonya	Dimond	32-02.75 -0.4

Girls Shot Put 4A

ASAA Champ's: 44-04.75 % 1997 Jenny Luer
 Season Best: 35-10.75 * Shellina Irwin

Name	School	Prelims
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Flight 1 Preliminaries

1 LaMere, Erin	Palmer	34-00.75q
2 Dumpson, Tekoa	East Anchorage	33-07.25q
3 Tufi, Pauline	West Anchorage	32-08.25q
4 Dunbar, Tina-Louise	East Anchorage	32-07.00q
5 Grant, Ashley	Dimond	32-04.75q
6 Swanson, Sarah	West Valley	31-07.25
7 Troisi, Jillian	Wasilla	31-00.00
8 Nuernberg, Monica	Palmer	28-03.00

Flight 2 Preliminaries

1 Irwin, Shellina	Colony	35-09.25q
2 Kurth, Zoe	West Valley	34-05.25q
3 Highley, Mercedes (Annet	Juneau-Douglas	32-02.75q
4 Solomon, Shelby	West Valley	31-09.50
5 Joseph, T'Keyah	North Pole	31-06.25
6 Imoe, Alexis	Wasilla	30-11.50
7 Oliver, Samantha	Kodiak	30-11.25
--- Ward, Chayna	Wasilla	FOUL

Girls Shot Put 4A

ASAA Champ's: 44-04.75 % 1997 Jenny Luer
 Season Best: 35-10.75 * Shellina Irwin

Name	School	Finals
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Flight 1 Finals

1 Irwin, Shellina	Colony	35-09.25 10
2 Kurth, Zoe	West Valley	34-05.25 8
3 LaMere, Erin	Palmer	34-00.75 6
4 Dumpson, Tekoa	East Anchorage	33-08.50 4
5 Tufi, Pauline	West Anchorage	33-08.50 2
6 Dunbar, Tina-Louise	East Anchorage	33-03.00 1
7 Grant, Ashley	Dimond	33-02.25
8 Highley, Mercedes (Annet	Juneau-Douglas	32-02.75

Girls Discus Throw 4A

ASAA Champ's: 143-02 % 1997 Jenny Luer
 Season Best: 117-11 * Tekoa Dumpson

Name	School	Prelims
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Flight 1 Preliminaries

1 Duke, Jessie	Soldotna	103-10q
2 Tufi, Pauline	West Anchorage	101-02q
3 Irwin, Shellina	Colony	97-07q
4 Holland, Megan	South Anchorage	96-09q
5 Swanson, Sarah	West Valley	93-09q
6 Howard, Kristy	Chugiak	89-03
7 Pearce, Kristen	Service	84-05
--- Houser, Victoria	Chugiak	FOUL

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Flight 2 Preliminaries ... (Girls Discus Throw 4A)

Name	School	Prelims
Flight 2 Preliminaries		
1 Johansen, Gaynor	Colony	102-11q
2 Dumpson, Tekoa	East Anchorage	100-01q
3 Barney, Danielle	Houston	99-03q
4 Troisi, Jillian	Wasilla	91-05
5 Parham, Megan	Skyview	91-03
6 Cristiano, Hannah	Soldotna	89-07
7 Anderson, Katie M.	Dimond	74-06
--- Grant, Ashley	Dimond	FOUL

Girls Discus Throw 4A

ASAA Champ's: 143-02 % 1997

Jenny Luer

Season Best: 117-11 *

Tekoa Dumpson

Name	School	Finals
Flight 1 Finals		
1 Barney, Danielle	Houston	108-04 10
2 Irwin, Shellina	Colony	103-11 8
3 Duke, Jessie	Soldotna	103-10 6
4 Johansen, Gaynor	Colony	102-11 4
5 Tufi, Pauline	West Anchorage	101-02 2
6 Dumpson, Tekoa	East Anchorage	100-01 1
7 Holland, Megan	South Anchorage	96-09
8 Swanson, Sarah	West Valley	95-07

Boys 100 Meter Dash 1A-2A-3A

ASAA Champ's: 15.99 % 5/23/2009 Dylan Beck

Season Best: 11.88 *

Nick Nysewander-Kellard

Name	School	Finals
Section 1 Wind: 0.2		
1 Nysewander-Kellard, Nick	Su Valley	11.78* 10
2 Clement, Chris	Sitka	11.82* 8
3 Hickok, Ryan	Grace Christian	12.13% 6
4 McKoy, BJ	Anch. Christian	12.24% 4
5 Parrish, Sayyid	Nikiski	12.29% 2
6 Covey, Dillon	Ninilchik	12.47% 1
7 Ellsworth, Tyler	Eielson	12.49%
--- Taylor, Caullen	Haines	DQ

Boys 200 Meter Dash 1A-2A-3A

ASAA Champ's: 24.35 % 5/23/2009 Shane Cawley

Season Best: 23.74 *

Brian Sears

Name	School	Finals
Section 1 Wind: -0.8		
1 Nysewander-Kellard, Nick	Su Valley	23.96% 10
2 Clement, Chris	Sitka	24.23% 8
3 Williams, Ryan	Anch. Christian	24.40 6
4 Kelly, Bill	Su Valley	24.58 4
5 Metcalf, Quinton	Grace Christian	24.64 2
6 Parrish, Sayyid	Nikiski	24.69 1
7 Herman, Charlie	Delta Junction	25.14
8 Sears, Brian	Grace Christian	25.29

Boys 400 Meter Dash 1A-2A-3A

ASAA Champ's: 49.82 % 5/23/2009 Travis Price

Season Best: 52.77 *

Mickey Wilson

Name	School	Finals
Section 1		
1 Wilson, Mickey	Skagway	52.42* 10
2 Hanks, Pete	Her. Christian	53.16 8
3 Dillon, Joseph	Grace Christian	53.46 6
4 Gillespie, Arnold	Sitka	54.15 4
5 Buchanan, Andrew	Seward	54.57 2
6 Head, Jeremy	Nome	55.27 1
7 Talerico, Jonathan	Tri Valley	55.44
8 Bialik, Josh	Delta Junction	58.57

Boys 800 Meter Run 1A-2A-3A

ASAA Champ's: 1:59.66 % 5/23/2009 Travis Price

Season Best: 2:00.39 *

Jacob Kirk

Name	School	Finals
Section 1		
1 Wilson, Mickey	Skagway	1:59.29% 10
2 Kirk, Jacob	Grace Christian	1:59.77* 8
3 Chase, Brett	Seward	2:01.38 6
4 Ionashku, Andrey	Delta Junction	2:05.15 4
5 Holly, Josh	Cook Inlet	2:06.77 2
6 Arnold, Andrew	Grace Christian	2:08.78 1
7 Klein, John	Grace Christian	2:09.28
8 Weber, Quinn	Skagway	2:16.45

Boys 1600 Meter Run 1A-2A-3A

ASAA Champ's: 4:27.95 % 5/23/2009 Jacob Kirk

Season Best: 4:26.30 *

Jacob Kirk

Name	School	Finals
Section 1		
1 Kirk, Jacob	Grace Christian	4:22.76* 10
2 Ionashku, Andrey	Delta Junction	4:32.25 8
3 Arnold, Andrew	Grace Christian	4:37.11 6
4 Weber, Quinn	Skagway	4:38.31 4
5 Klein, John	Grace Christian	4:38.58 2
6 Holly, Josh	Cook Inlet	4:39.83 1
7 Gillespie, Austin	Seward	4:51.42
8 Leahy, Daniel	Kenny Lake	4:56.58

Boys 3200 Meter Run 1A-2A-3A

ASAA Champ's: 9:20.27 % 5/21/2010 Jacob Kirk

Season Best: 9:16.40 *

Jacob Kirk

Name	School	Finals
Section 1		
1 Kirk, Jacob	Grace Christian	9:20.27% 10
2 Ionashku, Andrey	Delta Junction	9:52.08 8
3 Weber, Quinn	Skagway	10:03.84 6
4 Klein, John	Grace Christian	10:06.54 4
5 Baker, Matt	Anch. Christian	10:23.67 2
6 Carter, Jake	Tri Valley	10:26.77 1
7 Gillespie, Austin	Seward	10:28.50

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Section 1 ... (Boys 3200 Meter Run 1A-2A-3A)

Name	School	Finals
8 Knotek, Miles	Seward	10:45.95

Boys 110 Meter Hurdles 1A-2A-3A

ASAA Champ's: 15.99 % 5/23/2009 Dylan Beck

Season Best: 16.60 * Jesse Piper

Name	School	Finals
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Section 1 Wind: 0.1

1 Hamilton, Antonio	Eielson	16.16* 10
2 Piper, Jesse	Haines	16.23* 8
3 Dunn, Keefer	Sitka	16.46* 6
4 Carroll, Josh	Sitka	16.49* 4
5 Brandon, Daniel	Anch. Christian	16.77 2
6 Covey, Dillon	Ninilchik	16.95 1
7 McKoy, BJ	Anch. Christian	16.98
--- Charters, Luke	Anch. Christian	FS

Boys 300 Meter Hurdles 1A-2A-3A

ASAA Champ's: 40.81 % 5/23/2009 Dylan Beck

Season Best: 43.09 * Quinton Metcalf

Name	School	Finals
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Section 1

1 Metcalf, Quinton	Grace Christian	42.64* 10
2 Brandon, Daniel	Anch. Christian	43.70 8
3 Hamilton, Antonio	Eielson	43.82 6
4 Dunn, Keefer	Sitka	43.82 4
5 Charters, Luke	Anch. Christian	44.25 2
6 Covey, Dillon	Ninilchik	45.05 1
7 Sorenson, Aaron	Seward	46.19
--- Carroll, Josh	Sitka	DQ

Boys 4x100 Meter Relay 1A-2A-3A

ASAA Champ's: 47.11 % 5/23/2009 Grace Christian

M Dockter, C Davis, J Hansen, L Turner

Season Best: 47.31 * Grace Christian

Team	Relay	Finals
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Section 1

1 Seward HS	A	47.16* 10
1) Pullins, Evan	2) Atherton, Jesse	
3) Willis, Jacob	4) Sorenson, Aaron	
2 Su Valley HS	A	47.17* 8
1) Nysewander-Kellard, Nick	2) Figley, Dylan	
3) Timmers, Steen	4) Kelly, Bill	
3 Haines HS	A	47.70 6
1) Piper, Jesse	2) Taylor, Caullen	
3) Badger, Austin	4) Huntsman, Brian	
4 Grace Christian	A	48.28 4
1) Dockter, Matthew	2) Klein, Jeremiah	
3) Hickok, Ryan	4) Sears, Brian	
5 Anchorage Christian	A	48.89 2
1) Scott, Ryan	2) Richwine, Aaron	
3) Garner, Kaylon	4) McKoy, BJ	

6 Eielson HS	A	50.27 1
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1) Sprinkle, Jacob	2) Schneider, Codi
3) Davis, Kevon	4) Ellsworth, Tyler

7 Sitka HS	A	53.59
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1) Partido, Johnny	2) Forrester, Cody
3) Davis, Darin	4) Reeder, Gordon

Boys 4x200 Meter Relay 1A-2A-3A

ASAA Champ's: 1:39.08 % 5/23/2009 Haines

B Huntsman, R Olsen, J Piper, K Rush

Season Best: 1:39.27 * Su Valley

Team	Relay	Finals
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Section 1

1 Su Valley HS	A	1:37.75% 10
1) Figley, Dylan	2) Timmers, Steen	
3) Kelly, Bill	4) Nysewander-Kellard, Nick	
2 Anchorage Christian	A	1:39.30 8
1) Brandon, Daniel	2) Williams, Ryan	
3) Brown, Alex	4) Garner, Kaylon	
3 Grace Christian	A	1:40.15 6
1) Fischbach, Johnny	2) Dillon, Joseph	
3) Sears, Brian	4) Metcalf, Quinton	
4 Seward HS	A	1:40.74 4
1) Pullins, Evan	2) Atherton, Jesse	
3) Lindquist, Jared	4) Buchanan, Jeff	
5 Glennallen HS	A	1:40.94 2
1) Craig, Cory	2) Mossgrove, Arlen	
3) Weimer, Nick	4) Sutherland, Josh	
6 Haines HS	A	1:41.12 1
1) Badger, Austin	2) Taylor, Caullen	
3) Thomas, Tyler	4) Huntsman, Brian	
7 Monroe Catholic HS	A	1:43.17
1) Holmes, James	2) Brown, Rashad	
3) Bartels, Jordan	4) Fears, Brandon	
8 Eielson HS	A	1:43.26
1) Sprinkle, Jacob	2) Schneider, Codi	
3) Davis, Kevon	4) Ellsworth, Tyler	

Boys 4x400 Meter Relay 1A-2A-3A

ASAA Champ's: 3:44.16 % 5/23/2009 Sitka

A Gillespie, G Reeder, I Longridge, R Doggett

Season Best: 3:37.85 * Grace Christian

Team	Relay	Finals
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Section 1

1 Grace Christian	A	3:38.22% 10
1) Metcalf, Quinton	2) Dillon, Joseph	
3) Arnold, Andrew	4) Kirk, Jacob	
2 Sitka HS	A	3:40.75% 8
1) Clement, Chris	2) Reeder, Gordon	
3) Mathson, Peter	4) Gillespie, Arnold	
3 Seward HS	A	3:44.94 6
1) Buchanan, Andrew	2) Lindquist, Jared	
3) Chase, Brett	4) Gillespie, Austin	

2010 ASAA Championships - 5/21/2010 to 5/22/2010Hosted by **Lathrop High School****Lathrop HS Track****Results****Section 1 ... (Boys 4x400 Meter Relay 1A-2A-3A)**

Team	Relay	Finals	
4 Tri Valley	A	3:47.05	4
1) Young, Nick	2) Talerico, Andrew		
3) Talerico, Jonathan	4) Carter, Jake		
5 Delta Junction HS	A	3:50.20	2
1) Bialik, Josh	2) Herman, Charlie		
3) Tatarenko, David	4) Pelto, Eric		
6 Heritage Christian	A	3:51.50	1
1) Brady, Jesse	2) Vreeman, Gideon		
3) Vreeman, Amos	4) Hanks, Pete		
7 Nikiski HS	A	3:51.75	
1) Hartley, Stephen	2) Taylor, Jordon		
3) Ray, Trevor	4) Parrish, Sayyid		
8 Anchorage Christian	A	3:53.01	
1) Johnson, Brayton	2) Williams, Ryan		
3) Finn, Matt	4) Brown, Alex		

Boys 4x800 Meter Relay 1A-2A-3AASAA Champ's: **8:35.74 % 5/23/2009 Grace Christian****J Klein, Q Metcalf, J Dillon, J Kirk**Season Best: **8:22.30 *** **Grace Christian**

Team	Relay	Finals	
Section 1			
1 Seward HS	A	8:26.50	10
1) Chase, Brett	2) Gillespie, Austin		
3) Lindquist, Jared	4) Buchanan, Andrew		
2 Grace Christian	A	8:38.69	8
1) Klein, John	2) Eller, Matthew		
3) Dillon, Joseph	4) Arnold, Andrew		
3 Delta Junction HS	A	8:42.52	6
1) Bialik, Josh	2) Pelto, Eric		
3) Tatarenko, David	4) Ionashku, Andrey		
4 Anchorage Christian	A	8:54.82	4
1) Baker, Matt	2) Williams, Ryan		
3) Brown, Alex	4) Finn, Matt		
5 Sitka HS	A	9:01.26	2
1) Patrick, Will	2) Davis, Darin		
3) Mathson, Peter	4) Gillespie, Arnold		
6 Heritage Christian	A	9:24.71	1
1) Whisman, Curtis	2) Beier, Christian		
3) Brady, Jesse	4) Vreeman, Gideon		
7 Hutchison HS	A	9:26.59	
1) Sands, Tyler	2) Jacobson, Zach		
3) Rubio, Marcos	4) Burgett, Brandon		
8 Eielson HS	A	9:43.85	
1) Valero, Jeremy	2) Smith, Chris		
3) Mitchell, William	4) Borberly, Mike		

Boys High Jump 1A-2A-3AASAA Champ's: **6-06 % 5/22/2009 Dylan Beck**Season Best: **5-11 *** **Alex Weldon**

Name	School	Finals	
Flight 1			
1 Simmers, Augustus	Anch. Christian	J5-06.00	10

2 Head, Jeremy	Nome	J5-04.00	8
3 Figley, Dylan	Su Valley	J5-04.00	6
4 Wheeler, Jack	Ninilchik	J5-04.00	3
4 Hanks, Pete	Her. Christian	J5-04.00	3
--- Kidd, Saber	Su Valley	NH	
--- Sholl, Michael	Her. Christian	NH	

Boys Long Jump 1A-2A-3AASAA Champ's: **20-00.75 % 5/23/2009 Travis Price**Season Best: **19-01.25 *** **Kevin Rima**

Name	School	Finals	
Flight 1			
1 Hanks, Pete	Her. Christian	19-03.75*	10
2 Rima, Kevin	Hutchison	18-11.00	8
3 Wilson, Mickey	Skagway	18-10.00	6
4 Holmes, James	Monroe Catholic	18-06.75	4
5 Reeder, Gordon	Sitka	17-09.00	2
6 Charters, Luke	Anch. Christian	17-08.00	1
7 Fears, Brandon	Monroe Catholic	17-07.50	1.3
8 Nichols, Bryce	Cantwell	16-11.00	2.0

Boys Triple Jump 1A-2A-3AASAA Champ's: **41-09.25 % 5/22/2009 Travis Price**Season Best: **40-07.75 *** **Ryan Scott**

Name	School	Finals	
Flight 1			
1 Scott, Ryan	Anch. Christian	40-06.75	10
2 Rima, Kevin	Hutchison	38-11.00	8
3 Richwine, Aaron	Anch. Christian	38-06.75	6
4 Weimer, Nick	Glennallen	38-03.25	4
5 Charters, Luke	Anch. Christian	37-08.50	2
6 Head, Jeremy	Nome	37-00.00	1
7 Goins, Scott	Ninilchik	35-09.50	0.8
8 Manchester, Zachary	Gustavus	34-02.00	0.6

Boys Shot Put 1A-2A-3AASAA Champ's: **45-08 % 5/21/2010 Kevin Rima**Season Best: **45-08 * 5/21/2010 Kevin Rima**

Name	School	Finals	
Flight 1			
1 Rima, Kevin	Hutchison	45-08.00%	10
2 Walker, Dane	Grace Christian	41-08.25	8
3 Richwine, Aaron	Anch. Christian	40-05.75	6
4 Piper, Jesse	Haines	39-09.25	4
5 Johnson, Erik	Grace Christian	39-06.00	2
6 Finau, Samisoni	Glennallen	37-05.00	1
7 Vreeman, Amos	Her. Christian	34-08.25	
--- Deveraux, Jackson	Hutchison	FOUL	

Boys Discus Throw 1A-2A-3AASAA Champ's: **141-01 % 5/23/2009 Kevin Rima**Season Best: **142-04 *** **Kevin Rima**

Name	School	Finals	
Flight 1			
1 Piper, Jesse	Haines	137-02	10

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Flight 1 ... (Boys Discus Throw 1A-2A-3A)

Name	School	Finals
2 Rima, Kevin	Hutchison	129-10 8
3 Crosby, Beau	Seward	119-01 6
4 Richwine, Aaron	Anch. Christian	115-05 4
5 Lu, Andy	Grace Christian	114-11 2
6 Walker, Dane	Grace Christian	113-08 1
7 Pullins, Evan	Seward	112-10
8 Vreeman, Gideon	Her. Christian	111-03

Boys 100 Meter Dash 4A

ASAA Champ's: 10.90 % 1995

Joel Knight

Season Best: 11.14 *

Cyrus Chenault

Name	School	Prelims
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Heat 1 Preliminaries Wind: 1.0

1 Canady, Emanuel	East Anchorage	11.20Q
2 Vealy, Will	West Valley	11.29Q
3 Holley, Caleb	East Anchorage	11.36Q
4 Anderson, Frankie	North Pole	11.41Q
5 Forkner, Chris	Palmer	11.62
6 Simmons, YoRel	Colony	11.62
7 Pessetto, Jared	South Anchorage	11.71
8 Gray, Darrion	Dimond	11.72

Heat 2 Preliminaries Wind: 1.2

1 Chenault, Cyrus	Bartlett	11.21Q
2 McCall, James	Palmer	11.34Q
3 Meredith, Austin	Ketchikan	11.54Q
4 Watts, Marcus	Bartlett	11.67Q
5 Manneh, Modou	South Anchorage	11.87
--- Holloway, Christopher	Juneau-Douglas	FS

Boys 100 Meter Dash 4A

ASAA Champ's: 10.90 % 1995

Joel Knight

Season Best: 11.14 *

Cyrus Chenault

Name	School	Finals
------	--------	--------

Section 1 Finals Wind: 0.2

1 Chenault, Cyrus	Bartlett	11.27 10
2 Canady, Emanuel	East Anchorage	11.40 8
3 Vealy, Will	West Valley	11.43 6
4 Holley, Caleb	East Anchorage	11.47 4
5 Anderson, Frankie	North Pole	11.47 2
6 McCall, James	Palmer	11.54 1
7 Meredith, Austin	Ketchikan	11.75
8 Watts, Marcus	Bartlett	12.00

Boys 200 Meter Dash 4A

ASAA Champ's: 21.99 % 1995

Joel Knight

Season Best: 22.67 *

J. J. Jack-Nixon

Name	School	Prelims
------	--------	---------

Heat 1 Preliminaries Wind: -0.7

1 Canady, Emanuel	East Anchorage	22.92Q
2 McCall, James	Palmer	23.31Q

3 Daly, John	Bartlett	23.49Q
4 Anderson, Frankie	North Pole	23.64Q
5 Owolabi, John	Eagle River	23.66
6 Ward, Jesse	North Pole	23.76
7 Pessetto, Jared	South Anchorage	23.94
8 Turner, Levi	Palmer	24.27

Heat 2 Preliminaries Wind: 0.6

1 Sollars, David	South Anchorage	22.69Q
2 Jack-Nixon, J.J.	Dimond	22.72Q
3 Meredith, Austin	Ketchikan	23.51Q
4 Scoresby, John	Palmer	23.54Q
5 McFarlin, Riley	Kodiak	23.67
6 Jaronik, Matt	Colony	23.75
7 Owens, Taylor	Wasilla	24.04
8 Schneider, Colton	Soldotna	24.07

Boys 200 Meter Dash 4A

ASAA Champ's: 21.99 % 1995

Joel Knight

Season Best: 22.67 *

J. J. Jack-Nixon

Name	School	Finals
------	--------	--------

Section 1 Finals Wind: -1.0

1 Sollars, David	South Anchorage	22.62* 10
2 Jack-Nixon, J.J.	Dimond	23.01 8
3 Canady, Emanuel	East Anchorage	23.04 6
4 Daly, John	Bartlett	23.12 4
5 McCall, James	Palmer	23.15 2
6 Scoresby, John	Palmer	23.65 1
7 Meredith, Austin	Ketchikan	23.68
8 Anderson, Frankie	North Pole	23.92

Boys 400 Meter Dash 4A

ASAA Champ's: 47.78 % 5/26/2007

Ethan Hewitt

Season Best: 49.97 *

J. J. Jack-Nixon

Name	School	Prelims
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Heat 1 Preliminaries

1 Sollars, David	South Anchorage	50.22Q
2 Ward, Jesse	North Pole	50.27Q
3 Mamikunian, Connor	Service	50.69Q
4 Schneider, Colton	Soldotna	52.56Q
5 Rutecki, Nick	Juneau-Douglas	52.82
6 Kornkven, Ryer	Lathrop	53.62
7 Fogle, Jordan	Kodiak	54.07
--- Brunson, Daquon	Bartlett	FS

Heat 2 Preliminaries

1 Jack-Nixon, J.J.	Dimond	50.81Q
2 Owolabi, John	Eagle River	50.86Q
3 Owens, Taylor	Wasilla	52.23Q
4 Nymeyer, Caleb	Kodiak	52.43Q
5 Jaronik, Matt	Colony	52.48
6 McFarlin, Riley	Kodiak	52.75
7 Ebert, Kai	East Anchorage	53.02
8 Isaacson, Jared	North Pole	54.71

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Boys 400 Meter Dash 4A

ASAA Champ's: 47.78 % 5/26/2007 Ethan Hewitt

Season Best: 49.97 * J. J. Jack-Nixon

Name	School	Finals
Section 1 Finals		
1 Jack-Nixon, J.J.	Dimond	49.51* 10
2 Sollars, David	South Anchorage	49.57* 8
3 Ward, Jesse	North Pole	50.62 6
4 Owolabi, John	Eagle River	50.89 4
5 Mamikunian, Connor	Service	50.99 2
6 Owens, Taylor	Wasilla	51.67 1
7 Nymeyer, Caleb	Kodiak	51.97
8 Schneider, Colton	Soldotna	53.36

Boys 800 Meter Run 4A

ASAA Champ's: 1:49.2h % 1985

Doug Herron

Season Best: 1:56.61 *

Silas Talbot

Name	School	Prelims
Heat 1 Preliminaries		
1 Walgren, Robert	Service	2:00.61Q
2 Lane, Jani	Service	2:00.85Q
3 Kiefer, Billy	Kenai	2:01.66Q
4 Hanson, Kyle	Lathrop	2:02.04Q
5 Enloe, Tanner	Colony	2:02.60
6 Deer, Nathan	Kodiak	2:04.42
7 Kveseth, Chris	Chugiak	2:05.97

Heat 2 Preliminaries

1 Roelle, Hans	West Anchorage	2:02.35Q
2 DeWilde, Gavin	North Pole	2:02.58Q
3 Anthony, Dylan	Kodiak	2:02.75Q
4 Mangelsdorf, Wylie	Palmer	2:03.47Q
5 Chenier, Trey	West Anchorage	2:03.81
6 Osowski, James	Kodiak	2:04.83
7 Walker, Dawson	Juneau-Douglas	2:05.14
8 Minturn, Mason	Palmer	2:06.70

Boys 800 Meter Run 4A

ASAA Champ's: 1:49.2h % 1985

Doug Herron

Season Best: 1:56.61 *

Silas Talbot

Name	School	Finals
Section 1 Finals		
1 Roelle, Hans	West Anchorage	1:55.68* 10
2 Walgren, Robert	Service	1:58.48 8
3 Kiefer, Billy	Kenai	1:58.81 6
4 Anthony, Dylan	Kodiak	2:00.77 4
5 Lane, Jani	Service	2:01.13 2
6 Hanson, Kyle	Lathrop	2:01.63 1
7 Mangelsdorf, Wylie	Palmer	2:02.22
8 DeWilde, Gavin	North Pole	2:03.12

Boys 1600 Meter Run 4A

ASAA Champ's: 4:13.0h % 1985

Doug Herron

Season Best: 4:22.29 *

Silas Talbot

Name	School	Finals
Section 1		
1 Talbot, Silas	Service	4:19.29* 10
2 Anthony, Dylan	Kodiak	4:20.78* 8
3 Mangelsdorf, Wylie	Palmer	4:26.34 6
4 Walgren, Robert	Service	4:31.24 4
5 Hanson, Kyle	Lathrop	4:32.78 2
6 DeWilde, Gavin	North Pole	4:33.79 1
7 Lane, Jani	Service	4:34.26
8 Leder, James	West Valley	4:34.70
9 Knapp, Nathaniel	East Anchorage	4:36.27
10 Brewster, Brandon	South Anchorage	4:36.84
11 Huffman, Mason	South Anchorage	4:39.88
12 King, Brandon	Eagle River	4:43.38
13 Deer, Nathan	Kodiak	4:47.09
14 Bursell, Zachary	Juneau-Douglas	4:48.33
15 Osowski, James	Kodiak	4:54.86

Boys 3200 Meter Run 4A

ASAA Champ's: 9:11.27 % 5/23/2008 Jake Parisien

Season Best: 9:17.44 *

Silas Talbot

Name	School	Finals
Section 1		
1 Talbot, Silas	Service	9:20.41 10
2 Anthony, Dylan	Kodiak	9:22.08 8
3 Walgren, Robert	Service	9:45.91 6
4 Knapp, Nathaniel	East Anchorage	9:50.99 4
5 Huffman, Mason	South Anchorage	9:58.08 2
6 Leder, James	West Valley	10:08.94 1
7 Williams, Cody	Skyview	10:15.65
8 Christiansen, Cole	Kodiak	10:17.80
9 Bursell, Zachary	Juneau-Douglas	10:18.00
10 Smith, Carl	South Anchorage	10:22.28
11 Wheatall, Aaron	Service	10:24.65
12 Fischer, Simon	Wasilla	10:25.28
13 Osiensky, Chris	Palmer	10:33.87
14 Pahkala, Josh	Wasilla	10:35.47
15 Nixon-Helms, Dylan	Lathrop	10:42.54
16 Holt, Brayden	Skyview	10:46.15

Boys 110 Meter Hurdles 4A

ASAA Champ's: 14.4h % 1989

Ollie Massengale

Season Best: 15.45 * 5/21/2010 Elliott Bauer

Name	School	Prelims
Heat 1 Preliminaries Wind: -1.2		
1 Schick, Karsten	Kodiak	15.68Q
2 Wilson, Travis	Service	15.75Q
3 Gallegos, Tim	Lathrop	15.78Q
4 Credito, Carlo	Ketchikan	16.18Q
5 Yates, Jacob	Bartlett	16.20

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Heat 1 Preliminaries Wind: -1.2 ... (Boys 110 Meter Hurdles)

Name	School	Prelims
6 Corr, John	Dimond	16.77
7 Niver, Blake	Colony	17.15
8 Tippett, Colin	Lathrop	17.36

Heat 2 Preliminaries Wind: -0.6

1 Bauer, Elliott	South Anchorage	* 15.45Q
2 McCloskey, Mason	Dimond	15.97Q
3 Bricker, Anthony	Colony	16.24Q
4 Kauffman, Alex	Soldotna	16.36Q
5 Eisses, Jacob	West Anchorage	16.50
6 DeLoria, Brody	East Anchorage	16.62
7 Pena, Pedro	West Anchorage	17.26
8 Foran, Walter	North Pole	17.39

Boys 110 Meter Hurdles 4A

ASAA Champ's: 14.4h % 1989 Ollie Massengale
 Season Best: 15.45 * 5/21/2010 Elliott Bauer

Name	School	Finals
Section 1 Finals Wind: 2.3		
1 Schick, Karsten	Kodiak	15.16 10
2 Bauer, Elliott	South Anchorage	15.17 8
3 Gallegos, Tim	Lathrop	15.53 6
4 Wilson, Travis	Service	15.62 4
5 McCloskey, Mason	Dimond	15.84 2
6 Bricker, Anthony	Colony	16.01 1
7 Credito, Carlo	Ketchikan	16.05
8 Kauffman, Alex	Soldotna	16.76

Boys 300 Meter Hurdles 4A

ASAA Champ's: 38.9h % 1991 Nathan Moffett
 Season Best: 39.99 * 5/21/2010 Elliott Bauer

Name	School	Prelims
Heat 1 Preliminaries		
1 Schick, Karsten	Kodiak	40.33Q
2 McCloskey, Mason	Dimond	41.86Q
3 Wilson, Travis	Service	41.87Q
4 Yates, Jacob	Bartlett	41.92Q
5 Davidson, Chaven	Kodiak	42.55
6 Hull, AJ	Kenai	42.77
7 Tippett, Colin	Lathrop	43.16
8 Pena, Pedro	West Anchorage	43.87
Heat 2 Preliminaries		
1 Bauer, Elliott	South Anchorage	* 39.99Q
2 Niver, Blake	Colony	41.94Q
3 Bricker, Anthony	Colony	42.40Q
4 Day, Joe	Palmer	42.50Q
5 Gilbert, Michael	Kodiak	42.91
6 Oen, Johnathon	Service	42.97
7 Corr, John	Dimond	44.00
8 Credito, Carlo	Ketchikan	45.54

Boys 300 Meter Hurdles 4A

ASAA Champ's: 38.9h % 1991 Nathan Moffett
 Season Best: 39.99 * 5/21/2010 Elliott Bauer

Name	School	Finals
Section 1 Finals		
1 Schick, Karsten	Kodiak	39.82* 10
2 Bauer, Elliott	South Anchorage	40.10 8
3 Wilson, Travis	Service	41.24 6
4 McCloskey, Mason	Dimond	41.56 4
5 Bricker, Anthony	Colony	41.60 2
6 Yates, Jacob	Bartlett	41.63 1
7 Day, Joe	Palmer	43.13
8 Niver, Blake	Colony	48.08

Boys 4x100 Meter Relay 4A

ASAA Champ's: 43.50 % 5/20/2006 East Anchorage
 D Wilson, T Knutson, S Sosa, D Wilson
 Season Best: 44.40 * Bartlett

Team	Relay	Finals
Section 1		
1 Bartlett	A	43.67* 10
1) Daly, John	2) Yates, Jacob	
3) Hale, Jamal	4) Chenault, Cyrus	
2 East Anchorage HS	A	43.89* 8
1) Lopez, NaVarr	2) Nichols, Myles	
3) Holley, Caleb	4) Canady, Emanuel	
3 South Anchorage HS	A	43.91* 6
1) Bauer, Elliott	2) Pessetto, Jared	
3) MacDowell, Camden	4) Sollars, David	
4 Palmer HS	A	44.31* 4
1) Scoresby, John	2) Clement, David	
3) Forkner, Chris	4) McCall, James	
5 West Valley HS	A	44.81 2
1) Billesbach, Alex	2) Anderson, Dominick	
3) Clark, Willie	4) Vealy, Will	
6 North Pole HS	A	44.85 1
1) Jones, Lee	2) Isaacson, Jared	
3) Ward, Jesse	4) Anderson, Frankie	
7 Dimond HS	A	45.07
1) Watson, Dominique	2) Carney, Frank	
3) Tufaga, Armani	4) Gray, Darrion	
8 Juneau-Douglas HS	A	46.36
1) Chapman, Zane	2) Holloway, Christopher	
3) Cordero, Samuel	4) Parker, Christian	

Boys 4x200 Meter Relay 4A

ASAA Champ's: 1:28.5h % 1995 Bartlett
 Ingraham, Roginson, Myles, Pennino
 Season Best: 1:31.66 * Bartlett

Team	Relay	Finals
Section 1		
1 Bartlett	A	1:31.23* 10
1) Daly, John	2) Hale, Jamal	
3) Watts, Marcus	4) Chenault, Cyrus	

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Section 1 ... (Boys 4x200 Meter Relay 4A)

Team	Relay	Finals	
2 Palmer HS	A	1:34.53	8
1) Forkner, Chris	2) Clement, David		
3) Turner, Levi	4) Scoresby, John		
3 Juneau-Douglas HS	A	1:34.62	6
1) Rutecki, Nick	2) Holloway, Christopher		
3) Miller, Jesse	4) Parker, Christian		
4 Soldotna HS	A	1:35.94	4
1) Schneider, Colton	2) McGillivray, Tyler		
3) Nolden, Chris	4) Bennett, Philip		
5 Eagle River HS	A	1:36.11	2
1) Hahn, Cody	2) Fox, Devon		
3) Summers, Clarence	4) Owolabi, John		
6 West Valley HS	A	1:36.65	1
1) Billesbach, Alex	2) Rodenberger, Brent		
3) Nuttall, Chris	4) Clark, Willie		
--- Dimond HS	A	DNF	
1) Watson, Dominique	2) Tufaga, Armani		
3) Malamon, Nathachai	4) Gray, Darrion		
--- East Anchorage HS	A	DQ	
1) Lopez, NaVarr	2) Nichols, Myles		
3) Tennant, Jordan	4) Canady, Emanuel		

Boys 4x400 Meter Relay 4A

ASAA Champ's: 3:23.6h % 1982 East Anchorage

Singleton, Perham, Brownsberger, Stephens

Season Best: 3:28.60 * Service

Team	Relay	Finals	
Section 1			
1 Bartlett	A	3:27.66*	10
1) Daly, John	2) Yates, Jacob		
3) Brunson, Daquon	4) Hale, Jamal		
2 Kodiak HS	A	3:28.11*	8
1) Davidson, Chaven	2) Nymeyer, Caleb		
3) McFarlin, Riley	4) Schick, Karsten		
3 Service HS	A	3:33.32	6
1) Mamikunian, Connor	2) Wilson, Travis		
3) Dobbins, Matt	4) Lane, Jani		
4 East Anchorage HS	A	3:36.92	4
1) Ebert, Kai	2) Lopez, NaVarr		
3) Nichols, Myles	4) Holley, Caleb		
5 Dimond HS	A	3:38.58	2
1) Malamon, Nathachai	2) Tufaga, Armani		
3) McCloskey, Mason	4) Bennett, Tyler		
6 Kenai Central HS	A	3:39.11	1
1) Sandahl, Joe	2) Agosti, Adam		
3) Hull, AJ	4) Kiefer, Billy		
7 Eagle River HS	A	3:40.98	
1) Norgaard, Eric	2) King, Brandon		
3) Fox, Devon	4) Owolabi, John		
8 Lathrop HS	A	3:42.80	
1) Hanson, Kyle	2) Tippett, Colin		
3) McCoy, Matt	4) Kornkven, Ryer		

Boys 4x800 Meter Relay 4A

ASAA Champ's: 8:02.77 % 5/23/2009 Service

S Talbot, J Lane, R Walgren, C Phelps

Season Best: 7:58.08 * Service

Team	Relay	Finals	
Section 1			
1 Service HS	A	7:54.39*	10
1) Talbot, Silas	2) Walgren, Robert		
3) Mamikunian, Connor	4) Lane, Jani		
2 Kodiak HS	A	8:15.10	8
1) Fogle, Jordan	2) Osowski, James		
3) Deer, Nathan	4) Davidson, Chaven		
3 Juneau-Douglas HS	A	8:20.72	6
1) Bursell, Zachary	2) Walker, Dawson		
3) Woodby, Robin	4) Bunton, Andre		
4 Wasilla HS	A	8:23.07	4
1) Chafin, Patrick	2) Thompson, Keith		
3) Johnston, Michael	4) Christenson, Jaron		
5 West Valley HS	A	8:41.15	2
1) Mayo, Wyatt	2) Kowalski, Brandon		
3) Bishop, Andrew	4) Grzeda, Kuba		
6 Palmer HS	A	8:46.37	1
1) King, Ben	2) Dunlap, Davis		
3) Osiensky, Chris	4) Minturn, Mason		
7 Lathrop HS	A	8:47.83	
1) Castellini, Luke	2) Wilkinson, Kipp		
3) Nixon-Helms, Dylan	4) Kornkven, Ryer		
8 Bartlett	A	8:50.20	
1) Butler, Stephen	2) Highlander, Willie		
3) Dolan, Thomas	4) Bramer, Michael		

Boys High Jump 4A

ASAA Champ's: 6-09 % 5/22/2009 Ben Jackson

Season Best: 6-04 * 5/21/2010 Tyler Spalding

Name	School	Finals	
Section 1			
1 Spalding, Tyler	Kenai	6-04.00*	10
2 Schick, Karsten	Kodiak	6-03.00	8
3 Hassebroek, Brey	West Valley	6-01.00	6
4 Gladden, Tevin	Lathrop	J6-01.00	4
5 Groesbeck, Greg	North Pole	J6-01.00	2
6 Ariola, Kent	West Valley	5-10.00	1
7 Bennett, Tyler	Dimond	J5-10.00	
7 Curtis, Manny	Wasilla	J5-10.00	
9 Palmer, Colten	Eagle River	5-08.00	
10 Rasmussen, Ethan-John	Service	J5-08.00	
10 Esteves-Cruz, Nelson	Bartlett	J5-08.00	
12 Enloe, Tanner	Colony	J5-08.00	
13 Buzby, Charlie	Houston	J5-08.00	
13 Vealy, Will	West Valley	J5-08.00	
--- Vealy, Anthony	West Valley	NH	
--- Fogle, Jordan	Kodiak	NH	
--- Rias, Jacory	East Anchorage	NH	
--- Albert, Cody	North Pole	NH	

2010 ASAA Championships - 5/21/2010 to 5/22/2010

Hosted by Lathrop High School

Lathrop HS Track

Results

Boys Long Jump 4A

ASAA Champ's: 23-00 % 1997

Derek Ladson

Season Best: 21-07.75 *

Cyrus Chenault

Name	School	Prelims
Flight 1 Preliminaries		
1 Chenault, Cyrus	Bartlett	21-02.50q 0.2
2 Spalding, Tyler	Kenai	19-05.25q -0.7
3 Jaronik, Matt	Colony	19-04.50q 1.5
4 Miller, Jesse	Juneau-Douglas	19-01.75q -0.1
4 Barnett, Vincent	Lathrop	19-01.75q 0.8
6 Summers, Clarence	Eagle River	18-06.75 +0.0
7 HoltMan, Terry	West Anchorage	18-05.00 0.3
8 Gilbert, Michael	Kodiak	18-01.50 -0.4

Flight 2 Preliminaries

1 Vealy, Will	West Valley	19-10.00q 1.6
2 Agae, Ishmael	West Valley	19-02.25q 0.3
3 Predmore, Richard	Bartlett	18-11.00q 0.4
4 Hassebroek, Brey	West Valley	18-10.75 1.4
5 Haley, Bryan	Bartlett	18-04.75 +0.0
6 Stokes, Donald	Thunder Moun	17-10.75 0.6
7 Edwards, Isaiah	Wasilla	17-09.25 -0.1
--- McCall, James	Palmer	FOUL NWI

Boys Long Jump 4A

ASAA Champ's: 23-00 % 1997

Derek Ladson

Season Best: 21-07.75 *

Cyrus Chenault

Name	School	Finals
Flight 1 Finals		
1 Chenault, Cyrus	Bartlett	21-02.50 10
2 Barnett, Vincent	Lathrop	20-05.50 8
3 Vealy, Will	West Valley	19-10.00 6
4 Spalding, Tyler	Kenai	19-08.50 4
5 Jaronik, Matt	Colony	19-05.75 2
6 Agae, Ishmael	West Valley	19-05.25 1
7 Miller, Jesse	Juneau-Douglas	19-01.75 -0.1
8 Predmore, Richard	Bartlett	18-11.00 0.4

Boys Triple Jump 4A

ASAA Champ's: 45-10.25 % 1993

Joel Mahaffey

Season Best: 43-02.25 * 5/21/2010 Tyler Spalding

Name	School	Prelims
Flight 1 Preliminaries		
1 Talbot, Silas	Service	42-03.25q 0.1
2 Predmore, Richard	Bartlett	40-02.25q 0.1
3 Barnett, Vincent	Lathrop	40-01.00q 0.6
4 Gallegos, Tim	Lathrop	39-04.50q 0.1
5 Haley, Bryan	Bartlett	38-11.00q 0.8
6 Davis, Ty	West Valley	38-07.00 -0.9
7 Afoa, Stanson	Dimond	38-01.75 +0.0
8 Michaelson, Greg	Colony	37-11.25 0.3

Flight 2 Preliminaries

1 Spalding, Tyler	Kenai	* 43-02.25q 1.0
2 Bunton, Andre	Juneau-Douglas	40-01.50q -0.1
3 Winbush, Deandre	Bartlett	39-03.75q 0.8
4 Groesbeck, Greg	North Pole	38-10.00 +0.0
5 Turner, Levi	South Anchorage	38-09.00 0.6
6 Curtis, Manny	Wasilla	38-01.25 -0.8
7 Gladden, Tevin	Lathrop	36-09.50 -0.7

Boys Triple Jump 4A

ASAA Champ's: 45-10.25 % 1993

Joel Mahaffey

Season Best: 43-02.25 * 5/21/2010 Tyler Spalding

Name	School	Finals
Flight 1 Finals		
1 Spalding, Tyler	Kenai	43-02.25* 10
2 Talbot, Silas	Service	42-03.25 8
3 Barnett, Vincent	Lathrop	41-04.25 6
4 Predmore, Richard	Bartlett	40-11.25 4
5 Winbush, Deandre	Bartlett	40-07.50 2
6 Bunton, Andre	Juneau-Douglas	40-01.50 1
7 Haley, Bryan	Bartlett	39-07.00 -1.1
8 Gallegos, Tim	Lathrop	39-04.50 0.1

Boys Shot Put 4A

ASAA Champ's: 71-03 % 5/23/2008 Jordan Clarke

Season Best: 54-02 *

Mitchell Swenson

Name	School	Prelims
Flight 1 Preliminaries		
1 Dommek, Tim	Bartlett	49-01.50q
2 Swensen, Mitchell	Dimond	48-11.25q
3 Masalosalo, Troy	Bartlett	44-00.75q
4 Fenumiai, Lawrence	Juneau-Douglas	41-09.75q
5 HoltMan, Terry	West Anchorage	41-05.00
6 Kauffman, Justin	West Anchorage	40-10.75
7 Sele, Eric	Juneau-Douglas	39-04.50
8 Chiu, Trey	West Valley	38-08.75

Flight 2 Preliminaries

1 Knowles, John	Wasilla	46-09.00q
2 Agae, Ishmael	West Valley	44-07.75q
3 Hotch, Franklin	Juneau-Douglas	42-04.75q
4 Levao, Chavous	Bartlett	41-10.25q
5 Tran, Brandon	East Anchorage	40-11.25
6 Teeling, Devon	Wasilla	40-03.00
7 Hueners, Eric	Dimond	39-09.75
8 Parsons, Evan	Palmer	38-05.75

Boys Shot Put 4A

ASAA Champ's: 71-03 % 5/23/2008 Jordan Clarke

Season Best: 54-02 *

Mitchell Swenson

Name	School	Finals
Flight 1 Finals		
1 Knowles, John	Wasilla	50-08.25 10
2 Dommek, Tim	Bartlett	50-04.00 8

2010 ASAA Championships - 5/21/2010 to 5/22/2010**Hosted by Lathrop High School****Lathrop HS Track****Results****Flight 1 Finals ... (Boys Shot Put 4A)**

	Name	School	Finals	
3	Swensen, Mitchell	Dimond	48-11.25	6
4	Masalosaló, Troy	Bartlett	45-10.25	4
5	Agae, Ishmael	West Valley	44-07.75	2
6	Levao, Chavous	Bartlett	43-08.50	1
7	Hotch, Franklin	Juneau-Douglas	42-04.75	
8	Fenumiai, Lawrence	Juneau-Douglas	41-09.75	

Boys Discus Throw 4A**ASAA Champ's: 192-07 % 5/23/2007 Jordan Clarke****Season Best: 167-10 * John Knowles**

	Name	School	Prelims
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Flight 1 Preliminaries

1	Markel, Chase	South Anchorage	125-01q
2	McLean, Spencer	South Anchorage	123-10q
3	Agae, Ishmael	West Valley	122-01q
4	Fenumiai, Lawrence	Juneau-Douglas	117-02
5	Garris-Shoemaker, Ray	West Valley	107-07
6	Parham, Derrick	Skyview	106-07
7	Swensen, Mitchell	Dimond	103-00
8	Masalosaló, Troy	Bartlett	97-00

Flight 2 Preliminaries

1	Knowles, John	Wasilla	148-06q
2	Spalding, Tyler	Kenai	134-02q
3	Tran, Brandon	East Anchorage	128-01q
4	Clarke, Matthew	Bartlett	126-02q
5	Silva, Jonah	Lathrop	125-04q
6	HoltMan, Terry	West Anchorage	117-00
7	Minogue, Tanner	Soldotna	115-04
8	Wentland, Chris	North Pole	102-11

Boys Discus Throw 4A**ASAA Champ's: 192-07 % 5/23/2007 Jordan Clarke****Season Best: 167-10 * John Knowles**

	Name	School	Finals
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Flight 1 Finals

1	Knowles, John	Wasilla	148-10	10
2	Agae, Ishmael	West Valley	143-07	8
3	Clarke, Matthew	Bartlett	137-09	6
4	Spalding, Tyler	Kenai	134-02	4
5	Tran, Brandon	East Anchorage	128-01	2
6	McLean, Spencer	South Anchorage	126-06	1
7	Markel, Chase	South Anchorage	126-05	
8	Silva, Jonah	Lathrop	125-04	