

# ASAA Track and Field 2010 Championships

Lathrop HS Track  
Hosted by Lathrop HS  
May 21-22, 2010

## RESULTS

for Saturday, May 22

Meets organized and officiated by Running Club North  
Data and results services provided by SportAlaska

All meet information available at: <http://region6.sportalaska.com/2010/>

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Team Rankings - Through Event 466****Female Team Scores - 11 1A-2A-3A Division**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	Anchorage Christian	ACS	98.50
2	Grace Christian	GRA	84
3	Monroe Catholic HS	MON	61
4	Sitka HS	SIT	41
5	Seward HS	SEW	36
5	Yakutat HS	YAK	36
7	Kenny Lake HS	KELA	30
7	Nikiski HS	NIK	30
7	Haines HS	HAI	30
10	Cook Inlet Acad.	CIA	28
11	Hutchison HS	HUT	16
12	Skagway HS	SKG	13
13	Eielson HS	EIE	11.50
14	Su Valley HS	SUV	8
15	Ninilchik HS	NIN	7
16	Heritage Christian	HER	4
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<b>Total</b>			<b>534.00</b>

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Team Rankings - Through Event 466****Female Team Scores - 12 4A Division**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	Dimond HS	DIM	80
2	Bartlett	BAR	56
3	Kenai Central HS	KEN	44
4	Wasilla HS	WAS	43
5	West Valley HS	WVL	41
6	Service HS	SER	38
6	Colony HS	COL	38
8	Juneau-Douglas HS	JNU	36
9	Lathrop HS	LAT	33
10	Skyview HS	SKY	28
11	Palmer HS	PAL	18
12	Soldotna HS	SOL	16
13	Kodiak HS	KOD	11
14	Houston HS	HOU	10
14	South Anchorage HS	SANC	10
16	West Anchorage HS	WANC	8
16	East Anchorage HS	EANC	8
18	Chugiak HS	CHU	6
19	North Pole HS	NPL	3
<b>Total</b>			<b>527.00</b>

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Team Rankings - Through Event 468****Male Team Scores - 11 1A-2A-3A Division**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	Grace Christian	GRA	106
2	Anchorage Christian	ACS	77
3	Su Valley HS	SUV	48
4	Sitka HS	SIT	46
5	Seward HS	SEW	44
6	Skagway HS	SKG	36
7	Hutchison HS	HUT	34
8	Haines HS	HAI	29
9	Delta Junction HS	DEL	28
10	Heritage Christian	HER	23
11	Eielson HS	EIE	17
12	Nome-Beltz	NOM	10
13	Glennallen HS	GLEN	7
14	Ninilchik HS	NIN	6
15	Tri Valley	TVS	5
16	Monroe Catholic HS	MON	4
17	Cook Inlet Acad.	CIA	3
17	Nikiski HS	NIK	3
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<b>Total</b>			<b>526.00</b>

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Team Rankings - Through Event 468****Male Team Scores - 12 4A Division**

<b>Place</b>	<b>School</b>		<b>Points</b>
1	Bartlett	BAR	80
2	Service HS	SER	76
3	Kodiak HS	KOD	64
4	South Anchorage HS	SANC	43
5	East Anchorage HS	EANC	36
5	West Valley HS	WVL	36
7	Kenai Central HS	KEN	35
8	Dimond HS	DIM	32
9	Lathrop HS	LAT	27
10	Wasilla HS	WAS	25
11	Palmer HS	PAL	23
12	Juneau-Douglas HS	JNU	13
13	North Pole HS	NPL	12
14	West Anchorage HS	WANC	10
15	Eagle River HS	ERIV	6
16	Colony HS	COL	5
17	Soldotna HS	SOL	4
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<b>Total</b>			<b>527.00</b>

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**

Hosted by Lathrop High School

Lathrop HS Track

**Results - Day 2 Field Events - MLJ, FLJ,MDT, FSP****Girls Long Jump 1A-2A-3A**

ASAA Champ's: 15-07.50 % 5/23/2000 Gabriella Serventi

Season Best: 17-07.50 \*

Kathryn Medinger

Name	School	Finals
<b>Flight 1</b>		
1 Bennett, Jenelle	Anch. Christian	14-08.25 10
2 Medinger, Kathryn	Sitka	14-07.25 8
3 Simmers, Debbiey	Anch. Christian	14-06.75 6
4 Garrett, Jakeera	Hutchison	14-04.75 4
5 Serventi, Gabriella	Grace Christian	14-03.25 2
6 Madren, Karley	Anch. Christian	14-01.25 1
7 Lynch, Teolani	Haines	13-11.25 -1.3
8 Bauder, Megan	Cook Inlet	13-05.75 -2.2

**Girls Shot Put 1A-2A-3A**

ASAA Champ's: 33-02.75 % 5/23/2009 Anna Simmers

Season Best: 33-01.75 \*

Fran Daly

Name	School	Finals
<b>Flight 1</b>		
1 Johnson, Kassi	Nikiski	34-02.50% 10
2 Daly, Fran	Haines	33-03.75% 8
3 Hansen, Megan	Nikiski	32-07.75 6
4 Anderson, Jessica	Her. Christian	31-07.25 4
5 Esbenschade, Ellen	Yakutat	31-01.25 2
6 James, Olivia	Anch. Christian	31-00.50 1
7 Adelmann, Tessa	Seward	29-10.75
8 Obermeyer, Demi	Monroe Catholic	27-11.75

**Girls Long Jump 4A**

ASAA Champ's: 19-05 % 2003

Season Best: 16-08 \*

Janay DeLoach

Alisha Allen, Lathrop

Name	School	Prelims
<b>Flight 1 Preliminaries</b>		
1 Mackey, Julia	West Valley	* 16-08.00q-1.2
2 Todd, Jessica	Dimond	15-11.00q 0.1
3 Houchen, Sarah	Palmer	15-04.25q -1.2
4 Engel, Keiahnna	Dimond	14-09.25q -1.0
5 Parish, Tonya	Dimond	14-04.75 -0.3
6 Collins, Alexandria	Chugiak	14-04.50 -0.8
7 Bassler, Lauren	South Anchorage	14-03.75 -0.8
8 Smith, Rosie	Bartlett	14-03.00 -1.7

**Flight 2 Preliminaries**

1 Allen, Alisha	Lathrop	16-01.50q-0.1
2 Maresh, Laura	Colony	15-00.75q-1.1
3 Okasaktaruk, Alice	Wasilla	14-11.75q-0.3
4 Kudinova, Veronika	Service	14-11.00q-1.8
5 Neary, Iris	Juneau-Douglas	14-00.00 0.3
6 Penrod, Casee	Skyview	13-10.00 0.2
7 Harris, Dajanae	Wasilla	13-08.00 0.8
8 Thorne, Sydney	Thunder Moun	12-04.75 -0.8

**Girls Long Jump 4A**

ASAA Champ's: 19-05 % 2003

Season Best: 16-08 \*

Janay DeLoach

Alisha Allen, Lathrop

Name	School	Finals
<b>Flight 1 Finals</b>		
1 Todd, Jessica	Dimond	17-05.00* 10
2 Mackey, Julia	West Valley	17-00.25* 8
3 Allen, Alisha	Lathrop	16-09.00* 6
4 Houchen, Sarah	Palmer	15-04.25 4
5 Engel, Keiahnna	Dimond	15-01.75 2
6 Maresh, Laura	Colony	15-00.75 1
7 Okasaktaruk, Alice	Wasilla	14-11.75 -0.3
8 Kudinova, Veronika	Service	14-11.50 -2.2

**Girls Shot Put 4A**

ASAA Champ's: 44-04.75 % 1997

Season Best: 35-10.75 \*

Jenny Luer

Shellina Irwin

Name	School	Prelims
<b>Flight 1 Preliminaries</b>		
1 LaMere, Erin	Palmer	34-00.75q
2 Dumpson, Tekoa	East Anchorage	33-07.25q
3 Tufi, Pauline	West Anchorage	32-08.25q
4 Dunbar, Tina-Louise	East Anchorage	32-07.00q
5 Grant, Ashley	Dimond	32-04.75q
6 Swanson, Sarah	West Valley	31-07.25
7 Troisi, Jillian	Wasilla	31-00.00
8 Nuernberg, Monica	Palmer	28-03.00

**Flight 2 Preliminaries**

1 Irwin, Shellina	Colony	35-09.25q
2 Kurth, Zoe	West Valley	34-05.25q
3 Highley, Mercedes (Annet	Juneau-Douglas	32-02.75q
4 Solomon, Shelby	West Valley	31-09.50
5 Joseph, T'Keyah	North Pole	31-06.25
6 Imoe, Alexis	Wasilla	30-11.50
7 Oliver, Samantha	Kodiak	30-11.25
--- Ward, Chayna	Wasilla	FOUL

**Girls Shot Put 4A**

ASAA Champ's: 44-04.75 % 1997

Season Best: 35-10.75 \*

Jenny Luer

Shellina Irwin

Name	School	Finals
<b>Flight 1 Finals</b>		
1 Irwin, Shellina	Colony	35-09.25 10
2 Kurth, Zoe	West Valley	34-05.25 8
3 LaMere, Erin	Palmer	34-00.75 6
4 Dumpson, Tekoa	East Anchorage	J33-08.50 4
5 Tufi, Pauline	West Anchorage	J33-08.50 2
6 Dunbar, Tina-Louise	East Anchorage	33-03.00 1
7 Grant, Ashley	Dimond	33-02.25
8 Highley, Mercedes (Annet	Juneau-Douglas	32-02.75

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## Results - Day 2 Field Events - MLJ, FLJ,MDT, FSP

**Boys Long Jump 1A-2A-3A**

ASAA Champ's: 20-00.75 % 5/23/2009 Travis Price

Season Best: 19-01.25 \*

Kevin Rima

Name	School	Finals
<b>Flight 1</b>		
1 Hanks, Pete	Her. Christian	19-03.75* 10
2 Rima, Kevin	Hutchison	18-11.00 8
3 Wilson, Mickey	Skagway	18-10.00 6
4 Holmes, James	Monroe Catholic	18-06.75 4
5 Reeder, Gordon	Sitka	17-09.00 2
6 Charters, Luke	Anch. Christian	17-08.00 1
7 Fears, Brandon	Monroe Catholic	17-07.50 1.3
8 Nichols, Bryce	Cantwell	16-11.00 2.0

**Boys Discus Throw 1A-2A-3A**

ASAA Champ's: 141-01 % 5/23/2009 Kevin Rima

Season Best: 142-04 \*

Kevin Rima

Name	School	Finals
<b>Flight 1</b>		
1 Piper, Jesse	Haines	137-02 10
2 Rima, Kevin	Hutchison	129-10 8
3 Crosby, Beau	Seward	119-01 6
4 Richwine, Aaron	Anch. Christian	115-05 4
5 Lu, Andy	Grace Christian	114-11 2
6 Walker, Dane	Grace Christian	113-08 1
7 Pullins, Evan	Seward	112-10
8 Vreeman, Gideon	Her. Christian	111-03

**Boys Long Jump 4A**

ASAA Champ's: 23-00 % 1997

Season Best: 21-07.75 \*

Derek Ladson

Cyrus Chenault

Name	School	Prelims
<b>Flight 1 Preliminaries</b>		
1 Chenault, Cyrus	Bartlett	21-02.50q 0.2
2 Spalding, Tyler	Kenai	19-05.25q -0.7
3 Jaronik, Matt	Colony	19-04.50q 1.5
4 Miller, Jesse	Juneau-Douglas	19-01.75q -0.1
4 Barnett, Vincent	Lathrop	19-01.75q 0.8
6 Summers, Clarence	Eagle River	18-06.75 +0.0
7 HoltMan, Terry	West Anchorage	18-05.00 0.3
8 Gilbert, Michael	Kodiak	18-01.50 -0.4

**Flight 2 Preliminaries**

1 Vealy, Will	West Valley	19-10.00q 1.6
2 Agae, Ishmael	West Valley	19-02.25q 0.3
3 Predmore, Richard	Bartlett	18-11.00q 0.4
4 Hassebroek, Brey	West Valley	18-10.75 1.4
5 Haley, Bryan	Bartlett	18-04.75 +0.0
6 Stokes, Donald	Thunder Moun	17-10.75 0.6
7 Edwards, Isaiah	Wasilla	17-09.25 -0.1
--- McCall, James	Palmer	FOUL NWI

**Boys Long Jump 4A**

ASAA Champ's: 23-00 % 1997

Season Best: 21-07.75 \*

Derek Ladson

Cyrus Chenault

Name	School	Finals
<b>Flight 1 Finals</b>		
1 Chenault, Cyrus	Bartlett	21-02.50 10
2 Barnett, Vincent	Lathrop	20-05.50 8
3 Vealy, Will	West Valley	19-10.00 6
4 Spalding, Tyler	Kenai	19-08.50 4
5 Jaronik, Matt	Colony	19-05.75 2
6 Agae, Ishmael	West Valley	19-05.25 1
7 Miller, Jesse	Juneau-Douglas	19-01.75 -0.1
8 Predmore, Richard	Bartlett	18-11.00 0.4

**Boys Discus Throw 4A**

ASAA Champ's: 192-07 % 5/23/2007 Jordan Clarke

Season Best: 167-10 \*

John Knowles

Name	School	Prelims
<b>Flight 1 Preliminaries</b>		
1 Markel, Chase	South Anchorage	125-01q
2 McLean, Spencer	South Anchorage	123-10q
3 Agae, Ishmael	West Valley	122-01q
4 Fenumiai, Lawrence	Juneau-Douglas	117-02
5 Garris-Shoemaker, Ray	West Valley	107-07
6 Parham, Derrick	Skyview	106-07
7 Swensen, Mitchell	Dimond	103-00
8 Masalosalo, Troy	Bartlett	97-00

**Flight 2 Preliminaries**

1 Knowles, John	Wasilla	148-06q
2 Spalding, Tyler	Kenai	134-02q
3 Tran, Brandon	East Anchorage	128-01q
4 Clarke, Matthew	Bartlett	126-02q
5 Silva, Jonah	Lathrop	125-04q
6 HoltMan, Terry	West Anchorage	117-00
7 Minogue, Tanner	Soldotna	115-04
8 Wentland, Chris	North Pole	102-11

**Boys Discus Throw 4A**

ASAA Champ's: 192-07 % 5/23/2007 Jordan Clarke

Season Best: 167-10 \*

John Knowles

Name	School	Finals
<b>Flight 1 Finals</b>		
1 Knowles, John	Wasilla	148-10 10
2 Agae, Ishmael	West Valley	143-07 8
3 Clarke, Matthew	Bartlett	137-09 6
4 Spalding, Tyler	Kenai	134-02 4
5 Tran, Brandon	East Anchorage	128-01 2
6 McLean, Spencer	South Anchorage	126-06 1
7 Markel, Chase	South Anchorage	126-05
8 Silva, Jonah	Lathrop	125-04

## 2010 ASAA Championships - 5/21/2010 to 5/22/2010

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Lathrop HS Track

## Results - Day 2 Track Events

**Girls 100 Meter Dash 1A-2A-3A**

ASAA Champ's: 12.94 % 5/23/2009 Melissa Grammer

Season Best: 13.41 \* Sadie Arneson

Name	School	Finals
<b>Section 1 Wind: -1.3</b>		
1 Esbenshade, Ellen	Yakutat	J13.44 18
2 Arneson, Sadie	Cook Inlet	J13.64 8
3 Clark, Monica	Monroe Catholic	J13.72 6
4 Garrett, Jakeera	Hutchison	J13.72 4
5 Bennett, Chantell	Anch. Christian	J13.72 2
6 Williams, Jazzmyn	Eielson	J14.05 1
7 Lundgren, Talia	Monroe Catholic	14.21
8 Railing, Emily	Her. Christian	14.34

**Girls 200 Meter Dash 1A-2A-3A**

ASAA Champ's: 27.13 % 5/23/2009 Lexy Siefert

Season Best: 26.79 \* Gabriella Serventi

Name	School	Finals
<b>Section 1 Wind: -2.4</b>		
1 Serventi, Gabriella	Grace Christian	28.04 10
2 Esbenshade, Ellen	Yakutat	28.31 8
3 Bennett, Chantell	Anch. Christian	28.58 6
4 Garrett, Jakeera	Hutchison	28.62 4
5 Arneson, Sadie	Cook Inlet	28.99 2
6 Anderson, Leisha	Anch. Christian	29.06 1
7 Ihde, Sarah	Grace Christian	29.25
8 Scott, Missy	Su Valley	30.01

**Girls 400 Meter Dash 1A-2A-3A**

ASAA Champ's: 1:01.11 % 5/23/2009 Britney Anderson

Season Best: 1:02.13 \* Gabriella Serventi

Name	School	Finals
<b>Section 1</b>		
1 Serventi, Gabriella	Grace Christian	1:01.47* 10
2 Bauder, Megan	Cook Inlet	1:02.84 8
3 Simmers, Debbiey	Anch. Christian	1:03.05 6
4 Medinger, Kathryn	Sitka	1:04.24 4
5 Herbert, Maggie	Seward	1:05.43 2
6 Tulip, Anna	Grace Christian	1:05.62 1
7 Price, Blair	Grace Christian	1:06.61
8 Schreder, Megan	Monroe Catholic	1:07.58

**Girls 800 Meter Run 1A-2A-3A**

ASAA Champ's: 2:25.41 % 5/23/2009 Kailey Wilson

Season Best: 2:25.75 \* Lizzy Bennett

Name	School	Finals
<b>Section 1</b>		
1 Wilson, Kailey	Kenny Lake	2:22.16% 10
2 Barnwell, Alison	Seward	2:22.26% 8
3 Bennett, Lizzy	Monroe Catholic	2:26.58 6
4 Medinger, Kathryn	Sitka	2:27.55 4
5 Davis, BethAnne	Grace Christian	2:31.50 2
6 Stevenson, Bailey	Su Valley	2:31.94 1
7 Surdyk, Kaitlyn	Skagway	2:33.57

8 Jensen, Amanda Skagway 2:33.65

**Girls 1600 Meter Run 1A-2A-3A**

ASAA Champ's: 5:18.10 % 5/23/2009 Kailey Wilson

Season Best: 5:20.85 \* Kailey Wilson

Name	School	Finals
<b>Section 1</b>		
1 Wilson, Kailey	Kenny Lake	5:27.82 10
2 Fifield, Macala	Monroe Catholic	5:37.38 8
3 Jensen, Amanda	Skagway	5:37.63 6
4 Boyles, Monae	Grace Christian	5:39.00 4
5 Applegate, Mariah	Grace Christian	5:41.86 2
6 Surdyk, Kaitlyn	Skagway	5:43.24 1
7 Winkler, Anitra	Cantwell	6:01.63

**Girls 100 Meter Hurdles 1A-2A-3A**

ASAA Champ's: 15.29 % 5/23/2009 Anna Simmers

Season Best: 17.56 \* Karley Madren

Name	School	Finals
<b>Section 1 Wind: 0.4</b>		
1 Madren, Karley	Anch. Christian	17.19* 10
2 Karlberg, Hannah	Grace Christian	18.44 8
3 Bennett, Chantell	Anch. Christian	18.93 6
4 Garrett, Jakeera	Hutchison	18.94 4
5 Thibodeaux, Briana	Anch. Christian	19.10 2
6 Campbell, Maddy	Seward	19.14 1
7 Bauder, Megan	Cook Inlet	19.52
8 Jessica, Stokes	Monroe Catholic	20.87

**Girls 300 Meter Hurdles 1A-2A-3A**

ASAA Champ's: 48.51 % 5/23/2009 Amie Smithwick

Season Best: 51.44 \* Karley Madren

Name	School	Finals
<b>Section 1</b>		
1 Bennett, Lizzy	Monroe Catholic	49.90* 10
2 Madren, Karley	Anch. Christian	50.72* 8
3 Cresap, Sarah	Grace Christian	52.21 6
4 Esbenshade, Tina	Yakutat	52.40 4
5 Atherton, Kristina	Seward	53.75 2
6 Karlberg, Hannah	Grace Christian	56.38 1
7 Son, Kaylin	Eielson	56.39
8 Stahl, Laura	Su Valley	56.40

**Girls 4x100 Meter Relay 1A-2A-3A**

ASAA Champ's: 52.83 % 5/23/2009 Anchorage Christian

R Senko, J Bennett, L Anderson, C Bennett

Season Best: 54.54 \* Anchorage Christian

Team	Relay	Finals
<b>Section 1</b>		
1 Cook Inlet Acad.	A	54.72 10
1) Arneson, Sadie	2) Davidson, Cara	
3) Bauder, Lauren	4) Bauder, Megan	
2 Anchorage Christian	A	54.92 8
1) Thibodeaux, Briana	2) Quinlan, Callie	
3) Bennett, Jenelle	4) Anderson, Leisha	

## 2010 ASAA Championships - 5/21/2010 to 5/22/2010

Hosted by Lathrop High School

Lathrop HS Track

## Results - Day 2 Track Events

## Section 1 ... (Girls 4x100 Meter Relay 1A-2A-3A)

Team	Relay	Finals	
3 Grace Christian	A	55.18	6
1) Sutton, Jenna	2) Cresap, Sarah		
3) Price, Blair	4) Ihde, Sarah		
4 Monroe Catholic HS	A	55.86	4
1) Clark, Monica	2) Barnard, Kirsten		
3) Lundgren, Talia	4) Gavora, Alexis		
5 Eielson HS	A	56.76	2
1) Williams, Jazzmyn	2) Armour, Andie		
3) Boyd, Taylor	4) Son, Kaylin		
6 Seward HS	A	56.87	1
1) Atherton, Kristina	2) Campbell, Maddy		
3) Herbert, Maggie	4) Adelman, Tessa		
7 Heritage Christian	A	59.28	
1) Railing, Emily	2) Parrott, Brittany		
3) Halsey, Abby	4) Anderson, Jessica		
8 Haines HS	A	1:00.81	
1) St. Clair, Jackie	2) Lynch, Teolani		
3) Giddings, Jess	4) Daly, Fran		

## Girls 4x200 Meter Relay 1A-2A-3A

ASAA Champ's: 1:54.00 % 5/23/2009 Anchorage Christian

C Klein, J Bennett, R Senko, L Anderson

Season Best: 1:55.60 \*

Anchorage Christian

Team	Relay	Finals	
<b>Section 1</b>			
1 Grace Christian	A	1:51.70%	10
1) Ihde, Sarah	2) Sutton, Jenna		
3) Tulip, Anna	4) Serventi, Gabriella		
2 Anchorage Christian	A	1:51.78%	8
1) Bennett, Jenelle	2) Anderson, Leisha		
3) Simmers, Debbiey	4) Bennett, Chantell		
3 Haines HS	A	1:57.06	6
1) Lynch, Teolani	2) Rasmussen, Marnie		
3) Giddings, Jess	4) Daly, Fran		
4 Seward HS	A	1:57.68	4
1) Erchinger, Neeka	2) Atherton, Kristina		
3) Herbert, Maggie	4) Adelman, Tessa		
5 Monroe Catholic HS	A	1:58.28	2
1) Clark, Monica	2) Barnard, Kirsten		
3) Lundgren, Talia	4) Gavora, Alexis		
6 Eielson HS	A	2:00.56	1
1) Williams, Jazzmyn	2) Armour, Andie		
3) Boyd, Taylor	4) Son, Kaylin		
7 Su Valley HS	A	2:01.29	
1) Stahl, Laura	2) Starbuck, Hannah		
3) Stevenson, Bailey	4) Scott, Missy		
8 Delta Junction HS	A	2:04.05	
1) Olsen, Kari	2) Heintz, Angie		
3) Trainor, Sam	4) Wrigley, Mallory		

## Girls 4x400 Meter Relay 1A-2A-3A

ASAA Champ's: 4:36.38 % 5/23/2009 Grace Christian

S Cresap, H Kopp, H Johnson, M Dupea

Season Best: 4:23.30 \*

Grace Christian

Team	Relay	Finals	
<b>Section 1</b>			
1 Monroe Catholic HS	A	4:23.74%	10
1) Fifield, Macala	2) Schreder, Nicole		
3) Schreder, Megan	4) Bennett, Lizzy		
2 Grace Christian	A	4:28.44%	8
1) Price, Blair	2) Davis, BethAnne		
3) Applegate, Mariah	4) Cresap, Sarah		
3 Haines HS	A	4:35.54%	6
1) Lynch, Teolani	2) Jacobson, Anna		
3) St. Clair, Jackie	4) Rasmussen, Marnie		
4 Yakutat HS	A	4:41.58	4
1) Wheeler, Justyne	2) Esbenshade, Tina		
3) Esbenshade, Ellen	4) Myers, Hailley		
5 Skagway HS	A	4:45.58	2
1) Leverton, Rori	2) Vogel, Avi		
3) Jensen, Amanda	4) Surdyk, Kaitlyn		
6 Eielson HS	A	4:46.40	1
1) Son, Kaylin	2) Hebert, Ashlynn		
3) Armour, Andie	4) Boyd, Taylor		
7 Delta Junction HS	A	4:46.43	
1) Byam, Anna	2) Olsen, Kari		
3) Ionashku, Tonya	4) Trainor, Sam		
8 Anchorage Christian	A	4:58.31	
1) Thompson, Krystal	2) Quinlan, Callie		
3) James, Olivia	4) Jaconette, Olivia		

## Girls 4x800 Meter Relay 1A-2A-3A

ASAA Champ's: 10:13.57 % 5/23/2009 Grace Christian

N Leman, M Applegate, H Kopp, Dupea

Season Best: 10:25.40 \*

Grace Christian

Team	Relay	Finals	
<b>Section 1</b>			
1 Seward HS	A	10:20.34*	10
1) Barnwell, Alison	2) Sefton, Kelley		
3) Herbert, Maggie	4) Atherton, Kristina		
2 Monroe Catholic HS	A	10:26.44	8
1) Fifield, Macala	2) Schreder, Nicole		
3) Schreder, Megan	4) Bennett, Lizzy		
3 Grace Christian	A	10:30.05	6
1) Applegate, Mariah	2) Winkle, Betsy		
3) Trujillo, Anna	4) Davis, BethAnne		
4 Eielson HS	A	11:28.65	4
1) Murtiff, Mickey	2) Hebert, Ashlynn		
3) Armour, Andie	4) Boyd, Taylor		
5 Anchorage Christian	A	11:41.23	2
1) Jaconette, Olivia	2) Thompson, Krystal		
3) Nale, Margaret	4) Anderson, Leisha		

## 2010 ASAA Championships - 5/21/2010 to 5/22/2010

Hosted by Lathrop High School

Lathrop HS Track

## Results - Day 2 Track Events

**Girls 100 Meter Dash 4A**

ASAA Champ's: 11.8h % 1981

Startlett Jackson

Season Best: 12.54 \*

Alisha Allen

Name	School	Finals
<b>Section 1 Finals Wind: 0.9</b>		
1 Harris, Dajanae	Wasilla	12.73 10
2 Ferguson, Shaai	Service	12.76 8
3 Tillmon, Jessica	Bartlett	12.76 6
4 Walker, Brittany	Bartlett	12.79 4
5 Allen, Alisha	Lathrop	12.87 2
6 Dampier, Morgan	Wasilla	13.03 1
7 Sweet, MiCall	Dimond	13.12
8 Little, Destiny	Bartlett	13.27

**Girls 200 Meter Dash 4A**

ASAA Champ's: 25.1h % 1982

Yvette Ervin

Season Best: 25.99 \*

Lierin Flanagan

Name	School	Finals
<b>Section 1 Finals Wind: -1.6</b>		
1 Flanagan, Lierin	Kenai	25.86* 10
2 Allen, Alisha	Lathrop	26.60 8
3 Ferguson, Shaai	Service	26.70 6
4 Walker, Brittany	Bartlett	27.00 4
5 Bozeman, Jaley	Dimond	27.33 2
6 Harris, Dajanae	Wasilla	27.42 1
7 Little, Destiny	Bartlett	27.42
8 Harter, Kendra	Chugiak	27.56

**Girls 400 Meter Dash 4A**

ASAA Champ's: 56.96 % 5/21/2010 Lierin Flanagan

Season Best: 56.84 \*

Lierin Flanagan

Name	School	Finals
<b>Section 1 Finals</b>		
1 Flanagan, Lierin	Kenai	55.95* 10
2 Beeson, Bailey	Kenai	58.46 8
3 Todd, Jessica	Dimond	59.26 6
4 Bagsby, Symphony	Dimond	59.33 4
5 Bick, Susan	Bartlett	59.94 2
6 Reagle, Josephine	East Anchorage	1:00.02 1
7 Imig, Madison	Dimond	1:01.60
8 Dampier, Morgan	Wasilla	1:03.33

**Girls 800 Meter Run 4A**

ASAA Champ's: 2:14.56 % 2003

Kris Smith

Season Best: 2:15.06 \*

Morgan Dampier

Name	School	Finals
<b>Section 1 Finals</b>		
1 Dampier, Morgan	Wasilla	2:13.95* 10
2 O'Guinn, Ivy	Skyview	2:17.44 8
3 Michaelson, Audrey	Colony	2:21.82 6
4 Roelle, Rachel	West Anchorage	2:22.65 4
5 Wilcox, Cara	Dimond	2:23.40 2
6 Fitzgerald, Kim	Lathrop	2:27.68 1
7 Wray, Nikki	Dimond	2:27.79

8 Bethea, Jaymi Kodiak 2:29.08

**Girls 1600 Meter Run 4A**

ASAA Champ's: 4:55.89 % 2003

Kris Smith

Season Best: 5:14.00 \*

Ivy O'Guinn

Name	School	Finals
<b>Section 1</b>		
1 O'Guinn, Ivy	Skyview	5:09.41* 10
2 Bethea, Jaymi	Kodiak	5:13.70* 8
3 Hartke, Samantha	Chugiak	5:16.90 6
4 Ford, Jenna	Wasilla	5:17.35 4
5 Francis, Leah	Juneau-Douglas	5:18.50 2
6 Callahan, Molly	West Valley	5:19.28 1
7 Edic, Megan	Lathrop	5:23.93
8 Schmitz, Christi	North Pole	5:27.37
9 Kirk, Stephanie	South Anchorage	5:28.15
10 Freistone, Sarah	Dimond	5:29.26
11 Minge, Emma	South Anchorage	5:29.56
12 Culver, Katherine	South Anchorage	5:33.11
13 Vania, Merielle	South Anchorage	5:33.14
14 Mahlen, Tsaina	South Anchorage	5:33.75
15 Hennessy, Amelia	Dimond	5:33.89

**Girls 100 Meter Hurdles 4A**

ASAA Champ's: 14.92 % 5/21/2010 Emily Sharp

Season Best: 14.92 \* 5/21/2010 Emily Sharp

Name	School	Finals
<b>Section 1 Finals Wind: 0.8</b>		
1 Engel, Keiahnna	Dimond	14.90* 10
2 Sharp, Emily	Juneau-Douglas	15.04 8
3 Smith, Rosie	Bartlett	15.17 6
4 Sharp, Samantha	Juneau-Douglas	16.58 4
5 DeVito, Shaynee	Kenai	16.68 2
6 Kiyutelluk, Robin	Bartlett	16.71 1
7 Kueter, Morgan	Bartlett	16.79
8 Bohn, Brianne	West Anchorage	16.80

**Girls 300 Meter Hurdles 4A**

ASAA Champ's: 44.93 % 1994

Lara Kelly

Season Best: 45.79 \*

Rosie Smith

Name	School	Finals
<b>Section 1 Finals</b>		
1 Smith, Rosie	Bartlett	45.37* 10
2 Sharp, Emily	Juneau-Douglas	45.50* 8
3 Engel, Keiahnna	Dimond	47.81 6
4 DeVito, Shaynee	Kenai	47.91 4
5 Vaitohi, Mary	Dimond	48.68 2
6 Inch, Deven	East Anchorage	48.83 1
7 Ulen, Mariah	Soldotna	49.14
8 Sharp, Samantha	Juneau-Douglas	49.19

## 2010 ASAA Championships - 5/21/2010 to 5/22/2010

Hosted by Lathrop High School

Lathrop HS Track

## Results - Day 2 Track Events

**Girls 4x100 Meter Relay 4A**

ASAA Champ's: 49.77 % 2005

East Anchorage

Black, Preston, Smith, Vanzant

Season Best: 50.41 \*

Bartlett

Team	Relay	Finals
<b>Section 1</b>		
1 Bartlett	A	49.80* 10
1) Jackson, Rayana	2) Walker, Brittany	
3) Young, Kayla	4) Tillmon, Jessica	
2 Dimond HS	A	50.24* 8
1) Bozeman, Jaley	2) Sweet, MiCall	
3) Bagsby, Symphony	4) Todd, Jessica	
3 Service HS	A	51.54 6
1) Ferguson, Shaai	2) Serrano, Gaby	
3) Zanders, Katelynn	4) Souders, Hannah	
4 Juneau-Douglas HS	A	52.10 4
1) Neary, Iris	2) Rieselbach, Maya	
3) Sharp, Samantha	4) Siddeek, Esra	
5 Soldotna HS	A	52.29 2
1) Gordon, Megan	2) Hamilton, Alicia	
3) Ulen, Mariah	4) Nolden, Jelly	
6 Palmer HS	A	52.37 1
1) Nuernberg, Monica	2) Blake, Taylor	
3) VanHoomissen, Jamie	4) Houchen, Sarah	
7 Lathrop HS	A	56.27
1) Spencer, Dominique	2) Fitzgerald, Keri-Lyn	
3) Sloat, Alex	4) Glaeser, Britt	
--- East Anchorage HS	A	DQ
1) Gardner, Amber	2) Butler, Synclaire	
3) Reagle, Josephine	4) Phillips, Ashanti	

**Girls 4x200 Meter Relay 4A**

ASAA Champ's: 1:44.86 % 2003

Lathrop

Baily Preston Dollison, Smith

Season Best: 1:45.89 \*

Service

Team	Relay	Finals
<b>Section 1</b>		
1 Bartlett	A	1:45.58* 10
1) Little, Destiny	2) Tillmon, Jessica	
3) Walker, Brittany	4) Jackson, Rayana	
2 Service HS	A	1:46.00 8
1) Souders, Hannah	2) Serrano, Gaby	
3) Zanders, Katelynn	4) Ferguson, Shaai	
3 Dimond HS	A	1:46.86 6
1) Jackson, Kimmy	2) Sweet, MiCall	
3) Bozeman, Jaley	4) Bagsby, Symphony	
4 Wasilla HS	A	1:48.83 4
1) Harris, Dajanae	2) Schleich, Cori	
3) Nickerson, Gladys	4) Dampier, Morgan	
5 West Valley HS	A	1:50.39 2
1) Kennedy, Jaime	2) Jones, Kinzea	
3) Mattson, Hannah	4) Oneil, Kieran	

6 Palmer HS	A	1:50.70 1
1) Blake, Taylor	2) Whitfield, Tress	
3) VanHoomissen, Jamie	4) Houchen, Sarah	
7 Chugiak HS	A	1:50.87
1) Harter, Kendra	2) Wehrheim, Barbara	
3) Fore, Rachel	4) Matthis, MacKenzie	
8 Juneau-Douglas HS	A	1:51.61
1) Cumlat, Jean	2) Rieselbach, Maya	
3) Jackson, Karissa	4) Siddeek, Esra	

**Girls 4x400 Meter Relay 4A**

ASAA Champ's: 4:04.46 % 5/23/2009 Kenai Central

K Louthan, S DeVito, B Beeson, L Flanagan

Season Best: 4:04.99 \*

Dimond

Team	Relay	Finals
<b>Section 1</b>		
1 Kenai Central HS	A	4:01.72% 10
1) Sandahl, Leah	2) DeVito, Shaynee	
3) Beeson, Bailey	4) Flanagan, Lierin	
2 Dimond HS	A	4:02.47% 8
1) Engel, Keiahnna	2) Bagsby, Symphony	
3) Imig, Madison	4) Todd, Jessica	
3 Palmer HS	A	4:15.26 6
1) Whitfield, Morgan	2) Whitfield, Tress	
3) Winter, Gretchen	4) Houchen, Sarah	
4 Juneau-Douglas HS	A	4:15.29 4
1) Jackson, Karissa	2) Sharp, Emily	
3) Burger-Pothier, Lillian	4) Francis, Leah	
5 South Anchorage HS	A	4:15.34 2
1) Stophlet, Catherine	2) Kirk, Stephanie	
3) Minge, Emma	4) Wiita, Cayla	
6 Bartlett	A	4:16.47 1
1) Bick, Susan	2) Smith, Rosie	
3) Little, Destiny	4) Poole, Jasmine	
7 Service HS	A	4:22.83
1) Wheatall, Elizabeth	2) Serrano, Gaby	
3) LeClaire, Scottie Su	4) Barrus, Natalie	
8 Lathrop HS	A	4:26.64
1) Fitzgerald, Kim	2) Sloat, Alex	
3) Fitzgerald, Keri-Lyn	4) Angell, Christine	

**Girls 4x800 Meter Relay 4A**

ASAA Champ's: 9:35.21 % 2004

West Valley

L Johnson, C Gillis, C Miller, M Callahan

Season Best: 9:46.84 \*

South Anchorage

Team	Relay	Finals
<b>Section 1</b>		
1 Dimond HS	A	9:42.16* 10
1) Wray, Nikki	2) Hennessy, Amelia	
3) Freistone, Sarah	4) Wilcox, Cara	
2 South Anchorage HS	A	9:52.55 8
1) Minge, Emma	2) Kirk, Stephanie	
3) Vania, Merielle	4) Yanoshek, Kelly	

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**Hosted by **Lathrop High School****Lathrop HS Track****Results - Day 2 Track Events****Section 1 ... (Girls 4x800 Meter Relay 4A)**

Team	Relay	Finals
3 Lathrop HS	A	9:53.90 6
1) Edic, Megan	2) King, Sarah	
3) Angell, Christine	4) Fitzgerald, Kim	
4 Wasilla HS	A	9:54.63 4
1) Ford, Jenna	2) Young, Haley	
3) Rinngenberg, Mandi	4) Clump, Keri	
5 North Pole HS	A	10:03.10 2
1) Wood, Sam	2) Wright, Jessica	
3) Schmitz, Christi	4) Schmitz, Kelly	
6 Kodiak HS	A	10:15.68 1
1) Ng, Sarah	2) Smith, Allie	
3) Ivanoff, Chloe	4) Bethea, Jaymi	
7 Soldotna HS	A	10:29.38
1) Smith, Melanie	2) Skjold, Kaylee	
3) Merkes, Miranda	4) Mucha, Bree	
8 Juneau-Douglas HS	A	10:37.14
1) Clark, Lindsay	2) McDermott, Sarah	
3) Miller, Martina	4) Burger-Pothier, Lillian	

**Boys 100 Meter Dash 1A-2A-3A**

ASAA Champ's:	15.99 % 5/23/2009	Dylan Beck
Season Best:	11.88 *	Nick Nysewander-Kellard
Name	School	Finals

**Section 1 Wind: 0.2**

1 Nysewander-Kellard, Nick	Su Valley	11.78* 10
2 Clement, Chris	Sitka	11.82* 8
3 Hickok, Ryan	Grace Christian	12.13% 6
4 McKoy, BJ	Anch. Christian	12.24% 4
5 Parrish, Sayyid	Nikiski	12.29% 2
6 Covey, Dillon	Ninilchik	12.47% 1
7 Ellsworth, Tyler	Eielson	12.49%
--- Taylor, Caullen	Haines	DQ

**Boys 200 Meter Dash 1A-2A-3A**

ASAA Champ's:	24.35 % 5/23/2009	Shane Cawley
Season Best:	23.74 *	Brian Sears
Name	School	Finals

**Section 1 Wind: -0.8**

1 Nysewander-Kellard, Nick	Su Valley	23.96% 10
2 Clement, Chris	Sitka	24.23% 8
3 Williams, Ryan	Anch. Christian	24.40 6
4 Kelly, Bill	Su Valley	24.58 4
5 Metcalf, Quinton	Grace Christian	24.64 2
6 Parrish, Sayyid	Nikiski	24.69 1
7 Herman, Charlie	Delta Junction	25.14
8 Sears, Brian	Grace Christian	25.29

**Boys 400 Meter Dash 1A-2A-3A**

ASAA Champ's:	49.82 % 5/23/2009	Travis Price
Season Best:	52.77 *	Mickey Wilson
Name	School	Finals

**Section 1**

1 Wilson, Mickey	Skagway	52.42* 10
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2 Hanks, Pete	Her. Christian	53.16 8
3 Dillon, Joseph	Grace Christian	53.46 6
4 Gillespie, Arnold	Sitka	54.15 4
5 Buchanan, Andrew	Seward	54.57 2
6 Head, Jeremy	Nome	55.27 1
7 Talerico, Jonathan	Tri Valley	55.44
8 Bialik, Josh	Delta Junction	58.57

**Boys 800 Meter Run 1A-2A-3A**

ASAA Champ's:	1:59.66 % 5/23/2009	Travis Price
Season Best:	2:00.39 *	Jacob Kirk

Name	School	Finals
<b>Section 1</b>		
1 Wilson, Mickey	Skagway	1:59.29% 10
2 Kirk, Jacob	Grace Christian	1:59.77* 8
3 Chase, Brett	Seward	2:01.38 6
4 Ionashku, Andrey	Delta Junction	2:05.15 4
5 Holly, Josh	Cook Inlet	2:06.77 2
6 Arnold, Andrew	Grace Christian	2:08.78 1
7 Klein, John	Grace Christian	2:09.28
8 Weber, Quinn	Skagway	2:16.45

**Boys 1600 Meter Run 1A-2A-3A**

ASAA Champ's:	4:27.95 % 5/23/2009	Jacob Kirk
Season Best:	4:26.30 *	Jacob Kirk

Name	School	Finals
<b>Section 1</b>		
1 Kirk, Jacob	Grace Christian	4:22.76* 10
2 Ionashku, Andrey	Delta Junction	4:32.25 8
3 Arnold, Andrew	Grace Christian	4:37.11 6
4 Weber, Quinn	Skagway	4:38.31 4
5 Klein, John	Grace Christian	4:38.58 2
6 Holly, Josh	Cook Inlet	4:39.83 1
7 Gillespie, Austin	Seward	4:51.42
8 Leahy, Daniel	Kenny Lake	4:56.58

**Boys 110 Meter Hurdles 1A-2A-3A**

ASAA Champ's:	15.99 % 5/23/2009	Dylan Beck
Season Best:	16.60 *	Jesse Piper

Name	School	Finals
<b>Section 1 Wind: 0.1</b>		
1 Hamilton, Antonio	Eielson	16.16* 10
2 Piper, Jesse	Haines	16.23* 8
3 Dunn, Keefer	Sitka	16.46* 6
4 Carroll, Josh	Sitka	16.49* 4
5 Brandon, Daniel	Anch. Christian	16.77 2
6 Covey, Dillon	Ninilchik	16.95 1
7 McKoy, BJ	Anch. Christian	16.98
--- Charters, Luke	Anch. Christian	FS

## 2010 ASAA Championships - 5/21/2010 to 5/22/2010

Hosted by Lathrop High School

Lathrop HS Track

## Results - Day 2 Track Events

**Boys 300 Meter Hurdles 1A-2A-3A**

ASAA Champ's: 40.81 % 5/23/2009 Dylan Beck

Season Best: 43.09 \* Quinton Metcalf

Name	School	Finals
<b>Section 1</b>		
1 Metcalf, Quinton	Grace Christian	42.64* 10
2 Brandon, Daniel	Anch. Christian	43.70 8
3 Hamilton, Antonio	Eielson	43.82 6
4 Dunn, Keefer	Sitka	43.82 4
5 Charters, Luke	Anch. Christian	44.25 2
6 Covey, Dillon	Ninilchik	45.05 1
7 Sorenson, Aaron	Seward	46.19
--- Carroll, Josh	Sitka	DQ

**Boys 4x100 Meter Relay 1A-2A-3A**

ASAA Champ's: 47.11 % 5/23/2009 Grace Christian

M Dockter, C Davis, J Hansen, L Turner

Season Best: 47.31 \* Grace Christian

Team	Relay	Finals
<b>Section 1</b>		
1 Seward HS	A	47.16* 10
1) Pullins, Evan	2) Atherton, Jesse	
3) Willis, Jacob	4) Sorenson, Aaron	
2 Su Valley HS	A	47.17* 8
1) Nysewander-Kellard, Nick	2) Figley, Dylan	
3) Timmers, Steen	4) Kelly, Bill	
3 Haines HS	A	47.70 6
1) Piper, Jesse	2) Taylor, Caullen	
3) Badger, Austin	4) Huntsman, Brian	
4 Grace Christian	A	48.28 4
1) Dockter, Matthew	2) Klein, Jeremiah	
3) Hickok, Ryan	4) Sears, Brian	
5 Anchorage Christian	A	48.89 2
1) Scott, Ryan	2) Richwine, Aaron	
3) Garner, Kaylon	4) McKoy, BJ	
6 Eielson HS	A	50.27 1
1) Sprankle, Jacob	2) Schneider, Codi	
3) Davis, Kevon	4) Ellsworth, Tyler	
7 Sitka HS	A	53.59
1) Partido, Johnny	2) Forrester, Cody	
3) Davis, Darin	4) Reeder, Gordon	

**Boys 4x200 Meter Relay 1A-2A-3A**

ASAA Champ's: 1:39.08 % 5/23/2009 Haines

B Huntsman, R Olsen, J Piper, K Rush

Season Best: 1:39.27 \* Su Valley

Team	Relay	Finals
<b>Section 1</b>		
1 Su Valley HS	A	1:37.75% 10
1) Figley, Dylan	2) Timmers, Steen	
3) Kelly, Bill	4) Nysewander-Kellard, Nick	
2 Anchorage Christian	A	1:39.30 8
1) Brandon, Daniel	2) Williams, Ryan	
3) Brown, Alex	4) Garner, Kaylon	

3 Grace Christian	A	1:40.15 6
1) Fischbach, Johnny	2) Dillon, Joseph	
3) Sears, Brian	4) Metcalf, Quinton	
4 Seward HS	A	1:40.74 4
1) Pullins, Evan	2) Atherton, Jesse	
3) Lindquist, Jared	4) Buchanan, Jeff	
5 Glennallen HS	A	1:40.94 2
1) Craig, Cory	2) Mossgrove, Arlen	
3) Weimer, Nick	4) Sutherland, Josh	
6 Haines HS	A	1:41.12 1
1) Badger, Austin	2) Taylor, Caullen	
3) Thomas, Tyler	4) Huntsman, Brian	
7 Monroe Catholic HS	A	1:43.17
1) Holmes, James	2) Brown, Rashad	
3) Bartels, Jordan	4) Fears, Brandon	
8 Eielson HS	A	1:43.26
1) Sprankle, Jacob	2) Schneider, Codi	
3) Davis, Kevon	4) Ellsworth, Tyler	

**Boys 4x400 Meter Relay 1A-2A-3A**

ASAA Champ's: 3:44.16 % 5/23/2009 Sitka

A Gillespie, G Reeder, I Longridge, R Doggett

Season Best: 3:37.85 \* Grace Christian

Team	Relay	Finals
<b>Section 1</b>		
1 Grace Christian	A	3:38.22% 10
1) Metcalf, Quinton	2) Dillon, Joseph	
3) Arnold, Andrew	4) Kirk, Jacob	
2 Sitka HS	A	3:40.75% 8
1) Clement, Chris	2) Reeder, Gordon	
3) Mathson, Peter	4) Gillespie, Arnold	
3 Seward HS	A	3:44.94 6
1) Buchanan, Andrew	2) Lindquist, Jared	
3) Chase, Brett	4) Gillespie, Austin	
4 Tri Valley	A	3:47.05 4
1) Young, Nick	2) Talerico, Andrew	
3) Talerico, Jonathan	4) Carter, Jake	
5 Delta Junction HS	A	3:50.20 2
1) Bialik, Josh	2) Herman, Charlie	
3) Tatarenko, David	4) Pelto, Eric	
6 Heritage Christian	A	3:51.50 1
1) Brady, Jesse	2) Vreeman, Gideon	
3) Vreeman, Amos	4) Hanks, Pete	
7 Nikiski HS	A	3:51.75
1) Hartley, Stephen	2) Taylor, Jordon	
3) Ray, Trevor	4) Parrish, Sayyid	
8 Anchorage Christian	A	3:53.01
1) Johnson, Brayton	2) Williams, Ryan	
3) Finn, Matt	4) Brown, Alex	

## 2010 ASAA Championships - 5/21/2010 to 5/22/2010

Hosted by Lathrop High School

Lathrop HS Track

## Results - Day 2 Track Events

**Boys 4x800 Meter Relay 1A-2A-3A**

ASAA Champ's: 8:35.74 % 5/23/2009 Grace Christian

J Klein, Q Metcalf, J Dillon, J Kirk

Season Best: 8:22.30 \* Grace Christian

Team	Relay	Finals
<b>Section 1</b>		
1 Seward HS	A	8:26.50% 10
1) Chase, Brett	2) Gillespie, Austin	
3) Lindquist, Jared	4) Buchanan, Andrew	
2 Grace Christian	A	8:38.69 8
1) Klein, John	2) Eller, Matthew	
3) Dillon, Joseph	4) Arnold, Andrew	
3 Delta Junction HS	A	8:42.52 6
1) Bialik, Josh	2) Pelto, Eric	
3) Tatarenko, David	4) Ionashku, Andrey	
4 Anchorage Christian	A	8:54.82 4
1) Baker, Matt	2) Williams, Ryan	
3) Brown, Alex	4) Finn, Matt	
5 Sitka HS	A	9:01.26 2
1) Patrick, Will	2) Davis, Darin	
3) Mathson, Peter	4) Gillespie, Arnold	
6 Heritage Christian	A	9:24.71 1
1) Whisman, Curtis	2) Beier, Christian	
3) Brady, Jesse	4) Vreeman, Gideon	
7 Hutchison HS	A	9:26.59
1) Sands, Tyler	2) Jacobson, Zach	
3) Rubio, Marcos	4) Burgett, Brandon	
8 Eielson HS	A	9:43.85
1) Valero, Jeremy	2) Smith, Chris	
3) Mitchell, William	4) Borberly, Mike	

**Boys 100 Meter Dash 4A**

ASAA Champ's: 10.90 % 1995 Joel Knight

Season Best: 11.14 \* Cyrus Chenault

Name	School	Finals
<b>Section 1 Finals Wind: 0.2</b>		
1 Chenault, Cyrus	Bartlett	11.27 10
2 Canady, Emanuel	East Anchorage	11.40 8
3 Vealy, Will	West Valley	11.43 6
4 Holley, Caleb	East Anchorage	11.47 4
5 Anderson, Frankie	North Pole	11.47 2
6 McCall, James	Palmer	11.54 1
7 Meredith, Austin	Ketchikan	11.75
8 Watts, Marcus	Bartlett	12.00

**Boys 200 Meter Dash 4A**

ASAA Champ's: 21.99 % 1995 Joel Knight

Season Best: 22.67 \* J. J. Jack-Nixon

Name	School	Finals
<b>Section 1 Finals Wind: -1.0</b>		
1 Sollars, David	South Anchorage	22.62* 10
2 Jack-Nixon, J.J.	Dimond	23.01 8
3 Canady, Emanuel	East Anchorage	23.04 6
4 Daly, John	Bartlett	23.12 4

5 McCall, James	Palmer	23.15 2
6 Scoresby, John	Palmer	23.65 1
7 Meredith, Austin	Ketchikan	23.68
8 Anderson, Frankie	North Pole	23.92

**Boys 400 Meter Dash 4A**

ASAA Champ's: 47.78 % 5/26/2007 Ethan Hewitt

Season Best: 49.97 \* J. J. Jack-Nixon

Name	School	Finals
<b>Section 1 Finals</b>		
1 Jack-Nixon, J.J.	Dimond	49.51* 10
2 Sollars, David	South Anchorage	49.57* 8
3 Ward, Jesse	North Pole	50.62 6
4 Owolabi, John	Eagle River	50.89 4
5 Mamikunian, Connor	Service	50.99 2
6 Owens, Taylor	Wasilla	51.67 1
7 Nymeyer, Caleb	Kodiak	51.97
8 Schneider, Colton	Soldotna	53.36

**Boys 800 Meter Run 4A**

ASAA Champ's: 1:49.2h % 1985 Doug Herron

Season Best: 1:56.61 \* Silas Talbot

Name	School	Finals
<b>Section 1 Finals</b>		
1 Roelle, Hans	West Anchorage	1:55.68* 10
2 Walgren, Robert	Service	1:58.48 8
3 Kiefer, Billy	Kenai	1:58.81 6
4 Anthony, Dylan	Kodiak	2:00.77 4
5 Lane, Jani	Service	2:01.13 2
6 Hanson, Kyle	Lathrop	2:01.63 1
7 Mangelsdorf, Wylie	Palmer	2:02.22
8 DeWilde, Gavin	North Pole	2:03.12

**Boys 1600 Meter Run 4A**

ASAA Champ's: 4:13.0h % 1985 Doug Herron

Season Best: 4:22.29 \* Silas Talbot

Name	School	Finals
<b>Section 1</b>		
1 Talbot, Silas	Service	4:19.29* 10
2 Anthony, Dylan	Kodiak	4:20.78* 8
3 Mangelsdorf, Wylie	Palmer	4:26.34 6
4 Walgren, Robert	Service	4:31.24 4
5 Hanson, Kyle	Lathrop	4:32.78 2
6 DeWilde, Gavin	North Pole	4:33.79 1
7 Lane, Jani	Service	4:34.26
8 Leder, James	West Valley	4:34.70
9 Knapp, Nathaniel	East Anchorage	4:36.27
10 Brewster, Brandon	South Anchorage	4:36.84
11 Huffman, Mason	South Anchorage	4:39.88
12 King, Brandon	Eagle River	4:43.38
13 Deer, Nathan	Kodiak	4:47.09
14 Bursell, Zachary	Juneau-Douglas	4:48.33
15 Osowski, James	Kodiak	4:54.86

## 2010 ASAA Championships - 5/21/2010 to 5/22/2010

Hosted by Lathrop High School

Lathrop HS Track

## Results - Day 2 Track Events

**Boys 110 Meter Hurdles 4A**

ASAA Champ's: 14.4h % 1989 Ollie Massengale

Season Best: 15.45 \* 5/21/2010 Elliott Bauer

Name	School	Finals
<b>Section 1 Finals Wind: 2.3</b>		
1 Schick, Karsten	Kodiak	15.16 10
2 Bauer, Elliott	South Anchorage	15.17 8
3 Gallegos, Tim	Lathrop	15.53 6
4 Wilson, Travis	Service	15.62 4
5 McCloskey, Mason	Dimond	15.84 2
6 Bricker, Anthony	Colony	16.01 1
7 Credito, Carlo	Ketchikan	16.05
8 Kauffman, Alex	Soldotna	16.76

**Boys 300 Meter Hurdles 4A**

ASAA Champ's: 38.9h % 1991 Nathan Moffett

Season Best: 39.99 \* 5/21/2010 Elliott Bauer

Name	School	Finals
<b>Section 1 Finals</b>		
1 Schick, Karsten	Kodiak	39.82* 10
2 Bauer, Elliott	South Anchorage	40.10 8
3 Wilson, Travis	Service	41.24 6
4 McCloskey, Mason	Dimond	41.56 4
5 Bricker, Anthony	Colony	41.60 2
6 Yates, Jacob	Bartlett	41.63 1
7 Day, Joe	Palmer	43.13
8 Niver, Blake	Colony	48.08

**Boys 4x100 Meter Relay 4A**

ASAA Champ's: 43.50 % 5/20/2006 East Anchorage

D Wilson, T Knutson, S Sosa, D Wilson

Season Best: 44.40 \* Bartlett

Team	Relay	Finals
<b>Section 1</b>		
1 Bartlett	A	43.67* 10
1) Daly, John	2) Yates, Jacob	
3) Hale, Jamal	4) Chenault, Cyrus	
2 East Anchorage HS	A	43.89* 8
1) Lopez, NaVarr	2) Nichols, Myles	
3) Holley, Caleb	4) Canady, Emanuel	
3 South Anchorage HS	A	43.91* 6
1) Bauer, Elliott	2) Pessetto, Jared	
3) MacDowell, Camden	4) Sollars, David	
4 Palmer HS	A	44.31* 4
1) Scoresby, John	2) Clement, David	
3) Forkner, Chris	4) McCall, James	
5 West Valley HS	A	44.81 2
1) Billesbach, Alex	2) Anderson, Dominick	
3) Clark, Willie	4) Vealy, Will	
6 North Pole HS	A	44.85 1
1) Jones, Lee	2) Isaacson, Jared	
3) Ward, Jesse	4) Anderson, Frankie	

7 Dimond HS A 45.07

1) Watson, Dominique 2) Carney, Frank

3) Tufaga, Armani 4) Gray, Darrion

8 Juneau-Douglas HS A 46.36

1) Chapman, Zane 2) Holloway, Christopher

3) Cordero, Samuel 4) Parker, Christian

**Boys 4x200 Meter Relay 4A**

ASAA Champ's: 1:28.5h % 1995 Bartlett

Ingraham, Roginson, Myles, Pennino

Season Best: 1:31.66 \* Bartlett

Team	Relay	Finals
<b>Section 1</b>		
1 Bartlett	A	1:31.23* 10
1) Daly, John	2) Hale, Jamal	
3) Watts, Marcus	4) Chenault, Cyrus	
2 Palmer HS	A	1:34.53 8
1) Forkner, Chris	2) Clement, David	
3) Turner, Levi	4) Scoresby, John	
3 Juneau-Douglas HS	A	1:34.62 6
1) Rutecki, Nick	2) Holloway, Christopher	
3) Miller, Jesse	4) Parker, Christian	
4 Soldotna HS	A	1:35.94 4
1) Schneider, Colton	2) McGillivray, Tyler	
3) Nolden, Chris	4) Bennett, Philip	
5 Eagle River HS	A	1:36.11 2
1) Hahn, Cody	2) Fox, Devon	
3) Summers, Clarence	4) Owolabi, John	
6 West Valley HS	A	1:36.65 1
1) Billesbach, Alex	2) Rodenberger, Brent	
3) Nuttall, Chris	4) Clark, Willie	
--- Dimond HS	A	DNF
1) Watson, Dominique	2) Tufaga, Armani	
3) Malamon, Nathachai	4) Gray, Darrion	
--- East Anchorage HS	A	DQ
1) Lopez, NaVarr	2) Nichols, Myles	
3) Tennant, Jordan	4) Canady, Emanuel	

**Boys 4x400 Meter Relay 4A**

ASAA Champ's: 3:23.6h % 1982 East Anchorage

Singleton, Perham, Brownsberger, Stephens

Season Best: 3:28.60 \* Service

Team	Relay	Finals
<b>Section 1</b>		
1 Bartlett	A	3:27.66* 10
1) Daly, John	2) Yates, Jacob	
3) Brunson, Daquon	4) Hale, Jamal	
2 Kodiak HS	A	3:28.11* 8
1) Davidson, Chaven	2) Nymeyer, Caleb	
3) McFarlin, Riley	4) Schick, Karsten	
3 Service HS	A	3:33.32 6
1) Mamikunian, Connor	2) Wilson, Travis	
3) Dobbins, Matt	4) Lane, Jani	

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Results - Day 2 Track Events****Section 1 ... (Boys 4x400 Meter Relay 4A)**

<b>Team</b>	<b>Relay</b>	<b>Finals</b>	
4 East Anchorage HS	A	3:36.92	4
1) Ebert, Kai	2) Lopez, NaVarr		
3) Nichols, Myles	4) Holley, Caleb		
5 Dimond HS	A	3:38.58	2
1) Malamon, Nathachai	2) Tufaga, Armani		
3) McCloskey, Mason	4) Bennett, Tyler		
6 Kenai Central HS	A	3:39.11	1
1) Sandahl, Joe	2) Agosti, Adam		
3) Hull, AJ	4) Kiefer, Billy		
7 Eagle River HS	A	3:40.98	
1) Norgaard, Eric	2) King, Brandon		
3) Fox, Devon	4) Owolabi, John		
8 Lathrop HS	A	3:42.80	
1) Hanson, Kyle	2) Tippett, Colin		
3) McCoy, Matt	4) Kornkven, Ryer		

**Boys 4x800 Meter Relay 4A****ASAA Champ's: 8:02.77 % 5/23/2009 Service****S Talbot, J Lane, R Walgren, C Phelps****Season Best: 7:58.08 \* Service**

<b>Team</b>	<b>Relay</b>	<b>Finals</b>	
<b>Section 1</b>			
1 Service HS	A	7:54.39*	10
1) Talbot, Silas	2) Walgren, Robert		
3) Mamikunian, Connor	4) Lane, Jani		
2 Kodiak HS	A	8:15.10	8
1) Fogle, Jordan	2) Osowski, James		
3) Deer, Nathan	4) Davidson, Chaven		
3 Juneau-Douglas HS	A	8:20.72	6
1) Bursell, Zachary	2) Walker, Dawson		
3) Woodby, Robin	4) Bunton, Andre		
4 Wasilla HS	A	8:23.07	4
1) Chafin, Patrick	2) Thompson, Keith		
3) Johnston, Michael	4) Christenson, Jaron		
5 West Valley HS	A	8:41.15	2
1) Mayo, Wyatt	2) Kowalski, Brandon		
3) Bishop, Andrew	4) Grzeda, Kuba		
6 Palmer HS	A	8:46.37	1
1) King, Ben	2) Dunlap, Davis		
3) Osiensky, Chris	4) Minturn, Mason		
7 Lathrop HS	A	8:47.83	
1) Castellini, Luke	2) Wilkinson, Kipp		
3) Nixon-Helms, Dylan	4) Kornkven, Ryer		
8 Bartlett	A	8:50.20	
1) Butler, Stephen	2) Highlander, Willie		
3) Dolan, Thomas	4) Bramer, Michael		