

# ASAA Track and Field 2010 Championships

Lathrop HS Track  
Hosted by Lathrop HS  
May 21-22, 2010

Pre-Meet Coaches' Information Packet  
for Thursday, May 20  
Meet Schedule  
Heat Sheets  
ASAA, 4A, 3A Records  
Season State Bests

Meets organized and officiated by Running Club North  
Data and results services provided by SportAlaska

All meet information available at: <http://region6.sportalaska.com/2010/>

## ASAA Track & Field Championships -- 2010

### ASAA Track & Field Championships -- Lathrop HS Track -- Friday, May 21, 2010

| Time            | Class    | Event   | Description | Sex | First Call                  | Second Call                 | Final Call                 |
|-----------------|----------|---|-------------|-----|-----------------------------|-----------------------------|----------------------------|
| <b>8:45 AM</b>  |          |   |             |     |                             |                             |                            |
| 8:30            |          | <i>Announce that check-in for 9:00AM field events is now open at 8:30AM</i> |             |     |                             |                             |                            |
| 8:45            |          | PA Announcer Begins Calls   |             |     | 1A-2A-3A Girls' Discus      |                             |                            |
|                 |          | (check in started at 8:30)  |             |     | 1A-2A-3A Boys' Shotput      |                             |                            |
|                 |          |   |             |     | 1A-2A-3A Boys' Triple Jump  |                             |                            |
|                 |          |   |             |     | 4A Boys' Triple Jump        |                             |                            |
|                 |          |   |             |     | 1-2-3-4A Girls' High Jump   |                             |                            |
| 8:50            |          |   |             |     | 1A-2A-3A Girls' Discus      |                             |                            |
|                 |          |   |             |     | 1A-2A-3A Boys' Shotput      |                             |                            |
|                 |          |   |             |     | 1A-2A-3A Boys' Triple Jump  |                             |                            |
|                 |          |   |             |     | 4A Boys' Triple Jump        |                             |                            |
|                 |          |   |             |     | 1-2-3-4A Girls' High Jump   |                             |                            |
| 8:55            |          |   |             |     |                             |                             | 1A-2A-3A Girls' Discus     |
|                 |          |   |             |     |                             |                             | 1A-2A-3A Boys' Shotput     |
|                 |          |   |             |     |                             |                             | 1A-2A-3A Boys' Triple Jump |
|                 |          |   |             |     |                             |                             | 4A Boys' Triple Jump       |
|                 |          |   |             |     |                             |                             | 1-2-3-4A Girls' High Jump  |
| <b>9:00 AM</b>  |          |   |             |     |                             |                             |                            |
| 9:00            | 1A-2A-3A | Discus  | Finals      | F   |                             |                             |                            |
|                 | 1A-2A-3A | Shotput   | Finals      | M   |                             |                             |                            |
|                 | 1A-2A-3A | Triple Jump   | Finals      | M   |                             |                             |                            |
|                 | 4A       | Triple Jump   | Prelims     | M   |                             |                             |                            |
|                 | 1-2-3-4A | High Jump   | Finals      | F   |                             |                             |                            |
| 9:05            |          |   |             |     |                             |                             |                            |
| 9:10            |          |   |             |     |                             |                             |                            |
| 9:15            |          |   |             |     |                             |                             |                            |
| 9:20            |          |   |             |     |                             |                             |                            |
| 9:25            |          |   |             |     |                             |                             |                            |
| 9:30            |          |   |             |     |                             |                             |                            |
| 9:35            |          |   |             |     |                             |                             |                            |
| 9:40            |          |   |             |     |                             |                             |                            |
| 9:45            |          |   |             |     | 4A Girls' Discus            |                             |                            |
|                 |          |   |             |     | 4A Boys' Shotput            |                             |                            |
| 9:50            |          |   |             |     |                             | 4A Girls' Discus            |                            |
|                 |          |   |             |     |                             | 4A Boys' Shotput            |                            |
| 9:55            |          |   |             |     |                             |                             | 4A Girls' Discus           |
|                 |          |   |             |     |                             |                             | 4A Boys' Shotput           |
| <b>10:00 AM</b> |          |   |             |     |                             |                             |                            |
| 10:00           | 4A       | Discus  | Prelims     | F   |                             |                             |                            |
|                 | 4A       | Shotput   | Prelims     | M   |                             |                             |                            |
| 10:05           |          |   |             |     |                             |                             |                            |
| 10:10           |          |   |             |     |                             |                             |                            |
| 10:15           |          |   |             |     |                             |                             |                            |
| 10:20           |          |   |             |     |                             |                             |                            |
| 10:25           |          |   |             |     |                             |                             |                            |
| 10:30           |          |   |             |     |                             |                             |                            |
| 10:35           |          |   |             |     |                             |                             |                            |
| 10:40           |          |   |             |     |                             |                             |                            |
| 10:45           |          |   |             |     | 1A-2A-3A Girls' 3200m       |                             |                            |
| 10:50           |          |   |             |     |                             | 1A-2A-3A Girls' 3200m       |                            |
| 10:55           |          |   |             |     |                             |                             | 1A-2A-3A Girls' 3200m      |
| <b>11:00 AM</b> |          |   |             |     |                             |                             |                            |
| 11:00           | 1A-2A-3A | 3200m   | Finals      | F   |                             |                             |                            |
| 11:05           |          |   |             |     |                             |                             |                            |
| 11:10           |          |   |             |     | 1A-2A-3A Boys' 3200m        |                             |                            |
| 11:15           |          |   |             |     | 1A-2A-3A Girls' Triple Jump | 1A-2A-3A Boys' 3200m        |                            |
|                 |          |   |             |     | 4A Girls' Triple Jump       |                             |                            |
|                 |          |   |             |     | 1-2-3-4A Boys' High Jump    |                             |                            |
| 11:20           |          |   |             |     |                             | 1A-2A-3A Girls' Triple Jump | 1A-2A-3A Boys' 3200m       |
|                 |          |   |             |     |                             | 4A Girls' Triple Jump       |                            |
|                 |          |   |             |     |                             | 1-2-3-4A Boys' High Jump    |                            |

# ASAA Track & Field Championships -- 2010

## ASAA Track & Field Championships -- Lathrop HS Track -- Friday, May 21, 2010

| Time            | Class    | Event             | Description | Sex | First Call       | Second Call      | Final Call   |
|-----------------|----------|-------------------|-------------|-----|------------------|------------------|--|
| <b>11:25 AM</b> |          |                   |             |     |                  |                  |  |
| 11:25           | 1A-2A-3A | 3200m             | Finals      | M   |                  |                  | 1A-2A-3A Girls' Triple Jump<br>4A Girls' Triple Jump<br>1-2-3-4A Boys' High Jump |
| 11:30           | 1A-2A-3A | Triple Jump       | Finals      | F   |                  |                  |  |
|                 | 4A       | Triple Jump       | Prelims     | F   |                  |                  |  |
|                 | 1-2-3-4A | High Jump         | Finals      | M   |                  |                  |  |
| 11:35           |          |                   |             |     | 4A Girls' 3200m  |                  |  |
| 11:40           |          |                   |             |     |                  | 4A Girls' 3200m  |  |
| 11:45           |          |                   |             |     |                  |                  | 4A Girls' 3200m  |
| 11:50           | 4A       | 3200m             | Finals      | F   |                  |                  |  |
| 11:55           |          |                   |             |     |                  |                  |  |
| <b>12:00 PM</b> |          |                   |             |     |                  |                  |  |
| 12:00           |          |                   |             |     | 4A Boys' 3200m   |                  |  |
| 12:05           |          |                   |             |     |                  | 4A Boys' 3200m   |  |
| 12:10           |          |                   |             |     |                  |                  | 4A Boys' 3200m   |
| 12:15           | 4A       | 3200m             | Finals      | M   |                  |                  |  |
| 12:20           |          |                   |             |     |                  |                  |  |
| 12:25           |          |                   |             |     |                  |                  |  |
| 12:30           |          |                   |             |     |                  |                  |  |
| 12:35           |          |                   |             |     |                  |                  |  |
| 12:40           |          |                   |             |     |                  |                  |  |
| 12:45           |          |                   |             |     | 4A Girls' 100mHH |                  |  |
| 12:50           |          | hurdle setup      |             |     |                  | 4A Girls' 100mHH |  |
| 12:55           |          | hurdle setup      |             |     |                  |                  | 4A Girls' 100mHH   |
| <b>1:00 PM</b>  |          |                   |             |     |                  |                  |  |
| 13:00           | 4A       | 100mHH            | heat 1      | F   |                  |                  |  |
| 13:05           | 4A       | 100mHH            | heat 2      | F   | 4A Boys' 110mHH  |                  |  |
| 13:10           |          | hurdle adjustment |             |     |                  | 4A Boys' 110mHH  |  |
| 13:15           |          | hurdle adjustment |             |     | 4A Girls' 100m   |                  | 4A Boys' 110mHH  |
| 13:20           | 4A       | 110mHH            | heat 1      | M   |                  | 4A Girls' 100m   |  |
| 13:25           | 4A       | 110mHH            | heat 2      | M   | 4A Boys' 100m    |                  | 4A Girls' 100m   |
| 13:30           | 4A       | 100m              | heat 1      | F   |                  | 4A Boys' 100m    |  |
|                 |          | hurdle takedown   |             |     |                  |                  |  |
| 13:35           | 4A       | 100m              | heat 2      | F   | 4A Girls' 400m   |                  | 4A Boys' 100m  |
| 13:40           | 4A       | 100m              | heat 1      | M   |                  | 4A Girls' 400m   |  |
| 13:45           | 4A       | 100m              | heat 2      | M   | 4A Boys' 400m    |                  | 4A Girls' 400m   |
| 13:50           | 4A       | 400m              | heat 1      | F   |                  | 4A Boys' 400m    |  |
| 13:55           | 4A       | 400m              | heat 2      | F   |                  |                  | 4A Boys' 400m  |
| <b>2:00 PM</b>  |          |                   |             |     |                  |                  |  |
| 14:00           | 4A       | 400m              | heat 1      | M   | 4A Girls' 300m H |                  |  |
| 14:05           | 4A       | 400m              | heat 2      | M   |                  | 4A Girls' 300m H |  |
| 14:10           |          | hurdle setup      |             |     |                  |                  | 4A Girls' 300m H   |
| 14:15           | 4A       | 300m H            | heat 1      | F   | 4A Boys' 300m H  |                  |  |
| 14:20           | 4A       | 300m H            | heat 2      | F   |                  | 4A Boys' 300m H  |  |
| 14:25           |          | hurdle adjustment |             |     |                  |                  | 4A Boys' 300m H  |
| 14:30           | 4A       | 300m H            | heat 1      | M   | 4A Girls' 800m   |                  |  |
| 14:35           | 4A       | 300m H            | heat 2      | M   |                  | 4A Girls' 800m   |  |
| 14:40           |          | hurdle takedown   |             |     | 4A Boys' 800m    |                  | 4A Girls' 800m   |
| 14:45           | 4A       | 800m              | heat 1      | F   |                  | 4A Boys' 800m    |  |
| 14:50           | 4A       | 800m              | heat 2      | F   |                  |                  | 4A Boys' 800m  |
| 14:55           | 4A       | 800m              | heat 1      | M   |                  |                  |  |
| <b>3:00 PM</b>  |          |                   |             |     |                  |                  |  |
| 15:00           | 4A       | 800m              | heat 2      | M   |                  | 4A Girls' 200m   |  |
| 15:05           |          |                   |             |     | 4A Boys' 200m    |                  | 4A Girls' 200m   |
| 15:10           | 4A       | 200m              | heat 1      | F   |                  | 4A Boys' 200m    |  |
| 15:15           | 4A       | 200m              | heat 2      | F   |                  |                  | 4A Boys' 200m  |
| 15:20           | 4A       | 200m              | heat 1      | M   |                  |                  |  |
| 15:25           | 4A       | 200m              | heat 2      | M   |                  |                  |  |

| <b>Track &amp; Field Championships -- 2010</b>                                       |  |       |                                 |                                 |                                 |  |
|--|--|-------|---------------------------------|---------------------------------|---------------------------------|--|
| <b>Track &amp; Field Championships -- Lathrop HS Track -- Saturday, May 22, 2010</b> |  |       |                                 |                                 |                                 |  |
| Time   | Event  | Sex   | First Call                      | Second Call                     | Final Call                      |  |
| <b>8:45 AM</b>   |  |       |                                 |                                 |                                 |  |
| 8:30   | <i>Announce that check-in for 9:00AM field events is now open at 8:30AM</i>  |       |                                 |                                 |                                 |  |
| 8:45   | PA Announcer Begins Calls<br>(check in started at 8:30)  |       | 1A-2A-3A Boys Discus            |                                 |                                 |  |
|  |  |       | 1A-2A-3A Girls Shotput          |                                 |                                 |  |
|  |  |       | 1A-2A-3A Girls Long Jump        |                                 |                                 |  |
|  |  |       | 1A-2A-3ABoys Long Jump          |                                 |                                 |  |
| 8:50   | <b>Competitors should check in with the clerk and get their stickers at first call for their events. Instructions will be given to competitors at second call. At final call, competitors will move to the start for introductions</b> |       |                                 | 1A-2A-3A Boys Discus            |                                 |  |
|  |  |       |                                 | 1A-2A-3A Girls Shotput          |                                 |  |
|  |  |       |                                 | 1A-2A-3A Girls Long Jump        |                                 |  |
|  |  |       |                                 | 1A-2A-3ABoys Long Jump          |                                 |  |
| 8:55   |  |       |                                 |                                 | 1A-2A-3A Boys Discus            |  |
|  |  |       |                                 |                                 | 1A-2A-3A Girls Shotput          |  |
|  |  |       |                                 |                                 | 1A-2A-3A Girls Long Jump        |  |
|  |  |       |                                 |                                 | 1A-2A-3ABoys Long Jump          |  |
| <b>9:00 AM</b>   |  |       |                                 |                                 |                                 |  |
| 9:00   | 1A-2A-3A Discus  | M     |                                 |                                 | Girls' Shot Put                 |  |
|  | 1A-2A-3A Shot Put  | F     |                                 |                                 |                                 |  |
|  | 1A-2A-3A Long Jump   | F     |                                 |                                 | Boys' Long Jump                 |  |
|  | 1A-2A-3A Long Jump   | M     |                                 |                                 |                                 |  |
| 9:05   |  |       |                                 |                                 |                                 |  |
| 9:10   |  |       |                                 |                                 |                                 |  |
| 9:15   |  |       |                                 |                                 |                                 |  |
| 9:20   |  |       |                                 |                                 |                                 |  |
| 9:25   |  |       |                                 |                                 |                                 |  |
| 9:30   |  |       |                                 |                                 |                                 |  |
| 9:35   |  |       |                                 |                                 |                                 |  |
| 9:40   |  |       |                                 |                                 |                                 |  |
| 9:45   | <i>Calls for Track Events begin</i>  |       | 4A Boys' Discus                 |                                 |                                 |  |
|  |  |       | 4A Girls' Shot Put              |                                 |                                 |  |
|  |  |       | 4A Girls' Long Jump             |                                 |                                 |  |
|  |  |       | 1A-2A-3A Girls' Girls' 4 x 800m |                                 |                                 |  |
| 9:50   |  |       |                                 | 4A Boys' Discus                 |                                 |  |
|  |  |       |                                 | 4A Girls' Shot Put              |                                 |  |
|  |  |       |                                 | 4A Girls' Long Jump             |                                 |  |
|  |  |       |                                 | 1A-2A-3A Girls' Girls' 4 x 800m |                                 |  |
| 9:55   |  |       |                                 |                                 | 4A Boys' Discus                 |  |
|  |  |       |                                 |                                 | 4A Girls' Shot Put              |  |
|  |  |       |                                 |                                 | 4A Girls' Long Jump             |  |
|  |  |       |                                 |                                 | 4A Boys' Long Jump              |  |
|  |  |       |                                 |                                 | 1A-2A-3A Girls' Girls' 4 x 800m |  |
| <b>10:00 AM</b>  |  |       |                                 |                                 |                                 |  |
| 10:00  | 4A Discus  | M     | 4A Girls' 4 x 800m              |                                 |                                 |  |
|  | 4A Shot Put  | F     |                                 |                                 |                                 |  |
|  | 4A Long Jump   | F     |                                 |                                 |                                 |  |
|  | 4A Long Jump   | M     |                                 |                                 |                                 |  |
|  | 1A-2A-3A Girls' 4 x 800m   | relay | F                               |                                 |                                 |  |
| 10:05  |  |       |                                 | 4A Girls' 4 x 800m              |                                 |  |
| 10:10  |  |       |                                 |                                 | 4A Girls' 4 x 800m              |  |
| 10:15  | 4A Girls' 4 x 800m   | relay | F                               | 1A-2A-3A Boy's 4 x 800m         |                                 |  |
| 10:20  |  |       |                                 | 1A-2A-3A Boy's 4 x 800m         |                                 |  |
| 10:25  |  |       |                                 |                                 | 1A-2A-3A Boy's 4 x 800m         |  |
| 10:30  | 1A-2A-3A Boy's 4 x 800m  | relay | M                               | 4A Boy's 4 x 800m               |                                 |  |
| 10:35  |  |       |                                 | 4A Boy's 4 x 800m               |                                 |  |
| 10:40  |  |       |                                 |                                 | 4A Boy's 4 x 800m               |  |
| 10:45  | 4A Boy's 4 x 800m  | relay | M                               |                                 |                                 |  |
| 10:50  |  |       |                                 | 1A-2A-3A Girls' 100m HH         |                                 |  |
| 10:55  |  |       |                                 | 4A Girls' 100m HH               | 1A-2A-3A Girls' 100m HH         |  |



| <b>Track &amp; Field Championships -- 2010</b>                                       |          |                 |                  |            |                          |                          |                          |
|--|----------|-----------------|------------------|------------|--------------------------|--------------------------|--------------------------|
| <b>Track &amp; Field Championships -- Lathrop HS Track -- Saturday, May 22, 2010</b> |          |                 |                  |            |                          |                          |                          |
| <b>Time</b>  |          | <b>Event</b>    |                  | <b>Sex</b> | <b>First Call</b>        | <b>Second Call</b>       | <b>Final Call</b>        |
| <b>3:00 PM</b>   |          |                 |                  |            |                          |                          |                          |
| 15:00  | 4A       | Boys' 400m      | <i>individua</i> | M          | 1A-2A-3A Girls' 300m IH  |                          |                          |
| 15:05  |          |                 |                  |            | 4A Girls' 300m IH        | 1A-2A-3A Girls' 300m IH  |                          |
| 15:10  |          |                 |                  |            |                          | 4A Girls' 300m IH        | 1A-2A-3A Girls' 300m IH  |
| 15:15  | 1A-2A-3A | Girls' 300m IH  | <i>individua</i> | F          | 1A-2A-3A Boys' 300m IH   |                          | 4A Girls' 300m IH        |
| 15:20  | 4A       | Girls' 300m IH  | <i>individua</i> | F          | 4A Boys' 300m IH         | 1A-2A-3A Boys' 300m IH   |                          |
| 15:25  |          |                 |                  |            |                          | 4A Boys' 300m IH         | 1A-2A-3A Boys' 300m IH   |
| 15:30  | 1A-2A-3A | Boys' 300m IH   | <i>individua</i> | M          |                          |                          | 4A Boys' 300m IH         |
| 15:35  | 4A       | Boys' 300m IH   | <i>individua</i> | M          | 1A-2A-3A Girls' 800m     |                          |                          |
| 15:40  |          |                 |                  |            | 4A Girls' 800m           | 1A-2A-3A Girls' 800m     |                          |
| 15:45  |          |                 |                  |            |                          | 4A Girls' 800m           | 1A-2A-3A Girls' 800m     |
| 15:50  | 1A-2A-3A | Girls' 800m     | <i>individua</i> | F          | 1A-2A-3A Boys' 800m      |                          | 4A Girls' 800m           |
| 15:55  | 4A       | Girls' 800m     | <i>individua</i> | F          | 4A Boys' 800m            | 1A-2A-3A Boys' 800m      |                          |
| <b>4:00 PM</b>   |          |                 |                  |            |                          |                          |                          |
| 16:00  |          |                 |                  |            |                          | 4A Boys' 800m            | 1A-2A-3A Boys' 800m      |
| 16:05  | 1A-2A-3A | Boys' 800m      | <i>individua</i> | M          |                          |                          | 4A Boys' 800m            |
| 16:10  | 4A       | Boys' 800m      | <i>individua</i> | M          | 1A-2A-3A Girls' 200m     |                          |                          |
| 16:15  |          |                 |                  |            | 4A Girls' 200m           | 1A-2A-3A Girls' 200m     |                          |
| 16:20  |          |                 |                  |            |                          | 4A Girls' 200m           | 1A-2A-3A Girls' 200m     |
| 16:25  | 1A-2A-3A | Girls' 200m     | <i>individua</i> | F          | 1A-2A-3A Boys' 200m      |                          | 4A Girls' 200m           |
| 16:30  | 4A       | Girls' 200m     | <i>individua</i> | F          | 4A Boys' 200m            | 1A-2A-3A Boys' 200m      |                          |
| 16:35  |          |                 |                  |            |                          | 4A Boys' 200m            | 1A-2A-3A Boys' 200m      |
| 16:40  | 1A-2A-3A | Boys' 200m      | <i>individua</i> | M          |                          |                          | 4A Boys' 200m            |
| 16:45  | 4A       | Boys' 200m      | <i>individua</i> | M          | 1A-2A-3A Girls' 4 x 400m |                          |                          |
| 16:50  |          |                 |                  |            |                          | 1A-2A-3A Girls' 4 x 400m |                          |
| 16:55  |          |                 |                  |            | 4A Girls' 4 x 400m       |                          | 1A-2A-3A Girls' 4 x 400m |
| <b>5:00 PM</b>   |          |                 |                  |            |                          |                          |                          |
| 17:00  | 1A-2A-3A | Girls' 4 x 400m | <i>relay</i>     | F          |                          | 4A Girls' 4 x 400m       |                          |
| 17:05  |          |                 |                  |            | 1A-2A-3A Boys' 4 x 400m  |                          | 4A Girls' 4 x 400m       |
| 17:10  | 4A       | Girls' 4 x 400m | <i>relay</i>     | F          |                          | 1A-2A-3A Boys' 4 x 400m  |                          |
| 17:15  |          |                 |                  |            | 4A Boys' 4 x 400m        |                          | 1A-2A-3A Boys' 4 x 400m  |
| 17:20  | 1A-2A-3A | Boys' 4 x 400m  | <i>relay</i>     | M          |                          | 4A Boys' 4 x 400m        |                          |
| 17:25  |          |                 |                  |            |                          |                          | 4A Boys' 4 x 400m        |
| 17:30  | 4A       | Boys' 4 x 400m  | <i>relay</i>     | M          |                          |                          |                          |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**

Hosted by Lathrop High School

Lathrop HS Track

Meet Program

**Event 101 Boys Shot Put 1A-2A-3A**

Friday 5/21/2010 - 9:00 AM

.SAA Champ's: 41-08 5/22/2009 Kevin Rima

Season Best: 44-10.25

Kevin Rima

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 1 Finals**

|   |                       |                 |          |
|---|-----------------------|-----------------|----------|
| 1 | 396 Vreeman, Amos     | Her. Christian  | 35-09.25 |
| 2 | 419 Deveraux, Jackson | Hutchison       | 38-00.25 |
| 3 | 325 Finau, Samisoni   | Glennallen      | 38-09.50 |
| 4 | 341 Johnson, Erik     | Grace Christian | 39-02.50 |
| 5 | 357 Walker, Dane      | Grace Christian | 39-11.50 |
| 6 | 374 Piper, Jesse      | Haines          | 40-01.75 |
| 7 | 121 Richwine, Aaron   | Anch. Christian | 40-09.00 |
| 8 | 423 Rima, Kevin       | Hutchison       | 44-10.25 |

**Event 102 Girls Discus Throw 1A-2A-3A**

Friday 5/21/2010 - 9:00 AM

.SAA Champ's: 104-11 5/22/2009 Megan Hansen

Season Best: 117-07

Fran Daly

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 1 Finals**

|   |                      |                 |        |
|---|----------------------|-----------------|--------|
| 1 | 210 Davidson, Cara   | Cook Inlet      | 75-10  |
| 2 | 338 Green, Kylee     | Grace Christian | 85-06  |
| 3 | 118 Nale, Margaret   | Anch. Christian | 85-10  |
| 4 | 555 Hansen, Megan    | Nikiski         | 88-00  |
| 5 | 557 Johnson, Kassi   | Nikiski         | 92-01  |
| 6 | 349 Richardson, Sara | Grace Christian | 92-02  |
| 7 | 549 Obermeyer, Demi  | Monroe Catholic | 92-04  |
| 8 | 365 Daly, Fran       | Haines          | 117-07 |

**Event 103 Boys Triple Jump 1A-2A-3A**

Friday 5/21/2010 - 9:00 AM

.SAA Champ's: 41-09.25 5/22/2009 Travis Price

Season Best: 40-07.75

Ryan Scott

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 1 Finals**

|   |                         |                 |          |
|---|-------------------------|-----------------|----------|
| 1 | 569 Head, Jeremy        | Nome            | ND       |
| 2 | 566 Goins, Scott        | Ninilchik       | 36-04.00 |
| 3 | 359 Manchester, Zachary | Gustavus        | 36-09.50 |
| 4 | 328 Weimer, Nick        | Glennallen      | 37-02.50 |
| 5 | 108 Charters, Luke      | Anch. Christian | 37-09.50 |
| 6 | 121 Richwine, Aaron     | Anch. Christian | 38-04.75 |
| 7 | 423 Rima, Kevin         | Hutchison       | 38-08.50 |
| 8 | 123 Scott, Ryan         | Anch. Christian | 40-05.25 |

**Event 104 Boys Triple Jump 4A**

Top 8 Advance by Mark

Friday 5/21/2010 - 9:00 AM

.SAA Champ's: 45-10.25 1993

Season Best: 42-11.50

Joel Mahaffey

Tyler Spalding

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 2 Prelims**

|   |                       |             |          |
|---|-----------------------|-------------|----------|
| 1 | 508 Barnett, Vincent  | Lathrop     | 39-05.75 |
| 2 | 142 Haley, Bryan      | Bartlett    | 40-11.75 |
| 3 | 198 Michaelson, Greg  | Colony      | 38-05.25 |
| 4 | 152 Predmore, Richard | Bartlett    | 39-03.25 |
| 5 | 859 Davis, Ty         | West Valley | 40-05.25 |
| 6 | 226 Afoa, Stanson     | Dimond      | 38-04.75 |
| 7 | 645 Talbot, Silas     | Service     | 41-03.00 |
| 8 | 515 Gallegos, Tim     | Lathrop     | 40-04.50 |

**Flight 2 of 2 Prelims**

|   |                      |                 |          |
|---|----------------------|-----------------|----------|
| 1 | 159 Winbush, Deandre | Bartlett        | 40-06.50 |
| 2 | 517 Gladden, Tevin   | Lathrop         | 40-00.75 |
| 3 | 795 Curtis, Manny    | Wasilla         | 39-00.00 |
| 4 | 426 Bunton, Andre    | Juneau-Douglas  | 39-07.50 |
| 5 | 188 Bricker, Anthony | Colony          | 38-04.25 |
| 6 | 762 Turner, Levi     | South Anchorage | 38-07.00 |
| 7 | 575 Groesbeck, Greg  | North Pole      | 40-06.00 |
| 8 | 469 Spalding, Tyler  | Kenai           | 42-05.25 |

**Event 105 Girls High Jump 1A-2A-3A**

Friday 5/21/2010 - 9:00 AM

.SAA Champ's: 5-01 5/22/2009 Daisy Morgan

Season Best: 4-10

Sarah Cresap, Grace Christian

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 1 Finals**

|    |                       |                 |         |
|----|-----------------------|-----------------|---------|
| 2  | 120 Quinlan, Callie   | Anch. Christian | 4-04.00 |
| 3  | 375 Piper, Jordan     | Haines          | 4-04.00 |
| 4  | 311 Francis, Courtney | Eielson         | 4-04.00 |
| 5  | 113 Jaconette, Olivia | Anch. Christian | 4-04.00 |
| 6  | 215 Fellman, Hannah   | Delta Junction  | 4-04.00 |
| 7  | 544 Gavora, Alexis    | Monroe Catholic | 4-06.00 |
| 8  | 565 Goins, Brianna    | Ninilchik       | 4-06.00 |
| 9  | 780 Stevenson, Bailey | Su Valley       | 4-06.00 |
| 10 | 689 Paustian, Kari    | Sitka           | 4-08.00 |
| 11 | 686 Medinger, Kathryn | Sitka           | 4-08.00 |
| 12 | 332 Cresap, Sarah     | Grace Christian | 4-08.00 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**

Hosted by Lathrop High School

Lathrop HS Track

Meet Program

**Event 106 Girls High Jump 4A**

Friday 5/21/2010 - 9:00 AM

.SAA Champ's: 5-06 1983 Rene Pickarsky  
Season Best: 5-01 Hannah Matson, West Valley

| Pos                         | Name                   | School          | Seed | Mark    |
|-----------------------------|------------------------|-----------------|------|---------|
| <b>Flight 1 of 1 Finals</b> |                        |                 |      |         |
| 1                           | 811 Okasaktaruk, Alice | Wasilla         |      | 4-06.00 |
| 2                           | 476 Covault, Crystal   | Ketchikan       |      | 4-06.00 |
| 3                           | 282 Dumpson, Tekoa     | East Anchorage  |      | 4-06.00 |
| 4                           | 611 Smith, Kalene      | Palmer          |      | 4-06.00 |
| 5                           | 274 Warners, Scout     | Eagle River     |      | 4-06.00 |
| 6                           | 254 Parish, Tonya      | Dimond          |      | 4-06.00 |
| 7                           | 205 Stewart, Taylor    | Colony          |      | 4-08.00 |
| 8                           | 234 Broquet, Nicole    | Dimond          |      | 4-08.00 |
| 9                           | 412 James, Savanna     | Houston         |      | 4-08.00 |
| 10                          | 739 Ulen, Mariah       | Soldotna        |      | 4-10.00 |
| 11                          | 876 Mather, Laura      | West Valley     |      | 4-10.00 |
| 12                          | 768 Zakurdaew, Lida    | South Anchorage |      | 4-10.00 |
| 13                          | 877 Mattson, Hannah    | West Valley     |      | 5-00.00 |
| 14                          | 631 Kudinova, Veronika | Service         |      | 5-00.00 |
| 15                          | 875 Mackey, Julia      | West Valley     |      | 5-00.00 |
| 16                          | 146 Kueter, Morgan     | Bartlett        |      | 5-01.00 |

**Event 107 Boys Shot Put 4A**

Top 8 Advance by Mark

Friday 5/21/2010 - 10:00 AM

.SAA Champ's: 71-03 5/23/2008 Jordan Clarke  
Season Best: 54-02 Mitchell Swenson

| Pos                          | Name                   | School         | Seed | Mark     |
|------------------------------|------------------------|----------------|------|----------|
| <b>Flight 1 of 2 Prelims</b> |                        |                |      |          |
| 1                            | 138 Dommek, Tim        | Bartlett       |      | 48-00.00 |
| 2                            | 434 Fenumiai, Lawrence | Juneau-Douglas |      | 42-04.00 |
| 3                            | 832 HoltMan, Terry     | West Anchorage |      | 41-01.00 |
| 4                            | 856 Chiu, Trey         | West Valley    |      | 40-02.75 |
| 5                            | 451 Sele, Eric         | Juneau-Douglas |      | 41-03.00 |
| 6                            | 835 Kauffman, Justin   | West Anchorage |      | 42-07.00 |
| 7                            | 149 Masalosalo, Troy   | Bartlett       |      | 45-01.00 |
| 8                            | 258 Swensen, Mitchell  | Dimond         |      | 54-02.00 |
| <b>Flight 2 of 2 Prelims</b> |                        |                |      |          |
| 1                            | 807 Knowles, John      | Wasilla        |      | 50-11.00 |
| 2                            | 438 Hotch, Franklin    | Juneau-Douglas |      | 41-08.00 |
| 3                            | 847 Agae, Ishmael      | West Valley    |      | 44-11.75 |
| 4                            | 607 Parsons, Evan      | Palmer         |      | 40-09.25 |
| 5                            | 818 Teeling, Devon     | Wasilla        |      | 44-03.00 |
| 6                            | 245 Hueners, Eric      | Dimond         |      | 41-08.00 |
| 7                            | 147 Levao, Chavous     | Bartlett       |      | 48-06.00 |
| 8                            | 301 Tran, Brandon      | East Anchorage |      | 40-07.00 |

**Event 108 Girls Discus Throw 4A**

Top 8 Advance by Mark

Friday 5/21/2010 - 10:00 AM

.SAA Champ's: 143-02 1997 Jenny Luer  
Season Best: 117-11 Tekoa Dumpson

| Pos                          | Name                   | School          | Seed | Mark   |
|------------------------------|------------------------|-----------------|------|--------|
| <b>Flight 1 of 2 Prelims</b> |                        |                 |      |        |
| 1                            | 723 Duke, Jessie       | Soldotna        |      | 106-07 |
| 2                            | 889 Swanson, Sarah     | West Valley     |      | 93-08  |
| 3                            | 640 Pearce, Kristen    | Service         |      | 97-11  |
| 4                            | 176 Houser, Victoria   | Chugiak         |      | 107-06 |
| 5                            | 745 Holland, Megan     | South Anchorage |      | 99-05  |
| 6                            | 844 Tufi, Pauline      | West Anchorage  |      | 102-07 |
| 7                            | 190 Irwin, Shellina    | Colony          |      | 94-00  |
| 8                            | 177 Howard, Kristy     | Chugiak         |      | 102-02 |
| <b>Flight 2 of 2 Prelims</b> |                        |                 |      |        |
| 1                            | 229 Anderson, Katie M. | Dimond          |      | 99-10  |
| 2                            | 241 Grant, Ashley      | Dimond          |      | 102-11 |
| 3                            | 711 Parham, Megan      | Skyview         |      | 100-07 |
| 4                            | 193 Johansen, Gaynor   | Colony          |      | 95-11  |
| 5                            | 403 Barney, Danielle   | Houston         |      | 102-09 |
| 6                            | 282 Dumpson, Tekoa     | East Anchorage  |      | 111-10 |
| 7                            | 821 Troisi, Jillian    | Wasilla         |      | 95-01  |
| 8                            | 722 Cristiano, Hannah  | Soldotna        |      | 93-00  |

**Event 109 Girls Triple Jump 1A-2A-3A**

Friday 5/21/2010 - 11:30 AM

.SAA Champ's: 31-11.75 5/22/2009 Lexy Siefert  
Season Best: 32-09.25 Jenelle Bennett

| Pos                         | Name                  | School          | Seed | Mark     |
|-----------------------------|-----------------------|-----------------|------|----------|
| <b>Flight 1 of 1 Finals</b> |                       |                 |      |          |
| 1                           | 565 Goins, Brianna    | Ninilchik       |      | 28-00.00 |
| 2                           | 689 Paustian, Kari    | Sitka           |      | 30-07.50 |
| 3                           | 684 Hughey, Alaire    | Sitka           |      | 30-09.50 |
| 4                           | 311 Francis, Courtney | Eielson         |      | 31-01.50 |
| 5                           | 116 Madren, Karley    | Anch. Christian |      | 31-07.50 |
| 6                           | 356 Tulip, Anna       | Grace Christian |      | 32-03.50 |
| 7                           | 125 Simmers, Debbiey  | Anch. Christian |      | 32-05.25 |
| 8                           | 105 Bennett, Jenelle  | Anch. Christian |      | 32-09.25 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 110 Girls Triple Jump 4A****Top 8 Advance by Mark****Friday 5/21/2010 - 11:30 AM**.SAA Champ's: 37-04.50 5/19/2006 Sylvia Bullock  
Season Best: 36-09 Alisha Allen

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 2 Prelims**

|   |                         |                |          |
|---|-------------------------|----------------|----------|
| 1 | 254 Parish, Tonya       | Dimond         | 31-11.25 |
| 2 | 165 Collins, Alexandria | Chugiak        | 31-10.25 |
| 3 | 633 Laster, Mercedes    | Service        | 31-02.75 |
| 4 | 817 Steiner, Taylor     | Wasilla        | 30-08.00 |
| 5 | 506 Allen, Alisha       | Lathrop        | 35-00.75 |
| 6 | 263 Wilcox, Cara        | Dimond         | 32-09.25 |
| 7 | 444 Orbistondo, Cassie  | Juneau-Douglas | 29-01.25 |
| 8 | 875 Mackey, Julia       | West Valley    | 33-02.25 |

**Flight 2 of 2 Prelims**

|   |                        |                 |          |
|---|------------------------|-----------------|----------|
| 1 | 507 Angell, Christine  | Lathrop         | 30-05.75 |
| 2 | 194 Johansen, Siobhan  | Colony          | 33-05.50 |
| 3 | 815 Rust, Kiera        | Wasilla         | 32-08.25 |
| 4 | 196 Maresh, Laura      | Colony          | 30-04.50 |
| 5 | 811 Okasaktaruk, Alice | Wasilla         | 33-04.00 |
| 6 | 205 Stewart, Taylor    | Colony          | 32-08.75 |
| 7 | 302 West, Brianna      | East Anchorage  | 31-08.25 |
| 8 | 741 Bassler, Lauren    | South Anchorage | 31-07.00 |

**Event 111 Boys High Jump 1A-2A-3A****Friday 5/21/2010 - 11:30 AM**.SAA Champ's: 6-06 5/22/2009 Dylan Beck  
Season Best: 5-11 Alex Weldon

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 1 Finals**

|   |                       |                 |         |
|---|-----------------------|-----------------|---------|
| 1 | 569 Head, Jeremy      | Nome            | NH      |
| 2 | 388 Hanks, Pete       | Her. Christian  | 5-02.00 |
| 3 | 568 Wheeler, Jack     | Ninilchik       | 5-02.00 |
| 4 | 395 Sholl, Michael    | Her. Christian  | 5-02.00 |
| 5 | 124 Simmers, Augustus | Anch. Christian | 5-02.00 |
| 6 | 773 Kidd, Saber       | Su Valley       | 5-02.00 |
| 7 | 770 Figley, Dylan     | Su Valley       | 5-04.00 |

**Event 112 Boys High Jump 4A****Friday 5/21/2010 - 11:30 AM**.SAA Champ's: 6-09 5/22/2009 Ben Jackson  
Season Best: 6-03 Brey Hassebroek, West Valley

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 1 Finals**

|    |                          |                |         |
|----|--------------------------|----------------|---------|
| 2  | 490 Fogle, Jordan        | Kodiak         | 5-06.00 |
| 3  | 189 Enloe, Tanner        | Colony         | 5-06.00 |
| 4  | 890 Vealy, Anthony       | West Valley    | 5-06.00 |
| 5  | 139 Esteves-Cruz, Nelson | Bartlett       | 5-06.00 |
| 6  | 405 Buzby, Charlie       | Houston        | 5-06.00 |
| 7  | 272 Palmer, Colten       | Eagle River    | 5-06.00 |
| 8  | 570 Albert, Cody         | North Pole     | 5-08.00 |
| 9  | 850 Ariola, Kent         | West Valley    | 5-08.00 |
| 10 | 641 Rasmussen, Ethan-Jol | Service        | 5-08.00 |
| 11 | 297 Rias, Jacory         | East Anchorage | 5-08.00 |
| 12 | 795 Curtis, Manny        | Wasilla        | 5-10.00 |
| 13 | 891 Vealy, Will          | West Valley    | 5-10.00 |
| 14 | 231 Bennett, Tyler       | Dimond         | 6-00.00 |
| 15 | 517 Gladden, Tevin       | Lathrop        | 6-00.00 |
| 16 | 503 Schick, Karsten      | Kodiak         | 6-00.00 |
| 17 | 866 Hassebroek, Brey     | West Valley    | 6-02.00 |
| 18 | 469 Spalding, Tyler      | Kenai          | 6-02.00 |
| 19 | 575 Groesbeck, Greg      | North Pole     | 6-02.00 |

**Event 201 Girls 3200 Meter Run 1A-2A-3A****Friday 5/21/2010 - 11:00 AM**.SAA Champ's: 11:37.18 5/22/2009 Kailey Wilson  
Season Best: 11:23.24 Kailey Wilson

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|   |                       |                 |          |
|---|-----------------------|-----------------|----------|
| 1 | 475 Wilson, Kailey    | Kenny Lake      | 11:36.17 |
| 2 | 656 Barnwell, Alison  | Seward          | 11:58.21 |
| 3 | 329 Applegate, Mariah | Grace Christian | 12:14.94 |
| 4 | 689 Paustian, Kari    | Sitka           | 12:27.01 |
| 5 | 698 Jensen, Amanda    | Skagway         | 12:33.34 |
| 6 | 701 Surdyk, Kaitlyn   | Skagway         | 12:42.21 |
| 7 | 543 Fifield, Macala   | Monroe Catholic | 12:45.84 |
| 8 | 662 Dyer, Laura       | Seward          | 13:03.61 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**

Hosted by Lathrop High School

Lathrop HS Track

Meet Program

**Event 202 Boys 3200 Meter Run 1A-2A-3A**

Friday 5/21/2010 - 11:25 AM

.SAA Champ's: 9:28.81 5/22/2009 Jacob Kirk

Season Best: 9:16.40 Jacob Kirk

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|   |                       |                 |          |
|---|-----------------------|-----------------|----------|
| 1 | 218 Ionashku, Andrey  | Delta Junction  | 9:41.77  |
| 2 | 343 Kirk, Jacob       | Grace Christian | 10:00.74 |
| 3 | 704 Weber, Quinn      | Skagway         | 10:03.86 |
| 4 | 345 Klein, John       | Grace Christian | 10:24.54 |
| 5 | 664 Gillespie, Austin | Seward          | 10:38.14 |
| 6 | 103 Baker, Matt       | Anch. Christian | 10:42.14 |
| 7 | 666 Knotek, Miles     | Seward          | 10:46.94 |
| 8 | 786 Carter, Jake      | Tri Valley      | 11:01.24 |

**Event 203 Girls 3200 Meter Run 4A**

Friday 5/21/2010 - 11:50 AM

.SAA Champ's: 10:37.7h 1986 Kristi Klinnert

Season Best: 11:13.16 Ivy O'Guinn

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|    |                        |                 |          |
|----|------------------------|-----------------|----------|
| 1  | 709 O'Guinn, Ivy       | Skyview         | 11:13.16 |
| 2  | 801 Ford, Jenna        | Wasilla         | 11:28.21 |
| 3  | 855 Callahan, Molly    | West Valley     | 11:34.98 |
| 4  | 744 Culver, Katherine  | South Anchorage | 11:37.86 |
| 5  | 244 Hennessy, Amelia   | Dimond          | 11:39.43 |
| 6  | 511 Edic, Megan        | Lathrop         | 11:41.30 |
| 7  | 239 Freistone, Sarah   | Dimond          | 11:42.98 |
| 8  | 495 Ivanoff, Chloe     | Kodiak          | 11:44.04 |
| 9  | 581 Schmitz, Christi   | North Pole      | 11:48.58 |
| 10 | 588 Wright, Jessica    | North Pole      | 11:55.40 |
| 11 | 435 Francis, Leah      | Juneau-Douglas  | 11:58.69 |
| 12 | 751 Mahlen, Tsaina     | South Anchorage | 12:00.38 |
| 13 | 180 Lange, Katherine   | Chugiak         | 12:02.55 |
| 14 | 204 Stewart, Sydney    | Colony          | 12:12.97 |
| 15 | 736 Smith, Melanie     | Soldotna        | 12:16.31 |
| 16 | 814 Rinngenberg, Mandi | Wasilla         | 12:17.37 |

**Event 204 Boys 3200 Meter Run 4A**

Friday 5/21/2010 - 12:15 PM

.SAA Champ's: 9:11.27 5/23/2008 Jake Parisien

Season Best: 9:17.44 Silas Talbot

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|    |                        |                 |          |
|----|------------------------|-----------------|----------|
| 1  | 645 Talbot, Silas      | Service         | 9:20.08  |
| 2  | 480 Anthony, Dylan     | Kodiak          | 9:31.37  |
| 3  | 647 Walgren, Robert    | Service         | 9:45.35  |
| 4  | 290 Knapp, Nathaniel   | East Anchorage  | 9:54.44  |
| 5  | 746 Huffman, Mason     | South Anchorage | 10:05.06 |
| 6  | 483 Christiansen, Cole | Kodiak          | 10:15.13 |
| 7  | 759 Smith, Carl        | South Anchorage | 10:16.70 |
| 8  | 718 Williams, Cody     | Skyview         | 10:17.23 |
| 9  | 428 Bursell, Zachary   | Juneau-Douglas  | 10:20.44 |
| 10 | 874 Leder, James       | West Valley     | 10:23.95 |
| 11 | 799 Fischer, Simon     | Wasilla         | 10:24.69 |
| 12 | 708 Holt, Brayden      | Skyview         | 10:28.04 |
| 13 | 606 Osiensky, Chris    | Palmer          | 10:32.34 |
| 14 | 648 Wheatall, Aaron    | Service         | 10:32.75 |
| 15 | 523 Nixon-Helms, Dylan | Lathrop         | 10:32.94 |
| 16 | 813 Pahkala, Josh      | Wasilla         | 10:34.95 |

**Event 301 Girls Long Jump 1A-2A-3A**

Saturday 5/22/2010 - 9:00 AM

.SAA Champ's: 15-07.50 5/23/2000 Gabriella Serventi

Season Best: 17-07.50 Kathryn Medinger

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 1 Finals**

|   |                         |                 |          |
|---|-------------------------|-----------------|----------|
| 1 | 371 Lynch, Teolani      | Haines          | 14-00.25 |
| 2 | 686 Medinger, Kathryn   | Sitka           | 14-02.00 |
| 3 | 209 Bauder, Megan       | Cook Inlet      | 14-03.25 |
| 4 | 420 Garrett, Jakeera    | Hutchison       | 14-03.50 |
| 5 | 116 Madren, Karley      | Anch. Christian | 14-04.25 |
| 6 | 105 Bennett, Jenelle    | Anch. Christian | 14-06.00 |
| 7 | 351 Serventi, Gabriella | Grace Christian | 14-11.50 |
| 8 | 125 Simmers, Debbiey    | Anch. Christian | 15-01.75 |

**Event 302 Boys Long Jump 1A-2A-3A**

Saturday 5/22/2010 - 9:00 AM

.SAA Champ's: 20-00.75 5/23/2009 Travis Price

Season Best: 19-01.25 Kevin Rima

| Pos | Name | School | Seed Mark |
|-----|------|--------|-----------|
|-----|------|--------|-----------|

**Flight 1 of 1 Finals**

|   |                    |                 |          |
|---|--------------------|-----------------|----------|
| 1 | 542 Fears, Brandon | Monroe Catholic | 17-05.00 |
| 2 | 108 Charters, Luke | Anch. Christian | 17-08.00 |
| 3 | 162 Nichols, Bryce | Cantwell        | 17-09.00 |
| 4 | 546 Holmes, James  | Monroe Catholic | 18-02.75 |
| 5 | 388 Hanks, Pete    | Her. Christian  | 18-04.00 |
| 6 | 691 Reeder, Gordon | Sitka           | 18-05.00 |
| 7 | 705 Wilson, Mickey | Skagway         | 18-11.25 |
| 8 | 423 Rima, Kevin    | Hutchison       | 19-00.75 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**

Hosted by Lathrop High School

Lathrop HS Track

Meet Program

**Event 303 Girls Shot Put 1A-2A-3A****Saturday 5/22/2010 - 9:00 AM**

.SAA Champ's: 33-02.75 5/23/2009 Anna Simmers

Season Best: 33-01.75

Fran Daly

| Pos | Name | School | Seed | Mark |
|-----|------|--------|------|------|
|-----|------|--------|------|------|

**Flight 1 of 1 Finals**

|   |                       |                 |          |  |
|---|-----------------------|-----------------|----------|--|
| 1 | 549 Obermeyer, Demi   | Monroe Catholic | 29-00.75 |  |
| 2 | 892 Esbenshade, Ellen | Yakutat         | 29-10.50 |  |
| 3 | 653 Adelman, Tessa    | Seward          | 29-11.00 |  |
| 4 | 384 Anderson, Jessica | Her. Christian  | 30-01.00 |  |
| 5 | 114 James, Olivia     | Anch. Christian | 31-00.50 |  |
| 6 | 555 Hansen, Megan     | Nikiski         | 32-00.25 |  |
| 7 | 557 Johnson, Kassi    | Nikiski         | 32-03.00 |  |
| 8 | 365 Daly, Fran        | Haines          | 33-01.75 |  |

**Event 304 Boys Discus Throw 1A-2A-3A****Saturday 5/22/2010 - 9:00 AM**

.SAA Champ's: 141-01 5/23/2009 Kevin Rima

Season Best: 142-04

Kevin Rima

| Pos | Name | School | Seed | Mark |
|-----|------|--------|------|------|
|-----|------|--------|------|------|

**Flight 1 of 1 Finals**

|   |                     |                 |        |  |
|---|---------------------|-----------------|--------|--|
| 1 | 397 Vreeman, Gideon | Her. Christian  | 105-00 |  |
| 2 | 346 Lu, Andy        | Grace Christian | 107-11 |  |
| 3 | 357 Walker, Dane    | Grace Christian | 114-11 |  |
| 4 | 661 Crosby, Beau    | Seward          | 115-00 |  |
| 5 | 121 Richwine, Aaron | Anch. Christian | 118-03 |  |
| 6 | 670 Pullins, Evan   | Seward          | 119-04 |  |
| 7 | 374 Piper, Jesse    | Haines          | 128-09 |  |
| 8 | 423 Rima, Kevin     | Hutchison       | 142-04 |  |

**Event 305 Girls Long Jump 4A****Top 8 Advance by Mark****Saturday 5/22/2010 - 10:00 AM**

.SAA Champ's: 19-05 2003 Janay DeLoach

Season Best: 16-08

Alisha Allen, Lathrop

| Pos | Name | School | Seed | Mark |
|-----|------|--------|------|------|
|-----|------|--------|------|------|

**Flight 1 of 2 Prelims**

|   |                         |                 |          |  |
|---|-------------------------|-----------------|----------|--|
| 1 | 154 Smith, Rosie        | Bartlett        | 14-08.25 |  |
| 2 | 259 Todd, Jessica       | Dimond          | 16-00.50 |  |
| 3 | 598 Houchen, Sarah      | Palmer          | 15-01.50 |  |
| 4 | 875 Mackey, Julia       | West Valley     | 16-08.00 |  |
| 5 | 741 Bassler, Lauren     | South Anchorage | 14-11.25 |  |
| 6 | 254 Parish, Tonya       | Dimond          | 14-03.25 |  |
| 7 | 165 Collins, Alexandria | Chugiak         | 15-03.00 |  |
| 8 | 237 Engel, Keiahna      | Dimond          | 15-08.00 |  |

**Flight 2 of 2 Prelims**

|   |                        |                |          |  |
|---|------------------------|----------------|----------|--|
| 1 | 506 Allen, Alisha      | Lathrop        | 16-08.00 |  |
| 2 | 785 Thorne, Sydney     | Thunder Moun   | 14-04.50 |  |
| 3 | 196 Maresh, Laura      | Colony         | 15-06.25 |  |
| 4 | 631 Kudinova, Veronika | Service        | 15-00.25 |  |
| 5 | 811 Okasaktaruk, Alice | Wasilla        | 15-06.00 |  |
| 6 | 443 Neary, Iris        | Juneau-Douglas | 14-05.00 |  |
| 7 | 803 Harris, Dajanae    | Wasilla        | 16-01.00 |  |
| 8 | 712 Penrod, Casee      | Skyview        | 14-11.50 |  |

**Event 306 Boys Long Jump 4A****Top 8 Advance by Mark****Saturday 5/22/2010 - 10:00 AM**

.SAA Champ's: 23-00 1997

Derek Ladson

Season Best: 21-07.75

Cyrus Chenault

| Pos | Name | School | Seed | Mark |
|-----|------|--------|------|------|
|-----|------|--------|------|------|

**Flight 1 of 2 Prelims**

|   |                       |                |          |  |
|---|-----------------------|----------------|----------|--|
| 1 | 192 Jaronik, Matt     | Colony         | 19-03.50 |  |
| 2 | 273 Summers, Clarence | Eagle River    | 18-11.75 |  |
| 3 | 133 Chenault, Cyrus   | Bartlett       | 20-10.75 |  |
| 4 | 492 Gilbert, Michael  | Kodiak         | 18-05.50 |  |
| 5 | 832 HoltMan, Terry    | West Anchorage | 19-02.50 |  |
| 6 | 508 Barnett, Vincent  | Lathrop        | 19-06.00 |  |
| 7 | 469 Spalding, Tyler   | Kenai          | 18-11.50 |  |
| 8 | 441 Miller, Jesse     | Juneau-Douglas | 19-07.75 |  |

**Flight 2 of 2 Prelims**

|   |                       |              |          |  |
|---|-----------------------|--------------|----------|--|
| 1 | 798 Edwards, Isaiah   | Wasilla      | 18-07.00 |  |
| 2 | 847 Agae, Ishmael     | West Valley  | 19-04.00 |  |
| 3 | 603 McCall, James     | Palmer       | 20-07.50 |  |
| 4 | 152 Predmore, Richard | Bartlett     | 19-02.00 |  |
| 5 | 142 Haley, Bryan      | Bartlett     | 18-11.00 |  |
| 6 | 891 Vealy, Will       | West Valley  | 20-03.50 |  |
| 7 | 784 Stokes, Donald    | Thunder Moun | 19-04.25 |  |
| 8 | 866 Hassebroek, Brey  | West Valley  | 19-01.00 |  |

**Event 307 Girls Shot Put 4A****Top 8 Advance by Mark****Saturday 5/22/2010 - 10:00 AM**

.SAA Champ's: 44-04.75 1997

Jenny Luer

Season Best: 35-10.75

Shellina Irwin

| Pos | Name | School | Seed | Mark |
|-----|------|--------|------|------|
|-----|------|--------|------|------|

**Flight 1 of 2 Prelims**

|   |                         |                |          |  |
|---|-------------------------|----------------|----------|--|
| 1 | 282 Dumpson, Tekoa      | East Anchorage | 33-00.50 |  |
| 2 | 241 Grant, Ashley       | Dimond         | 33-01.00 |  |
| 3 | 605 Nuernberg, Monica   | Palmer         | 32-03.25 |  |
| 4 | 844 Tufi, Pauline       | West Anchorage | 33-05.00 |  |
| 5 | 283 Dunbar, Tina-Louise | East Anchorage | 35-09.00 |  |
| 6 | 889 Swanson, Sarah      | West Valley    | 31-11.00 |  |
| 7 | 821 Troisi, Jillian     | Wasilla        | 33-02.25 |  |
| 8 | 601 LaMere, Erin        | Palmer         | 32-02.50 |  |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**

Hosted by Lathrop High School

Lathrop HS Track

Meet Program

**Flight 2 of 2 Prelims...(Event 307 Girls Shot Put 4A)**

|   |                          |                |          |
|---|--------------------------|----------------|----------|
| 1 | 822 Ward, Chayna         | Wasilla        | 32-01.00 |
| 2 | 578 Joseph, T'Keyah      | North Pole     | 32-09.50 |
| 3 | 501 Oliver, Samantha     | Kodiak         | 33-01.00 |
| 4 | 888 Solomon, Shelby      | West Valley    | 34-00.75 |
| 5 | 436 Highley, Mercedes (A | Juneau-Douglas | 33-02.00 |
| 6 | 873 Kurth, Zoe           | West Valley    | 32-00.00 |
| 7 | 190 Irwin, Shellina      | Colony         | 35-06.50 |
| 8 | 804 Imoe, Alexis         | Wasilla        | 32-10.50 |

**Event 308 Boys Discus Throw 4A****Top 8 Advance by Mark**

Saturday 5/22/2010 - 10:00 AM

.SAA Champ's: 192-07 5/23/2007 Jordan Clarke

Season Best: 167-10

John Knowles

| Pos | Name | School | Seed | Mark |
|-----|------|--------|------|------|
|-----|------|--------|------|------|

**Flight 1 of 2 Prelims**

|   |                         |                 |        |
|---|-------------------------|-----------------|--------|
| 1 | 847 Agae, Ishmael       | West Valley     | 147-05 |
| 2 | 258 Swensen, Mitchell   | Dimond          | 156-11 |
| 3 | 710 Parham, Derrick     | Skyview         | 118-00 |
| 4 | 149 Masalosalo, Troy    | Bartlett        | 134-11 |
| 5 | 862 Garris-Shoemaker, R | West Valley     | 116-01 |
| 6 | 753 Markel, Chase       | South Anchorage | 134-02 |
| 7 | 434 Fenumiai, Lawrence  | Juneau-Douglas  | 124-05 |
| 8 | 754 McLean, Spencer     | South Anchorage | 128-06 |

**Flight 2 of 2 Prelims**

|   |                     |                |        |
|---|---------------------|----------------|--------|
| 1 | 469 Spalding, Tyler | Kenai          | 130-01 |
| 2 | 832 HoltMan, Terry  | West Anchorage | 139-00 |
| 3 | 526 Silva, Jonah    | Lathrop        | 119-02 |
| 4 | 301 Tran, Brandon   | East Anchorage | 129-06 |
| 5 | 807 Knowles, John   | Wasilla        | 162-10 |
| 6 | 134 Clarke, Matthew | Bartlett       | 138-08 |
| 7 | 586 Wentland, Chris | North Pole     | 114-11 |
| 8 | 730 Minogue, Tanner | Soldotna       | 122-09 |

**Event 401 Girls 4x800 Meter Relay 1A-2A-3A**

Saturday 5/22/2010 - 10:00 AM

.SAA Champ's: 10:13.57 5/23/2009 Grace Christian

N Leman, M Applegate, H Kopp, Dupea

Season Best: 10:25.40

Grace Christian

| Lane | Team | Relay | Seed | Time |
|------|------|-------|------|------|
|------|------|-------|------|------|

**Section 1 of 1 Finals**

|   |                           |                            |          |
|---|---------------------------|----------------------------|----------|
| 1 | Seward                    | A                          | 10:26.56 |
|   | 1) 655 Atherton, Kristina | 2) 665 Herbert, Maggie     |          |
|   | 3) 671 Sefton, Kelley     | 4) 656 Barnwell, Alison    |          |
|   | 5) 662 Dyer, Laura        |                            |          |
| 2 | Monroe Catholic           | A                          | 10:42.42 |
|   | 1) 543 Fifield, Macala    | 2) 551 Schreder, Nicole    |          |
|   | 3) 550 Schreder, Megan    | 4) 539 Bennett, Lizzy      |          |
| 3 | Grace Christian           | A                          | 10:44.94 |
|   | 1) 358 Winkle, Betsy      | 2) 331 Boyles, Monae       |          |
|   | 3) 329 Applegate, Mariah  | 4) 333 Davis, BethAnne     |          |
|   | 5) 354 Trujillo, Anna     | 6) 351 Serventi, Gabriella |          |
| 4 | Eielson                   | A                          | 11:26.97 |
|   | 1) 316 Murtiff, Mickey    | 2) 307 Boyd, Taylor        |          |
|   | 3) 313 Hebert, Ashlynn    | 4) 320 Son, Kaylin         |          |
|   | 5) 304 Armour, Andie      | 6) 305 Belt, Mallorie      |          |
| 5 | Anch. Christian           | A                          | 11:58.03 |
|   | 1) 113 Jaconette, Olivia  | 2) 127 Thompson, Krystal   |          |
|   | 3) 118 Nale, Margaret     | 4) 101 Anderson, Leisha    |          |
|   | 5) 125 Simmers, Debbiey   |                            |          |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 402 Girls 4x800 Meter Relay 4A****Saturday 5/22/2010 - 10:15 AM**

.SAA Champ's: 9:35.21 2004 West Valley

L Johnson, C Gillis, C Miller, M Callahan

Season Best: 9:46.84

South Anchorage

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                              |                                |          |
|---|------------------------------|--------------------------------|----------|
| 1 | South Anchorage              | A                              | 9:46.84  |
|   | 1) 755 Minge, Emma           | 2) 765 Wiita, Cayla            |          |
|   | 3) 763 Vania, Merielle       | 4) 767 Yanoshek, Kelly         |          |
|   | 5) 761 Stophlet, Catherine   | 6) 749 Kirk, Stephanie         |          |
| 2 | Dimond                       | A                              | 9:48.92  |
|   | 1) 264 Wray, Nikki           | 2) 244 Hennessy, Amelia        |          |
|   | 3) 239 Freistone, Sarah      | 4) 263 Wilcox, Cara            |          |
|   | 5) 256 Stramp, Robin         | 6) 232 Best, Tori              |          |
| 3 | Kodiak                       | A                              | 9:59.58  |
|   | 1) 499 Ng, Sarah             | 2) 504 Smith, Allie            |          |
|   | 3) 495 Ivanoff, Chloe        | 4) 482 Bethea, Jaymi           |          |
|   | 5) 488 Delos Santos, Analise | 6) 489 Ernest, Selma           |          |
| 4 | Lathrop                      | A                              | 10:03.22 |
|   | 1) 520 King, Sarah           | 2) 507 Angell, Christine       |          |
|   | 3) 511 Edic, Megan           | 4) 514 Fitzgerald, Kim         |          |
|   | 5) 516 Geddings, Brianna     | 6) 512 Farnham, Nicole         |          |
| 5 | North Pole                   | A                              | 10:08.31 |
|   | 1) 587 Wood, Sam             | 2) 588 Wright, Jessica         |          |
|   | 3) 581 Schmitz, Christi      | 4) 582 Schmitz, Kelly          |          |
|   | 5) 583 Taiclut, Sabrina      | 6) 580 Rood, Nicole            |          |
| 6 | Wasilla                      | A                              | 10:08.89 |
|   | 1) 801 Ford, Jenna           | 2) 823 Young, Haley            |          |
|   | 3) 814 Rinngenberg, Mandi    | 4) 794 Clump, Keri             |          |
| 7 | Soldotna                     | A                              | 10:19.56 |
|   | 1) 728 Merkes, Miranda       | 2) 719 Barkman, Kaitlyn        |          |
|   | 3) 731 Mucha, Bree           | 4) 735 Skjold, Kaylee          |          |
|   | 5) 736 Smith, Melanie        |                                |          |
| 8 | Juneau-Douglas               | A                              | 10:52.39 |
|   | 1) 431 Clark, Lindsay        | 2) 442 Miller, Martina         |          |
|   | 3) 440 McDermott, Sarah      | 4) 427 Burger-Pothier, Lillian |          |
|   | 5) 445 Ostrom, Nani          | 6) 446 Ottoson-McKeen, Alice   |          |

**Event 403 Boys 4x800 Meter Relay 1A-2A-3A****Saturday 5/22/2010 - 10:30 AM**

.SAA Champ's: 8:35.74 5/23/2009 Grace Christian

J Klein, Q Metcalf, J Dillon, J Kirk

Season Best: 8:22.30

Grace Christian

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                          |                          |         |
|---|--------------------------|--------------------------|---------|
| 1 | Grace Christian          | A                        | 8:42.34 |
|   | 1) 345 Klein, John       | 2) 336 Eller, Matthew    |         |
|   | 3) 334 Dillon, Joseph    | 4) 330 Arnold, Andrew    |         |
|   | 5) 343 Kirk, Jacob       | 6) 347 Metcalf, Quinton  |         |
| 2 | Delta Junction           | A                        | 8:51.72 |
|   | 1) 212 Bialik, Josh      | 2) 221 Pelto, Eric       |         |
|   | 3) 222 Tatarenko, David  | 4) 218 Ionashku, Andrey  |         |
|   | 5) 217 Herman, Charlie   | 6) 223 Tirrell, Tony     |         |
| 3 | Seward                   | A                        | 8:52.68 |
|   | 1) 657 Buchanan, Andrew  | 2) 660 Chase, Brett      |         |
|   | 3) 664 Gillespie, Austin | 4) 667 Lindquist, Jared  |         |
|   | 5) 668 Marshall, Jacob   | 6) 666 Knotek, Miles     |         |
| 4 | Hutchison                | A                        | 9:06.63 |
|   | 1) 425 Sands, Tyler      | 2) 422 Jacobson, Zach    |         |
|   | 3) 424 Rubio, Marcos     | 4) 417 Burgett, Brandon  |         |
| 5 | Eielson                  | A                        | 9:10.25 |
|   | 1) 308 Connolly, Patrick | 2) 322 Valero, Jeremy    |         |
|   | 3) 318 Smith, Chris      | 4) 306 Borberly, Mike    |         |
|   | 5) 315 Mitchell, William |                          |         |
| 6 | Anch. Christian          | A                        | 9:15.24 |
|   | 1) 103 Baker, Matt       | 2) 128 Williams, Ryan    |         |
|   | 3) 119 Pospisil, Jake    | 4) 110 Finn, Matt        |         |
|   | 5) 107 Brown, Alex       | 6) 124 Simmers, Augustus |         |
| 7 | Sitka                    | A                        | 9:24.43 |
|   | 1) 683 Gillespie, Arnold | 2) 688 Patrick, Will     |         |
|   | 3) 677 Davis, Darin      | 4) 685 Mathson, Peter    |         |
| 8 | Her. Christian           | A                        | 9:31.03 |
|   | 1) 386 Brady, Jesse      | 2) 398 Whisman, Curtis   |         |
|   | 3) 397 Vreeman, Gideon   | 4) 385 Beier, Christian  |         |
|   | 5) 389 Millar, Jonathon  | 6) 390 Miller, Nate      |         |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 404 Boys 4x800 Meter Relay 4A**

Saturday 5/22/2010 - 10:45 AM

.SAA Champ's: 8:02.77 5/23/2009 Service  
S Talbot, J Lane, R Walgren, C Phelps

Season Best: 7:58.08

Service

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                           |                           |         |
|---|---------------------------|---------------------------|---------|
| 1 | Kodiak                    | A                         | 8:28.22 |
|   | 1) 490 Fogle, Jordan      | 2) 500 Nymeyer, Caleb     |         |
|   | 3) 486 Davidson, Chaven   | 4) 480 Anthony, Dylan     |         |
|   | 5) 502 Osowski, James     | 6) 487 Deer, Nathan       |         |
| 2 | Wasilla                   | A                         | 8:35.45 |
|   | 1) 792 Chafin, Patrick    | 2) 819 Thompson, Keith    |         |
|   | 3) 805 Johnston, Michael  | 4) 793 Christenson, Jaron |         |
|   | 5) 800 Ford, Drew         | 6) 820 Tracy, Ryan        |         |
| 3 | Juneau-Douglas            | A                         | 8:39.61 |
|   | 1) 428 Bursell, Zachary   | 2) 455 Walker, Dawson     |         |
|   | 3) 456 Woodby, Robin      | 4) 426 Bunton, Andre      |         |
|   | 5) 441 Miller, Jesse      | 6) 449 Rudick, Shadd      |         |
| 4 | Service                   | A                         | 8:41.93 |
|   | 1) 649 Wheatall, Benjamin | 2) 620 Bailey, Mackenzie  |         |
|   | 3) 632 Lane, Jani         | 4) 647 Walgren, Robert    |         |
|   | 5) 645 Talbot, Silas      | 6) 636 Mamikunian, Connor |         |
| 5 | Palmer                    | A                         | 8:44.51 |
|   | 1) 602 Mangelsdorf, Wylie | 2) 604 Minturn, Mason     |         |
|   | 3) 600 King, Ben          | 4) 595 Dunlap, Davis      |         |
|   | 5) 594 Day, Joe           | 6) 606 Osiensky, Chris    |         |
| 6 | Lathrop                   | A                         | 8:45.79 |
|   | 1) 509 Castellini, Luke   | 2) 523 Nixon-Helms, Dylan |         |
|   | 3) 532 Wilkinson, Kipp    | 4) 521 Kornkven, Ryer     |         |
|   | 5) 519 Hanson, Kyle       | 6) 525 Rankin, Keegan     |         |
| 7 | West Valley               | A                         | 8:47.18 |
|   | 1) 879 Mayo, Wyatt        | 2) 872 Kowalski, Brandon  |         |
|   | 3) 853 Bishop, Andrew     | 4) 864 Grzeda, Kuba       |         |
|   | 5) 874 Leder, James       | 6) 880 Noon, Peter        |         |
| 8 | Bartlett                  | A                         | 8:49.67 |
|   | 1) 132 Butler, Stephen    | 2) 143 Highlander, Willie |         |
|   | 3) 137 Dolan, Thomas      | 4) 130 Bramer, Michael    |         |
|   | 5) 155 Tharps, Javon      | 6) 153 Sebastiani, Philip |         |

**Event 405 Girls 100 Meter Hurdles 1A-2A-3A**

Saturday 5/22/2010 - 11:05 AM

.SAA Champ's: 15.29 5/23/2009 Anna Simmers  
Season Best: 17.56 Karley Madren

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|   |                        |                 |       |
|---|------------------------|-----------------|-------|
| 1 | 547 Jessica, Stokes    | Monroe Catholic | 20.04 |
| 2 | 420 Garrett, Jakeera   | Hutchison       | 19.08 |
| 3 | 104 Bennett, Chantell  | Anch. Christian | 18.72 |
| 4 | 116 Madren, Karley     | Anch. Christian | 17.56 |
| 5 | 209 Bauder, Megan      | Cook Inlet      | 18.64 |
| 6 | 342 Karlberg, Hannah   | Grace Christian | 19.01 |
| 7 | 659 Campbell, Maddy    | Seward          | 19.34 |
| 8 | 126 Thibodeaux, Briana | Anch. Christian | 20.09 |

**Event 406 Girls 100 Meter Hurdles 4A****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Friday 5/21/2010 - 1:00 PM

.SAA Champ's: 15.03 2000 Jana Schaafsma  
Season Best: 15.01 Rosie Smith

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Heat 1 of 2 Prelims**

|   |                     |                 |       |
|---|---------------------|-----------------|-------|
| 1 | 146 Kueter, Morgan  | Bartlett        | 17.38 |
| 2 | 261 Vaitohi, Mary   | Dimond          | 17.10 |
| 3 | 741 Bassler, Lauren | South Anchorage | 16.69 |
| 4 | 237 Engel, Keiahnna | Dimond          | 15.08 |
| 5 | 452 Sharp, Emily    | Juneau-Douglas  | 15.12 |
| 6 | 460 DeVito, Shaynee | Kenai           | 16.85 |
| 7 | 815 Rust, Kiera     | Wasilla         | 17.27 |
| 8 | 468 Sandahl, Leah   | Kenai           | 17.96 |

**Heat 2 of 2 Prelims**

|   |                        |                |       |
|---|------------------------|----------------|-------|
| 1 | 605 Nuernberg, Monica  | Palmer         | 17.34 |
| 2 | 824 Bohn, Brianna      | West Anchorage | 17.06 |
| 3 | 453 Sharp, Samantha    | Juneau-Douglas | 16.67 |
| 4 | 154 Smith, Rosie       | Bartlett       | 15.01 |
| 5 | 501 Oliver, Samantha   | Kodiak         | 16.67 |
| 6 | 145 Kiyutelluk, Robin  | Bartlett       | 16.98 |
| 7 | 269 Klecka, Jacqueline | Eagle River    | 17.31 |
| 8 | 524 Oba, Elli          | Lathrop        | 18.04 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**

Hosted by Lathrop High School

Lathrop HS Track

Meet Program

**Event 409 Boys 110 Meter Hurdles 1A-2A-3A**

Saturday 5/22/2010 - 11:25 AM

.SAA Champ's: 15.99 5/23/2009 Dylan Beck  
Season Best: 16.60 Jesse Piper

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Section 1 of 1 Finals**

|   |                       |                 |  |       |
|---|-----------------------|-----------------|--|-------|
| 1 | 675 Carroll, Josh     | Sitka           |  | 17.80 |
| 2 | 563 Covey, Dillon     | Ninilchik       |  | 16.92 |
| 3 | 679 Dunn, Keefer      | Sitka           |  | 16.85 |
| 4 | 108 Charters, Luke    | Anch. Christian |  | 16.80 |
| 5 | 374 Piper, Jesse      | Haines          |  | 16.83 |
| 6 | 106 Brandon, Daniel   | Anch. Christian |  | 16.87 |
| 7 | 312 Hamilton, Antonio | Eielson         |  | 17.15 |
| 8 | 117 McKoy, BJ         | Anch. Christian |  | 18.60 |

**Event 410 Boys 110 Meter Hurdles 4A**

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/21/2010 - 1:20 PM

.SAA Champ's: 14.4h 1989 Ollie Massengale  
Season Best: 15.65 Elliott Bauer

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Heat 1 of 2 Prelims**

|   |                     |           |  |       |
|---|---------------------|-----------|--|-------|
| 1 | 530 Tippett, Colin  | Lathrop   |  | 16.96 |
| 2 | 515 Gallegos, Tim   | Lathrop   |  | 16.62 |
| 3 | 160 Yates, Jacob    | Bartlett  |  | 16.32 |
| 4 | 503 Schick, Karsten | Kodiak    |  | 15.83 |
| 5 | 651 Wilson, Travis  | Service   |  | 15.98 |
| 6 | 236 Corr, John      | Dimond    |  | 16.42 |
| 7 | 477 Credito, Carlo  | Ketchikan |  | 16.72 |
| 8 | 201 Niver, Blake    | Colony    |  | 17.09 |

**Heat 2 of 2 Prelims**

|   |                      |                 |  |       |
|---|----------------------|-----------------|--|-------|
| 1 | 726 Kauffman, Alex   | Soldotna        |  | 16.86 |
| 2 | 839 Pena, Pedro      | West Anchorage  |  | 16.55 |
| 3 | 281 DeLoria, Brody   | East Anchorage  |  | 16.30 |
| 4 | 742 Bauer, Elliott   | South Anchorage |  | 15.65 |
| 5 | 251 McCloskey, Mason | Dimond          |  | 16.13 |
| 6 | 828 Eisses, Jacob    | West Anchorage  |  | 16.43 |
| 7 | 188 Bricker, Anthony | Colony          |  | 16.83 |
| 8 | 574 Foran, Walter    | North Pole      |  | 17.40 |

**Event 413 Girls 100 Meter Dash 1A-2A-3A**

Saturday 5/22/2010 - 11:45 AM

.SAA Champ's: 12.94 5/23/2009 Melissa Grammer  
Season Best: 13.41 Sadie Arneson

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Section 1 of 1 Finals**

|   |                       |                 |  |       |
|---|-----------------------|-----------------|--|-------|
| 1 | 323 Williams, Jazzmyn | Eielson         |  | 14.01 |
| 2 | 541 Clark, Monica     | Monroe Catholic |  | 13.88 |
| 3 | 420 Garrett, Jakeera  | Hutchison       |  | 13.66 |
| 4 | 104 Bennett, Chantell | Anch. Christian |  | 13.52 |
| 5 | 207 Arneson, Sadie    | Cook Inlet      |  | 13.63 |
| 6 | 892 Esbenshade, Ellen | Yakutat         |  | 13.74 |
| 7 | 548 Lundgren, Talia   | Monroe Catholic |  | 14.00 |
| 8 | 392 Railing, Emily    | Her. Christian  |  | 14.08 |

**Event 414 Girls 100 Meter Dash 4A**

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/21/2010 - 1:30 PM

.SAA Champ's: 11.8h 1981 Startlett Jackson  
Season Best: 12.54 Alisha Allen

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Heat 1 of 2 Prelims**

|   |                       |             |  |       |
|---|-----------------------|-------------|--|-------|
| 1 | 816 Schleich, Cori    | Wasilla     |  | 13.52 |
| 2 | 257 Sweet, MiCall     | Dimond      |  | 13.33 |
| 3 | 643 Smelker, Jordan   | Service     |  | 13.01 |
| 4 | 625 Ferguson, Shaai   | Service     |  | 12.73 |
| 5 | 156 Tillmon, Jessica  | Bartlett    |  | 12.95 |
| 6 | 506 Allen, Alisha     | Lathrop     |  | 13.09 |
| 7 | 882 Oates, Jacqueline | West Valley |  | 13.35 |
| 8 | 877 Mattson, Hannah   | West Valley |  | 13.52 |

**Heat 2 of 2 Prelims**

|   |                      |             |  |       |
|---|----------------------|-------------|--|-------|
| 1 | 883 Oneil, Kieran    | West Valley |  | 13.50 |
| 2 | 144 Jackson, Rayana  | Bartlett    |  | 13.30 |
| 3 | 157 Walker, Brittany | Bartlett    |  | 12.98 |
| 4 | 803 Harris, Dajanae  | Wasilla     |  | 12.73 |
| 5 | 797 Dampier, Morgan  | Wasilla     |  | 12.98 |
| 6 | 148 Little, Destiny  | Bartlett    |  | 13.25 |
| 7 | 644 Souders, Hannah  | Service     |  | 13.48 |
| 8 | 501 Oliver, Samantha | Kodiak      |  | 13.53 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Meet Program****Event 417 Boys 100 Meter Dash 1A-2A-3A****Saturday 5/22/2010 - 12:05 PM**.SAA Champ's: **15.99** 5/23/2009 **Dylan Beck**  
Season Best: **11.88** **Nick Nysewander-Kellard**

| Lane                         | Name                    | School          | Seed Time |
|------------------------------|-------------------------|-----------------|-----------|
| <b>Section 1 of 1 Finals</b> |                         |                 |           |
| 1                            | 559 Parrish, Sayyid     | Nikiski         | 12.35     |
| 2                            | 339 Hickok, Ryan        | Grace Christian | 12.24     |
| 3                            | 379 Taylor, Caullen     | Haines          | 12.15     |
| 4                            | 775 Nysewander-Kellard, | Su Valley       | 11.92     |
| 5                            | 676 Clement, Chris      | Sitka           | 11.98     |
| 6                            | 117 McKoy, BJ           | Anch. Christian | 12.20     |
| 7                            | 563 Covey, Dillon       | Ninilchik       | 12.32     |
| 8                            | 310 Ellsworth, Tyler    | Eielson         | 12.43     |

**Event 418 Boys 100 Meter Dash 4A****8 Advance: Top 4 Each Heat plus Next 0 Best Times****Friday 5/21/2010 - 1:40 PM**.SAA Champ's: **10.90** 1995 **Joel Knight**  
Season Best: **11.14** **Cyrus Chenault**

| Lane                       | Name                     | School          | Seed Time |
|----------------------------|--------------------------|-----------------|-----------|
| <b>Heat 1 of 2 Prelims</b> |                          |                 |           |
| 1                          | 596 Forkner, Chris       | Palmer          | 11.88     |
| 2                          | 203 Simmons, YoRel       | Colony          | 11.78     |
| 3                          | 891 Vealy, Will          | West Valley     | 11.58     |
| 4                          | 278 Canady, Emanuel      | East Anchorage  | 11.43     |
| 5                          | 571 Anderson, Frankie    | North Pole      | 11.49     |
| 6                          | 287 Holley, Caleb        | East Anchorage  | 11.60     |
| 7                          | 756 Pessetto, Jared      | South Anchorage | 11.80     |
| 8                          | 242 Gray, Darrion        | Dimond          | 11.91     |
| <b>Heat 2 of 2 Prelims</b> |                          |                 |           |
| 1                          | 858 Comeau, Brandon      | West Valley     | 11.84     |
| 2                          | 437 Holloway, Christophe | Juneau-Douglas  | 11.68     |
| 3                          | 760 Sollars, David       | South Anchorage | 11.58     |
| 4                          | 133 Chenault, Cyrus      | Bartlett        | 11.30     |
| 5                          | 603 McCall, James        | Palmer          | 11.53     |
| 6                          | 479 Meredith, Austin     | Ketchikan       | 11.65     |
| 7                          | 752 Manneh, Modou        | South Anchorage | 11.81     |
| 8                          | 158 Watts, Marcus        | Bartlett        | 11.93     |

**Event 421 Girls 4x200 Meter Relay 1A-2A-3A****Saturday 5/22/2010 - 12:25 PM**.SAA Champ's: **1:54.00** 5/23/2009 **Anchorage Christian**  
**C Klein, J Bennett, R Senko, L Anderson**Season Best: **1:55.60** **Anchorage Christian**

| Lane                         | Team                     | Relay                      | Seed Time |
|------------------------------|--------------------------|----------------------------|-----------|
| <b>Section 1 of 1 Finals</b> |                          |                            |           |
| 1                            | Seward                   | A                          | 1:59.31   |
|                              | 1) 663 Erchinger, Neeka  | 2) 655 Atherton, Kristina  |           |
|                              | 3) 665 Herbert, Maggie   | 4) 653 Adelman, Tessa      |           |
|                              | 5) 671 Sefton, Kelley    | 6) 669 Melville, Serena    |           |
| 2                            | Monroe Catholic          | A                          | 1:59.10   |
|                              | 1) 541 Clark, Monica     | 2) 537 Barnard, Kirsten    |           |
|                              | 3) 548 Lundgren, Talia   | 4) 544 Gavora, Alexis      |           |
|                              | 5) 552 Smith, Anne       |                            |           |
| 3                            | Anch. Christian          | A                          | 1:54.44   |
|                              | 1) 105 Bennett, Jenelle  | 2) 101 Anderson, Leisha    |           |
|                              | 3) 125 Simmers, Debbiee  | 4) 104 Bennett, Chantell   |           |
|                              | 5) 116 Madren, Karley    | 6) 120 Quinlan, Callie     |           |
| 4                            | Grace Christian          | A                          | 1:56.11   |
|                              | 1) 340 Ihde, Sarah       | 2) 353 Sutton, Jenna       |           |
|                              | 3) 356 Tulip, Anna       | 4) 351 Serventi, Gabriella |           |
|                              | 5) 333 Davis, BethAnne   | 6) 348 Price, Blair        |           |
| 5                            | Eielson                  | A                          | 1:59.27   |
|                              | 1) 304 Armour, Andie     | 2) 305 Belt, Mallorie      |           |
|                              | 3) 307 Boyd, Taylor      | 4) 316 Murtiff, Mickey     |           |
|                              | 5) 320 Son, Kaylin       | 6) 323 Williams, Jazzmyn   |           |
| 6                            | Haines                   | A                          | 1:59.67   |
|                              | 1) 371 Lynch, Teolani    | 2) 376 Rasmussen, Marnie   |           |
|                              | 3) 377 Smalley, Amanda   | 4) 365 Daly, Fran          |           |
|                              | 5) 378 St. Clair, Jackie | 6) 367 Giddings, Jess      |           |
| 7                            | Delta Junction           | A                          | 2:01.68   |
|                              | 1) 214 Bynum, Ruby       | 2) 219 Ionashku, Tonya     |           |
|                              | 3) 220 Olsen, Kari       | 4) 225 Wrigley, Mallory    |           |
|                              | 5) 216 Heintz, Angie     | 6) 224 Trainor, Sam        |           |
| 8                            | Su Valley                | A                          | 2:03.36   |
|                              | 1) 776 Scott, Missy      | 2) 778 Stahl, Laura        |           |
|                              | 3) 779 Starbuck, Hannah  | 4) 780 Stevenson, Bailey   |           |
|                              | 5) 777 Smith, Arianna    |                            |           |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 422 Girls 4x200 Meter Relay 4A**

Saturday 5/22/2010 - 12:35 PM

.SAA Champ's: 1:44.86 2003 Lathrop

Baily Preston Dollison, Smith

Season Best: 1:45.89

Service

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                            |                            |         |
|---|----------------------------|----------------------------|---------|
| 1 | Palmer                     | A                          | 1:52.03 |
|   | 1) 591 Blake, Taylor       | 2) 616 Whitfield, Tress    |         |
|   | 3) 614 VanHoomissen, Jamie | 4) 598 Houchen, Sarah      |         |
|   | 5) 593 Cummings, Deanna    | 6) 589 Acker, Shanara      |         |
| 2 | Bartlett                   | A                          | 1:47.49 |
|   | 1) 148 Little, Destiny     | 2) 156 Tillmon, Jessica    |         |
|   | 3) 161 Young, Kayla        | 4) 157 Walker, Brittany    |         |
|   | 5) 154 Smith, Rosie        | 6) 144 Jackson, Rayana     |         |
| 3 | Service                    | A                          | 1:45.89 |
|   | 1) 644 Souders, Hannah     | 2) 652 Zanders, Katelynn   |         |
|   | 3) 643 Smelker, Jordan     | 4) 625 Ferguson, Shaai     |         |
|   | 5) 642 Serrano, Gaby       | 6) 628 Haas, Emily         |         |
| 4 | Dimond                     | A                          | 1:47.43 |
|   | 1) 248 Jackson, Kimmy      | 2) 257 Sweet, MiCall       |         |
|   | 3) 233 Bozeman, Jaley      | 4) 230 Bagsby, Symphony    |         |
|   | 5) 237 Engel, Keiahnna     | 6) 246 Imig, Madison       |         |
| 5 | Wasilla                    | A                          | 1:48.06 |
|   | 1) 803 Harris, Dajanae     | 2) 816 Schleich, Cori      |         |
|   | 3) 809 Nickerson, Gladys   | 4) 797 Dampier, Morgan     |         |
|   | 5) 811 Okasaktaruk, Alice  | 6) 796 Dampier, Haley      |         |
| 6 | Chugiak                    | A                          | 1:53.08 |
|   | 1) 174 Harter, Kendra      | 2) 187 Wehrheim, Barbara   |         |
|   | 3) 169 Fore, Rachel        | 4) 181 Matthis, MacKenzie  |         |
|   | 5) 168 Forbush, Kierra     | 6) 165 Collins, Alexandria |         |
| 7 | West Valley                | A                          | 1:54.97 |
|   | 1) 871 Kennedy, Jaime      | 2) 870 Jones, Kinzea       |         |
|   | 3) 863 Gaskins, Erika      | 4) 877 Mattson, Hannah     |         |
|   | 5) 884 Reitano, Jordin     | 6) 883 Oneil, Kieran       |         |
| 8 | Juneau-Douglas             | A                          | 1:57.28 |
|   | 1) 448 Rieselbach, Maya    | 2) 453 Sharp, Samantha     |         |
|   | 3) 439 Jackson, Karissa    | 4) 454 Siddeek, Esra       |         |
|   | 5) 433 Cumlat, Jean        | 6) 452 Sharp, Emily        |         |

**Event 423 Boys 4x200 Meter Relay 1A-2A-3A**

Saturday 5/22/2010 - 12:50 PM

.SAA Champ's: 1:39.08 5/23/2009 Haines

B Huntsman, R Olsen, J Piper, K Rush

Season Best: 1:39.27

Su Valley

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                           |                               |         |
|---|---------------------------|-------------------------------|---------|
| 1 | Haines                    | A                             | 1:43.04 |
|   | 1) 360 Badger, Austin     | 2) 380 Thomas, Tyler          |         |
|   | 3) 379 Taylor, Caullen    | 4) 369 Huntsman, Brian        |         |
|   | 5) 374 Piper, Jesse       | 6) 372 Olsen, Chris           |         |
| 2 | Grace Christian           | A                             | 1:39.69 |
|   | 1) 337 Fischbach, Johnny  | 2) 334 Dillon, Joseph         |         |
|   | 3) 350 Sears, Brian       | 4) 347 Metcalf, Quinton       |         |
|   | 5) 344 Klein, Jeremiah    | 6) 339 Hickok, Ryan           |         |
| 3 | Su Valley                 | A                             | 1:37.80 |
|   | 1) 770 Figley, Dylan      | 2) 772 Kelly, Bill            |         |
|   | 3) 783 Timmers, Steen     | 4) 775 Nysewander-Kellard, Ni |         |
|   | 5) 773 Kidd, Saber        |                               |         |
| 4 | Seward                    | A                             | 1:39.27 |
|   | 1) 670 Pullins, Evan      | 2) 654 Atherton, Jesse        |         |
|   | 3) 667 Lindquist, Jared   | 4) 658 Buchanan, Jeff         |         |
|   | 5) 673 Sorenson, Aaron    | 6) 674 Willis, Jacob          |         |
| 5 | Anch. Christian           | A                             | 1:42.21 |
|   | 1) 106 Brandon, Daniel    | 2) 102 Bahnke, Brandon        |         |
|   | 3) 107 Brown, Alex        | 4) 122 Rosier, Radhames       |         |
|   | 5) 128 Williams, Ryan     | 6) 111 Garner, Kaylon         |         |
| 6 | Monroe Catholic           | A                             | 1:43.09 |
|   | 1) 546 Holmes, James      | 2) 540 Brown, Rashad          |         |
|   | 3) 538 Bartels, Jordan    | 4) 542 Fears, Brandon         |         |
|   | 5) 554 Therriault, Justin |                               |         |
| 7 | Glennallen                | A                             | 1:44.02 |
|   | 1) 328 Weimer, Nick       | 2) 324 Craig, Cory            |         |
|   | 3) 326 Mossgrove, Arlen   | 4) 327 Sutherland, Josh       |         |
|   | 5) 325 Finau, Samisoni    |                               |         |
| 8 | Eielson                   | A                             | 1:44.11 |
|   | 1) 321 Sprankle, Jacob    | 2) 317 Schneider, Codi        |         |
|   | 3) 319 Smith, Shawn       | 4) 310 Ellsworth, Tyler       |         |
|   | 5) 309 Davis, Kevon       | 6) 314 Kincade, Jovante       |         |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**

Hosted by Lathrop High School

Lathrop HS Track

Meet Program

**Event 424 Boys 4x200 Meter Relay 4A**

Saturday 5/22/2010 - 1:00 PM

.SAA Champ's: 1:28.5h 1995 Bartlett

Ingraham, Roginson, Myles, Pennino

Season Best: 1:31.66 Bartlett

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                           |                              |         |
|---|---------------------------|------------------------------|---------|
| 1 | Dimond                    | A                            | 1:35.23 |
|   | 1) 262 Watson, Dominique  | 2) 252 Nasir, Ahmad          |         |
|   | 3) 260 Tufaga, Armani     | 4) 242 Gray, Darrion         |         |
|   | 5) 250 Malamon, Nathachai | 6) 247 Jack-Nixon, J.J.      |         |
| 2 | West Valley               | A                            | 1:34.68 |
|   | 1) 852 Billesbach, Alex   | 2) 885 Rodenberger, Brent    |         |
|   | 3) 857 Clark, Willie      | 4) 858 Comeau, Brandon       |         |
|   | 5) 861 Fairbanks, Jared   | 6) 881 Nuttall, Chris        |         |
| 3 | Bartlett                  | A                            | 1:31.66 |
|   | 1) 136 Daly, John         | 2) 158 Watts, Marcus         |         |
|   | 3) 131 Brunson, Daquon    | 4) 133 Chenault, Cyrus       |         |
|   | 5) 160 Yates, Jacob       | 6) 141 Hale, Jamal           |         |
| 4 | East Anchorage            | A                            | 1:34.52 |
|   | 1) 292 Lopez, NaVarr      | 2) 294 Nichols, Myles        |         |
|   | 3) 280 DeBrill, Jeffery   | 4) 278 Canady, Emanuel       |         |
|   | 5) 300 Tennant, Jordan    | 6) 288 Holley, Quintavis     |         |
| 5 | Palmer                    | A                            | 1:35.08 |
|   | 1) 596 Forkner, Chris     | 2) 613 Turner, Levi          |         |
|   | 3) 597 Gentz, AJ          | 4) 609 Scoresby, John        |         |
|   | 5) 603 McCall, James      | 6) 592 Clement, David        |         |
| 6 | Soldotna                  | A                            | 1:36.43 |
|   | 1) 734 Schneider, Colton  | 2) 732 Nolden, Chris         |         |
|   | 3) 727 McGillivary, Tyler | 4) 720 Bennett, Philip       |         |
|   | 5) 729 Michael, Lucas     | 6) 721 Carrico, Christian    |         |
| 7 | Eagle River               | A                            | 1:37.09 |
|   | 1) 266 Hahn, Cody         | 2) 273 Summers, Clarence     |         |
|   | 3) 265 Fox, Devon         | 4) 271 Owolabi, John         |         |
|   | 5) 270 Norgaard, Eric     | 6) 268 King, Brandon         |         |
| 8 | Juneau-Douglas            | A                            | 1:37.30 |
|   | 1) 450 Rutecki, Nick      | 2) 437 Holloway, Christopher |         |
|   | 3) 441 Miller, Jesse      | 4) 447 Parker, Christian     |         |
|   | 5) 456 Woodby, Robin      | 6) 426 Bunton, Andre         |         |

**Event 425 Girls 1600 Meter Run 1A-2A-3A**

Saturday 5/22/2010 - 1:10 PM

.SAA Champ's: 5:18.10 5/23/2009 Kailey Wilson

Season Best: 5:20.85 Kailey Wilson

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|   |                       |                 |         |
|---|-----------------------|-----------------|---------|
| 1 | 475 Wilson, Kailey    | Kenny Lake      | 5:22.04 |
| 2 | 656 Barnwell, Alison  | Seward          | 5:27.54 |
| 3 | 329 Applegate, Mariah | Grace Christian | 5:38.14 |
| 4 | 543 Fifield, Macala   | Monroe Catholic | 5:43.43 |
| 5 | 698 Jensen, Amanda    | Skagway         | 5:44.19 |
| 6 | 701 Surdyk, Kaitlyn   | Skagway         | 5:47.19 |
| 7 | 163 Winkler, Anitra   | Cantwell        | 5:52.14 |
| 8 | 331 Boyles, Monae     | Grace Christian | 5:56.04 |

**Event 426 Girls 1600 Meter Run 4A**

Saturday 5/22/2010 - 1:20 PM

.SAA Champ's: 4:55.89 2003 Kris Smith

Season Best: 5:14.00 Ivy O'Guinn

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|    |                       |                 |         |
|----|-----------------------|-----------------|---------|
| 1  | 709 O'Guinn, Ivy      | Skyview         | 5:15.97 |
| 2  | 482 Bethea, Jaymi     | Kodiak          | 5:23.56 |
| 3  | 511 Edic, Megan       | Lathrop         | 5:24.78 |
| 4  | 767 Yanoshek, Kelly   | South Anchorage | 5:25.26 |
| 5  | 755 Minge, Emma       | South Anchorage | 5:25.66 |
| 6  | 801 Ford, Jenna       | Wasilla         | 5:26.13 |
| 7  | 749 Kirk, Stephanie   | South Anchorage | 5:26.19 |
| 8  | 175 Hartke, Samantha  | Chugiak         | 5:26.46 |
| 9  | 435 Francis, Leah     | Juneau-Douglas  | 5:26.48 |
| 10 | 239 Freistone, Sarah  | Dimond          | 5:28.64 |
| 11 | 855 Callahan, Molly   | West Valley     | 5:30.40 |
| 12 | 763 Vania, Merielle   | South Anchorage | 5:30.53 |
| 13 | 744 Culver, Katherine | South Anchorage | 5:33.86 |
| 14 | 581 Schmitz, Christi  | North Pole      | 5:34.38 |
| 15 | 244 Hennessy, Amelia  | Dimond          | 5:34.78 |
| 16 | 751 Mahlen, Tsaina    | South Anchorage | 5:35.82 |

**Event 427 Boys 1600 Meter Run 1A-2A-3A**

Saturday 5/22/2010 - 1:30 PM

.SAA Champ's: 4:27.95 5/23/2009 Jacob Kirk

Season Best: 4:26.30 Jacob Kirk

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|   |                       |                 |         |
|---|-----------------------|-----------------|---------|
| 1 | 343 Kirk, Jacob       | Grace Christian | 4:37.10 |
| 2 | 330 Arnold, Andrew    | Grace Christian | 4:38.14 |
| 3 | 704 Weber, Quinn      | Skagway         | 4:40.60 |
| 4 | 664 Gillespie, Austin | Seward          | 4:41.54 |
| 5 | 345 Klein, John       | Grace Christian | 4:43.94 |
| 6 | 218 Ionashku, Andrey  | Delta Junction  | 4:44.14 |
| 7 | 211 Holly, Josh       | Cook Inlet      | 4:47.84 |
| 8 | 474 Leahy, Daniel     | Kenny Lake      | 4:52.08 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 428 Boys 1600 Meter Run 4A****Saturday 5/22/2010 - 1:40 PM**

.SAA Champ's: 4:13.0h 1985      Doug Herron  
 Season Best: 4:22.29      Silas Talbot

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|    |                        |                 |         |
|----|------------------------|-----------------|---------|
| 1  | 645 Talbot, Silas      | Service         | 4:22.29 |
| 2  | 840 Roelle, Hans       | West Anchorage  | 4:28.48 |
| 3  | 647 Walgren, Robert    | Service         | 4:28.60 |
| 4  | 480 Anthony, Dylan     | Kodiak          | 4:29.31 |
| 5  | 632 Lane, Jani         | Service         | 4:34.52 |
| 6  | 573 DeWilde, Gavin     | North Pole      | 4:35.81 |
| 7  | 519 Hanson, Kyle       | Lathrop         | 4:36.10 |
| 8  | 602 Mangelsdorf, Wylie | Palmer          | 4:36.70 |
| 9  | 746 Huffman, Mason     | South Anchorage | 4:37.42 |
| 10 | 290 Knapp, Nathaniel   | East Anchorage  | 4:40.99 |
| 11 | 874 Leder, James       | West Valley     | 4:42.62 |
| 12 | 743 Brewster, Brandon  | South Anchorage | 4:43.68 |
| 13 | 487 Deer, Nathan       | Kodiak          | 4:44.82 |
| 14 | 268 King, Brandon      | Eagle River     | 4:45.63 |
| 15 | 502 Osowski, James     | Kodiak          | 4:45.74 |
| 16 | 428 Bursell, Zachary   | Juneau-Douglas  | 4:47.53 |

**Event 429 Girls 4x100 Meter Relay 1A-2A-3A****Saturday 5/22/2010 - 1:50 PM**

.SAA Champ's: 52.83 5/23/2009      Anchorage Christian  
 R Senko, J Bennett, L Anderson, C Bennett

Season Best: 54.54      Anchorage Christian

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|    |                        |    |                        |
|----|------------------------|----|------------------------|
| 1  | Seward                 | A  | 57.32                  |
| 1) | 663 Erchinger, Neeka   | 2) | 655 Atherton, Kristina |
| 3) | 665 Herbert, Maggie    | 4) | 659 Campbell, Maddy    |
| 5) | 653 Adelman, Tessa     | 6) | 671 Sefton, Kelley     |
| 2  | Eielson                | A  | 56.39                  |
| 1) | 304 Armour, Andie      | 2) | 305 Belt, Mallorie     |
| 3) | 307 Boyd, Taylor       | 4) | 316 Murttiff, Mickey   |
| 5) | 320 Son, Kaylin        | 6) | 323 Williams, Jazzmyn  |
| 3  | Cook Inlet             | A  | 55.68                  |
| 1) | 207 Arneson, Sadie     | 2) | 208 Bauder, Lauren     |
| 3) | 210 Davidson, Cara     | 4) | 209 Bauder, Megan      |
| 4  | Grace Christian        | A  | 56.18                  |
| 1) | 353 Sutton, Jenna      | 2) | 332 Cresap, Sarah      |
| 3) | 348 Price, Blair       | 4) | 340 Ihde, Sarah        |
| 5) | 354 Trujillo, Anna     | 6) | 356 Tulip, Anna        |
| 5  | Monroe Catholic        | A  | 56.46                  |
| 1) | 541 Clark, Monica      | 2) | 537 Barnard, Kirsten   |
| 3) | 548 Lundgren, Talia    | 4) | 544 Gavora, Alexis     |
| 5) | 552 Smith, Anne        |    |                        |
| 6  | Haines                 | A  | 58.08                  |
| 1) | 378 St. Clair, Jackie  | 2) | 363 Bower, Esther      |
| 3) | 377 Smalley, Amanda    | 4) | 365 Daly, Fran         |
| 5) | 371 Lynch, Teolani     | 6) | 367 Giddings, Jess     |
| 7  | Anch. Christian        | A  | 58.13                  |
| 1) | 126 Thibodeaux, Briana | 2) | 120 Quinlan, Callie    |
| 3) | 127 Thompson, Krystal  | 4) | 112 Hughes, Kylie      |
| 5) | 105 Bennett, Jenelle   | 6) | 101 Anderson, Leisha   |
| 8  | Her. Christian         | A  | 58.66                  |
| 1) | 392 Railing, Emily     | 2) | 391 Parrott, Brittany  |
| 3) | 394 Scott, Kali        | 4) | 384 Anderson, Jessica  |
| 5) | 387 Halsey, Abby       |    |                        |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 430 Girls 4x100 Meter Relay 4A**

Saturday 5/22/2010 - 2:00 PM

.SAA Champ's: 49.77 2005 East Anchorage  
Black, Preston, Smith, Vanzant

Season Best: 50.41 Bartlett

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                             |                                |       |
|---|-----------------------------|--------------------------------|-------|
| 1 | Palmer                      | A                              | 52.95 |
|   | 1) 605 Nuernberg, Monica    | 2) 591 Blake, Taylor           |       |
|   | 3) 614 VanHoomissen, Jamie  | 4) 598 Houchen, Sarah          |       |
|   | 5) 589 Acker, Shanara       | 6) 616 Whitfield, Tress        |       |
| 2 | Dimond                      | A                              | 51.45 |
|   | 1) 233 Bozeman, Jaley       | 2) 257 Sweet, MiCall           |       |
|   | 3) 248 Jackson, Kimmy       | 4) 259 Todd, Jessica           |       |
|   | 5) 249 Jones, Alyssa        | 6) 230 Bagsby, Symphony        |       |
| 3 | Bartlett                    | A                              | 50.41 |
|   | 1) 144 Jackson, Rayana      | 2) 156 Tillmon, Jessica        |       |
|   | 3) 161 Young, Kayla         | 4) 157 Walker, Brittany        |       |
|   | 5) 148 Little, Destiny      | 6) 154 Smith, Rosie            |       |
| 4 | Service                     | A                              | 50.96 |
|   | 1) 643 Smelker, Jordan      | 2) 644 Souders, Hannah         |       |
|   | 3) 625 Ferguson, Shaai      | 4) 652 Zanders, Katelynn       |       |
|   | 5) 642 Serrano, Gaby        | 6) 630 Honeycutt, Alyssa       |       |
| 5 | East Anchorage              | A                              | 51.46 |
|   | 1) 295 Phillips, Ashanti    | 2) 296 Reagle, Josephine       |       |
|   | 3) 276 Butler, Synclaire    | 4) 285 Gardner, Amber          |       |
|   | 5) 275 Bell, Ciera          | 6) 291 Leier, Alyssa           |       |
| 6 | Soldotna                    | A                              | 53.39 |
|   | 1) 724 Gordon, Megan        | 2) 725 Hamilton, Alicia        |       |
|   | 3) 733 Nolden, Jelly        | 4) 737 Sperber, Kaiti          |       |
|   | 5) 739 Ulen, Mariah         | 6) 738 Tice, Olivia            |       |
| 7 | Juneau-Douglas              | A                              | 53.93 |
|   | 1) 443 Neary, Iris          | 2) 448 Rieselbach, Maya        |       |
|   | 3) 453 Sharp, Samantha      | 4) 454 Siddeek, Esra           |       |
|   | 5) 433 Cumlat, Jean         | 6) 436 Highley, Mercedes (Anr) |       |
| 8 | Lathrop                     | A                              | 55.92 |
|   | 1) 529 Spencer, Dominique   | 2) 518 Glaeser, Britt          |       |
|   | 3) 513 Fitzgerald, Keri-Lyn | 4) 512 Farnham, Nicole         |       |
|   | 5) 524 Oba, Elli            | 6) 528 Sloat, Alex             |       |

**Event 431 Boys 4x100 Meter Relay 1A-2A-3A**

Saturday 5/22/2010 - 2:10 PM

.SAA Champ's: 47.11 5/23/2009 Grace Christian  
M Dockter, C Davis, J Hansen, L Turner

Season Best: 47.31 Grace Christian

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                               |                         |       |
|---|-------------------------------|-------------------------|-------|
| 1 | Anch. Christian               | A                       | 49.59 |
|   | 1) 123 Scott, Ryan            | 2) 102 Bahnke, Brandon  |       |
|   | 3) 122 Rosier, Radhames       | 4) 117 McKoy, BJ        |       |
|   | 5) 121 Richwine, Aaron        | 6) 111 Garner, Kaylon   |       |
| 2 | Eielson                       | A                       | 49.36 |
|   | 1) 321 Sprankle, Jacob        | 2) 317 Schneider, Codi  |       |
|   | 3) 309 Davis, Kevon           | 4) 310 Ellsworth, Tyler |       |
|   | 5) 319 Smith, Shawn           | 6) 314 Kincade, Jovante |       |
| 3 | Su Valley                     | A                       | 47.31 |
|   | 1) 770 Figley, Dylan          | 2) 772 Kelly, Bill      |       |
|   | 3) 775 Nysewander-Kellard, Ni | 4) 783 Timmers, Steen   |       |
|   | 5) 773 Kidd, Saber            |                         |       |
| 4 | Seward                        | A                       | 48.52 |
|   | 1) 670 Pullins, Evan          | 2) 654 Atherton, Jesse  |       |
|   | 3) 673 Sorenson, Aaron        | 4) 658 Buchanan, Jeff   |       |
|   | 5) 674 Willis, Jacob          | 6) 672 Smith, Dezi      |       |
| 5 | Grace Christian               | A                       | 49.54 |
|   | 1) 335 Dockter, Matthew       | 2) 344 Klein, Jeremiah  |       |
|   | 3) 339 Hickok, Ryan           | 4) 350 Sears, Brian     |       |
|   | 5) 337 Fischbach, Johnny      | 6) 347 Metcalf, Quinton |       |
| 6 | Haines                        | A                       | 50.01 |
|   | 1) 381 Thomson, Jimmy         | 2) 360 Badger, Austin   |       |
|   | 3) 379 Taylor, Caullen        | 4) 369 Huntsman, Brian  |       |
|   | 5) 374 Piper, Jesse           | 6) 380 Thomas, Tyler    |       |
| 7 | Sitka                         | A                       | 52.54 |
|   | 1) 687 Partido, Johnny        | 2) 680 Forrester, Cody  |       |
|   | 3) 677 Davis, Darin           | 4) 691 Reeder, Gordon   |       |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 432 Boys 4x100 Meter Relay 4A**

Saturday 5/22/2010 - 2:20 PM

.SAA Champ's: 43.50 5/20/2006 East Anchorage  
D Wilson, T Knutson, S Sosa, D Wilson

Season Best: 44.40 Bartlett

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

**Section 1 of 1 Finals**

|   |                          |                              |       |
|---|--------------------------|------------------------------|-------|
| 1 | South Anchorage          | A                            | 45.25 |
|   | 1) 742 Bauer, Elliott    | 2) 756 Pessetto, Jared       |       |
|   | 3) 750 MacDowell, Camden | 4) 752 Manneh, Modou         |       |
|   | 5) 613 Turner, Levi      | 6) 760 Sollars, David        |       |
| 2 | Palmer                   | A                            | 44.76 |
|   | 1) 596 Forkner, Chris    | 2) 592 Clement, David        |       |
|   | 3) 603 McCall, James     | 4) 609 Scoresby, John        |       |
|   | 5) 590 Ahrens, Coleman   | 6) 613 Turner, Levi          |       |
| 3 | Bartlett                 | A                            | 44.40 |
|   | 1) 133 Chenault, Cyrus   | 2) 158 Watts, Marcus         |       |
|   | 3) 160 Yates, Jacob      | 4) 136 Daly, John            |       |
|   | 5) 135 Curtis, Adam      | 6) 141 Hale, Jamal           |       |
| 4 | East Anchorage           | A                            | 44.45 |
|   | 1) 278 Canady, Emanuel   | 2) 294 Nichols, Myles        |       |
|   | 3) 287 Holley, Caleb     | 4) 292 Lopez, NaVarr         |       |
|   | 5) 279 Cox, DaMarcus     | 6) 288 Holley, Quintavis     |       |
| 5 | North Pole               | A                            | 44.95 |
|   | 1) 577 Jones, Lee        | 2) 576 Isaacson, Jared       |       |
|   | 3) 585 Ward, Jesse       | 4) 571 Anderson, Frankie     |       |
|   | 5) 572 Arnold, Mike      | 6) 579 Markie, Chris         |       |
| 6 | Dimond                   | A                            | 45.42 |
|   | 1) 242 Gray, Darrion     | 2) 252 Nasir, Ahmad          |       |
|   | 3) 260 Tufaga, Armani    | 4) 262 Watson, Dominique     |       |
|   | 5) 235 Carney, Frank     | 6) 250 Malamon, Nathachai    |       |
| 7 | West Valley              | A                            | 45.50 |
|   | 1) 852 Billesbach, Alex  | 2) 857 Clark, Willie         |       |
|   | 3) 891 Vealy, Will       | 4) 848 Anderson, Dominick    |       |
|   | 5) 861 Fairbanks, Jared  | 6) 865 Harrington, Alex      |       |
| 8 | Juneau-Douglas           | A                            | 48.18 |
|   | 1) 430 Chapman, Zane     | 2) 437 Holloway, Christopher |       |
|   | 3) 447 Parker, Christian | 4) 441 Miller, Jesse         |       |
|   | 5) 456 Woodby, Robin     | 6) 432 Cordero, Samuel       |       |

**Event 433 Girls 400 Meter Dash 1A-2A-3A**

Saturday 5/22/2010 - 2:30 PM

.SAA Champ's: 1:01.11 5/23/2009 Britney Anderson  
Season Best: 1:02.13 Gabriella Serventi

| Lane Name | School | Seed Time |
|-----------|--------|-----------|
|-----------|--------|-----------|

**Section 1 of 1 Finals**

|   |                         |                 |         |
|---|-------------------------|-----------------|---------|
| 1 | 356 Tulip, Anna         | Grace Christian | 1:05.11 |
| 2 | 125 Simmers, Debbiey    | Anch. Christian | 1:04.58 |
| 3 | 351 Serventi, Gabriella | Grace Christian | 1:02.13 |
| 4 | 348 Price, Blair        | Grace Christian | 1:04.50 |
| 5 | 209 Bauder, Megan       | Cook Inlet      | 1:04.72 |
| 6 | 665 Herbert, Maggie     | Seward          | 1:05.16 |
| 7 | 686 Medinger, Kathryn   | Sitka           | 1:05.26 |
| 8 | 550 Schreder, Megan     | Monroe Catholic | 1:09.17 |

**Event 434 Girls 400 Meter Dash 4A****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Friday 5/21/2010 - 1:50 PM

.SAA Champ's: 57.14 5/20/2006 Andrea Crook  
Season Best: 56.84 Lierin Flanagan

| Lane Name | School | Seed Time |
|-----------|--------|-----------|
|-----------|--------|-----------|

**Heat 1 of 2 Prelims**

|   |                         |                 |         |
|---|-------------------------|-----------------|---------|
| 1 | 851 Ashmore, Lawjen     | West Valley     | 1:01.59 |
| 2 | 458 Beeson, Bailey      | Kenai           | 1:00.24 |
| 3 | 230 Bagsby, Symphony    | Dimond          | 59.08   |
| 4 | 129 Bick, Susan         | Bartlett        | 59.60   |
| 5 | 259 Todd, Jessica       | Dimond          | 1:00.36 |
| 6 | 489 Ernest, Selma       | Kodiak          | 1:01.97 |
| 7 | 761 Stophlet, Catherine | South Anchorage | 1:02.61 |
| 8 | 181 Matthis, MacKenzie  | Chugiak         | 1:02.68 |

**Heat 2 of 2 Prelims**

|   |                            |                |         |
|---|----------------------------|----------------|---------|
| 1 | 507 Angell, Christine      | Lathrop        | 1:01.27 |
| 2 | 296 Reagle, Josephine      | East Anchorage | 59.83   |
| 3 | 461 Flanagan, Lierin       | Kenai          | 58.03   |
| 4 | 797 Dampier, Morgan        | Wasilla        | 59.64   |
| 5 | 246 Imig, Madison          | Dimond         | 1:01.16 |
| 6 | 731 Mucha, Bree            | Soldotna       | 1:02.05 |
| 7 | 587 Wood, Sam              | North Pole     | 1:02.54 |
| 8 | 427 Burger-Pothier, Lillia | Juneau-Douglas | 1:04.33 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 437 Boys 400 Meter Dash 1A-2A-3A**

Saturday 5/22/2010 - 2:50 PM

.SAA Champ's: 49.82 5/23/2009 Travis Price  
 Season Best: 52.77 Mickey Wilson

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Section 1 of 1 Finals**

|   |                        |                 |  |       |
|---|------------------------|-----------------|--|-------|
| 1 | 683 Gillespie, Arnold  | Sitka           |  | 55.05 |
| 2 | 334 Dillon, Joseph     | Grace Christian |  | 53.41 |
| 3 | 705 Wilson, Mickey     | Skagway         |  | 52.77 |
| 4 | 388 Hanks, Pete        | Her. Christian  |  | 53.27 |
| 5 | 657 Buchanan, Andrew   | Seward          |  | 54.49 |
| 6 | 790 Talerico, Jonathan | Tri Valley      |  | 55.27 |
| 7 | 212 Bialik, Josh       | Delta Junction  |  | 56.22 |
| 8 | 569 Head, Jeremy       | Nome            |  | NT    |

**Event 438 Boys 400 Meter Dash 4A****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Friday 5/21/2010 - 2:00 PM

.SAA Champ's: 47.78 5/26/2007 Ethan Hewitt  
 Season Best: 49.97 J. J. Jack-Nixon

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Heat 1 of 2 Prelims**

|   |                        |                 |  |       |
|---|------------------------|-----------------|--|-------|
| 1 | 490 Fogle, Jordan      | Kodiak          |  | 52.62 |
| 2 | 636 Mamikunian, Connor | Service         |  | 51.21 |
| 3 | 760 Sollars, David     | South Anchorage |  | 50.33 |
| 4 | 131 Brunson, Daquon    | Bartlett        |  | 50.41 |
| 5 | 585 Ward, Jesse        | North Pole      |  | 51.90 |
| 6 | 734 Schneider, Colton  | Soldotna        |  | 52.71 |
| 7 | 521 Kornkven, Ryer     | Lathrop         |  | 53.72 |
| 8 | 450 Rutecki, Nick      | Juneau-Douglas  |  | 53.87 |

**Heat 2 of 2 Prelims**

|   |                      |                |  |       |
|---|----------------------|----------------|--|-------|
| 1 | 497 McFarlin, Riley  | Kodiak         |  | 52.52 |
| 2 | 271 Owolabi, John    | Eagle River    |  | 51.03 |
| 3 | 247 Jack-Nixon, J.J. | Dimond         |  | 49.97 |
| 4 | 192 Jaronik, Matt    | Colony         |  | 50.85 |
| 5 | 812 Owens, Taylor    | Wasilla        |  | 52.22 |
| 6 | 500 Nymeyer, Caleb   | Kodiak         |  | 53.16 |
| 7 | 284 Ebert, Kai       | East Anchorage |  | 53.24 |
| 8 | 576 Isaacson, Jared  | North Pole     |  | 53.94 |

**Event 441 Girls 300 Meter Hurdles 1A-2A-3A**

Saturday 5/22/2010 - 3:15 PM

.SAA Champ's: 48.51 5/23/2009 Amie Smithwick  
 Season Best: 51.44 Karley Madren

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Section 1 of 1 Finals**

|   |                        |                 |  |       |
|---|------------------------|-----------------|--|-------|
| 1 | 893 Esbenshade, Tina   | Yakutat         |  | 55.24 |
| 2 | 539 Bennett, Lizzy     | Monroe Catholic |  | 52.10 |
| 3 | 116 Madren, Karley     | Anch. Christian |  | 51.44 |
| 4 | 332 Cresap, Sarah      | Grace Christian |  | 51.62 |
| 5 | 655 Atherton, Kristina | Seward          |  | 55.09 |
| 6 | 342 Karlberg, Hannah   | Grace Christian |  | 57.17 |
| 7 | 320 Son, Kaylin        | Eielson         |  | 57.45 |
| 8 | 778 Stahl, Laura       | Su Valley       |  | 57.59 |

**Event 442 Girls 300 Meter Hurdles 4A****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Friday 5/21/2010 - 2:15 PM

.SAA Champ's: 44.93 1994 Lara Kelly  
 Season Best: 45.79 Rosie Smith

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Heat 1 of 2 Prelims**

|   |                       |                |  |       |
|---|-----------------------|----------------|--|-------|
| 1 | 145 Kiyutelluk, Robin | Bartlett       |  | 50.33 |
| 2 | 261 Vaitohi, Mary     | Dimond         |  | 48.35 |
| 3 | 452 Sharp, Emily      | Juneau-Douglas |  | 47.63 |
| 4 | 739 Ulen, Mariah      | Soldotna       |  | 47.66 |
| 5 | 263 Wilcox, Cara      | Dimond         |  | 49.48 |
| 6 | 453 Sharp, Samantha   | Juneau-Douglas |  | 50.34 |
| 7 | 194 Johansen, Siobhan | Colony         |  | 51.06 |
| 8 | 707 Hollers, Elisha   | Skyview        |  | 51.70 |

**Heat 2 of 2 Prelims**

|   |                          |                 |  |       |
|---|--------------------------|-----------------|--|-------|
| 1 | 634 LeClaire, Scottie Su | Service         |  | 50.22 |
| 2 | 237 Engel, Keiahnna      | Dimond          |  | 48.18 |
| 3 | 154 Smith, Rosie         | Bartlett        |  | 45.79 |
| 4 | 460 DeVito, Shaynee      | Kenai           |  | 47.69 |
| 5 | 887 Rorabaugh, Marisa    | West Valley     |  | 49.90 |
| 6 | 741 Bassler, Lauren      | South Anchorage |  | 50.60 |
| 7 | 289 Inch, Deven          | East Anchorage  |  | 50.62 |
| 8 | 869 Jackson, Sarah       | West Valley     |  | 51.87 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 445 Boys 300 Meter Hurdles 1A-2A-3A**

Saturday 5/22/2010 - 3:30 PM

.SAA Champ's: 40.81 5/23/2009 Dylan Beck  
 Season Best: 43.09 Quinton Metcalf

| Lane                         | Name                  | School          | Seed | Time  |
|------------------------------|-----------------------|-----------------|------|-------|
| <b>Section 1 of 1 Finals</b> |                       |                 |      |       |
| 1                            | 312 Hamilton, Antonio | Eielson         |      | 45.26 |
| 2                            | 108 Charters, Luke    | Anch. Christian |      | 44.49 |
| 3                            | 347 Metcalf, Quinton  | Grace Christian |      | 43.09 |
| 4                            | 106 Brandon, Daniel   | Anch. Christian |      | 43.77 |
| 5                            | 679 Dunn, Keefer      | Sitka           |      | 45.09 |
| 6                            | 673 Sorenson, Aaron   | Seward          |      | 45.84 |
| 7                            | 675 Carroll, Josh     | Sitka           |      | 46.29 |
| 8                            | 563 Covey, Dillon     | Ninilchik       |      | 46.45 |

**Event 446 Boys 300 Meter Hurdles 4A**

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/21/2010 - 2:30 PM

.SAA Champ's: 38.9h 1991 Nathan Moffett  
 Season Best: 40.62 Elliott Bauer

| Lane                       | Name                 | School          | Seed | Time  |
|----------------------------|----------------------|-----------------|------|-------|
| <b>Heat 1 of 2 Prelims</b> |                      |                 |      |       |
| 1                          | 486 Davidson, Chaven | Kodiak          |      | 42.97 |
| 2                          | 251 McCloskey, Mason | Dimond          |      | 41.90 |
| 3                          | 503 Schick, Karsten  | Kodiak          |      | 40.82 |
| 4                          | 160 Yates, Jacob     | Bartlett        |      | 41.12 |
| 5                          | 651 Wilson, Travis   | Service         |      | 42.27 |
| 6                          | 839 Pena, Pedro      | West Anchorage  |      | 43.13 |
| 7                          | 530 Tippett, Colin   | Lathrop         |      | 43.46 |
| 8                          | 462 Hull, AJ         | Kenai           |      | 43.54 |
| <b>Heat 2 of 2 Prelims</b> |                      |                 |      |       |
| 1                          | 492 Gilbert, Michael | Kodiak          |      | 42.95 |
| 2                          | 201 Niver, Blake     | Colony          |      | 41.80 |
| 3                          | 742 Bauer, Elliott   | South Anchorage |      | 40.62 |
| 4                          | 188 Bricker, Anthony | Colony          |      | 41.74 |
| 5                          | 594 Day, Joe         | Palmer          |      | 42.32 |
| 6                          | 236 Corr, John       | Dimond          |      | 43.17 |
| 7                          | 639 Oen, Johnathon   | Service         |      | 43.27 |
| 8                          | 477 Credito, Carlo   | Ketchikan       |      | 45.29 |

**Event 449 Girls 800 Meter Run 1A-2A-3A**

Saturday 5/22/2010 - 3:50 PM

.SAA Champ's: 2:25.41 5/23/2009 Kailey Wilson  
 Season Best: 2:25.75 Lizzy Bennett

| Lane                         | Name                  | School          | Seed | Time    |
|------------------------------|-----------------------|-----------------|------|---------|
| <b>Section 1 of 1 Finals</b> |                       |                 |      |         |
| 1                            | 539 Bennett, Lizzy    | Monroe Catholic |      | 2:29.96 |
| 2                            | 475 Wilson, Kailey    | Kenny Lake      |      | 2:30.71 |
| 3                            | 656 Barnwell, Alison  | Seward          |      | 2:31.14 |
| 4                            | 333 Davis, BethAnne   | Grace Christian |      | 2:32.02 |
| 5                            | 686 Medinger, Kathryn | Sitka           |      | 2:33.64 |
| 6                            | 701 Surdyk, Kaitlyn   | Skagway         |      | 2:36.13 |
| 7                            | 780 Stevenson, Bailey | Su Valley       |      | 2:36.48 |
| 8                            | 698 Jensen, Amanda    | Skagway         |      | 2:37.89 |

**Event 450 Girls 800 Meter Run 4A**

8 Advance: Top 4 Each Heat plus Next 0 Best Times

Friday 5/21/2010 - 2:45 PM

.SAA Champ's: 2:14.56 2003 Kris Smith  
 Season Best: 2:15.06 Morgan Dampier

| Lane                       | Name                    | School          | Seed | Time    |
|----------------------------|-------------------------|-----------------|------|---------|
| <b>Heat 1 of 2 Prelims</b> |                         |                 |      |         |
| 1                          | 709 O'Guinn, Ivy        | Skyview         |      | 2:17.31 |
| 2                          | 841 Roelle, Rachel      | West Anchorage  |      | 2:25.73 |
| 3                          | 466 Mucha, Kailey       | Kenai           |      | 2:27.32 |
| 4                          | 495 Ivanoff, Chloe      | Kodiak          |      | 2:27.69 |
| 5                          | 482 Bethea, Jaymi       | Kodiak          |      | 2:29.14 |
| 6                          | 514 Fitzgerald, Kim     | Lathrop         |      | 2:29.47 |
| 7                          | 755 Minge, Emma         | South Anchorage |      | 2:30.10 |
| 8                          | 886 Rorabaugh, Eliza    | West Valley     |      | 2:32.59 |
| <b>Heat 2 of 2 Prelims</b> |                         |                 |      |         |
| 1                          | 797 Dampier, Morgan     | Wasilla         |      | 2:15.06 |
| 2                          | 263 Wilcox, Cara        | Dimond          |      | 2:26.16 |
| 3                          | 264 Wray, Nikki         | Dimond          |      | 2:26.26 |
| 4                          | 749 Kirk, Stephanie     | South Anchorage |      | 2:28.21 |
| 5                          | 197 Michaelson, Audrey  | Colony          |      | 2:28.42 |
| 6                          | 650 Wheatall, Elizabeth | Service         |      | 2:29.81 |
| 7                          | 794 Clump, Keri         | Wasilla         |      | 2:29.94 |
| 8                          | 582 Schmitz, Kelly      | North Pole      |      | 2:35.10 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**  
**Meet Program**

**Event 453 Boys 800 Meter Run 1A-2A-3A**

Saturday 5/22/2010 - 4:05 PM

.SAA Champ's: 1:59.66 5/23/2009 Travis Price  
Season Best: 2:00.39 Jacob Kirk

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|   |                      |                 |         |
|---|----------------------|-----------------|---------|
| 1 | 343 Kirk, Jacob      | Grace Christian | 2:00.39 |
| 2 | 660 Chase, Brett     | Seward          | 2:02.02 |
| 3 | 211 Holly, Josh      | Cook Inlet      | 2:06.33 |
| 4 | 330 Arnold, Andrew   | Grace Christian | 2:07.13 |
| 5 | 218 Ionashku, Andrey | Delta Junction  | 2:08.65 |
| 6 | 345 Klein, John      | Grace Christian | 2:09.16 |
| 7 | 705 Wilson, Mickey   | Skagway         | 2:09.70 |
| 8 | 704 Weber, Quinn     | Skagway         | 2:10.95 |

**Event 454 Boys 800 Meter Run 4A****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Friday 5/21/2010 - 2:55 PM

.SAA Champ's: 1:49.2h 1985 Doug Herron  
Season Best: 1:56.61 Silas Talbot

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Heat 1 of 2 Prelims**

|   |                     |         |         |
|---|---------------------|---------|---------|
| 1 | 647 Walgren, Robert | Service | 2:00.28 |
| 2 | 464 Kiefer, Billy   | Kenai   | 2:00.49 |
| 3 | 632 Lane, Jani      | Service | 2:03.14 |
| 4 | 519 Hanson, Kyle    | Lathrop | 2:03.40 |
| 5 | 189 Enloe, Tanner   | Colony  | 2:04.90 |
| 6 | 179 Kveseth, Chris  | Chugiak | 2:06.41 |
| 7 | 627 Goodman, Dane   | Service | 2:08.69 |
| 8 | 487 Deer, Nathan    | Kodiak  | 2:08.99 |

**Heat 2 of 2 Prelims**

|   |                        |                |         |
|---|------------------------|----------------|---------|
| 1 | 840 Roelle, Hans       | West Anchorage | 1:59.77 |
| 2 | 480 Anthony, Dylan     | Kodiak         | 2:01.34 |
| 3 | 573 DeWilde, Gavin     | North Pole     | 2:03.00 |
| 4 | 826 Chenier, Trey      | West Anchorage | 2:04.24 |
| 5 | 602 Mangelsdorf, Wylie | Palmer         | 2:04.55 |
| 6 | 502 Osowski, James     | Kodiak         | 2:06.78 |
| 7 | 604 Minturn, Mason     | Palmer         | 2:08.64 |
| 8 | 455 Walker, Dawson     | Juneau-Douglas | 2:09.52 |

**Event 457 Girls 200 Meter Dash 1A-2A-3A**

Saturday 5/22/2010 - 4:25 PM

.SAA Champ's: 27.13 5/23/2009 Lexy Siefert  
Season Best: 26.79 Gabriella Serventi

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Section 1 of 1 Finals**

|   |                         |                 |       |
|---|-------------------------|-----------------|-------|
| 1 | 207 Arneson, Sadie      | Cook Inlet      | 28.92 |
| 2 | 892 Esbenshade, Ellen   | Yakutat         | 28.39 |
| 3 | 351 Serventi, Gabriella | Grace Christian | 27.69 |
| 4 | 104 Bennett, Chantell   | Anch. Christian | 28.07 |
| 5 | 420 Garrett, Jakeera    | Hutchison       | 28.54 |
| 6 | 340 Ihde, Sarah         | Grace Christian | 29.04 |
| 7 | 101 Anderson, Leisha    | Anch. Christian | 29.41 |
| 8 | 776 Scott, Missy        | Su Valley       | 29.64 |

**Event 458 Girls 200 Meter Dash 4A****8 Advance: Top 4 Each Heat plus Next 0 Best Times**

Friday 5/21/2010 - 3:10 PM

.SAA Champ's: 25.1h 1982 Yvette Ervin  
Season Best: 25.99 Lierin Flanagan

| Lane | Name | School | Seed Time |
|------|------|--------|-----------|
|------|------|--------|-----------|

**Heat 1 of 2 Prelims**

|   |                        |             |       |
|---|------------------------|-------------|-------|
| 1 | 257 Sweet, MiCall      | Dimond      | 27.78 |
| 2 | 506 Allen, Alisha      | Lathrop     | 27.40 |
| 3 | 803 Harris, Dajanae    | Wasilla     | 26.11 |
| 4 | 625 Ferguson, Shaai    | Service     | 26.81 |
| 5 | 233 Bozeman, Jaley     | Dimond      | 27.66 |
| 6 | 489 Ernest, Selma      | Kodiak      | 28.09 |
| 7 | 871 Kennedy, Jaime     | West Valley | 28.44 |
| 8 | 181 Matthis, MacKenzie | Chugiak     | 28.50 |

**Heat 2 of 2 Prelims**

|   |                       |                |       |
|---|-----------------------|----------------|-------|
| 1 | 816 Schleich, Cori    | Wasilla        | 27.78 |
| 2 | 157 Walker, Brittany  | Bartlett       | 27.35 |
| 3 | 461 Flanagan, Lierin  | Kenai          | 25.99 |
| 4 | 148 Little, Destiny   | Bartlett       | 26.95 |
| 5 | 174 Harter, Kendra    | Chugiak        | 27.71 |
| 6 | 706 Cooper, Paris     | Skyview        | 28.10 |
| 7 | 882 Oates, Jacqueline | West Valley    | 28.11 |
| 8 | 454 Siddeek, Esra     | Juneau-Douglas | 29.02 |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Meet Program****Event 461 Boys 200 Meter Dash 1A-2A-3A****Saturday 5/22/2010 - 4:40 PM****.SAA Champ's: 24.35 5/23/2009 Shane Cawley****Season Best: 23.74 Brian Sears**

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Section 1 of 1 Finals**

|   |                         |                 |  |       |
|---|-------------------------|-----------------|--|-------|
| 1 | 676 Clement, Chris      | Sitka           |  | 24.71 |
| 2 | 347 Metcalf, Quinton    | Grace Christian |  | 24.38 |
| 3 | 775 Nysewander-Kellard, | Su Valley       |  | 24.04 |
| 4 | 128 Williams, Ryan      | Anch. Christian |  | 24.36 |
| 5 | 772 Kelly, Bill         | Su Valley       |  | 24.62 |
| 6 | 350 Sears, Brian        | Grace Christian |  | 24.78 |
| 7 | 559 Parrish, Sayyid     | Nikiski         |  | 24.93 |
| 8 | 217 Herman, Charlie     | Delta Junction  |  | 25.17 |

**Event 462 Boys 200 Meter Dash 4A****8 Advance: Top 4 Each Heat plus Next 0 Best Times****Friday 5/21/2010 - 3:20 PM****.SAA Champ's: 21.99 1995 Joel Knight****Season Best: 22.67 J. J. Jack-Nixon**

| Lane | Name | School | Seed | Time |
|------|------|--------|------|------|
|------|------|--------|------|------|

**Heat 1 of 2 Prelims**

|   |                       |                 |  |       |
|---|-----------------------|-----------------|--|-------|
| 1 | 271 Owolabi, John     | Eagle River     |  | 24.02 |
| 2 | 278 Canady, Emanuel   | East Anchorage  |  | 23.47 |
| 3 | 603 McCall, James     | Palmer          |  | 23.03 |
| 4 | 136 Daly, John        | Bartlett        |  | 23.26 |
| 5 | 585 Ward, Jesse       | North Pole      |  | 23.85 |
| 6 | 613 Turner, Levi      | Palmer          |  | 24.05 |
| 7 | 756 Pessetto, Jared   | South Anchorage |  | 24.17 |
| 8 | 571 Anderson, Frankie | North Pole      |  | 24.41 |

**Heat 2 of 2 Prelims**

|   |                       |                 |  |       |
|---|-----------------------|-----------------|--|-------|
| 1 | 192 Jaronik, Matt     | Colony          |  | 23.85 |
| 2 | 609 Scoresby, John    | Palmer          |  | 23.51 |
| 3 | 247 Jack-Nixon, J.J.  | Dimond          |  | 22.67 |
| 4 | 760 Sollars, David    | South Anchorage |  | 23.46 |
| 5 | 497 McFarlin, Riley   | Kodiak          |  | 23.64 |
| 6 | 812 Owens, Taylor     | Wasilla         |  | 24.06 |
| 7 | 479 Meredith, Austin  | Ketchikan       |  | 24.27 |
| 8 | 734 Schneider, Colton | Soldotna        |  | 24.31 |

**Event 465 Girls 4x400 Meter Relay 1A-2A-3A****Saturday 5/22/2010 - 5:00 PM****.SAA Champ's: 4:36.38 5/23/2009 Grace Christian****S Cresap, H Kopp, H Johnson, M Dupea****Season Best: 4:23.30 Grace Christian**

| Lane | Team | Relay | Seed | Time |
|------|------|-------|------|------|
|------|------|-------|------|------|

**Section 1 of 1 Finals**

|    |                         |    |                       |         |
|----|-------------------------|----|-----------------------|---------|
| 1  | Eielson                 | A  |                       | 4:53.40 |
| 1) | 320 Son, Kaylin         | 2) | 304 Armour, Andie     |         |
| 3) | 316 Murtiff, Mickey     | 4) | 307 Boyd, Taylor      |         |
| 5) | 313 Hebert, Ashlynn     | 6) | 305 Belt, Mallorie    |         |
| 2  | Haines                  | A  |                       | 4:43.37 |
| 1) | 371 Lynch, Teolani      | 2) | 370 Jacobson, Anna    |         |
| 3) | 367 Giddings, Jess      | 4) | 376 Rasmussen, Marnie |         |
| 5) | 363 Bower, Esther       | 6) | 378 St. Clair, Jackie |         |
| 3  | Grace Christian         | A  |                       | 4:31.05 |
| 1) | 348 Price, Blair        | 2) | 333 Davis, BethAnne   |         |
| 3) | 329 Applegate, Mariah   | 4) | 332 Cresap, Sarah     |         |
| 5) | 351 Serventi, Gabriella | 6) | 356 Tulip, Anna       |         |
| 4  | Monroe Catholic         | A  |                       | 4:42.76 |
| 1) | 543 Fifield, Macala     | 2) | 551 Schreder, Nicole  |         |
| 3) | 550 Schreder, Megan     | 4) | 539 Bennett, Lizzy    |         |
| 5) | 545 Halvarson, Josie    |    |                       |         |
| 5  | Yakutat                 | A  |                       | 4:45.96 |
| 1) | 895 Wheeler, Justyne    | 2) | 893 Esbenshade, Tina  |         |
| 3) | 892 Esbenshade, Ellen   | 4) | 894 Myers, Hailley    |         |
| 6  | Skagway                 | A  |                       | 4:53.75 |
| 1) | 700 Leverton, Rori      | 2) | 702 Vogel, Avi        |         |
| 3) | 698 Jensen, Amanda      | 4) | 701 Surdyk, Kaitlyn   |         |
| 5) | 696 Doland, Elise       |    |                       |         |
| 7  | Delta Junction          | A  |                       | 4:56.61 |
| 1) | 214 Bynum, Ruby         | 2) | 220 Olsen, Kari       |         |
| 3) | 224 Trainor, Sam        | 4) | 213 Byam, Anna        |         |
| 5) | 219 Ionashku, Tonya     |    |                       |         |
| 8  | Anch. Christian         | A  |                       | 5:05.70 |
| 1) | 127 Thompson, Krystal   | 2) | 120 Quinlan, Callie   |         |
| 3) | 114 James, Olivia       | 4) | 113 Jaconette, Olivia |         |
| 5) | 101 Anderson, Leisha    | 6) | 125 Simmers, Debbie   |         |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Meet Program****Event 466 Girls 4x400 Meter Relay 4A****Saturday 5/22/2010 - 5:10 PM****.SAA Champ's: 4:04.46 5/23/2009 Kenai Central****K Louthan, S DeVito, B Beeson, L Flanagan****Season Best: 4:04.99****Dimond**

| Lane                         | Team                           | Relay                       | Seed Time |
|------------------------------|--------------------------------|-----------------------------|-----------|
| <b>Section 1 of 1 Finals</b> |                                |                             |           |
| 1                            | Bartlett                       | A                           | 4:17.70   |
|                              | 1) 154 Smith, Rosie            | 2) 151 Poole, Jasmine       |           |
|                              | 3) 148 Little, Destiny         | 4) 129 Bick, Susan          |           |
|                              | 5) 145 Kiyutelluk, Robin       | 6) 150 May, Danielle        |           |
| 2                            | Service                        | A                           | 4:16.22   |
|                              | 1) 623 Barrus, Natalie         | 2) 652 Zanders, Katelynn    |           |
|                              | 3) 642 Serrano, Gaby           | 4) 650 Wheattall, Elizabeth |           |
|                              | 5) 634 LeClaire, Scottie Su    | 6) 621 Barleen, Audrey      |           |
| 3                            | Dimond                         | A                           | 4:04.99   |
|                              | 1) 237 Engel, Keiahnna         | 2) 230 Bagsby, Symphony     |           |
|                              | 3) 248 Jackson, Kimmy          | 4) 259 Todd, Jessica        |           |
|                              | 5) 261 Vaitohi, Mary           | 6) 246 Imig, Madison        |           |
| 4                            | Kenai                          | A                           | 4:12.02   |
|                              | 1) 468 Sandahl, Leah           | 2) 460 DeVito, Shaynee      |           |
|                              | 3) 458 Beeson, Bailey          | 4) 461 Flanagan, Lierin     |           |
|                              | 5) 470 Thompson, Sasha         | 6) 466 Mucha, Kailey        |           |
| 5                            | South Anchorage                | A                           | 4:16.55   |
|                              | 1) 767 Yanoshek, Kelly         | 2) 755 Minge, Emma          |           |
|                              | 3) 768 Zakurdaew, Lida         | 4) 761 Stophlet, Catherine  |           |
|                              | 5) 749 Kirk, Stephanie         | 6) 765 Wiita, Cayla         |           |
| 6                            | Palmer                         | A                           | 4:18.50   |
|                              | 1) 615 Whitfield, Morgan       | 2) 616 Whitfield, Tress     |           |
|                              | 3) 617 Winter, Gretchen        | 4) 598 Houchen, Sarah       |           |
|                              | 5) 611 Smith, Kalene           | 6) 599 Johns, Mary          |           |
| 7                            | Juneau-Douglas                 | A                           | 4:26.50   |
|                              | 1) 439 Jackson, Karissa        | 2) 452 Sharp, Emily         |           |
|                              | 3) 427 Burger-Pothier, Lillian | 4) 435 Francis, Leah        |           |
|                              | 5) 454 Siddeek, Esra           | 6) 445 Ostrom, Nani         |           |
| 8                            | Lathrop                        | A                           | 4:27.38   |
|                              | 1) 514 Fitzgerald, Kim         | 2) 513 Fitzgerald, Keri-Lyn |           |
|                              | 3) 528 Sloat, Alex             | 4) 507 Angell, Christine    |           |
|                              | 5) 511 Edic, Megan             | 6) 527 Skille, Makayla      |           |

**Event 467 Boys 4x400 Meter Relay 1A-2A-3A****Saturday 5/22/2010 - 5:20 PM****.SAA Champ's: 3:44.16 5/23/2009 Sitka****A Gillespie, G Reeder, I Longridge, R Doggett****Season Best: 3:37.85****Grace Christian**

| Lane                         | Team                      | Relay                    | Seed Time |
|------------------------------|---------------------------|--------------------------|-----------|
| <b>Section 1 of 1 Finals</b> |                           |                          |           |
| 1                            | Anch. Christian           | A                        | 3:55.41   |
|                              | 1) 124 Simmers, Augustus  | 2) 128 Williams, Ryan    |           |
|                              | 3) 110 Finn, Matt         | 4) 107 Brown, Alex       |           |
|                              | 5) 115 Johnson, Brayton   | 6) 122 Rosier, Radhames  |           |
| 2                            | Sitka                     | A                        | 3:48.52   |
|                              | 1) 676 Clement, Chris     | 2) 685 Mathson, Peter    |           |
|                              | 3) 691 Reeder, Gordon     | 4) 683 Gillespie, Arnold |           |
|                              | 5) 688 Patrick, Will      | 6) 675 Carroll, Josh     |           |
| 3                            | Grace Christian           | A                        | 3:37.85   |
|                              | 1) 347 Metcalf, Quinton   | 2) 334 Dillon, Joseph    |           |
|                              | 3) 330 Arnold, Andrew     | 4) 343 Kirk, Jacob       |           |
|                              | 5) 337 Fischbach, Johnny  | 6) 352 Smith, Dallas     |           |
| 4                            | Seward                    | A                        | 3:40.97   |
|                              | 1) 667 Lindquist, Jared   | 2) 657 Buchanan, Andrew  |           |
|                              | 3) 664 Gillespie, Austin  | 4) 660 Chase, Brett      |           |
|                              | 5) 658 Buchanan, Jeff     | 6) 673 Sorenson, Aaron   |           |
| 5                            | Tri Valley                | A                        | 3:52.01   |
|                              | 1) 791 Young, Nick        | 2) 789 Talerico, Andrew  |           |
|                              | 3) 790 Talerico, Jonathan | 4) 786 Carter, Jake      |           |
|                              | 5) 788 Shreeve, Forest    | 6) 787 Mercer, Eric      |           |
| 6                            | Her. Christian            | A                        | 3:59.71   |
|                              | 1) 396 Vreeman, Amos      | 2) 397 Vreeman, Gideon   |           |
|                              | 3) 389 Millar, Jonathon   | 4) 386 Brady, Jesse      |           |
|                              | 5) 388 Hanks, Pete        | 6) 385 Beier, Christian  |           |
| 7                            | Delta Junction            | A                        | 3:59.90   |
|                              | 1) 212 Bialik, Josh       | 2) 223 Tirrell, Tony     |           |
|                              | 3) 217 Herman, Charlie    | 4) 221 Pelto, Eric       |           |
|                              | 5) 222 Tatarenko, David   | 6) 218 Ionashku, Andrey  |           |
| 8                            | Nikiski                   | A                        | 4:00.77   |
|                              | 1) 556 Hartley, Stephen   | 2) 562 Taylor, Jordon    |           |
|                              | 3) 560 Ray, Trevor        | 4) 559 Parrish, Sayyid   |           |
|                              | 5) 561 Sterling, Patrick  | 6) 558 Newton, Joe       |           |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Meet Program****Event 468 Boys 4x400 Meter Relay 4A****Saturday 5/22/2010 - 5:30 PM****.SAA Champ's: 3:23.6h 1982 East Anchorage****Singleton, Perham, Brownsberger, Stephens****Season Best: 3:28.60****Service**

| <b>Lane</b> | <b>Team</b> | <b>Relay</b> | <b>Seed Time</b> |
|-------------|-------------|--------------|------------------|
|-------------|-------------|--------------|------------------|

**Section 1 of 1 Finals**

|   |                           |                           |         |
|---|---------------------------|---------------------------|---------|
| 1 | Eagle River               | A                         | 3:38.43 |
|   | 1) 265 Fox, Devon         | 2) 270 Norgaard, Eric     |         |
|   | 3) 268 King, Brandon      | 4) 271 Owolabi, John      |         |
|   | 5) 273 Summers, Clarence  | 6) 267 Howard, Ryan       |         |
| 2 | Bartlett                  | A                         | 3:31.75 |
|   | 1) 136 Daly, John         | 2) 143 Highlander, Willie |         |
|   | 3) 160 Yates, Jacob       | 4) 131 Brunson, Daquon    |         |
|   | 5) 133 Chenault, Cyrus    | 6) 141 Hale, Jamal        |         |
| 3 | Service                   | A                         | 3:28.60 |
|   | 1) 636 Mamikunian, Connor | 2) 632 Lane, Jani         |         |
|   | 3) 624 Dobbins, Matt      | 4) 645 Talbot, Silas      |         |
|   | 5) 651 Wilson, Travis     | 6) 649 Wheatall, Benjamin |         |
| 4 | Kodiak                    | A                         | 3:30.88 |
|   | 1) 486 Davidson, Chaven   | 2) 500 Nymeyer, Caleb     |         |
|   | 3) 490 Fogle, Jordan      | 4) 503 Schick, Karsten    |         |
|   | 5) 491 Gilbert, Brandon   | 6) 497 McFarlin, Riley    |         |
| 5 | Dimond                    | A                         | 3:32.52 |
|   | 1) 260 Tufaga, Armani     | 2) 252 Nasir, Ahmad       |         |
|   | 3) 247 Jack-Nixon, J.J.   | 4) 250 Malamon, Nathachai |         |
|   | 5) 231 Bennett, Tyler     | 6) 251 McCloskey, Mason   |         |
| 6 | Kenai                     | A                         | 3:40.15 |
|   | 1) 467 Sandahl, Joe       | 2) 457 Agosti, Adam       |         |
|   | 3) 462 Hull, AJ           | 4) 464 Kiefer, Billy      |         |
|   | 5) 471 Wensley, Lincoln   | 6) 465 Mole, Andrew       |         |
| 7 | East Anchorage            | A                         | 3:40.90 |
|   | 1) 294 Nichols, Myles     | 2) 300 Tennant, Jordan    |         |
|   | 3) 292 Lopez, NaVarr      | 4) 287 Holley, Caleb      |         |
|   | 5) 278 Canady, Emanuel    | 6) 284 Ebert, Kai         |         |
| 8 | Lathrop                   | A                         | 3:48.86 |
|   | 1) 519 Hanson, Kyle       | 2) 530 Tippett, Colin     |         |
|   | 3) 522 McCoy, Matt        | 4) 521 Kornkven, Ryer     |         |
|   | 5) 515 Gallegos, Tim      | 6) 531 Van Flein, Isaac   |         |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****ASAA Champ's - Records**

|     |                                  |          |           |  |
|-----|----------------------------------|----------|-----------|--|
| 101 | Boys Shot Put 1A-2A-3A           | 41-08.00 | 5/22/2009 | Kevin Rima - Monroe  |
| 102 | Girls Discus Throw 1A-2A-3A      | 104-11   | 5/22/2009 | Megan Hansen - Nikiski   |
| 103 | Boys Triple Jump 1A-2A-3A        | 41-09.25 | 5/22/2009 | Travis Price - Seward  |
| 104 | Boys Triple Jump 4A              | 45-10.25 | 1993      | Joel Mahaffey - Soldotna   |
| 105 | Girls High Jump 1A-2A-3A         | 5-01.00  | 5/22/2009 | Daisy Morgan - Tok   |
| 106 | Girls High Jump 4A               | 5-06.00  | 1983      | Rene Pickarsky - Soldotna  |
| 107 | Boys Shot Put 4A                 | 71-03.00 | 5/23/2008 | Jordan Clarke - Bartlett   |
| 108 | Girls Discus Throw 4A            | 143-02   | 1997      | Jenny Luer - Palmer  |
| 109 | Girls Triple Jump 1A-2A-3A       | 31-11.75 | 5/22/2009 | Lexy Siefert - Barrow  |
| 110 | Girls Triple Jump 4A             | 37-04.50 | 5/19/2006 | Sylvia Bullock - Service   |
| 111 | Boys High Jump 1A-2A-3A          | 6-06.00  | 5/22/2009 | Dylan Beck - Seward  |
| 112 | Boys High Jump 4A                | 6-09.00  | 5/22/2009 | Ben Jackson - Service  |
| 201 | Girls 3200 Meter Run 1A-2A-3A    | 11:37.18 | 5/22/2009 | Kailey Wilson - Kenny Lake   |
| 202 | Boys 3200 Meter Run 1A-2A-3A     | 9:28.81  | 5/22/2009 | Jacob Kirk - Grace Christian   |
| 203 | Girls 3200 Meter Run 4A          | 10:37.7h | 1986      | Kristi Klinnert - Kodiak   |
| 204 | Boys 3200 Meter Run 4A           | 9:11.27  | 5/23/2008 | Jake Parisien - Palmer   |
| 301 | Girls Long Jump 1A-2A-3A         | 15-07.50 | 5/23/2000 | Gabriella Serventi - Grace Christian   |
| 302 | Boys Long Jump 1A-2A-3A          | 20-00.75 | 5/23/2009 | Travis Price - Seward  |
| 303 | Girls Shot Put 1A-2A-3A          | 33-02.75 | 5/23/2009 | Anna Simmers - Anchorage Christian   |
| 304 | Boys Discus Throw 1A-2A-3A       | 141-01   | 5/23/2009 | Kevin Rima - Monroe  |
| 305 | Girls Long Jump 4A               | 19-05.00 | 2003      | Janay DeLoach - Eielson  |
| 306 | Boys Long Jump 4A                | 23-00.00 | 1997      | Derek Ladson - West Valley   |
| 307 | Girls Shot Put 4A                | 44-04.75 | 1997      | Jenny Luer - Palmer  |
| 308 | Boys Discus Throw 4A             | 192-07   | 5/23/2007 | Jordan Clarke - Bartlett   |
| 401 | Girls 4x800 Meter Relay 1A-2A-3A | 10:13.57 | 5/23/2009 | Grace Christian - Grace Christian<br>N Lemman, M Applegate, H Kopp, Dupea              |
| 402 | Girls 4x800 Meter Relay 4A       | 9:35.21  | 2004      | West Valley - West Valley<br>L Johnson, C Gillis, C Miller, M Callahan                 |
| 403 | Boys 4x800 Meter Relay 1A-2A-3A  | 8:35.74  | 5/23/2009 | Grace Christian - Grace Christian<br>J Klein, Q Metcalf, J Dillon, J Kirk              |
| 404 | Boys 4x800 Meter Relay 4A        | 8:02.77  | 5/23/2009 | Service - Service<br>S Talbot, J Lane, R Walgren, C Phelps                             |
| 405 | Girls 100 Meter Hurdles 1A-2A-3A | 15.29    | 5/23/2009 | Anna Simmers - Grace Christian   |
| 406 | Girls 100 Meter Hurdles 4A       | 15.03    | 2000      | Jana Schaafsma - Soldotna  |
| 409 | Boys 110 Meter Hurdles 1A-2A-3A  | 15.99    | 5/23/2009 | Dylan Beck - Seward  |
| 410 | Boys 110 Meter Hurdles 4A        | 14.4h    | 1989      | Ollie Massengale - Bartlett  |
| 413 | Girls 100 Meter Dash 1A-2A-3A    | 12.94    | 5/23/2009 | Melissa Grammer - Valdez   |
| 414 | Girls 100 Meter Dash 4A          | 11.8h    | 1981      | Startlett Jackson - Bartlett   |
| 417 | Boys 100 Meter Dash 1A-2A-3A     | 15.99    | 5/23/2009 | Dylan Beck - Seward  |
| 418 | Boys 100 Meter Dash 4A           | 10.90    | 1995      | Joel Knight - Soldotna   |
| 421 | Girls 4x200 Meter Relay 1A-2A-3A | 1:54.00  | 5/23/2009 | Anchorage Christian - Anchorage Christian<br>C Klein, J Bennett, R Senko, L Anderson   |
| 422 | Girls 4x200 Meter Relay 4A       | 1:44.86  | 2003      | Lathrop - Lathrop<br>Baily Preston Dollison, Smith                                     |
| 423 | Boys 4x200 Meter Relay 1A-2A-3A  | 1:39.08  | 5/23/2009 | Haines - Haines<br>B Huntsman, R Olsen, J Piper, K Rush                                |
| 424 | Boys 4x200 Meter Relay 4A        | 1:28.5h  | 1995      | Bartlett - Bartlett<br>Ingraham, Roginson, Myles, Pennino                              |
| 425 | Girls 1600 Meter Run 1A-2A-3A    | 5:18.10  | 5/23/2009 | Kailey Wilson - Kenny Lake   |
| 426 | Girls 1600 Meter Run 4A          | 4:55.89  | 2003      | Kris Smith - West Anchorage  |
| 427 | Boys 1600 Meter Run 1A-2A-3A     | 4:27.95  | 5/23/2009 | Jacob Kirk - Grace Christian   |
| 428 | Boys 1600 Meter Run 4A           | 4:13.0h  | 1985      | Doug Herron - Bartlett   |
| 429 | Girls 4x100 Meter Relay 1A-2A-3A | 52.83    | 5/23/2009 | Anchorage Christian - Anchorage Christian<br>R Senko, J Bennett, L Anderson, C Bennett |
| 430 | Girls 4x100 Meter Relay 4A       | 49.77    | 2005      | East Anchorage - East Anchorage<br>Black, Preston, Smith, Vanzant                      |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****ASAA Champ's - Records**

|     |                                  |         |           |  |
|-----|----------------------------------|---------|-----------|--|
| 431 | Boys 4x100 Meter Relay 1A-2A-3A  | 47.11   | 5/23/2009 | Grace Christian - Grace Christian<br>M Dockter, C Davis, J Hansen, L Turner  |
| 432 | Boys 4x100 Meter Relay 4A        | 43.50   | 5/20/2006 | East Anchorage - East Anchorage<br>D Wilson, T Knutson, S Sosa, D Wilson     |
| 433 | Girls 400 Meter Dash 1A-2A-3A    | 1:01.11 | 5/23/2009 | Britney Anderson - Eielson   |
| 434 | Girls 400 Meter Dash 4A          | 57.14   | 5/20/2006 | Andrea Crook - Bartlett  |
| 437 | Boys 400 Meter Dash 1A-2A-3A     | 49.82   | 5/23/2009 | Travis Price - Seward  |
| 438 | Boys 400 Meter Dash 4A           | 47.78   | 5/26/2007 | Ethan Hewitt - Chugiak   |
| 441 | Girls 300 Meter Hurdles 1A-2A-3A | 48.51   | 5/23/2009 | Amie Smithwick - Cook Inlet Academy  |
| 442 | Girls 300 Meter Hurdles 4A       | 44.93   | 1994      | Lara Kelly - Chugiak   |
| 445 | Boys 300 Meter Hurdles 1A-2A-3A  | 40.81   | 5/23/2009 | Dylan Beck - Seward  |
| 446 | Boys 300 Meter Hurdles 4A        | 38.9h   | 1991      | Nathan Moffett - Chugiak   |
| 449 | Girls 800 Meter Run 1A-2A-3A     | 2:25.41 | 5/23/2009 | Kailey Wilson - Kenny Lake   |
| 450 | Girls 800 Meter Run 4A           | 2:14.56 | 2003      | Kris Smith - West Anchorage  |
| 453 | Boys 800 Meter Run 1A-2A-3A      | 1:59.66 | 5/23/2009 | Travis Price - Seward  |
| 454 | Boys 800 Meter Run 4A            | 1:49.2h | 1985      | Doug Herron - Bartlett   |
| 457 | Girls 200 Meter Dash 1A-2A-3A    | 27.13   | 5/23/2009 | Lexy Siefert - Barrow  |
| 458 | Girls 200 Meter Dash 4A          | 25.1h   | 1982      | Yvette Ervin - Eielson   |
| 461 | Boys 200 Meter Dash 1A-2A-3A     | 24.35   | 5/23/2009 | Shane Cawley - Valdez  |
| 462 | Boys 200 Meter Dash 4A           | 21.99   | 1995      | Joel Knight - Soldotna   |
| 465 | Girls 4x400 Meter Relay 1A-2A-3A | 4:36.38 | 5/23/2009 | Grace Christian - Grace Christian<br>S Cresap, H Kopp, H Johnson, M Dupea    |
| 466 | Girls 4x400 Meter Relay 4A       | 4:04.46 | 5/23/2009 | Kenai Central - Kenai<br>K Louthan, S DeVito, B Beeson, L Flanagan           |
| 467 | Boys 4x400 Meter Relay 1A-2A-3A  | 3:44.16 | 5/23/2009 | Sitka - Sitka<br>A Gillespie, G Reeder, I Longridge, R Doggett               |
| 468 | Boys 4x400 Meter Relay 4A        | 3:23.6h | 1982      | East Anchorage - East Anchorage<br>Singleton, Perham, Brownsberger, Stephens |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010****Hosted by Lathrop High School****Lathrop HS Track****Season Best - Records**

|     |                                  |          |  |
|-----|----------------------------------|----------|--|
| 101 | Boys Shot Put 1A-2A-3A           | 44-10.25 | Kevin Rima - Monroe                                      |
| 102 | Girls Discus Throw 1A-2A-3A      | 117-07   | Fran Daly - Haines                                       |
| 103 | Boys Triple Jump 1A-2A-3A        | 40-07.75 | Ryan Scott - Anchorage Christian                         |
| 104 | Boys Triple Jump 4A              | 42-11.50 | Tyler Spalding - Kenai Central                           |
| 105 | Girls High Jump 1A-2A-3A         | 4-10.00  | Sarah Cresap, Grace Christian - Bailey Stevenson, Su Val |
| 106 | Girls High Jump 4A               | 5-01.00  | Hannah Matson, West Valley - Morgan Kueter, Bartlett     |
| 107 | Boys Shot Put 4A                 | 54-02.00 | Mitchell Swenson - Dimond                                |
| 108 | Girls Discus Throw 4A            | 117-11   | Tekoa Dumpson - East Anchorage                           |
| 109 | Girls Triple Jump 1A-2A-3A       | 32-09.25 | Jenelle Bennett - Anchorage Christian                    |
| 110 | Girls Triple Jump 4A             | 36-09.00 | Alisha Allen - Lathrop                                   |
| 111 | Boys High Jump 1A-2A-3A          | 5-11.00  | Alex Weldon - Eielson                                    |
| 112 | Boys High Jump 4A                | 6-03.00  | Brey Hassebroek, West Valley - Tyler Spalding, Kenai     |
| 201 | Girls 3200 Meter Run 1A-2A-3A    | 11:23.24 | Kailey Wilson - Kenny Lake                               |
| 202 | Boys 3200 Meter Run 1A-2A-3A     | 9:16.40  | Jacob Kirk - Grace Christian                             |
| 203 | Girls 3200 Meter Run 4A          | 11:13.16 | Ivy O'Guinn - Skyview                                    |
| 204 | Boys 3200 Meter Run 4A           | 9:17.44  | Silas Talbot - Service                                   |
| 301 | Girls Long Jump 1A-2A-3A         | 17-07.50 | Kathryn Medinger - Sitka                                 |
| 302 | Boys Long Jump 1A-2A-3A          | 19-01.25 | Kevin Rima - Monroe                                      |
| 303 | Girls Shot Put 1A-2A-3A          | 33-01.75 | Fran Daly - Haines                                       |
| 304 | Boys Discus Throw 1A-2A-3A       | 142-04   | Kevin Rima - Monroe                                      |
| 305 | Girls Long Jump 4A               | 16-08.00 | Alisha Allen, Lathrop - Dimond                           |
| 306 | Boys Long Jump 4A                | 21-07.75 | Cyrus Chenault - Bartlett                                |
| 307 | Girls Shot Put 4A                | 35-10.75 | Shellina Irwin - Colony                                  |
| 308 | Boys Discus Throw 4A             | 167-10   | John Knowles - Wasilla                                   |
| 401 | Girls 4x800 Meter Relay 1A-2A-3A | 10:25.40 | Grace Christian  |
| 402 | Girls 4x800 Meter Relay 4A       | 9:46.84  | South Anchorage  |
| 403 | Boys 4x800 Meter Relay 1A-2A-3A  | 8:22.30  | Grace Christian  |
| 404 | Boys 4x800 Meter Relay 4A        | 7:58.08  | Service  |
| 405 | Girls 100 Meter Hurdles 1A-2A-3A | 17.56    | Karley Madren - Anchorage Christian                      |
| 406 | Girls 100 Meter Hurdles 4A       | 15.01    | Rosie Smith - Bartlett                                   |
| 409 | Boys 110 Meter Hurdles 1A-2A-3A  | 16.60    | Jesse Piper - Haines                                     |
| 410 | Boys 110 Meter Hurdles 4A        | 15.65    | Elliott Bauer - South Anchorage                          |
| 413 | Girls 100 Meter Dash 1A-2A-3A    | 13.41    | Sadie Arneson - Cook Inlet Academy                       |
| 414 | Girls 100 Meter Dash 4A          | 12.54    | Alisha Allen - Lathrop                                   |
| 417 | Boys 100 Meter Dash 1A-2A-3A     | 11.88    | Nick Nysewander-Kellard - Su Valley                      |
| 418 | Boys 100 Meter Dash 4A           | 11.14    | Cyrus Chenault - Bartlett                                |
| 421 | Girls 4x200 Meter Relay 1A-2A-3A | 1:55.60  | Anchorage Christian                                      |
| 422 | Girls 4x200 Meter Relay 4A       | 1:45.89  | Service  |
| 423 | Boys 4x200 Meter Relay 1A-2A-3A  | 1:39.27  | Su Valley  |
| 424 | Boys 4x200 Meter Relay 4A        | 1:31.66  | Bartlett   |
| 425 | Girls 1600 Meter Run 1A-2A-3A    | 5:20.85  | Kailey Wilson - Kenny Lake                               |
| 426 | Girls 1600 Meter Run 4A          | 5:14.00  | Ivy O'Guinn - Skyview                                    |
| 427 | Boys 1600 Meter Run 1A-2A-3A     | 4:26.30  | Jacob Kirk - Grace Christian                             |
| 428 | Boys 1600 Meter Run 4A           | 4:22.29  | Silas Talbot - Service                                   |
| 429 | Girls 4x100 Meter Relay 1A-2A-3A | 54.54    | Anchorage Christian                                      |
| 430 | Girls 4x100 Meter Relay 4A       | 50.41    | Bartlett   |
| 431 | Boys 4x100 Meter Relay 1A-2A-3A  | 47.31    | Grace Christian  |
| 432 | Boys 4x100 Meter Relay 4A        | 44.40    | Bartlett   |
| 433 | Girls 400 Meter Dash 1A-2A-3A    | 1:02.13  | Gabriella Serventi - Grace Christian                     |
| 434 | Girls 400 Meter Dash 4A          | 56.84    | Lierin Flanagan - Kenai Central                          |
| 437 | Boys 400 Meter Dash 1A-2A-3A     | 52.77    | Mickey Wilson - Skagway                                  |
| 438 | Boys 400 Meter Dash 4A           | 49.97    | J. J. Jack-Nixon - Dimond                                |
| 441 | Girls 300 Meter Hurdles 1A-2A-3A | 51.44    | Karley Madren - Anchorage Christian                      |
| 442 | Girls 300 Meter Hurdles 4A       | 45.79    | Rosie Smith - Bartlett                                   |
| 445 | Boys 300 Meter Hurdles 1A-2A-3A  | 43.09    | Quinton Metcalf - Grace Christian                        |
| 446 | Boys 300 Meter Hurdles 4A        | 40.62    | Elliott Bauer - South Anchorage                          |

**2010 ASAA Championships - 5/21/2010 to 5/22/2010**  
**Hosted by Lathrop High School**  
**Lathrop HS Track**

**Season Best - Records**

|     |                                  |         |                                      |
|-----|----------------------------------|---------|--------------------------------------|
| 449 | Girls 800 Meter Run 1A-2A-3A     | 2:25.75 | Lizzy Bennett - Monroe               |
| 450 | Girls 800 Meter Run 4A           | 2:15.06 | Morgan Dampier - Wasilla             |
| 453 | Boys 800 Meter Run 1A-2A-3A      | 2:00.39 | Jacob Kirk - Grace Christian         |
| 454 | Boys 800 Meter Run 4A            | 1:56.61 | Silas Talbot - Service               |
| 457 | Girls 200 Meter Dash 1A-2A-3A    | 26.79   | Gabriella Serventi - Grace Christian |
| 458 | Girls 200 Meter Dash 4A          | 25.99   | Lierin Flanagan - Kenai Central      |
| 461 | Boys 200 Meter Dash 1A-2A-3A     | 23.74   | Brian Sears - Grace Christian        |
| 462 | Boys 200 Meter Dash 4A           | 22.67   | J. J. Jack-Nixon - Dimond            |
| 465 | Girls 4x400 Meter Relay 1A-2A-3A | 4:23.30 | Grace Christian                      |
| 466 | Girls 4x400 Meter Relay 4A       | 4:04.99 | Dimond                               |
| 467 | Boys 4x400 Meter Relay 1A-2A-3A  | 3:37.85 | Grace Christian                      |
| 468 | Boys 4x400 Meter Relay 4A        | 3:28.60 | Service                              |