

Region VI Track and Field 2010 Season

Region VI Championships
Lathrop HS Track
Hosted by Lathrop HS
May 14-15, 2010

Heat Sheets
for Saturday, May 15
with Final Entries

Meets organized and officiated by Running Club North
Data and results services provided by SportAlaska

All meet information available at: <http://region6.sportalaska.com/2010/>

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Track Events

Event 125 Girls 4x800 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 11:00 AM

ASAAMtRecd: 10:13.57 5/23/2009 Grace Christian
N Leman, M Applegate, H Kopp, Dupea

R6MtRecord: 10:48.43 5/16/2009 Monroe Catholic HS

E Anderson, M Schreder, N Schreder, L Bennett

AK Best 2010: 10:25.40 Grace Christian

R6 Best 2010: 10:42.20 Monroe

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	M	A	10:42.20
	1) 180 Fifield, Macala	2) 188 Schreder, Nicole	
	3) 187 Schreder, Megan	4) 178 Bennett, Lizzy	
5	EIE	A	11:37.80
	1) 25 Armour, Andie	2) 26 Belt, Mallorie	
	3) 27 Boyd, Taylor	4) 29 Hebert, Ashlynn	
	5) 30 Murtiff, Mickey	6) 31 Son, Kaylin	
6	D	A	11:44.30
	1) 8 Trainor, Sam	2) 4 Green, Crystal	
	3) 6 Ionashku, Tanya	4) 1 Byam, Anna	

Event 126 Girls 4x800 Meter Relay 4A

Saturday 5/15/2010 - 11:00 AM

ASAAMtRecd: 9:35.21 2004 West Valley
L Johnson, C Gillis, C Miller, M Callahan

R6MtRecord: 10:12.43 5/16/2009 Lathrop HS

M Edic, R Hanson, K Fitzgerald, H Edic

AK Best 2010: 9:48.16 South Anchorage

R6 Best 2010: 10:17.42 Lathrop

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	LAT	A	10:17.50
	1) 84 Angell, Christine	2) 103 Geddings, Brianna	
	3) 98 Farnham, Nicole	4) 94 Edic, Megan	
	5) 109 King, Sarah	6) 100 Fitzgerald, Kim	
2	NP	A	10:25.60
	1) 222 Schmitz, Christi	2) 223 Schmitz, Kelly	
	3) 221 Rood, Nicole	4) 232 Wright, Jessica	
	5) 224 Taiclut, Sabrina	6) 231 Wood, Sam	
3	WV	A	10:40.40
	1) 338 Rorabaugh, Marisa	2) 286 Boyer, Hannah	
	3) 337 Rorabaugh, Eliza	4) 287 Callahan, Molly	
	5) 322 Mayo, Ema	6) 295 Egger, Gathoni	

Event 127 Boys 4x800 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 11:15 AM

ASAAMtRecd: 8:35.74 5/23/2009 Grace Christian
J Klein, Q Metcalf, J Dillon, J Kirk

R6MtRecord: 9:04.52 5/16/2009 Delta HS

E Pelto, A Ionashku, J Bialik, S Tappen

AK Best 2010: 8:22.30 Grace Christian

R6 Best 2010: 8:55.70 Delta

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
5	H	A	9:38.00
	1) 62 Burgett, Brandon	2) 69 Jacobson, Zach	
	3) 76 Rubio, Marcos	4) 77 Sands, Tyler	
6	M	A	10:01.93
	1) 197 Cerny, Tommy	2) 206 Parent, Adam	
	3) 202 Kjera, Leanard	4) 207 Therriault, Justin	
2	D	A	8:55.70
	1) 23 Tatarenko, David	2) 14 Ionashku, Andrey	
	3) 10 Bialik, Josh	4) 18 Pelto, Eric	
	5) 24 Tirrell, Tony	6) 13 Herman, Charlie	
3	EIE	A	9:07.50
	1) 34 Borberly, Mike	2) 50 Valero, Jeremy	
	3) 36 Connolly, Patrick	4) 43 Mitchell, William	
	5) 47 Smith, Chris		

Event 128 Boys 4x800 Meter Relay 4A

Saturday 5/15/2010 - 11:15 AM

ASAAMtRecd: 8:02.77 5/23/2009 Service
S Talbot, J Lane, R Walgren, C Phelps

R6MtRecord: 8:21.26 2002 North Pole HS

AK Best 2010: 7:58.08 Service

R6 Best 2010: 8:40.62 Lathrop

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	LAT	A	8:40.70
	1) 133 Castellini, Luke	2) 160 Nixon-Helms, Dylan	
	3) 168 Rankin, Keegan	4) 151 Kornkven, Ryer	
	5) 143 Hanson, Kyle	6) 175 Wilkinson, Kipp	
4	WV	A	9:16.50
	1) 406 Mayo, Wyatt	2) 401 Kowalski, Brandon	
	3) 405 Leder, James	4) 389 Grzeda, Kuba	
	5) 409 Noon, Peter	6) 369 Bishop, Andrew	
7	NP	A	10:13.41
	1) 263 Jutila, Kevin	2) 249 DeWilde, Gavin	
	3) 253 Gilmore, Joseph	4) 268 Martin, James	
	5) 273 Smith, Zack	6) 244 Copeland, Leonard	

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

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Meet Program - Day 2 Track Events

Event 129 Girls 100 Meter Hurdles 1A-2A-3A

Saturday 5/15/2010 - 11:30 AM

ASAAMtRecd: 15.29 5/23/2009 Anna Simmers
 R6MtRecord: 18.82 5/16/2009 Brandi Swanson
 AK Best 2010: 17.64 Karley Madren
 R6 Best 2010: 19.27 Jakeera Garrett

Lane Name	School	Seed Time
Section 1 of 1 Finals		
2 182 Halvarson, Josie	M	NT
3 3 Fellman, Hannah	D	22.31
4 53 Garrett, Jakeera	H	19.27
5 183 Jessica, Stokes	M	21.10
6 31 Son, Kaylin	EIE	NT

Event 130 Girls 100 Meter Hurdles 4A

Saturday 5/15/2010 - 11:35 AM

ASAAMtRecd: 15.03 2000 Jana Schaafsma
 R6MtRecord: 15.70 1999 Stephanie Jackson
 AK Best 2010: 15.36 Emily Sharp
 R6 Best 2010: 18.24 Elli Oba

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 120 Ruckhaus, Thea	LAT	18.96
2 125 Spencer, Dominique	LAT	18.78
3 338 Rorabaugh, Marisa	WV	18.05
4 212 Joseph, T'Keyah	NP	17.93
5 113 Oba, Elli	LAT	18.00
6 305 Jackson, Sarah	WV	18.64
7 351 Swanson, Sarah	WV	19.23
8 357 Walling-Bell, Sophia	WV	19.16

Event 131 Boys 110 Meter Hurdles 1A-2A-3A

Saturday 5/15/2010 - 11:50 AM

ASAAMtRecd: 15.99 5/23/2009 Dylan Beck
 R6MtRecord: 18.06 5/16/2009 Antonio Hamilton
 AK Best 2010: 16.60 Jesse Piper
 R6 Best 2010: 17.84 Antonio Hamilton

Lane Name	School	Seed Time
Section 1 of 1 Finals		
2 21 Swan, Henry	D	NT
3 49 Sprankle, Jacob	EIE	22.12
4 41 Hamilton, Antonio	EIE	17.84
5 24 Tirrell, Tony	D	21.24
6 42 Kincade, Jovante	EIE	NT

Event 132 Boys 110 Meter Hurdles 4A

Saturday 5/15/2010 - 11:55 AM

ASAAMtRecd: 14.4h 1989 Ollie Massengale
 R6MtRecord: 15.01 2004 Mike Titus
 AK Best 2010: 15.77 Elliott Bauer
 R6 Best 2010: 16.19 Tim Gallegos

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 255 Grzesiuk, Danny	NP	19.67
2 368 Billesbach, Alex	WV	18.13
3 393 Hinzman, Austin	WV	17.31
4 139 Gallegos, Tim	LAT	15.79
5 173 Tippett, Colin	LAT	16.70
6 252 Foran, Walter	NP	17.60
7 366 Andresen, Nik	WV	18.85
8 233 Albert, Cody	NP	20.00

Event 133 Girls 100 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 12:05 AM

ASAAMtRecd: 12.94 5/23/2009 Melissa Grammer
 R6MtRecord: 13.63 5/16/2009 Britney Anderson
 AK Best 2010: 13.41 Sadie Anderson
 R6 Best 2010: 13.76 Jakeera Garrett

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 60 Teegardin, Julie	H	15.73
2 179 Clark, Monica	M	14.20
3 181 Gavora, Alexis	M	14.03
4 53 Garrett, Jakeera	H	13.66
5 32 Williams, Jazzmyn	EIE	13.91
6 184 Lundgren, Talia	M	14.03
7 2 Bynum, Ruby	D	14.41
8 59 Swaim, Veronica	H	16.00

Event 134 Girls 100 Meter Dash 4A

Saturday 5/15/2010 - 12:10 PM

ASAAMtRecd: 11.8h 1981 Startlett Jackson
 R6MtRecord: 12.3h 1990 Passion Richardson
 AK Best 2010: 12.54 Alisha Allen
 R6 Best 2010: 12.54 Alisha Allen

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 306 Jones, Kinzea	WV	13.81
2 328 Oates, Jacqueline	WV	13.67
3 331 Oneil, Kieran	WV	13.79
4 82 Allen, Alisha	LAT	13.09
5 321 Mattson, Hannah	WV	13.79
6 284 Ashmore, Lawjen	WV	13.57
7 225 Trusdall, Brittany	NP	14.11
8 309 Kennedy, Jaime	WV	14.15

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Event 135 Boys 100 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 12:20 PM

ASAAMtRecd: 15.99 5/23/2009 Dylan Beck
 R6MtRecord: 11.98 5/16/2009 Sam Rogers
 AK Best 2010: 11.88 Nick Nysewander-Kellard
 R6 Best 2010: 12.28 Tyler Ellsworth

Lane	Name	School	Prelims
Section 1 of 1 Finals			
1	42 Kincade, Jovante	EIE	13.30
2	37 Davis, Kevon	EIE	13.02
3	198 Fears, Brandon	M	12.65
4	38 Ellsworth, Tyler	EIE	12.39
5	13 Herman, Charlie	D	12.49
6	79 Tompkins, Taylor	H	12.83
7	195 Brown, Rashad	M	13.06
8	19 Robertson, Darren	D	14.07

Event 136 Boys 100 Meter Dash 4A

Saturday 5/15/2010 - 12:25 PM

ASAAMtRecd: 10.90 1995 Joel Knight
 R6MtRecord: 10.6h 1993 Sandreikis Roginson
 AK Best 2010: 11.14 Cyrus Chenault
 R6 Best 2010: 11.54 Frankie Anderson

Lane	Name	School	Prelims
Section 1 of 1 Finals			
1	375 Davis, Ty	WV	11.93
2	132 Barnett, Vincent	LAT	11.89
3	373 Comeau, Brandon	WV	11.84
4	236 Anderson, Frankie	NP	11.46
5	431 Vealy, Will	WV	11.64
6	364 Anderson, Dominick	WV	12.08
7	164 Olson, Brandon	LAT	12.13
8	419 Rodenberger, Brent	WV	12.17

Event 137 Girls 4x200 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 12:35 PM

ASAAMtRecd: 1:54.00 5/23/2009 Anchorage Christian
 C Klein, J Bennett, R Senko, L Anderson
 R6MtRecord: 2:05.77 5/16/2009 Monroe Catholic HS
 K Barnard, J Stokes, E Anderson, T Lundgren
 AK Best 2010: 1:55.60 Anchorage Christian
 R6 Best 2010: 1:59.98 Eielson

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	D	A	2:05.00
	1) 2 Bynum, Ruby	2) 6 Ionashku, Tanya	
	3) 7 Olsen, Kari	4) 9 Wrigley, Mallory	
	5) 5 Heintz, Angie	6) 8 Trainor, Sam	
2	EIE	A	1:59.88
	1) 25 Armour, Andie	2) 26 Belt, Mallorie	
	3) 27 Boyd, Taylor	4) 30 Murtiff, Mickey	
	5) 31 Son, Kaylin	6) 32 Williams, Jazzmyn	
5	M	A	2:00.03
	1) 179 Clark, Monica	2) 177 Barnard, Kirsten	
	3) 184 Lundgren, Talia	4) 181 Gavora, Alexis	
	5) 189 Smith, Anne		

Event 138 Girls 4x200 Meter Relay 4A

Saturday 5/15/2010 - 12:35 PM

ASAAMtRecd: 1:44.86 2003 Lathrop
 Bailly Preston Dollison, Smith
 R6MtRecord: 1:45.1h 1990 Lathrop HS
 Jackson, Walther, Fisher, Richardson
 AK Best 2010: 1:47.07 Dimond
 R6 Best 2010: 1:51.51 West Valley

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	WV	A	1:52.51
	1) 309 Kennedy, Jaime	2) 306 Jones, Kinzea	
	3) 321 Mattson, Hannah	4) 331 Oneil, Kieran	
	5) 300 Gaskins, Erika	6) 334 Reitano, Jordin	
4	LAT	A	1:56.70
	1) 125 Spencer, Dominique	2) 105 Glaeser, Britt	
	3) 99 Fitzgerald, Keri-Lyn	4) 113 Oba, Elli	
	5) 98 Farnham, Nicole	6) 124 Sloat, Alex	
6	NP	A	NT
	1) 223 Schmitz, Kelly	2) 225 Trusdall, Brittany	
	3) 224 Taiclut, Sabrina	4) 210 Hellickson, Allyssa	
	5) 229 Wilkes, Ashley	6) 231 Wood, Sam	

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Event 139 Boys 4x200 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 12:45 PM

ASAAMtRecd: 1:39.08 5/23/2009 Haines

B Huntsman, R Olsen, J Piper, K Rush

R6MtRecord: 1:51.64 5/16/2009 Delta HS

J Heintz, D Robertson, A Michie, J Cowart

AK Best 2010: 1:39.27 Su Valley

R6 Best 2010: 1:44.43 Eielson

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	M	A	1:46.76
	1) 199 Holmes, James	2) 195 Brown, Rashad	
	3) 192 Bartels, Jordan	4) 198 Fears, Brandon	
	5) 207 Therriault, Justin		
5	EIE	A	1:44.50
	1) 38 Ellsworth, Tyler	2) 48 Smith, Shawn	
	3) 42 Kincade, Jovante	4) 49 Sprankle, Jacob	
	5) 46 Schneider, Codi	6) 37 Davis, Kevon	

Event 140 Boys 4x200 Meter Relay 4A

Saturday 5/15/2010 - 12:45 PM

ASAAMtRecd: 1:28.5h 1995 Bartlett

Ingraham, Roginson, Myles, Pennino

R6MtRecord: 1:28.8h 1994 Lathrop HS

Mazion, Knight, Pendergrass, Robinson

AK Best 2010: 1:32.70 Bartlett

R6 Best 2010: 1:37.87 West Valley

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

2	LAT	A	1:39.90
	1) 131 Baade, Nolan	2) 158 McCoy, Matt	
	3) 163 Odotola, Marquise	4) 137 Desmond, Hunter	
	5) 164 Olson, Brandon	6) 153 Lee, Kaelen	
3	WV	A	1:37.87
	1) 368 Billesbach, Alex	2) 419 Rodenberger, Brent	
	3) 371 Clark, Willie	4) 373 Comeau, Brandon	
	5) 381 Fairbanks, Jared	6) 410 Nuttall, Chris	
4	NP	A	1:38.15
	1) 262 Jones, Lee	2) 259 Isaacson, Jared	
	3) 278 Ward, Jesse	4) 236 Anderson, Frankie	
	5) 237 Arnold, Mike	6) 233 Albert, Cody	

Event 141 Girls 1600 Meter Run 1A-2A-3A

Saturday 5/15/2010 - 12:55 PM

ASAAMtRecd: 5:18.10 5/23/2009 Kailey Wilson

R6MtRecord: 6:02.95 5/16/2009 Megan Schreder

AK Best 2010: 5:20.85 Kailey Wilson

R6 Best 2010: 5:38.28 Macala Fifield

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	180 Fifield, Macala	M	5:38.28
2	190 Stokes, Delaney	M	6:12.07
3	30 Murtiff, Mickey	EIE	6:13.12
4	187 Schreder, Megan	M	6:34.12
5	4 Green, Crystal	D	6:58.05
6	52 Alexander, Maddy	H	6:58.98

Event 142 Girls 1600 Meter Run 4A

Saturday 5/15/2010 - 1:05 PM

ASAAMtRecd: 4:55.89 2003 Kris Smith

R6MtRecord: 4:57.17 5/19/2007 Samantha Davis

AK Best 2010: 5:14.00 Ivy O'Guinn

R6 Best 2010: 5:21.30 Megan Edic

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	94 Edic, Megan	LAT	5:21.30
2	287 Callahan, Molly	WV	5:27.88
3	222 Schmitz, Christi	NP	5:31.36
4	337 Rorabaugh, Eliza	WV	5:38.61
5	232 Wright, Jessica	NP	5:45.70
6	286 Boyer, Hannah	WV	5:45.73
7	128 Temple, Stephanie	LAT	5:58.31
8	295 Egger, Gathoni	WV	6:00.26
9	322 Mayo, Ema	WV	6:01.96
10	327 Noon, Brigit	WV	6:03.17
11	339 Sherman, Julia	WV	6:10.57
12	103 Geddings, Brianna	LAT	6:14.36
13	314 Lilly, Sarah	WV	6:18.68
14	106 Hall, Rachael	LAT	6:35.08
15	292 Covell, Julia	WV	6:40.34
16	221 Rood, Nicole	NP	7:05.92

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Meet Program - Day 2 Track Events

Event 143 Boys 1600 Meter Run 1A-2A-3A

Saturday 5/15/2010 - 1:15 PM

ASAAMtRecd: 4:27.95 5/23/2009 Jacob Kirk
 R6MtRecord: 4:47.98 5/16/2009 Michael Borbely
 AK Best 2010: 4:26.30 Jacob Kirk
 R6 Best 2010: 4:33.71 Andrey Ionashku

Lane	Name	School	Seed	Time
Section 1 of 1 Finals				
1	14 Ionashku, Andrey	D		4:33.71
2	23 Tatarenko, David	D		5:01.31
3	36 Connolly, Patrick	EIE		5:11.63
4	77 Sands, Tyler	H		5:14.17
5	76 Rubio, Marcos	H		5:14.76
6	47 Smith, Chris	EIE		5:17.28
7	66 Elmer, Ian	H		5:34.79
8	21 Swan, Henry	D		5:38.29
9	194 Brouillard, Ross	M		5:43.78
10	202 Kjera, Leanard	M		5:50.38
11	197 Cerny, Tommy	M		6:23.62
12	43 Mitchell, William	EIE		NT

Event 144 Boys 1600 Meter Run 4A

Saturday 5/15/2010 - 1:25 PM

ASAAMtRecd: 4:13.0h 1985 Doug Herron
 R6MtRecord: 4:25.44 1992 David Dyer
 AK Best 2010: 4:22.80 Silas Talbot
 R6 Best 2010: 4:32.09 Kyle Hanson

Lane	Name	School	Seed	Time
Section 1 of 1 Finals				
1	143 Hanson, Kyle	LAT		4:32.09
2	249 DeWilde, Gavin	NP		4:36.97
3	389 Grzeda, Kuba	WV		4:39.57
4	405 Leder, James	WV		4:46.43
5	409 Noon, Peter	WV		4:52.87
6	160 Nixon-Helms, Dylan	LAT		4:54.59
7	415 Patrick, Ian	WV		4:55.07
8	369 Bishop, Andrew	WV		4:55.33
9	406 Mayo, Wyatt	WV		4:55.84
10	401 Kowalski, Brandon	WV		4:56.08
11	425 Stout, Seth	WV		4:56.81
12	400 Keskinen, Zach	WV		4:57.00
13	427 Toelle, Neill	WV		4:57.69
14	133 Castellini, Luke	LAT		5:04.85
15	253 Gilmore, Joseph	NP		5:36.37
16	268 Martin, James	NP		5:58.50

Event 145 Girls 4x100 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 1:35 PM

ASAAMtRecd: 52.83 5/23/2009 Anchorage Christian
 R Senko, J Bennett, L Anderson, C Bennett
 R6MtRecord: 58.31 5/16/2009 Monroe Catholic HS
 M Clark, K Barnard, E Anderson, T Lundgren
 AK Best 2010: 54.54 Anchorage Christian
 R6 Best 2010: 56.52 Monroe Catholic

Lane	Team	Relay	Seed	Time
Section 1 of 1 Finals				
1	D	A		1:02.04
	1) 2 Bynum, Ruby	2) 7 Olsen, Kari		
	3) 8 Trainor, Sam	4) 5 Heintz, Angie		
	5) 9 Wrigley, Mallory	6) 3 Fellman, Hannah		
2	M	A	56.52	
	1) 179 Clark, Monica	2) 177 Barnard, Kirsten		
	3) 184 Lundgren, Talia	4) 181 Gavora, Alexis		
	5) 189 Smith, Anne			
5	EIE	A	57.11	
	1) 25 Armour, Andie	2) 26 Belt, Mallorie		
	3) 27 Boyd, Taylor	4) 30 Murtiff, Mickey		
	5) 31 Son, Kaylin	6) 32 Williams, Jazzmyn		

Event 146 Girls 4x100 Meter Relay 4A

Saturday 5/15/2010 - 1:35 PM

ASAAMtRecd: 49.77 2005 East Anchorage
 Black, Preston, Smith, Vanzant
 R6MtRecord: 50.14 1999 Lathrop HS
 A Binder, McFarlane, Burras, J Binder
 AK Best 2010: 50.91 Bartlett
 R6 Best 2010: 52.96 West Valley

Lane	Team	Relay	Seed	Time
Section 1 of 1 Finals				
3	WV	A	52.96	
	1) 306 Jones, Kinzea	2) 318 Mackey, Julia		
	3) 321 Mattson, Hannah	4) 331 Oneil, Kieran		
	5) 334 Reitano, Jordin	6) 309 Kennedy, Jaime		
4	LAT	A	56.84	
	1) 125 Spencer, Dominique	2) 105 Glaeser, Britt		
	3) 99 Fitzgerald, Keri-Lyn	4) 98 Farnham, Nicole		
	5) 113 Oba, Elli	6) 124 Sloat, Alex		

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Event 147 Boys 4x100 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 1:45 PM

ASAAMtRecd: 47.11 5/23/2009 Grace Christian

M Dockter, C Davis, J Hansen, L Turner

R6MtRecord: 51.29 5/16/2009 Delta HS

J Heintz, C Trim, A Michie, K Kelderman

AK Best 2010: 48.25 Anchorage Christian

R6 Best 2010: 49.56 Monroe Catholic

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	EIE	A	50.42
	1) 37 Davis, Kevon	2) 38 Ellsworth, Tyler	
	3) 42 Kincade, Jovante	4) 46 Schneider, Codi	
	5) 48 Smith, Shawn	6) 49 Sprankle, Jacob	
5	M	A	49.56
	1) 199 Holmes, James	2) 195 Brown, Rashad	
	3) 192 Bartels, Jordan	4) 198 Fears, Brandon	
	5) 207 Therriault, Justin		

Event 148 Boys 4x100 Meter Relay 4A

Saturday 5/15/2010 - 1:45 PM

ASAAMtRecd: 43.50 5/20/2006 East Anchorage

D Wilson, T Knutson, S Sosa, D Wilson

R6MtRecord: 43.72 1994 Lathrop HS

Mazion, Mullin, Jones, Robinson

AK Best 2010: 44.91 Bartlett

R6 Best 2010: 45.10 North Pole

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

2	LAT	A	47.54
	1) 131 Baade, Nolan	2) 158 McCoy, Matt	
	3) 137 Desmond, Hunter	4) 153 Lee, Kaelen	
	5) 164 Olson, Brandon	6) 169 Schauer, Anthony	
3	NP	A	45.10
	1) 262 Jones, Lee	2) 259 Isaacson, Jared	
	3) 278 Ward, Jesse	4) 236 Anderson, Frankie	
	5) 237 Arnold, Mike	6) 267 Markie, Chris	
4	WV	A	46.00
	1) 368 Billesbach, Alex	2) 371 Clark, Willie	
	3) 431 Vealy, Will	4) 364 Anderson, Dominick	
	5) 381 Fairbanks, Jared	6) 391 Harrington, Alex	

Event 149 Girls 400 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 1:55 PM

ASAAMtRecd: 1:01.11 5/23/2009 Britney Anderson

R6MtRecord: 1:03.56 5/16/2009 Britney Anderson

AK Best 2010: 1:03.67 Gabriella Serventi

R6 Best 2010: 1:05.56 Macala Fifield

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	189 Smith, Anne	M	1:15.22
2	187 Schreder, Megan	M	1:10.84
3	25 Armour, Andie	EIE	1:09.34
4	27 Boyd, Taylor	EIE	1:09.46
5	190 Stokes, Delaney	M	1:13.58

Event 150 Girls 400 Meter Dash 4A

Saturday 5/15/2010 - 2:00 PM

ASAAMtRecd: 57.14 5/20/2006 Andrea Crook

R6MtRecord: 59.66 1998 Regina Cambilargiu

AK Best 2010: 56.84 Lierin Flanagan

R6 Best 2010: 1:00.59 Christine Angell

Lane	Name	School	Prelims
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Section 1 of 1 Finals

1	124 Sloat, Alex	LAT	1:09.17
2	284 Ashmore, Lawjen	WV	1:03.42
3	84 Angell, Christine	LAT	1:00.59
4	231 Wood, Sam	NP	1:02.77
5	328 Oates, Jacqueline	WV	1:08.81
6	224 Taiclut, Sabrina	NP	1:11.50
7	123 Skille, Makayla	LAT	1:11.73
8	98 Farnham, Nicole	LAT	1:12.24

Event 151 Boys 400 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 2:10 PM

ASAAMtRecd: 49.82 5/23/2009 Travis Price

R6MtRecord: 57.21 5/16/2009 Josh Cowart

AK Best 2010: 53.82 Jacob Kirk

R6 Best 2010: 57.31 Mike Borberly

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	205 Moore, Michael	M	58.77
2	18 Pelto, Eric	D	57.66
3	34 Borberly, Mike	EIE	57.31
4	10 Bialik, Josh	D	57.43
5	41 Hamilton, Antonio	EIE	58.49
6	207 Therriault, Justin	M	59.94
7	195 Brown, Rashad	M	1:00.91
8	44 Renner, Charles	EIE	1:03.31

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Event 152 Boys 400 Meter Dash 4A

Saturday 5/15/2010 - 2:15 PM

ASAAMtRecd: 47.78 5/26/2007 Ethan Hewitt
 R6MtRecord: 49.27 1998 Munya Maraire
 AK Best 2010: 50.63 J. J. Jack-Nixon
 R6 Best 2010: 51.13 Jesse Ward

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 388 Graham, Lorenzo	WV	56.69 _____
2 410 Nuttall, Chris	WV	56.07 _____
3 278 Ward, Jesse	NP	54.88 _____
4 151 Kornkven, Ryer	LAT	55.78 _____
5 259 Isaacson, Jared	NP	57.93 _____
6 233 Albert, Cody	NP	58.35 _____
7 158 McCoy, Matt	LAT	57.86 _____
8 174 Van Flein, Isaac	LAT	58.70 _____

Event 153 Girls 300 Meter Hurdles 1A-2A-3A

Saturday 5/15/2010 - 2:30 PM

ASAAMtRecd: 48.51 5/23/2009 Amie Smithwick
 R6MtRecord: 51.94 5/16/2009 Lizzy Bennett
 AK Best 2010: 54.03 Sarah Cresap
 R6 Best 2010: 54.24 Lizzy Bennett

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 4 Green, Crystal	D	1:08.21 _____
2 9 Wrigley, Mallory	D	1:03.63 _____
3 178 Bennett, Lizzy	M	54.24 _____
4 31 Son, Kaylin	EIE	59.31 _____
5 30 Murtiff, Mickey	EIE	1:04.06 _____
6 182 Halvarson, Josie	M	NT _____
7 183 Jessica, Stokes	M	NT _____
8 5 Heintz, Angie	D	NT _____

Event 154 Girls 300 Meter Hurdles 4A

Saturday 5/15/2010 - 2:35 PM

ASAAMtRecd: 44.93 1994 Lara Kelly
 R6MtRecord: 46.93 1999 Karessa Frazier
 AK Best 2010: 46.84 Emily Sharp
 R6 Best 2010: 52.10 Marisa Rorabaugh

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 125 Spencer, Dominique	LAT	54.47 _____
2 92 Dickerson, Rachel	LAT	52.71 _____
3 305 Jackson, Sarah	WV	52.45 _____
4 338 Rorabaugh, Marisa	WV	52.66 _____
5 113 Oba, Elli	LAT	53.41 _____
6 302 Hinzman, Heather	WV	54.53 _____
7 120 Ruckhaus, Thea	LAT	55.38 _____
8 313 Leonard, Kira	WV	55.51 _____

Event 155 Boys 300 Meter Hurdles 1A-2A-3A

Saturday 5/15/2010 - 2:50 PM

ASAAMtRecd: 40.81 5/23/2009 Dylan Beck
 R6MtRecord: 47.42 5/16/2009 Tucker Heyrend
 AK Best 2010: 44.34 Daniel Brandon
 R6 Best 2010: 45.45 Antonio Hamilton

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 21 Swan, Henry	D	56.15 _____
2 24 Tirrell, Tony	D	49.82 _____
3 41 Hamilton, Antonio	EIE	45.45 _____
4 46 Schneider, Codi	EIE	49.33 _____
5 44 Renner, Charles	EIE	53.08 _____
6 15 Jensen, Patrick	D	59.41 _____
7 193 Bowder, Nathen	M	NT _____

Event 156 Boys 300 Meter Hurdles 4A

Saturday 5/15/2010 - 2:55 PM

ASAAMtRecd: 38.9h 1991 Nathan Moffett
 R6MtRecord: 40.5h 1988 Roman Gray
 AK Best 2010: 41.26 Karsten Schick
 R6 Best 2010: 42.84 Colin Tippett

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 280 Wentland, Matt	NP	47.98 _____
2 368 Billesbach, Alex	WV	44.68 _____
3 139 Gallegos, Tim	LAT	43.73 _____
4 173 Tippett, Colin	LAT	47.81 _____
5 393 Hinzman, Austin	WV	47.90 _____
6 366 Andresen, Nik	WV	48.54 _____
7 417 Reed, Wyatt	WV	52.60 _____
8 135 Cole, Taylor	LAT	59.43 _____

Event 157 Girls 800 Meter Run 1A-2A-3A

Saturday 5/15/2010 - 3:10 PM

ASAAMtRecd: 2:25.41 5/23/2009 Kailey Wilson
 R6MtRecord: 2:39.06 5/16/2009 Megan Schreder
 AK Best 2010: 2:25.75 Lizzy Bennett
 R6 Best 2010: 2:25.75 Lizzy Bennett

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A 178 Bennett, Lizzy	M	2:25.75 _____
2A 190 Stokes, Delaney	M	2:50.43 _____
3A 27 Boyd, Taylor	EIE	2:53.43 _____
4A 52 Alexander, Maddy	H	3:09.36 _____

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Event 158 Girls 800 Meter Run 4A

Saturday 5/15/2010 - 3:15 PM

ASAAMtRecd: 2:14.56 2003 Kris Smith
 R6MtRecord: 2:17.00 5/19/2007 Samantha Davis
 AK Best 2010: 2:17.43 Morgan Dampier
 R6 Best 2010: 2:26.06 Kim Fitzgerald

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A 100 Fitzgerald, Kim	LAT	2:26.06
1B 103 Geddings, Brianna	LAT	2:40.54
2A 287 Callahan, Molly	WV	2:26.83
2B 322 Mayo, Ema	WV	2:42.97
3A 94 Edic, Megan	LAT	2:29.58
3B 128 Temple, Stephanie	LAT	2:48.07
4A 337 Rorabaugh, Eliza	WV	2:30.27
4B 326 Noon, Abigail	WV	2:44.37
5A 109 King, Sarah	LAT	2:32.17
6A 223 Schmitz, Kelly	NP	2:33.13
6B 222 Schmitz, Christi	NP	2:36.77
7A 232 Wright, Jessica	NP	2:33.35
7B 295 Egger, Gathoni	WV	2:44.47
8A 286 Boyer, Hannah	WV	2:36.51
8B 350 Sudkamp-Walker, He	WV	2:49.08

Event 159 Boys 800 Meter Run 1A-2A-3A

Saturday 5/15/2010 - 3:25 PM

ASAAMtRecd: 1:59.66 5/23/2009 Travis Price
 R6MtRecord: 2:09.08 5/16/2009 Blake Hughes
 AK Best 2010: 2:01.28 Jacob Kirk
 R6 Best 2010: 2:07.32 Andrey Ionashku

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A 14 Ionashku, Andrey	D	2:07.32
1B 20 St. Peter, Garrett	D	2:52.07
2A 62 Burgett, Brandon	H	2:13.83
2B 77 Sands, Tyler	H	2:22.93
3A 23 Tatarenko, David	D	2:16.74
4A 50 Valero, Jeremy	EIE	2:18.09
4B 47 Smith, Chris	EIE	2:26.31
5A 76 Rubio, Marcos	H	2:20.00
6A 194 Brouillard, Ross	M	2:37.48
7A 34 Borberly, Mike	EIE	2:24.50
8A 205 Moore, Michael	M	2:24.73
8B 206 Parent, Adam	M	3:03.15

Event 160 Boys 800 Meter Run 4A

Saturday 5/15/2010 - 3:30 PM

ASAAMtRecd: 1:49.2h 1985 Doug Herron
 R6MtRecord: 1:56.92 1998 Michael Jordan
 AK Best 2010: 1:56.61 Silas Talbot
 R6 Best 2010: 2:03.12 Kyle Hanson

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A 143 Hanson, Kyle	LAT	2:03.12
1B 160 Nixon-Helms, Dylan	LAT	2:12.04
2A 389 Grzeda, Kuba	WV	2:04.09
2B 415 Patrick, Ian	WV	2:12.41
3A 249 DeWilde, Gavin	NP	2:06.06
3B 273 Smith, Zack	NP	2:33.94
4A 151 Kornkven, Ryer	LAT	2:06.34
4B 175 Wilkinson, Kipp	LAT	2:14.40
5A 401 Kowalski, Brandon	WV	2:10.94
5B 427 Toelle, Neill	WV	2:18.00
6A 406 Mayo, Wyatt	WV	2:11.08
6B 399 Kendall, Sam	WV	2:18.78
7A 369 Bishop, Andrew	WV	2:11.50
7B 409 Noon, Peter	WV	2:14.42
8A 405 Leder, James	WV	2:12.20
8B 244 Copeland, Leonard	NP	2:35.12

Event 161 Girls 200 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 3:40 PM

ASAAMtRecd: 27.13 5/23/2009 Lexy Siefert
 R6MtRecord: 27.43 5/16/2009 Britney Anderson
 AK Best 2010: 28.04 Gabriella Serventi
 R6 Best 2010: 28.71 Jakeera Garrett

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 177 Barnard, Kirsten	M	32.59
2 25 Armour, Andie	EIE	30.05
3 53 Garrett, Jakeera	H	28.71
4 32 Williams, Jazzmyn	EIE	29.20
5 2 Bynum, Ruby	D	30.72
6 5 Heintz, Angie	D	34.60
7 188 Schreder, Nicole	M	NT
8 189 Smith, Anne	M	NT

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Event 162 Girls 200 Meter Dash 4A

Saturday 5/15/2010 - 3:45 PM

ASAAMtRecd:	25.1h 1982	Yvette Ervin
R6MtRecord:	25.3h 1990	Passion Richardson
AK Best 2010:	26.00	Lierin Flanagan
R6 Best 2010:	26.80	Alisha Allen

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 300 Gaskins, Erika	WV	28.58 _____
2 331 Oneil, Kieran	WV	28.26 _____
3 82 Allen, Alisha	LAT	27.05 _____
4 328 Oates, Jacqueline	WV	27.96 _____
5 309 Kennedy, Jaime	WV	28.34 _____
6 306 Jones, Kinzea	WV	29.44 _____
7 334 Reitano, Jordin	WV	29.58 _____
8 330 Odonnell, Dorothy	WV	30.50 _____

Event 163 Boys 200 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 3:55 PM

ASAAMtRecd:	24.35 5/23/2009	Shane Cawley
R6MtRecord:	24.41 5/16/2009	Sam Rogers
AK Best 2010:	23.74	Brian Sears
R6 Best 2010:	25.11	Tyler Ellsworth

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 37 Davis, Kevon	EIE	27.37 _____
2 205 Moore, Michael	M	26.69 _____
3 38 Ellsworth, Tyler	EIE	25.11 _____
4 13 Herman, Charlie	D	25.68 _____
5 207 Therriault, Justin	M	26.97 _____
6 193 Bowder, Nathen	M	32.94 _____
7 49 Sprankle, Jacob	EIE	NT _____
8 18 Pelto, Eric	D	NT _____

Event 164 Boys 200 Meter Dash 4A

Saturday 5/15/2010 - 4:00 PM

ASAAMtRecd:	21.99 1995	Joel Knight
R6MtRecord:	21.82 1994	Ambrose Mazion
AK Best 2010:	22.93	J. J. Jack-Nixon
R6 Best 2010:	23.34	Frankie Anderson

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 419 Rodenberger, Brent	WV	24.64 _____
2 373 Comeau, Brandon	WV	23.78 _____
3 278 Ward, Jesse	NP	23.43 _____
4 236 Anderson, Frankie	NP	23.68 _____
5 132 Barnett, Vincent	LAT	24.94 _____
6 137 Desmond, Hunter	LAT	25.30 _____
7 237 Arnold, Mike	NP	24.75 _____
8 381 Fairbanks, Jared	WV	24.95 _____

Event 165 Girls 4x400 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 4:10 PM

ASAAMtRecd:	4:36.38 5/23/2009	Grace Christian
S Cresap, H Kopp, H Johnson, M Dupea		
R6MtRecord:	4:49.88 5/16/2009	Eielson HS
M Belt, M Byman, K Davis, T Boyd		
AK Best 2010:	4:23.30	Grace Christian
R6 Best 2010:	4:35.64	Monroe

Lane Team	Relay	Seed Time
Section 1 of 1 Finals		
1 D	A	4:51.84 _____
1) 8 Trainor, Sam		
2) 7 Olsen, Kari		
3) 6 Ionashku, Tanya		
4) 2 Bynum, Ruby		
5) 1 Byam, Anna		
2 M	A	4:35.64 _____
1) 180 Fifield, Macala		
2) 187 Schreder, Megan		
3) 178 Bennett, Lizzy		
4) 188 Schreder, Nicole		
5) 182 Halvarson, Josie		
6 EIE	A	4:54.65 _____
1) 25 Armour, Andie		
2) 26 Belt, Mallorie		
3) 27 Boyd, Taylor		
4) 29 Hebert, Ashlynn		
5) 30 Murtiff, Mickey		
6) 31 Son, Kaylin		

Event 166 Girls 4x400 Meter Relay 4A

Saturday 5/15/2010 - 4:10 PM

ASAAMtRecd:	4:04.46 5/23/2009	Kenai Central
K Louthan, S DeVito, B Beeson, L Flanagan		
R6MtRecord:	4:14.0h 1998	North Pole HS
AK Best 2010:	4:05.92	Kenai Central
R6 Best 2010:	4:23.98	Lathrop

Lane Team	Relay	Seed Time
Section 1 of 1 Finals		
3 LAT	A	4:24.00 _____
1) 100 Fitzgerald, Kim		
2) 99 Fitzgerald, Keri-Lyn		
3) 94 Edic, Megan		
4) 84 Angell, Christine		
5) 124 Sloat, Alex		
6) 123 Skille, Makayla		
4 WV	A	4:29.40 _____
1) 287 Callahan, Molly		
2) 337 Rorabaugh, Eliza		
3) 284 Ashmore, Lawjen		
4) 338 Rorabaugh, Marisa		
5) 286 Boyer, Hannah		
6) 328 Oates, Jacqueline		
5 NP	A	4:40.19 _____
1) 223 Schmitz, Kelly		
2) 222 Schmitz, Christi		
3) 224 Taiclut, Sabrina		
4) 225 Trusdall, Brittany		
5) 232 Wright, Jessica		
6) 231 Wood, Sam		

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Event 167 Boys 4x400 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 4:20 PM

ASAAMtRecd: 3:44.16 5/23/2009 Sitka

A Gillespie, G Reeder, I Longridge, R Doggett

R6MtRecord: 3:58.67 5/16/2009 Eielson HS

M Borbely, T Heyrend, A Hamilton, S Rogers

AK Best 2010: 3:40.90 Grace Christian

R6 Best 2010: 3:56.30 Delta

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	M	A	4:11.68 _____
	1) 191 Balko, Michael	2) 206 Parent, Adam	
	3) 196 Cerny, Danny	4) 207 Therriault, Justin	
2	D	A	3:56.30 _____
	1) 13 Herman, Charlie	2) 18 Pelto, Eric	
	3) 24 Tirrell, Tony	4) 10 Bialik, Josh	
	5) 14 Ionashku, Andrey	6) 23 Tatarenko, David	
5	EIE	A	4:03.35 _____
	1) 34 Borberly, Mike	2) 36 Connolly, Patrick	
	3) 41 Hamilton, Antonio	4) 47 Smith, Chris	
	5) 50 Valero, Jeremy		

Event 168 Boys 4x400 Meter Relay 4A

Saturday 5/15/2010 - 4:20 PM

ASAAMtRecd: 3:23.6h 1982 East Anchorage

Singleton, Perham, Brownsberger, Stephens

R6MtRecord: 3:27.4h 1990 Lathrop HS

Reaves, Snelling, Tongue, York

AK Best 2010: 3:29.98 Service

R6 Best 2010: 3:43.17 Lathrop

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	LAT	A	3:43.20 _____
	1) 143 Hanson, Kyle	2) 151 Kornkven, Ryer	
	3) 139 Gallegos, Tim	4) 174 Van Flein, Isaac	
	5) 158 McCoy, Matt	6) 173 Tippett, Colin	
4	WV	A	3:45.02 _____
	1) 410 Nuttall, Chris	2) 389 Grzeda, Kuba	
	3) 371 Clark, Willie	4) 373 Comeau, Brandon	
	5) 406 Mayo, Wyatt	6) 388 Graham, Lorenzo	
6	NP	A	4:02.95 _____
	1) 259 Isaacson, Jared	2) 233 Albert, Cody	
	3) 249 DeWilde, Gavin	4) 267 Markie, Chris	
	5) 255 Grzesiuk, Danny	6) 278 Ward, Jesse	

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Event 109 Girls Long Jump 1A-2A-3A

Saturday 5/15/2010 - 10:00 AM

ASAAMtRecd: 15-07.50 5/23/2000 Gabriella Serventi

R6MtRecord: 13-04 5/16/2009 Talia Lundgren

AK Best 2010: 17-07 Kathryn Medinger

R6 Best 2010: 14-02.50 Monica Clark

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Finals

1	9 Wrigley, Mallory	D	11-11.00	_____
2	6 Ionashku, Tanya	D	12-01.00	_____
3	7 Olsen, Kari	D	12-04.00	_____
4	188 Schreder, Nicole	M	12-07.00	_____
5	184 Lundgren, Talia	M	13-00.50	_____
6	53 Garrett, Jakeera	H	13-09.25	_____
7	179 Clark, Monica	M	14-02.50	_____

Event 110 Girls Long Jump 4A

Top 8 Advance by Mark

Saturday 5/15/2010 - 10:45 AM

ASAAMtRecd: 19-05 2003 Janay DeLoach

R6MtRecord: 18-11 2003 Janay DeLoach

AK Best 2010: 16-02.50 Jessica Todd

R6 Best 2010: 16-01 Alisha Allen

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Prelims

1	210 Hellickson, Allyssa	NP	10-06.50	_____
2	284 Ashmore, Lawjen	WV	14-00.00	_____
3	351 Swanson, Sarah	WV	13-00.00	_____
4	229 Wilkes, Ashley	NP	11-11.75	_____
5	212 Joseph, T'Keyah	NP	ND	_____
6	343 Slater, Jenna	WV	12-01.25	_____
7	320 Mather, Laura	WV	10-07.75	_____
8	318 Mackey, Julia	WV	16-00.75	_____
9	82 Allen, Alisha	LAT	16-01.00	_____
10	105 Glaeser, Britt	LAT	14-01.50	_____
11	91 Davis, Da'asha	LAT	12-06.50	_____

Event 111 Boys Long Jump 1A-2A-3A

Saturday 5/15/2010 - 10:00 AM

ASAAMtRecd: 20-00.75 5/23/2009 Travis Price

R6MtRecord: 19-00 5/16/2009 Charles King

AK Best 2010: 19-01.25 Kevin Rima

R6 Best 2010: 19-01.25 Kevin Rima

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 1 Finals

1	70 Lemelin, Tom	H	13-09.50	_____
2	37 Davis, Kevon	EIE	14-06.50	_____
3	46 Schneider, Codi	EIE	15-06.75	_____
4	192 Bartels, Jordan	M	16-06.00	_____
5	198 Fears, Brandon	M	17-09.75	_____
6	199 Holmes, James	M	18-04.75	_____
7	75 Rima, Kevin	H	19-01.25	_____

Event 112 Boys Long Jump 4A

Top 8 Advance by Mark

Saturday 5/15/2010 - 10:45 AM

ASAAMtRecd: 23-00 1997 Derek Ladson

R6MtRecord: 22-03.50 1997 Dereck Ladson

AK Best 2010: 21-07.75 Cyrus Chenault

R6 Best 2010: 20-03 Will Vealy

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 2 Prelims

1	140 Gladden, Tevin	LAT	18-02.25	_____
2	388 Graham, Lorenzo	WV	17-10.25	_____
3	431 Vealy, Will	WV	20-03.00	_____
4	392 Hassebroek, Brey	WV	18-02.00	_____
5	248 Depue, Robert	NP	11-06.75	_____
6	394 Hornsby, Jarael	WV	18-05.00	_____
7	139 Gallegos, Tim	LAT	18-06.75	_____
8	163 Oduola, Marquise	LAT	17-06.00	_____

Flight 2 of 2 Prelims

1	254 Groesbeck, Greg	NP	18-09.25	_____
2	371 Clark, Willie	WV	18-02.00	_____
3	370 Chiu, Trey	WV	18-00.25	_____
4	132 Barnett, Vincent	LAT	20-02.50	_____
5	375 Davis, Ty	WV	18-03.00	_____
6	362 Agae, Ishmael	WV	18-04.75	_____
7	364 Anderson, Dominick	WV	16-11.25	_____
8	280 Wentland, Matt	NP	15-00.50	_____

Event 115 Boys Discus Throw 1A-2A-3A

Saturday 5/15/2010 - 10:00 AM

ASAAMtRecd: 141-01 5/23/2009 Kevin Rima

R6MtRecord: 127-10 5/16/2009 Kevin Rima

AK Best 2010: 134-07 Kevin Rima

R6 Best 2010: 134-07 Kevin Rima

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Finals

1	48 Smith, Shawn	EIE	ND	_____
2	40 Fry, Devin	EIE	62-06	_____
3	200 Johnson, Darrin	M	69-04	_____
4	196 Cerny, Danny	M	76-09	_____
5	33 Biggane, Joe	EIE	83-08	_____
6	15 Jensen, Patrick	D	87-11	_____
7	19 Robertson, Darren	D	92-08	_____
8	63 Cornelius, Chris	H	109-02	_____
9	10 Bialik, Josh	D	109-04	_____
10	64 Deveraux, Jackson	H	121-10	_____
11	75 Rima, Kevin	H	134-07	_____

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Event 116 Boys Discus Throw 4A**Top 8 Advance by Mark**

Saturday 5/15/2010 - 10:45 AM

ASAAMtRecd: 192-07 5/23/2007 Jordan Clarke
 R6MtRecord: 171-05 1990 Howard Harrell
 AK Best 2010: 167-10 John Knowles
 R6 Best 2010: 147-05 Ishmael Agae

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 2 Prelims

1	154 Madsen, Elliot	LAT	72-01	_____
2	362 Agae, Ishmael	WV	147-05	_____
3	384 Garris-Shoemaker, R	WV	109-06	_____
4	376 Dawson, Dakota	WV	87-08	_____
5	403 Kuntz, Nyk	WV	87-04	_____
6	378 Eastwood, Logan	WV	95-09	_____
7	166 Owens, Paul	LAT	106-10	_____
8	370 Chiu, Trey	WV	99-08	_____

Flight 2 of 2 Prelims

1	277 Tucker, Garrett	NP	80-05	_____
2	412 Orozco, Alex	WV	122-01	_____
3	279 Wentland, Chris	NP	106-08	_____
4	372 Cogley, Marcus	WV	85-04	_____
5	421 Sample, Joe	WV	95-06	_____
6	262 Jones, Lee	NP	115-03	_____
7	171 Silva, Jonah	LAT	103-00	_____
8	251 Fell, Cohl	NP	91-10	_____

Event 117 Girls Shot Put 1A-2A-3A**Saturday 5/15/2010 - 10:00 AM**

ASAAMtRecd: 33-02.75 5/23/2009 Anna Simmers
 R6MtRecord: 28-01.75 5/16/2009 Demi Obermeyer
 AK Best 2010: 32-11.75 Fran Daly
 R6 Best 2010: 28-07.50 Demi Obermeyer

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 1 Finals

1	3 Fellman, Hannah	D	22-08.00	_____
2	57 Roehl, Sky	H	23-08.00	_____
3	186 Obermeyer, Mia	M	24-04.75	_____
4	54 Goepfert, Ava	H	25-07.00	_____
5	185 Obermeyer, Demi	M	28-07.50	_____

Event 118 Girls Shot Put 4A**Top 8 Advance by Mark**

Saturday 5/15/2010 - 10:45 AM

ASAAMtRecd: 44-04.75 1997 Jenny Luer
 R6MtRecord: 40-09.75 2005 Alana Clooten
 AK Best 2010: 35-10.75 Shellina Irwin
 R6 Best 2010: 33-04.50 Sarah Swanson

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 2 Prelims

1	311 Kurth, Zoe	WV	29-08.25	_____
2	351 Swanson, Sarah	WV	33-04.50	_____
3	85 Benedix, Michelle	LAT	19-10.00	_____
4	317 Lockwood, Robin	WV	19-05.75	_____
5	336 Rohn, Ella	WV	24-03.75	_____
6	217 Perkins, Kyle	NP	18-05.50	_____
7	301 Greenblatt, Claire	WV	24-05.00	_____
8	127 Taylor, Lindsey	LAT	28-03.00	_____

Flight 2 of 2 Prelims

1	344 Solomon, Shelby	WV	33-04.00	_____
2	283 Allen, Melissa	WV	24-10.25	_____
3	285 Baxter, Amber	WV	18-11.00	_____
4	347 Stockwell, Emily	WV	23-03.50	_____
5	111 Ness, Taylor	LAT	26-00.00	_____
6	218 Perkins, Shelby	NP	18-08.00	_____
7	129 Weber, Julia	LAT	21-00.00	_____
8	212 Joseph, T'Keyah	NP	30-01.25	_____