

Region VI High School Track -- 2010 Season

Region VI Track & Field Championships -- Lathrop HS Track -- Friday, May 14, 2010

Time		Event	Description	Sex	First Call	Second Call	Final Call
14:15		PA Announcer Begins Calls			3A Girls DT/3A Boys SP		
					3A-4A Girls HJ		
					3A Boys TJ		
					3A-4A Girls 3200m		
14:20						3A Girls DT/3A Boys SP	
						3A-4A Girls HJ	
						3A Boys TJ	
						3A-4A Girls 3200m	
14:25							3A Girls DT/3A Boys SP
							3A-4A Girls HJ
							3A Boys TJ
							3A-4A Girls 3200m
14:30	3A-4A	3200m	Finals	F			
	3A	Discus	Finals	F			
	3A	Shotput	Finals	M			
	3A	Triple Jump	Finals	M			
	3A-4A	High Jump	Finals	F			
14:35					3A-4A Boys' 3200m		
14:40						3A-4A Boys' 3200m	
14:45							3A-4A Boys' 3200m
14:50	3A-4A	3200m	Finals	M			
14:55					4A Girls' 100mHH		
15:00							
15:00					4A Boys' Triple Jump	4A Girls' 100mHH	
					4A Girls Discus		
					4A Boys Shotput		
15:05		hurdle setup				4A Boys' Triple Jump	4A Girls' 100mHH
						4A Girls Discus	
						4A Boys Shotput	
15:10	4A	100mHH	heat 1	F			4A Boys' Triple Jump
							4A Girls Discus
							4A Boys Shotput
15:15	4A	100mHH	heat 2	F	4A Boys' 110mHH		
	4A	Triple Jump	P & F	M	3A-4A Boys High Jump		
	4A	Discus	P & F	F			
	4A	Shotput	P & F	M			
15:20		hurdle adjustment				4A Boys' 110mHH	
						3A-4A Boys High Jump	
15:25		hurdle adjustment					4A Boys' 110mHH
							3A-4A Boys High Jump
15:30	4A	110mHH	heat 1	M			
	3A-4A	High Jump		M			
15:35	4A	110mHH	heat 2	M	3A Girls' 100m		
15:40		hurdle takedown				3A Girls' 100m	
15:45		hurdle takedown			4A Girls' 100m		3A Girls' 100m
15:50	3A	100m	heat 1	F		4A Girls' 100m	
15:55	3A	100m	heat 2	F	3A Boys' 100m		4A Girls' 100m
16:00							
16:00	4A	100m	heat 1	F	3A-4A Girls Triple Jump	3A Boys' 100m	
16:05	4A	100m	heat 2	F	4A Boys' 100m	3A-4A Girls Triple Jump	3A Boys' 100m
16:10	3A	100m	heat 1	M		4A Boys' 100m	3A-4A Girls Triple Jump
16:15	3A	100m	heat 2	M			4A Boys' 100m
	3A-4A	Triple Jump	P & F	F			
16:20	4A	100m	heat 1	M	4A Girls' 400m		
16:25	4A	100m	heat 2	M		4A Girls' 400m	
16:30					4A Boys' 400m		4A Girls' 400m
16:35	4A	400m	heat 1	F		4A Boys' 400m	
16:40	4A	400m	heat 2	F			4A Boys' 400m
16:45	4A	400m	heat 1	M			
16:50	4A	400m	heat 2	M	4A Girls' 300m H		
16:55		hurdle setup				4A Girls' 300m H	
17:00							
17:00		hurdle setup					4A Girls' 300m H
17:05	4A	300m H	heat 1	F	4A Boys' 300m H		
17:10	4A	300m H	heat 2	F		4A Boys' 300m H	
17:15		hurdle adjustment					4A Boys' 300m H
17:20	4A	300m H	heat 1	M	4A Girls' 200m		
17:25	4A	300m H	heat 2	M		4A Girls' 200m	
17:30		hurdle takedown			4A Boys' 200m		4A Girls' 200m
17:35	4A	200m	heat 1	F		4A Boys' 200m	
17:40	4A	200m	heat 2	F			4A Boys' 200m
17:45	4A	200m	heat 1	M			
17:50	4A	200m	heat 2	M			

Region VI High School Track -- 2010 Season						
Region VI Track & Field Championships -- Lathrop HS Track - Day 2 - Saturday, May 15, 2010						
Time	Event	Sex	First Call	Second Call	Final Call	
9:30	Field Event Athletes Can Begin to Check In aAt 9:30					
9:35						
9:40						
9:45	Calls for Field Events begin		3A Boys Discus 3A Girls Shot 3A Girls Long Jump 3A Boys Long Jump			
9:50	Competitors should check in with the clerk and get their stickers at first call for their events. Instructions will be given to competitors at second call. At final call, competitors will move to the start for introductions			3A Boys Discus 3A Girls Shot 3A Girls Long Jump 3A Boys Long Jump		
9:55		If there is a strong wind, only one runway will be used for the Long Jump. Order will be 3A Girls, 4A Girls, 3A Boys, 4A Boys. If no strong wind, both runways will be used.			3A Boys Discus 3A Girls Shot 3A Girls Long Jump 3A Boys Long Jump	
10:00	3A	Boys Discus	F	M		
	3A	Girls Shot	F	F		
	3A	Girls Long Jump	F	F		
	3A	Boys Long Jump	F	M		
10:05						
10:10						
10:15						
10:20						
10:25						
10:30				4A Boys Discus 4A Girls Shotput 4A Girls Long Jump 4A Boys Long Jump		
10:35				4A Boys Discus 4A Girls Shotput 4A Girls Long Jump 4A Boys Long Jump		
10:40					4A Boys Discus 4A Girls Shotput 4A Girls Long Jump 4A Boys Long Jump	
10:45	4A	Boys Discus	P & F	M		
	4A	Girls Shotput	P & F	F		
	4A	Girls Long Jump	P & F	F		
	4A	Boys Long Jump	P & F	M	3A-4A Girls' 4 x 800m	
10:50					3A-4A Girls' 4 x 800m	
10:55						3A-4A Girls' 4 x 800m
11:00 AM						
11:00	3A-4A	Girls' 4 x 800m	relay	F	3A-4A Boy's 4 x 800m	
11:05					3A-4A Boy's 4 x 800m	
11:10						3A-4A Boy's 4 x 800m
11:15	3A-4A	Boys' 4 x 800m	relay	M	3A Girls' 100m HH	
11:20					4A Girls' 100m HH	3A Girls' 100m HH
11:25		hurdle setup			4A Girls' 100m HH	3A Girls' 100m HH
11:30	3A	Girls' 100m HH	individual	F		4A Girls' 100m HH
11:35	4A	Girls' 100m HH	individual	F	3A Boys' 110m HH	
11:40		hurdle adjustment			4A Boys' 110m HH	3A Boys' 110m HH
11:45		hurdle adjustment			4A Boys' 110m HH	3A Boys' 110m HH
11:50	3A	Boys' 110m HH	individual	M	4A Girls' 100m	4A Boys' 110m HH
11:55	4A	Boys' 110m HH	individual	M		4A Girls' 100m

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Region VI Track & Field Championships -- Lathrop HS Track - Day 2 - Saturday, May 15, 2010							
Time		Event		Sex	First Call	Second Call	Final Call
12:00 PM							
12:00		hurdle takedown				4A Girls' 100m	3A Girls' 100m
12:05	3A	Girls' 100m	individual	F	3A Boys' 100m		4A Girls' 100m
12:10	4A	Girls' 100m	individual	F	4A Boys' 100m	3A Boys' 100m	
12:15						4A Boys' 100m	3A Boys' 100m
12:20	3A	Boys' 100m	individual	M	3A-4A Girls' 4 x 200m		4A Boys' 100m
12:25	4A	Boys' 100m	individual	M		3A-4A Girls' 4 x 200m	
12:30					3A-4A Boys' 4 x 200m		3A-4A Girls' 4 x 200m
12:35	3A-4A	Girls' 4 x 200m	relay	F		3A-4A Boys' 4 x 200m	
12:40					3A Girls' 1600m		3A-4A Boys' 4 x 200m
12:45	3A-4A	Boys' 4 x 200m	relay	M		3A Girls' 1600m	
12:50					4A Girls' 1600m		3A Girls' 1600m
12:55	3A	Girls' 1600m	individual	F		4A Girls' 1600m	
1:00 PM							
13:00					3A Boys' 1600m		4A Girls' 1600m
13:05	4A	Girls' 1600m	individual	F		3A Boys' 1600m	
13:10					4A Boys' 1600m		3A Boys' 1600m
13:15	3A	Boys' 1600m	individual	M		4A Boys' 1600m	
13:20					3A-4A Girls' 4 x 100m		4A Boys' 1600m
13:25	4A	Boys' 1600m	individual	M		3A-4A Girls' 4 x 100m	
13:30					3A-4A Boys' 4 x 100m		3A-4A Girls' 4 x 100m
13:35	3A-4A	Girls' 4 x 100m	relay	F		3A-4A Boys' 4 x 100m	
13:40					3A Girls' 400m		3A-4A Boys' 4 x 100m
13:45	3A-4A	Boys' 4 x 100m	relay	M	4A Girls' 400m	3A Girls' 400m	
13:50						4A Girls' 400m	3A Girls' 400m
13:55	3A	Girls' 400m	individual	F	3A Boys' 400m		4A Girls' 400m
2:00 PM							
14:00	4A	Girls' 400m	individual	F	4A Boys' 400m	3A Boys' 400m	
14:05						4A Boys' 400m	3A Boys' 400m
14:10	3A	Boys' 400m	individual	M			4A Boys' 400m
14:15	4A	Boys' 400m	individual	M	3A Girls' 300m IH		
14:20		hurdle setup			4A Girls' 300m IH	3A Girls' 300m IH	
14:25		hurdle setup				4A Girls' 300m IH	3A Girls' 300m IH
14:30	3A	Girls' 300m IH	individual	F			4A Girls' 300m IH
14:35	4A	Girls' 300m IH	individual	F	3A Boys' 300m IH		
14:40		hurdle adlustment			4A Boys' 300m IH	3A Boys' 300m IH	
14:45		hurdle adlustment				4A Boys' 300m IH	3A Boys' 300m IH
14:50	3A	Boys' 300m IH	individual	M			4A Boys' 300m IH
14:55	4A	Boys' 300m IH	individual	M	3A Girls' 800m		
3:00 PM							
15:00		hurdle takedown			4A Girls' 800m	3A Girls' 800m	
15:05		hurdle takedown				4A Girls' 800m	3A Girls' 800m
15:10	3A	Girls' 800m	individual	F	3A Boys' 800m		4A Girls' 800m
15:15	4A	Girls' 800m	individual	F	4A Boys' 800m	3A Boys' 800m	
15:20						4A Boys' 800m	3A Boys' 800m
15:25	3A	Boys' 800m	individual	M	3A Girls' 200m		4A Boys' 800m
15:30	4A	Boys' 800m	individual	M	4A Girls' 200m	3A Girls' 200m	
15:35						4A Girls' 200m	3A Girls' 200m
15:40	3A	Girls' 200m	individual	F	3A Boys' 200m		4A Girls' 200m
15:45	4A	Girls' 200m	individual	F	4A Boys' 200m	3A Boys' 200m	
15:50						4A Boys' 200m	3A Boys' 200m
15:55	3A	Boys' 200m	individual	M	3A-4A Girls' 4 x 400m		4A Boys' 200m
4:00 PM							
16:00	4A	Boys' 200m	individual	M		3A-4A Girls' 4 x 400m	
16:05					3A-4A Boys' 4 x 400m		3A-4A Girls' 4 x 400m
16:10	3A-4A	Girls' 4 x 400m	relay	F		3A-4A Boys' 4 x 400m	
16:15							3A-4A Boys' 4 x 400m
16:20	3A-4A	Boys' 4 x 400m	relay	M			