

Region VI Track and Field 2010 Season

Region VI Championships
Lathrop HS Track
Hosted by Lathrop HS
May 14-15, 2010

Coaches' Meet Information Packet
for Saturday, May 15
Meet Schedule
Heat Sheets
Day 1 Results

Meets organized and officiated by Running Club North
Data and results services provided by SportAlaska

All meet information available at: <http://region6.sportalaska.com/2010/>

Region VI High School Track -- 2010 Season						
Region VI Track & Field Championships -- Lathrop HS Track - Day 2 - Saturday, May 15, 2010						
Time	Event	Sex	First Call	Second Call	Final Call	
9:30	Field Event Athletes Can Begin to Check In aAt 9:30					
9:35						
9:40						
9:45	Calls for Field Events begin		3A Boys Discus 3A Girls Shot 3A Girls Long Jump 3A Boys Long Jump			
9:50	Competitors should check in with the clerk and get their stickers at first call for their events. Instructions will be given to competitors at second call. At final call, competitors will move to the start for introductions			3A Boys Discus 3A Girls Shot 3A Girls Long Jump 3A Boys Long Jump		
9:55		If there is a strong wind, only one runway will be used for the Long Jump. Order will be 3A Girls, 4A Girls, 3A Boys, 4A Boys. If no strong wind, both runways will be used.			3A Boys Discus 3A Girls Shot 3A Girls Long Jump 3A Boys Long Jump	
10:00	3A	Boys Discus	F	M		
	3A	Girls Shot	F	F		
	3A	Girls Long Jump	F	F		
	3A	Boys Long Jump	F	M		
10:05						
10:10						
10:15						
10:20						
10:25						
10:30				4A Boys Discus 4A Girls Shotput 4A Girls Long Jump 4A Boys Long Jump		
10:35				4A Boys Discus 4A Girls Shotput 4A Girls Long Jump 4A Boys Long Jump		
10:40					4A Boys Discus 4A Girls Shotput 4A Girls Long Jump 4A Boys Long Jump	
10:45	4A	Boys Discus	P & F	M		
	4A	Girls Shotput	P & F	F		
	4A	Girls Long Jump	P & F	F		
	4A	Boys Long Jump	P & F	M	3A-4A Girls' 4 x 800m	
10:50					3A-4A Girls' 4 x 800m	
10:55						3A-4A Girls' 4 x 800m
11:00 AM						
11:00	3A-4A	Girls' 4 x 800m	relay	F	3A-4A Boy's 4 x 800m	
11:05					3A-4A Boy's 4 x 800m	
11:10						3A-4A Boy's 4 x 800m
11:15	3A-4A	Boys' 4 x 800m	relay	M	3A Girls' 100m HH	
11:20					4A Girls' 100m HH	3A Girls' 100m HH
11:25		hurdle setup			4A Girls' 100m HH	3A Girls' 100m HH
11:30	3A	Girls' 100m HH	individual	F		4A Girls' 100m HH
11:35	4A	Girls' 100m HH	individual	F	3A Boys' 110m HH	
11:40		hurdle adjustment			4A Boys' 110m HH	3A Boys' 110m HH
11:45		hurdle adjustment			4A Boys' 110m HH	3A Boys' 110m HH
11:50	3A	Boys' 110m HH	individual	M	4A Girls' 100m	4A Boys' 110m HH
11:55	4A	Boys' 110m HH	individual	M		4A Girls' 100m

Region VI High School Track -- 2010 Season							
Region VI Track & Field Championships -- Lathrop HS Track - Day 2 - Saturday, May 15, 2010							
Time		Event		Sex	First Call	Second Call	Final Call
12:00 PM							
12:00		hurdle takedown				4A Girls' 100m	3A Girls' 100m
12:05	3A	Girls' 100m	individual	F	3A Boys' 100m		4A Girls' 100m
12:10	4A	Girls' 100m	individual	F	4A Boys' 100m	3A Boys' 100m	
12:15						4A Boys' 100m	3A Boys' 100m
12:20	3A	Boys' 100m	individual	M	3A-4A Girls' 4 x 200m		4A Boys' 100m
12:25	4A	Boys' 100m	individual	M		3A-4A Girls' 4 x 200m	
12:30					3A-4A Boys' 4 x 200m		3A-4A Girls' 4 x 200m
12:35	3A-4A	Girls' 4 x 200m	relay	F		3A-4A Boys' 4 x 200m	
12:40					3A Girls' 1600m		3A-4A Boys' 4 x 200m
12:45	3A-4A	Boys' 4 x 200m	relay	M		3A Girls' 1600m	
12:50					4A Girls' 1600m		3A Girls' 1600m
12:55	3A	Girls' 1600m	individual	F		4A Girls' 1600m	
1:00 PM							
13:00					3A Boys' 1600m		4A Girls' 1600m
13:05	4A	Girls' 1600m	individual	F		3A Boys' 1600m	
13:10					4A Boys' 1600m		3A Boys' 1600m
13:15	3A	Boys' 1600m	individual	M		4A Boys' 1600m	
13:20					3A-4A Girls' 4 x 100m		4A Boys' 1600m
13:25	4A	Boys' 1600m	individual	M		3A-4A Girls' 4 x 100m	
13:30					3A-4A Boys' 4 x 100m		3A-4A Girls' 4 x 100m
13:35	3A-4A	Girls' 4 x 100m	relay	F		3A-4A Boys' 4 x 100m	
13:40					3A Girls' 400m		3A-4A Boys' 4 x 100m
13:45	3A-4A	Boys' 4 x 100m	relay	M	4A Girls' 400m	3A Girls' 400m	
13:50						4A Girls' 400m	3A Girls' 400m
13:55	3A	Girls' 400m	individual	F	3A Boys' 400m		4A Girls' 400m
2:00 PM							
14:00	4A	Girls' 400m	individual	F	4A Boys' 400m	3A Boys' 400m	
14:05						4A Boys' 400m	3A Boys' 400m
14:10	3A	Boys' 400m	individual	M			4A Boys' 400m
14:15	4A	Boys' 400m	individual	M	3A Girls' 300m IH		
14:20		hurdle setup			4A Girls' 300m IH	3A Girls' 300m IH	
14:25		hurdle setup				4A Girls' 300m IH	3A Girls' 300m IH
14:30	3A	Girls' 300m IH	individual	F			4A Girls' 300m IH
14:35	4A	Girls' 300m IH	individual	F	3A Boys' 300m IH		
14:40		hurdle adlustment			4A Boys' 300m IH	3A Boys' 300m IH	
14:45		hurdle adlustment				4A Boys' 300m IH	3A Boys' 300m IH
14:50	3A	Boys' 300m IH	individual	M			4A Boys' 300m IH
14:55	4A	Boys' 300m IH	individual	M	3A Girls' 800m		
3:00 PM							
15:00		hurdle takedown			4A Girls' 800m	3A Girls' 800m	
15:05		hurdle takedown				4A Girls' 800m	3A Girls' 800m
15:10	3A	Girls' 800m	individual	F	3A Boys' 800m		4A Girls' 800m
15:15	4A	Girls' 800m	individual	F	4A Boys' 800m	3A Boys' 800m	
15:20						4A Boys' 800m	3A Boys' 800m
15:25	3A	Boys' 800m	individual	M	3A Girls' 200m		4A Boys' 800m
15:30	4A	Boys' 800m	individual	M	4A Girls' 200m	3A Girls' 200m	
15:35						4A Girls' 200m	3A Girls' 200m
15:40	3A	Girls' 200m	individual	F	3A Boys' 200m		4A Girls' 200m
15:45	4A	Girls' 200m	individual	F	4A Boys' 200m	3A Boys' 200m	
15:50						4A Boys' 200m	3A Boys' 200m
15:55	3A	Boys' 200m	individual	M	3A-4A Girls' 4 x 400m		4A Boys' 200m
4:00 PM							
16:00	4A	Boys' 200m	individual	M		3A-4A Girls' 4 x 400m	
16:05					3A-4A Boys' 4 x 400m		3A-4A Girls' 4 x 400m
16:10	3A-4A	Girls' 4 x 400m	relay	F		3A-4A Boys' 4 x 400m	
16:15							3A-4A Boys' 4 x 400m
16:20	3A-4A	Boys' 4 x 400m	relay	M			

Region VI Track and Field 2010 Season

Region VI Championships
Lathrop HS Track
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Heat Sheets
for Saturday, May 15
with Final Entries

Meets organized and officiated by Running Club North
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2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Track Events

Event 125 Girls 4x800 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 11:00 AM

ASAAMtRecd: 10:13.57 5/23/2009 Grace Christian
N Leman, M Applegate, H Kopp, Dupea

R6MtRecord: 10:48.43 5/16/2009 Monroe Catholic HS

E Anderson, M Schreder, N Schreder, L Bennett

AK Best 2010: 10:25.40 Grace Christian

R6 Best 2010: 10:42.20 Monroe

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	M	A	10:42.20
	1) 180 Fifield, Macala	2) 188 Schreder, Nicole	
	3) 187 Schreder, Megan	4) 178 Bennett, Lizzy	
5	EIE	A	11:37.80
	1) 25 Armour, Andie	2) 26 Belt, Mallorie	
	3) 27 Boyd, Taylor	4) 29 Hebert, Ashlynn	
	5) 30 Murtiff, Mickey	6) 31 Son, Kaylin	
6	D	A	11:44.30
	1) 8 Trainor, Sam	2) 4 Green, Crystal	
	3) 6 Ionashku, Tanya	4) 1 Byam, Anna	

Event 126 Girls 4x800 Meter Relay 4A

Saturday 5/15/2010 - 11:00 AM

ASAAMtRecd: 9:35.21 2004 West Valley
L Johnson, C Gillis, C Miller, M Callahan

R6MtRecord: 10:12.43 5/16/2009 Lathrop HS

M Edic, R Hanson, K Fitzgerald, H Edic

AK Best 2010: 9:48.16 South Anchorage

R6 Best 2010: 10:17.42 Lathrop

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	LAT	A	10:17.50
	1) 84 Angell, Christine	2) 103 Geddings, Brianna	
	3) 98 Farnham, Nicole	4) 94 Edic, Megan	
	5) 109 King, Sarah	6) 100 Fitzgerald, Kim	
2	NP	A	10:25.60
	1) 222 Schmitz, Christi	2) 223 Schmitz, Kelly	
	3) 221 Rood, Nicole	4) 232 Wright, Jessica	
	5) 224 Taiclut, Sabrina	6) 231 Wood, Sam	
3	WV	A	10:40.40
	1) 338 Rorabaugh, Marisa	2) 286 Boyer, Hannah	
	3) 337 Rorabaugh, Eliza	4) 287 Callahan, Molly	
	5) 322 Mayo, Ema	6) 295 Egger, Gathoni	

Event 127 Boys 4x800 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 11:15 AM

ASAAMtRecd: 8:35.74 5/23/2009 Grace Christian
J Klein, Q Metcalf, J Dillon, J Kirk

R6MtRecord: 9:04.52 5/16/2009 Delta HS

E Pelto, A Ionashku, J Bialik, S Tappen

AK Best 2010: 8:22.30 Grace Christian

R6 Best 2010: 8:55.70 Delta

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
5	H	A	9:38.00
	1) 62 Burgett, Brandon	2) 69 Jacobson, Zach	
	3) 76 Rubio, Marcos	4) 77 Sands, Tyler	
6	M	A	10:01.93
	1) 197 Cerny, Tommy	2) 206 Parent, Adam	
	3) 202 Kjera, Leanard	4) 207 Therriault, Justin	
2	D	A	8:55.70
	1) 23 Tatarenko, David	2) 14 Ionashku, Andrey	
	3) 10 Bialik, Josh	4) 18 Pelto, Eric	
	5) 24 Tirrell, Tony	6) 13 Herman, Charlie	
3	EIE	A	9:07.50
	1) 34 Borberly, Mike	2) 50 Valero, Jeremy	
	3) 36 Connolly, Patrick	4) 43 Mitchell, William	
	5) 47 Smith, Chris		

Event 128 Boys 4x800 Meter Relay 4A

Saturday 5/15/2010 - 11:15 AM

ASAAMtRecd: 8:02.77 5/23/2009 Service
S Talbot, J Lane, R Walgren, C Phelps

R6MtRecord: 8:21.26 2002 North Pole HS

AK Best 2010: 7:58.08 Service

R6 Best 2010: 8:40.62 Lathrop

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	LAT	A	8:40.70
	1) 133 Castellini, Luke	2) 160 Nixon-Helms, Dylan	
	3) 168 Rankin, Keegan	4) 151 Kornkven, Ryer	
	5) 143 Hanson, Kyle	6) 175 Wilkinson, Kipp	
4	WV	A	9:16.50
	1) 406 Mayo, Wyatt	2) 401 Kowalski, Brandon	
	3) 405 Leder, James	4) 389 Grzeda, Kuba	
	5) 409 Noon, Peter	6) 369 Bishop, Andrew	
7	NP	A	10:13.41
	1) 263 Jutila, Kevin	2) 249 DeWilde, Gavin	
	3) 253 Gilmore, Joseph	4) 268 Martin, James	
	5) 273 Smith, Zack	6) 244 Copeland, Leonard	

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

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Lathrop HS Track

Meet Program - Day 2 Track Events

Event 129 Girls 100 Meter Hurdles 1A-2A-3A

Saturday 5/15/2010 - 11:30 AM

ASAAMtRecd: 15.29 5/23/2009 Anna Simmers
 R6MtRecord: 18.82 5/16/2009 Brandi Swanson
 AK Best 2010: 17.64 Karley Madren
 R6 Best 2010: 19.27 Jakeera Garrett

Lane Name	School	Seed Time
Section 1 of 1 Finals		
2 182 Halvarson, Josie	M	NT _____
3 3 Fellman, Hannah	D	22.31 _____
4 53 Garrett, Jakeera	H	19.27 _____
5 183 Jessica, Stokes	M	21.10 _____
6 31 Son, Kaylin	EIE	NT _____

Event 130 Girls 100 Meter Hurdles 4A

Saturday 5/15/2010 - 11:35 AM

ASAAMtRecd: 15.03 2000 Jana Schaafsma
 R6MtRecord: 15.70 1999 Stephanie Jackson
 AK Best 2010: 15.36 Emily Sharp
 R6 Best 2010: 18.24 Elli Oba

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 120 Ruckhaus, Thea	LAT	18.96 _____
2 125 Spencer, Dominique	LAT	18.78 _____
3 338 Rorabaugh, Marisa	WV	18.05 _____
4 212 Joseph, T'Keyah	NP	17.93 _____
5 113 Oba, Elli	LAT	18.00 _____
6 305 Jackson, Sarah	WV	18.64 _____
7 351 Swanson, Sarah	WV	19.23 _____
8 357 Walling-Bell, Sophia	WV	19.16 _____

Event 131 Boys 110 Meter Hurdles 1A-2A-3A

Saturday 5/15/2010 - 11:50 AM

ASAAMtRecd: 15.99 5/23/2009 Dylan Beck
 R6MtRecord: 18.06 5/16/2009 Antonio Hamilton
 AK Best 2010: 16.60 Jesse Piper
 R6 Best 2010: 17.84 Antonio Hamilton

Lane Name	School	Seed Time
Section 1 of 1 Finals		
2 21 Swan, Henry	D	NT _____
3 49 Sprankle, Jacob	EIE	22.12 _____
4 41 Hamilton, Antonio	EIE	17.84 _____
5 24 Tirrell, Tony	D	21.24 _____
6 42 Kincade, Jovante	EIE	NT _____

Event 132 Boys 110 Meter Hurdles 4A

Saturday 5/15/2010 - 11:55 AM

ASAAMtRecd: 14.4h 1989 Ollie Massengale
 R6MtRecord: 15.01 2004 Mike Titus
 AK Best 2010: 15.77 Elliott Bauer
 R6 Best 2010: 16.19 Tim Gallegos

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 255 Grzesiuk, Danny	NP	19.67 _____
2 368 Billesbach, Alex	WV	18.13 _____
3 393 Hinzman, Austin	WV	17.31 _____
4 139 Gallegos, Tim	LAT	15.79 _____
5 173 Tippet, Colin	LAT	16.70 _____
6 252 Foran, Walter	NP	17.60 _____
7 366 Andresen, Nik	WV	18.85 _____
8 233 Albert, Cody	NP	20.00 _____

Event 133 Girls 100 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 12:05 AM

ASAAMtRecd: 12.94 5/23/2009 Melissa Grammer
 R6MtRecord: 13.63 5/16/2009 Britney Anderson
 AK Best 2010: 13.41 Sadie Anderson
 R6 Best 2010: 13.76 Jakeera Garrett

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 60 Teegardin, Julie	H	15.73 _____
2 179 Clark, Monica	M	14.20 _____
3 181 Gavora, Alexis	M	14.03 _____
4 53 Garrett, Jakeera	H	13.66 _____
5 32 Williams, Jazzmyn	EIE	13.91 _____
6 184 Lundgren, Talia	M	14.03 _____
7 2 Bynum, Ruby	D	14.41 _____
8 59 Swaim, Veronica	H	16.00 _____

Event 134 Girls 100 Meter Dash 4A

Saturday 5/15/2010 - 12:10 PM

ASAAMtRecd: 11.8h 1981 Startlett Jackson
 R6MtRecord: 12.3h 1990 Passion Richardson
 AK Best 2010: 12.54 Alisha Allen
 R6 Best 2010: 12.54 Alisha Allen

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 306 Jones, Kinzea	WV	13.81 _____
2 328 Oates, Jacqueline	WV	13.67 _____
3 331 Oneil, Kieran	WV	13.79 _____
4 82 Allen, Alisha	LAT	13.09 _____
5 321 Mattson, Hannah	WV	13.79 _____
6 284 Ashmore, Lawjen	WV	13.57 _____
7 225 Trusdall, Brittany	NP	14.11 _____
8 309 Kennedy, Jaime	WV	14.15 _____

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

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Lathrop HS Track

Meet Program - Day 2 Track Events

Event 135 Boys 100 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 12:20 PM

ASAAMtRecd: 15.99 5/23/2009 Dylan Beck
 R6MtRecord: 11.98 5/16/2009 Sam Rogers
 AK Best 2010: 11.88 Nick Nysewander-Kellard
 R6 Best 2010: 12.28 Tyler Ellsworth

Lane	Name	School	Prelims
Section 1 of 1 Finals			
1	42 Kincade, Jovante	EIE	13.30
2	37 Davis, Kevon	EIE	13.02
3	198 Fears, Brandon	M	12.65
4	38 Ellsworth, Tyler	EIE	12.39
5	13 Herman, Charlie	D	12.49
6	79 Tompkins, Taylor	H	12.83
7	195 Brown, Rashad	M	13.06
8	19 Robertson, Darren	D	14.07

Event 136 Boys 100 Meter Dash 4A

Saturday 5/15/2010 - 12:25 PM

ASAAMtRecd: 10.90 1995 Joel Knight
 R6MtRecord: 10.6h 1993 Sandreikis Roginson
 AK Best 2010: 11.14 Cyrus Chenault
 R6 Best 2010: 11.54 Frankie Anderson

Lane	Name	School	Prelims
Section 1 of 1 Finals			
1	375 Davis, Ty	WV	11.93
2	132 Barnett, Vincent	LAT	11.89
3	373 Comeau, Brandon	WV	11.84
4	236 Anderson, Frankie	NP	11.46
5	431 Vealy, Will	WV	11.64
6	364 Anderson, Dominick	WV	12.08
7	164 Olson, Brandon	LAT	12.13
8	419 Rodenberger, Brent	WV	12.17

Event 137 Girls 4x200 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 12:35 PM

ASAAMtRecd: 1:54.00 5/23/2009 Anchorage Christian
 C Klein, J Bennett, R Senko, L Anderson
 R6MtRecord: 2:05.77 5/16/2009 Monroe Catholic HS
 K Barnard, J Stokes, E Anderson, T Lundgren
 AK Best 2010: 1:55.60 Anchorage Christian
 R6 Best 2010: 1:59.98 Eielson

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	D	A	2:05.00
	1) 2 Bynum, Ruby	2) 6 Ionashku, Tanya	
	3) 7 Olsen, Kari	4) 9 Wrigley, Mallory	
	5) 5 Heintz, Angie	6) 8 Trainor, Sam	
2	EIE	A	1:59.88
	1) 25 Armour, Andie	2) 26 Belt, Mallorie	
	3) 27 Boyd, Taylor	4) 30 Murtiff, Mickey	
	5) 31 Son, Kaylin	6) 32 Williams, Jazzmyn	
5	M	A	2:00.03
	1) 179 Clark, Monica	2) 177 Barnard, Kirsten	
	3) 184 Lundgren, Talia	4) 181 Gavora, Alexis	
	5) 189 Smith, Anne		

Event 138 Girls 4x200 Meter Relay 4A

Saturday 5/15/2010 - 12:35 PM

ASAAMtRecd: 1:44.86 2003 Lathrop
 Bailly Preston Dollison, Smith
 R6MtRecord: 1:45.1h 1990 Lathrop HS
 Jackson, Walther, Fisher, Richardson
 AK Best 2010: 1:47.07 Dimond
 R6 Best 2010: 1:51.51 West Valley

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	WV	A	1:52.51
	1) 309 Kennedy, Jaime	2) 306 Jones, Kinzea	
	3) 321 Mattson, Hannah	4) 331 Oneil, Kieran	
	5) 300 Gaskins, Erika	6) 334 Reitano, Jordin	
4	LAT	A	1:56.70
	1) 125 Spencer, Dominique	2) 105 Glaeser, Britt	
	3) 99 Fitzgerald, Keri-Lyn	4) 113 Oba, Elli	
	5) 98 Farnham, Nicole	6) 124 Sloat, Alex	
6	NP	A	NT
	1) 223 Schmitz, Kelly	2) 225 Trusdall, Brittany	
	3) 224 Taiclut, Sabrina	4) 210 Hellickson, Allyssa	
	5) 229 Wilkes, Ashley	6) 231 Wood, Sam	

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Lathrop HS Track

Meet Program - Day 2 Track Events

Event 139 Boys 4x200 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 12:45 PM

ASAAMtRecd: 1:39.08 5/23/2009 Haines

B Huntsman, R Olsen, J Piper, K Rush

R6MtRecord: 1:51.64 5/16/2009 Delta HS

J Heintz, D Robertson, A Michie, J Cowart

AK Best 2010: 1:39.27 Su Valley

R6 Best 2010: 1:44.43 Eielson

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	M	A	1:46.76
	1) 199 Holmes, James	2) 195 Brown, Rashad	
	3) 192 Bartels, Jordan	4) 198 Fears, Brandon	
	5) 207 Therriault, Justin		
5	EIE	A	1:44.50
	1) 38 Ellsworth, Tyler	2) 48 Smith, Shawn	
	3) 42 Kincade, Jovante	4) 49 Sprankle, Jacob	
	5) 46 Schneider, Codi	6) 37 Davis, Kevon	

Event 140 Boys 4x200 Meter Relay 4A

Saturday 5/15/2010 - 12:45 PM

ASAAMtRecd: 1:28.5h 1995 Bartlett

Ingraham, Roginson, Myles, Pennino

R6MtRecord: 1:28.8h 1994 Lathrop HS

Mazion, Knight, Pendergrass, Robinson

AK Best 2010: 1:32.70 Bartlett

R6 Best 2010: 1:37.87 West Valley

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

2	LAT	A	1:39.90
	1) 131 Baade, Nolan	2) 158 McCoy, Matt	
	3) 163 Odutola, Marquise	4) 137 Desmond, Hunter	
	5) 164 Olson, Brandon	6) 153 Lee, Kaelen	
3	WV	A	1:37.87
	1) 368 Billesbach, Alex	2) 419 Rodenberger, Brent	
	3) 371 Clark, Willie	4) 373 Comeau, Brandon	
	5) 381 Fairbanks, Jared	6) 410 Nuttall, Chris	
4	NP	A	1:38.15
	1) 262 Jones, Lee	2) 259 Isaacson, Jared	
	3) 278 Ward, Jesse	4) 236 Anderson, Frankie	
	5) 237 Arnold, Mike	6) 233 Albert, Cody	

Event 141 Girls 1600 Meter Run 1A-2A-3A

Saturday 5/15/2010 - 12:55 PM

ASAAMtRecd: 5:18.10 5/23/2009 Kailey Wilson

R6MtRecord: 6:02.95 5/16/2009 Megan Schreder

AK Best 2010: 5:20.85 Kailey Wilson

R6 Best 2010: 5:38.28 Macala Fifield

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	180 Fifield, Macala	M	5:38.28
2	190 Stokes, Delaney	M	6:12.07
3	30 Murtiff, Mickey	EIE	6:13.12
4	187 Schreder, Megan	M	6:34.12
5	4 Green, Crystal	D	6:58.05
6	52 Alexander, Maddy	H	6:58.98

Event 142 Girls 1600 Meter Run 4A

Saturday 5/15/2010 - 1:05 PM

ASAAMtRecd: 4:55.89 2003 Kris Smith

R6MtRecord: 4:57.17 5/19/2007 Samantha Davis

AK Best 2010: 5:14.00 Ivy O'Guinn

R6 Best 2010: 5:21.30 Megan Edic

Lane	Name	School	Seed Time
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Section 1 of 1 Finals

1	94 Edic, Megan	LAT	5:21.30
2	287 Callahan, Molly	WV	5:27.88
3	222 Schmitz, Christi	NP	5:31.36
4	337 Rorabaugh, Eliza	WV	5:38.61
5	232 Wright, Jessica	NP	5:45.70
6	286 Boyer, Hannah	WV	5:45.73
7	128 Temple, Stephanie	LAT	5:58.31
8	295 Egger, Gathoni	WV	6:00.26
9	322 Mayo, Ema	WV	6:01.96
10	327 Noon, Brigit	WV	6:03.17
11	339 Sherman, Julia	WV	6:10.57
12	103 Geddings, Brianna	LAT	6:14.36
13	314 Lilly, Sarah	WV	6:18.68
14	106 Hall, Rachael	LAT	6:35.08
15	292 Covell, Julia	WV	6:40.34
16	221 Rood, Nicole	NP	7:05.92

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Track Events

Event 143 Boys 1600 Meter Run 1A-2A-3A

Saturday 5/15/2010 - 1:15 PM

ASAAMtRecd: 4:27.95 5/23/2009 Jacob Kirk
 R6MtRecord: 4:47.98 5/16/2009 Michael Borbely
 AK Best 2010: 4:26.30 Jacob Kirk
 R6 Best 2010: 4:33.71 Andrey Ionashku

Lane	Name	School	Seed	Time
Section 1 of 1 Finals				
1	14 Ionashku, Andrey	D	4:33.71	_____
2	23 Tatarenko, David	D	5:01.31	_____
3	36 Connolly, Patrick	EIE	5:11.63	_____
4	77 Sands, Tyler	H	5:14.17	_____
5	76 Rubio, Marcos	H	5:14.76	_____
6	47 Smith, Chris	EIE	5:17.28	_____
7	66 Elmer, Ian	H	5:34.79	_____
8	21 Swan, Henry	D	5:38.29	_____
9	194 Brouillard, Ross	M	5:43.78	_____
10	202 Kjera, Leanard	M	5:50.38	_____
11	197 Cerny, Tommy	M	6:23.62	_____
12	43 Mitchell, William	EIE	NT	_____

Event 144 Boys 1600 Meter Run 4A

Saturday 5/15/2010 - 1:25 PM

ASAAMtRecd: 4:13.0h 1985 Doug Herron
 R6MtRecord: 4:25.44 1992 David Dyer
 AK Best 2010: 4:22.80 Silas Talbot
 R6 Best 2010: 4:32.09 Kyle Hanson

Lane	Name	School	Seed	Time
Section 1 of 1 Finals				
1	143 Hanson, Kyle	LAT	4:32.09	_____
2	249 DeWilde, Gavin	NP	4:36.97	_____
3	389 Grzeda, Kuba	WV	4:39.57	_____
4	405 Leder, James	WV	4:46.43	_____
5	409 Noon, Peter	WV	4:52.87	_____
6	160 Nixon-Helms, Dylan	LAT	4:54.59	_____
7	415 Patrick, Ian	WV	4:55.07	_____
8	369 Bishop, Andrew	WV	4:55.33	_____
9	406 Mayo, Wyatt	WV	4:55.84	_____
10	401 Kowalski, Brandon	WV	4:56.08	_____
11	425 Stout, Seth	WV	4:56.81	_____
12	400 Keskinen, Zach	WV	4:57.00	_____
13	427 Toelle, Neill	WV	4:57.69	_____
14	133 Castellini, Luke	LAT	5:04.85	_____
15	253 Gilmore, Joseph	NP	5:36.37	_____
16	268 Martin, James	NP	5:58.50	_____

Event 145 Girls 4x100 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 1:35 PM

ASAAMtRecd: 52.83 5/23/2009 Anchorage Christian
 R Senko, J Bennett, L Anderson, C Bennett
 R6MtRecord: 58.31 5/16/2009 Monroe Catholic HS
 M Clark, K Barnard, E Anderson, T Lundgren
 AK Best 2010: 54.54 Anchorage Christian
 R6 Best 2010: 56.52 Monroe Catholic

Lane	Team	Relay	Seed	Time
Section 1 of 1 Finals				
1	D	A	1:02.04	_____
	1) 2 Bynum, Ruby	2) 7 Olsen, Kari		
	3) 8 Trainor, Sam	4) 5 Heintz, Angie		
	5) 9 Wrigley, Mallory	6) 3 Fellman, Hannah		
2	M	A	56.52	_____
	1) 179 Clark, Monica	2) 177 Barnard, Kirsten		
	3) 184 Lundgren, Talia	4) 181 Gavora, Alexis		
	5) 189 Smith, Anne			
5	EIE	A	57.11	_____
	1) 25 Armour, Andie	2) 26 Belt, Mallorie		
	3) 27 Boyd, Taylor	4) 30 Murtiff, Mickey		
	5) 31 Son, Kaylin	6) 32 Williams, Jazzmyn		

Event 146 Girls 4x100 Meter Relay 4A

Saturday 5/15/2010 - 1:35 PM

ASAAMtRecd: 49.77 2005 East Anchorage
 Black, Preston, Smith, Vanzant
 R6MtRecord: 50.14 1999 Lathrop HS
 A Binder, McFarlane, Burras, J Binder
 AK Best 2010: 50.91 Bartlett
 R6 Best 2010: 52.96 West Valley

Lane	Team	Relay	Seed	Time
Section 1 of 1 Finals				
3	WV	A	52.96	_____
	1) 306 Jones, Kinzea	2) 318 Mackey, Julia		
	3) 321 Mattson, Hannah	4) 331 Oneil, Kieran		
	5) 334 Reitano, Jordin	6) 309 Kennedy, Jaime		
4	LAT	A	56.84	_____
	1) 125 Spencer, Dominique	2) 105 Glaeser, Britt		
	3) 99 Fitzgerald, Keri-Lyn	4) 98 Farnham, Nicole		
	5) 113 Oba, Elli	6) 124 Sloat, Alex		

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Track Events

Event 147 Boys 4x100 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 1:45 PM

ASAAMtRecd: 47.11 5/23/2009 Grace Christian
M Dockter, C Davis, J Hansen, L Turner

R6MtRecord: 51.29 5/16/2009 Delta HS

J Heintz, C Trim, A Michie, K Kelderman

AK Best 2010: 48.25 Anchorage Christian

R6 Best 2010: 49.56 Monroe Catholic

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	EIE	A	50.42
	1) 37 Davis, Kevon	2) 38 Ellsworth, Tyler	
	3) 42 Kincade, Jovante	4) 46 Schneider, Codi	
	5) 48 Smith, Shawn	6) 49 Sprankle, Jacob	
5	M	A	49.56
	1) 199 Holmes, James	2) 195 Brown, Rashad	
	3) 192 Bartels, Jordan	4) 198 Fears, Brandon	
	5) 207 Therriault, Justin		

Event 148 Boys 4x100 Meter Relay 4A

Saturday 5/15/2010 - 1:45 PM

ASAAMtRecd: 43.50 5/20/2006 East Anchorage
D Wilson, T Knutson, S Sosa, D Wilson

R6MtRecord: 43.72 1994 Lathrop HS

Mazion, Mullin, Jones, Robinson

AK Best 2010: 44.91 Bartlett

R6 Best 2010: 45.10 North Pole

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

2	LAT	A	47.54
	1) 131 Baade, Nolan	2) 158 McCoy, Matt	
	3) 137 Desmond, Hunter	4) 153 Lee, Kaelen	
	5) 164 Olson, Brandon	6) 169 Schauer, Anthony	
3	NP	A	45.10
	1) 262 Jones, Lee	2) 259 Isaacson, Jared	
	3) 278 Ward, Jesse	4) 236 Anderson, Frankie	
	5) 237 Arnold, Mike	6) 267 Markie, Chris	
4	WV	A	46.00
	1) 368 Billesbach, Alex	2) 371 Clark, Willie	
	3) 431 Vealy, Will	4) 364 Anderson, Dominick	
	5) 381 Fairbanks, Jared	6) 391 Harrington, Alex	

Event 149 Girls 400 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 1:55 PM

ASAAMtRecd: 1:01.11 5/23/2009 Britney Anderson

R6MtRecord: 1:03.56 5/16/2009 Britney Anderson

AK Best 2010: 1:03.67 Gabriella Serventi

R6 Best 2010: 1:05.56 Macala Fifield

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 1 Finals

1	189 Smith, Anne	M	1:15.22
2	187 Schreder, Megan	M	1:10.84
3	25 Armour, Andie	EIE	1:09.34
4	27 Boyd, Taylor	EIE	1:09.46
5	190 Stokes, Delaney	M	1:13.58

Event 150 Girls 400 Meter Dash 4A

Saturday 5/15/2010 - 2:00 PM

ASAAMtRecd: 57.14 5/20/2006 Andrea Crook

R6MtRecord: 59.66 1998 Regina Cambilargiu

AK Best 2010: 56.84 Lierin Flanagan

R6 Best 2010: 1:00.59 Christine Angell

Lane	Name	School	Prelims
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Section 1 of 1 Finals

1	124 Sloat, Alex	LAT	1:09.17
2	284 Ashmore, Lawjen	WV	1:03.42
3	84 Angell, Christine	LAT	1:00.59
4	231 Wood, Sam	NP	1:02.77
5	328 Oates, Jacqueline	WV	1:08.81
6	224 Taiclut, Sabrina	NP	1:11.50
7	123 Skille, Makayla	LAT	1:11.73
8	98 Farnham, Nicole	LAT	1:12.24

Event 151 Boys 400 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 2:10 PM

ASAAMtRecd: 49.82 5/23/2009 Travis Price

R6MtRecord: 57.21 5/16/2009 Josh Cowart

AK Best 2010: 53.82 Jacob Kirk

R6 Best 2010: 57.31 Mike Borberly

Lane	Name	School	Seed Time
------	------	--------	-----------

Section 1 of 1 Finals

1	205 Moore, Michael	M	58.77
2	18 Pelto, Eric	D	57.66
3	34 Borberly, Mike	EIE	57.31
4	10 Bialik, Josh	D	57.43
5	41 Hamilton, Antonio	EIE	58.49
6	207 Therriault, Justin	M	59.94
7	195 Brown, Rashad	M	1:00.91
8	44 Renner, Charles	EIE	1:03.31

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Track Events

Event 152 Boys 400 Meter Dash 4A

Saturday 5/15/2010 - 2:15 PM

ASAAMtRecd:	47.78	5/26/2007	Ethan Hewitt
R6MtRecord:	49.27	1998	Munya Maraire
AK Best 2010:	50.63		J. J. Jack-Nixon
R6 Best 2010:	51.13		Jesse Ward

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 388 Graham, Lorenzo	WV	56.69 _____
2 410 Nuttall, Chris	WV	56.07 _____
3 278 Ward, Jesse	NP	54.88 _____
4 151 Kornkven, Ryer	LAT	55.78 _____
5 259 Isaacson, Jared	NP	57.93 _____
6 233 Albert, Cody	NP	58.35 _____
7 158 McCoy, Matt	LAT	57.86 _____
8 174 Van Flein, Isaac	LAT	58.70 _____

Event 153 Girls 300 Meter Hurdles 1A-2A-3A

Saturday 5/15/2010 - 2:30 PM

ASAAMtRecd:	48.51	5/23/2009	Amie Smithwick
R6MtRecord:	51.94	5/16/2009	Lizzy Bennett
AK Best 2010:	54.03		Sarah Cresap
R6 Best 2010:	54.24		Lizzy Bennett

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 4 Green, Crystal	D	1:08.21 _____
2 9 Wrigley, Mallory	D	1:03.63 _____
3 178 Bennett, Lizzy	M	54.24 _____
4 31 Son, Kaylin	EIE	59.31 _____
5 30 Murtiff, Mickey	EIE	1:04.06 _____
6 182 Halvarson, Josie	M	NT _____
7 183 Jessica, Stokes	M	NT _____
8 5 Heintz, Angie	D	NT _____

Event 154 Girls 300 Meter Hurdles 4A

Saturday 5/15/2010 - 2:35 PM

ASAAMtRecd:	44.93	1994	Lara Kelly
R6MtRecord:	46.93	1999	Karessa Frazier
AK Best 2010:	46.84		Emily Sharp
R6 Best 2010:	52.10		Marisa Rorabaugh

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 125 Spencer, Dominique	LAT	54.47 _____
2 92 Dickerson, Rachel	LAT	52.71 _____
3 305 Jackson, Sarah	WV	52.45 _____
4 338 Rorabaugh, Marisa	WV	52.66 _____
5 113 Oba, Elli	LAT	53.41 _____
6 302 Hinzman, Heather	WV	54.53 _____
7 120 Ruckhaus, Thea	LAT	55.38 _____
8 313 Leonard, Kira	WV	55.51 _____

Event 155 Boys 300 Meter Hurdles 1A-2A-3A

Saturday 5/15/2010 - 2:50 PM

ASAAMtRecd:	40.81	5/23/2009	Dylan Beck
R6MtRecord:	47.42	5/16/2009	Tucker Heyrend
AK Best 2010:	44.34		Daniel Brandon
R6 Best 2010:	45.45		Antonio Hamilton

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 21 Swan, Henry	D	56.15 _____
2 24 Tirrell, Tony	D	49.82 _____
3 41 Hamilton, Antonio	EIE	45.45 _____
4 46 Schneider, Codi	EIE	49.33 _____
5 44 Renner, Charles	EIE	53.08 _____
6 15 Jensen, Patrick	D	59.41 _____
7 193 Bowder, Nathen	M	NT _____

Event 156 Boys 300 Meter Hurdles 4A

Saturday 5/15/2010 - 2:55 PM

ASAAMtRecd:	38.9h	1991	Nathan Moffett
R6MtRecord:	40.5h	1988	Roman Gray
AK Best 2010:	41.26		Karsten Schick
R6 Best 2010:	42.84		Colin Tippett

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 280 Wentland, Matt	NP	47.98 _____
2 368 Billesbach, Alex	WV	44.68 _____
3 139 Gallegos, Tim	LAT	43.73 _____
4 173 Tippett, Colin	LAT	47.81 _____
5 393 Hinzman, Austin	WV	47.90 _____
6 366 Andresen, Nik	WV	48.54 _____
7 417 Reed, Wyatt	WV	52.60 _____
8 135 Cole, Taylor	LAT	59.43 _____

Event 157 Girls 800 Meter Run 1A-2A-3A

Saturday 5/15/2010 - 3:10 PM

ASAAMtRecd:	2:25.41	5/23/2009	Kailey Wilson
R6MtRecord:	2:39.06	5/16/2009	Megan Schreder
AK Best 2010:	2:25.75		Lizzy Bennett
R6 Best 2010:	2:25.75		Lizzy Bennett

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A 178 Bennett, Lizzy	M	2:25.75 _____
2A 190 Stokes, Delaney	M	2:50.43 _____
3A 27 Boyd, Taylor	EIE	2:53.43 _____
4A 52 Alexander, Maddy	H	3:09.36 _____

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Track Events

Event 158 Girls 800 Meter Run 4A

Saturday 5/15/2010 - 3:15 PM

ASAAMtRecd: 2:14.56 2003 Kris Smith
 R6MtRecord: 2:17.00 5/19/2007 Samantha Davis
 AK Best 2010: 2:17.43 Morgan Dampier
 R6 Best 2010: 2:26.06 Kim Fitzgerald

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A 100 Fitzgerald, Kim	LAT	2:26.06
1B 103 Geddings, Brianna	LAT	2:40.54
2A 287 Callahan, Molly	WV	2:26.83
2B 322 Mayo, Ema	WV	2:42.97
3A 94 Edic, Megan	LAT	2:29.58
3B 128 Temple, Stephanie	LAT	2:48.07
4A 337 Rorabaugh, Eliza	WV	2:30.27
4B 326 Noon, Abigail	WV	2:44.37
5A 109 King, Sarah	LAT	2:32.17
6A 223 Schmitz, Kelly	NP	2:33.13
6B 222 Schmitz, Christi	NP	2:36.77
7A 232 Wright, Jessica	NP	2:33.35
7B 295 Egger, Gathoni	WV	2:44.47
8A 286 Boyer, Hannah	WV	2:36.51
8B 350 Sudkamp-Walker, He	WV	2:49.08

Event 159 Boys 800 Meter Run 1A-2A-3A

Saturday 5/15/2010 - 3:25 PM

ASAAMtRecd: 1:59.66 5/23/2009 Travis Price
 R6MtRecord: 2:09.08 5/16/2009 Blake Hughes
 AK Best 2010: 2:01.28 Jacob Kirk
 R6 Best 2010: 2:07.32 Andrey Ionashku

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A 14 Ionashku, Andrey	D	2:07.32
1B 20 St. Peter, Garrett	D	2:52.07
2A 62 Burgett, Brandon	H	2:13.83
2B 77 Sands, Tyler	H	2:22.93
3A 23 Tatarenko, David	D	2:16.74
4A 50 Valero, Jeremy	EIE	2:18.09
4B 47 Smith, Chris	EIE	2:26.31
5A 76 Rubio, Marcos	H	2:20.00
6A 194 Brouillard, Ross	M	2:37.48
7A 34 Borberly, Mike	EIE	2:24.50
8A 205 Moore, Michael	M	2:24.73
8B 206 Parent, Adam	M	3:03.15

Event 160 Boys 800 Meter Run 4A

Saturday 5/15/2010 - 3:30 PM

ASAAMtRecd: 1:49.2h 1985 Doug Herron
 R6MtRecord: 1:56.92 1998 Michael Jordan
 AK Best 2010: 1:56.61 Silas Talbot
 R6 Best 2010: 2:03.12 Kyle Hanson

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1A 143 Hanson, Kyle	LAT	2:03.12
1B 160 Nixon-Helms, Dylan	LAT	2:12.04
2A 389 Grzeda, Kuba	WV	2:04.09
2B 415 Patrick, Ian	WV	2:12.41
3A 249 DeWilde, Gavin	NP	2:06.06
3B 273 Smith, Zack	NP	2:33.94
4A 151 Kornkven, Ryer	LAT	2:06.34
4B 175 Wilkinson, Kipp	LAT	2:14.40
5A 401 Kowalski, Brandon	WV	2:10.94
5B 427 Toelle, Neill	WV	2:18.00
6A 406 Mayo, Wyatt	WV	2:11.08
6B 399 Kendall, Sam	WV	2:18.78
7A 369 Bishop, Andrew	WV	2:11.50
7B 409 Noon, Peter	WV	2:14.42
8A 405 Leder, James	WV	2:12.20
8B 244 Copeland, Leonard	NP	2:35.12

Event 161 Girls 200 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 3:40 PM

ASAAMtRecd: 27.13 5/23/2009 Lexy Siefert
 R6MtRecord: 27.43 5/16/2009 Britney Anderson
 AK Best 2010: 28.04 Gabriella Serventi
 R6 Best 2010: 28.71 Jakeera Garrett

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 177 Barnard, Kirsten	M	32.59
2 25 Armour, Andie	EIE	30.05
3 53 Garrett, Jakeera	H	28.71
4 32 Williams, Jazzmyn	EIE	29.20
5 2 Bynum, Ruby	D	30.72
6 5 Heintz, Angie	D	34.60
7 188 Schreder, Nicole	M	NT
8 189 Smith, Anne	M	NT

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Track Events

Event 162 Girls 200 Meter Dash 4A

Saturday 5/15/2010 - 3:45 PM

ASAAMtRecd: 25.1h 1982 Yvette Ervin
 R6MtRecord: 25.3h 1990 Passion Richardson
 AK Best 2010: 26.00 Lierin Flanagan
 R6 Best 2010: 26.80 Alisha Allen

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 300 Gaskins, Erika	WV	28.58
2 331 Oneil, Kieran	WV	28.26
3 82 Allen, Alisha	LAT	27.05
4 328 Oates, Jacqueline	WV	27.96
5 309 Kennedy, Jaime	WV	28.34
6 306 Jones, Kinzea	WV	29.44
7 334 Reitano, Jordin	WV	29.58
8 330 Odonnell, Dorothy	WV	30.50

Event 163 Boys 200 Meter Dash 1A-2A-3A

Saturday 5/15/2010 - 3:55 PM

ASAAMtRecd: 24.35 5/23/2009 Shane Cawley
 R6MtRecord: 24.41 5/16/2009 Sam Rogers
 AK Best 2010: 23.74 Brian Sears
 R6 Best 2010: 25.11 Tyler Ellsworth

Lane Name	School	Seed Time
Section 1 of 1 Finals		
1 37 Davis, Kevon	EIE	27.37
2 205 Moore, Michael	M	26.69
3 38 Ellsworth, Tyler	EIE	25.11
4 13 Herman, Charlie	D	25.68
5 207 Therriault, Justin	M	26.97
6 193 Bowder, Nathen	M	32.94
7 49 Sprankle, Jacob	EIE	NT
8 18 Pelto, Eric	D	NT

Event 164 Boys 200 Meter Dash 4A

Saturday 5/15/2010 - 4:00 PM

ASAAMtRecd: 21.99 1995 Joel Knight
 R6MtRecord: 21.82 1994 Ambrose Mazion
 AK Best 2010: 22.93 J. J. Jack-Nixon
 R6 Best 2010: 23.34 Frankie Anderson

Lane Name	School	Prelims
Section 1 of 1 Finals		
1 419 Rodenberger, Brent	WV	24.64
2 373 Comeau, Brandon	WV	23.78
3 278 Ward, Jesse	NP	23.43
4 236 Anderson, Frankie	NP	23.68
5 132 Barnett, Vincent	LAT	24.94
6 137 Desmond, Hunter	LAT	25.30
7 237 Arnold, Mike	NP	24.75
8 381 Fairbanks, Jared	WV	24.95

Event 165 Girls 4x400 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 4:10 PM

ASAAMtRecd: 4:36.38 5/23/2009 Grace Christian
 S Cresap, H Kopp, H Johnson, M Dupea
 R6MtRecord: 4:49.88 5/16/2009 Eielson HS
 M Belt, M Byman, K Davis, T Boyd
 AK Best 2010: 4:23.30 Grace Christian
 R6 Best 2010: 4:35.64 Monroe

Lane Team	Relay	Seed Time
Section 1 of 1 Finals		
1 D	A	4:51.84
1) 8 Trainor, Sam	2) 7 Olsen, Kari	
3) 6 Ionashku, Tanya	4) 2 Bynum, Ruby	
5) 1 Byam, Anna		
2 M	A	4:35.64
1) 180 Fifield, Macala	2) 187 Schreder, Megan	
3) 178 Bennett, Lizzy	4) 188 Schreder, Nicole	
5) 182 Halvarson, Josie		
6 EIE	A	4:54.65
1) 25 Armour, Andie	2) 26 Belt, Mallorie	
3) 27 Boyd, Taylor	4) 29 Hebert, Ashlynn	
5) 30 Murtiff, Mickey	6) 31 Son, Kaylin	

Event 166 Girls 4x400 Meter Relay 4A

Saturday 5/15/2010 - 4:10 PM

ASAAMtRecd: 4:04.46 5/23/2009 Kenai Central
 K Louthan, S DeVito, B Beeson, L Flanagan
 R6MtRecord: 4:14.0h 1998 North Pole HS
 AK Best 2010: 4:05.92 Kenai Central
 R6 Best 2010: 4:23.98 Lathrop

Lane Team	Relay	Seed Time
Section 1 of 1 Finals		
3 LAT	A	4:24.00
1) 100 Fitzgerald, Kim	2) 99 Fitzgerald, Keri-Lyn	
3) 94 Edic, Megan	4) 84 Angell, Christine	
5) 124 Sloat, Alex	6) 123 Skille, Makayla	
4 WV	A	4:29.40
1) 287 Callahan, Molly	2) 337 Rorabaugh, Eliza	
3) 284 Ashmore, Lawjen	4) 338 Rorabaugh, Marisa	
5) 286 Boyer, Hannah	6) 328 Oates, Jacqueline	
5 NP	A	4:40.19
1) 223 Schmitz, Kelly	2) 222 Schmitz, Christi	
3) 224 Taiclut, Sabrina	4) 225 Trusdall, Brittany	
5) 232 Wright, Jessica	6) 231 Wood, Sam	

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Track Events

Event 167 Boys 4x400 Meter Relay 1A-2A-3A

Saturday 5/15/2010 - 4:20 PM

ASAAMtRecd: 3:44.16 5/23/2009 Sitka

A Gillespie, G Reeder, I Longridge, R Doggett

R6MtRecord: 3:58.67 5/16/2009 Eielson HS

M Borbely, T Heyrend, A Hamilton, S Rogers

AK Best 2010: 3:40.90 Grace Christian

R6 Best 2010: 3:56.30 Delta

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	M	A	4:11.68 _____
	1) 191 Balko, Michael	2) 206 Parent, Adam	
	3) 196 Cerny, Danny	4) 207 Therriault, Justin	
2	D	A	3:56.30 _____
	1) 13 Herman, Charlie	2) 18 Pelto, Eric	
	3) 24 Tirrell, Tony	4) 10 Bialik, Josh	
	5) 14 Ionashku, Andrey	6) 23 Tatarenko, David	
5	EIE	A	4:03.35 _____
	1) 34 Borberly, Mike	2) 36 Connolly, Patrick	
	3) 41 Hamilton, Antonio	4) 47 Smith, Chris	
	5) 50 Valero, Jeremy		

Event 168 Boys 4x400 Meter Relay 4A

Saturday 5/15/2010 - 4:20 PM

ASAAMtRecd: 3:23.6h 1982 East Anchorage

Singleton, Perham, Brownsberger, Stephens

R6MtRecord: 3:27.4h 1990 Lathrop HS

Reaves, Snelling, Tongue, York

AK Best 2010: 3:29.98 Service

R6 Best 2010: 3:43.17 Lathrop

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	LAT	A	3:43.20 _____
	1) 143 Hanson, Kyle	2) 151 Kornkven, Ryer	
	3) 139 Gallegos, Tim	4) 174 Van Flein, Isaac	
	5) 158 McCoy, Matt	6) 173 Tippett, Colin	
4	WV	A	3:45.02 _____
	1) 410 Nuttall, Chris	2) 389 Grzeda, Kuba	
	3) 371 Clark, Willie	4) 373 Comeau, Brandon	
	5) 406 Mayo, Wyatt	6) 388 Graham, Lorenzo	
6	NP	A	4:02.95 _____
	1) 259 Isaacson, Jared	2) 233 Albert, Cody	
	3) 249 DeWilde, Gavin	4) 267 Markie, Chris	
	5) 255 Grzesiuk, Danny	6) 278 Ward, Jesse	

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Field Events - MLJ, FLJ,MDT, FSP

Event 109 Girls Long Jump 1A-2A-3A

Saturday 5/15/2010 - 10:00 AM

ASAAMtRecd: 15-07.50 5/23/2000 Gabriella Serventi

R6MtRecord: 13-04 5/16/2009 Talia Lundgren

AK Best 2010: 17-07 Kathryn Medinger

R6 Best 2010: 14-02.50 Monica Clark

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Finals

1	9 Wrigley, Mallory	D	11-11.00	_____
2	6 Ionashku, Tanya	D	12-01.00	_____
3	7 Olsen, Kari	D	12-04.00	_____
4	188 Schreder, Nicole	M	12-07.00	_____
5	184 Lundgren, Talia	M	13-00.50	_____
6	53 Garrett, Jakeera	H	13-09.25	_____
7	179 Clark, Monica	M	14-02.50	_____

Event 110 Girls Long Jump 4A

Top 8 Advance by Mark

Saturday 5/15/2010 - 10:45 AM

ASAAMtRecd: 19-05 2003 Janay DeLoach

R6MtRecord: 18-11 2003 Janay DeLoach

AK Best 2010: 16-02.50 Jessica Todd

R6 Best 2010: 16-01 Alisha Allen

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Prelims

1	210 Hellickson, Allyssa	NP	10-06.50	_____
2	284 Ashmore, Lawjen	WV	14-00.00	_____
3	351 Swanson, Sarah	WV	13-00.00	_____
4	229 Wilkes, Ashley	NP	11-11.75	_____
5	212 Joseph, T'Keyah	NP	ND	_____
6	343 Slater, Jenna	WV	12-01.25	_____
7	320 Mather, Laura	WV	10-07.75	_____
8	318 Mackey, Julia	WV	16-00.75	_____
9	82 Allen, Alisha	LAT	16-01.00	_____
10	105 Glaeser, Britt	LAT	14-01.50	_____
11	91 Davis, Da'asha	LAT	12-06.50	_____

Event 111 Boys Long Jump 1A-2A-3A

Saturday 5/15/2010 - 10:00 AM

ASAAMtRecd: 20-00.75 5/23/2009 Travis Price

R6MtRecord: 19-00 5/16/2009 Charles King

AK Best 2010: 19-01.25 Kevin Rima

R6 Best 2010: 19-01.25 Kevin Rima

Pos	Name	School	Seed	Mark
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Flight 1 of 1 Finals

1	70 Lemelin, Tom	H	13-09.50	_____
2	37 Davis, Kevon	EIE	14-06.50	_____
3	46 Schneider, Codi	EIE	15-06.75	_____
4	192 Bartels, Jordan	M	16-06.00	_____
5	198 Fears, Brandon	M	17-09.75	_____
6	199 Holmes, James	M	18-04.75	_____
7	75 Rima, Kevin	H	19-01.25	_____

Event 112 Boys Long Jump 4A

Top 8 Advance by Mark

Saturday 5/15/2010 - 10:45 AM

ASAAMtRecd: 23-00 1997 Derek Ladson

R6MtRecord: 22-03.50 1997 Dereck Ladson

AK Best 2010: 21-07.75 Cyrus Chenault

R6 Best 2010: 20-03 Will Vealy

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 2 Prelims

1	140 Gladden, Tevin	LAT	18-02.25	_____
2	388 Graham, Lorenzo	WV	17-10.25	_____
3	431 Vealy, Will	WV	20-03.00	_____
4	392 Hassebroek, Brey	WV	18-02.00	_____
5	248 Depue, Robert	NP	11-06.75	_____
6	394 Hornsby, Jarael	WV	18-05.00	_____
7	139 Gallegos, Tim	LAT	18-06.75	_____
8	163 Oduola, Marquise	LAT	17-06.00	_____

Flight 2 of 2 Prelims

1	254 Groesbeck, Greg	NP	18-09.25	_____
2	371 Clark, Willie	WV	18-02.00	_____
3	370 Chiu, Trey	WV	18-00.25	_____
4	132 Barnett, Vincent	LAT	20-02.50	_____
5	375 Davis, Ty	WV	18-03.00	_____
6	362 Agae, Ishmael	WV	18-04.75	_____
7	364 Anderson, Dominick	WV	16-11.25	_____
8	280 Wentland, Matt	NP	15-00.50	_____

Event 115 Boys Discus Throw 1A-2A-3A

Saturday 5/15/2010 - 10:00 AM

ASAAMtRecd: 141-01 5/23/2009 Kevin Rima

R6MtRecord: 127-10 5/16/2009 Kevin Rima

AK Best 2010: 134-07 Kevin Rima

R6 Best 2010: 134-07 Kevin Rima

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 1 Finals

1	48 Smith, Shawn	EIE	ND	_____
2	40 Fry, Devin	EIE	62-06	_____
3	200 Johnson, Darrin	M	69-04	_____
4	196 Cerny, Danny	M	76-09	_____
5	33 Biggane, Joe	EIE	83-08	_____
6	15 Jensen, Patrick	D	87-11	_____
7	19 Robertson, Darren	D	92-08	_____
8	63 Cornelius, Chris	H	109-02	_____
9	10 Bialik, Josh	D	109-04	_____
10	64 Deveraux, Jackson	H	121-10	_____
11	75 Rima, Kevin	H	134-07	_____

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Meet Program - Day 2 Field Events - MLJ, FLJ,MDT, FSP

Event 116 Boys Discus Throw 4A**Top 8 Advance by Mark**

Saturday 5/15/2010 - 10:45 AM

ASAAMtRecd: 192-07 5/23/2007 Jordan Clarke
 R6MtRecord: 171-05 1990 Howard Harrell
 AK Best 2010: 167-10 John Knowles
 R6 Best 2010: 147-05 Ishmael Agae

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 2 Prelims

1	154 Madsen, Elliot	LAT	72-01	_____
2	362 Agae, Ishmael	WV	147-05	_____
3	384 Garris-Shoemaker, R	WV	109-06	_____
4	376 Dawson, Dakota	WV	87-08	_____
5	403 Kuntz, Nyk	WV	87-04	_____
6	378 Eastwood, Logan	WV	95-09	_____
7	166 Owens, Paul	LAT	106-10	_____
8	370 Chiu, Trey	WV	99-08	_____

Flight 2 of 2 Prelims

1	277 Tucker, Garrett	NP	80-05	_____
2	412 Orozco, Alex	WV	122-01	_____
3	279 Wentland, Chris	NP	106-08	_____
4	372 Cogley, Marcus	WV	85-04	_____
5	421 Sample, Joe	WV	95-06	_____
6	262 Jones, Lee	NP	115-03	_____
7	171 Silva, Jonah	LAT	103-00	_____
8	251 Fell, Cohl	NP	91-10	_____

Event 117 Girls Shot Put 1A-2A-3A**Saturday 5/15/2010 - 10:00 AM**

ASAAMtRecd: 33-02.75 5/23/2009 Anna Simmers
 R6MtRecord: 28-01.75 5/16/2009 Demi Obermeyer
 AK Best 2010: 32-11.75 Fran Daly
 R6 Best 2010: 28-07.50 Demi Obermeyer

Pos	Name	School	Seed	Mark
-----	------	--------	------	------

Flight 1 of 1 Finals

1	3 Fellman, Hannah	D	22-08.00	_____
2	57 Roehl, Sky	H	23-08.00	_____
3	186 Obermeyer, Mia	M	24-04.75	_____
4	54 Goepfert, Ava	H	25-07.00	_____
5	185 Obermeyer, Demi	M	28-07.50	_____

Event 118 Girls Shot Put 4A**Top 8 Advance by Mark**

Saturday 5/15/2010 - 10:45 AM

ASAAMtRecd: 44-04.75 1997 Jenny Luer
 R6MtRecord: 40-09.75 2005 Alana Clooten
 AK Best 2010: 35-10.75 Shellina Irwin
 R6 Best 2010: 33-04.50 Sarah Swanson

Pos	Name	School	Seed	Mark
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Flight 1 of 2 Prelims

1	311 Kurth, Zoe	WV	29-08.25	_____
2	351 Swanson, Sarah	WV	33-04.50	_____
3	85 Benedix, Michelle	LAT	19-10.00	_____
4	317 Lockwood, Robin	WV	19-05.75	_____
5	336 Rohn, Ella	WV	24-03.75	_____
6	217 Perkins, Kyle	NP	18-05.50	_____
7	301 Greenblatt, Claire	WV	24-05.00	_____
8	127 Taylor, Lindsey	LAT	28-03.00	_____

Flight 2 of 2 Prelims

1	344 Solomon, Shelby	WV	33-04.00	_____
2	283 Allen, Melissa	WV	24-10.25	_____
3	285 Baxter, Amber	WV	18-11.00	_____
4	347 Stockwell, Emily	WV	23-03.50	_____
5	111 Ness, Taylor	LAT	26-00.00	_____
6	218 Perkins, Shelby	NP	18-08.00	_____
7	129 Weber, Julia	LAT	21-00.00	_____
8	212 Joseph, T'Keyah	NP	30-01.25	_____

Region 6 Track and Field 2010 Championships

Lathrop HS Track
Hosted by Lathrop HS
May 14-15, 2010

Results for
for Friday, May 14
Region 6, 4A and 3A Records
Season State Bests

Meets organized and officiated by Running Club North
Data and results services provided by SportAlaska

All meet information available at: <http://region6.sportalaska.com/2010/>

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Results

Girls 100 Meter Dash 1A-2A-3A

Name	School	Prelims
------	--------	---------

Heat 1 Preliminaries Wind: NWI

1	Garrett, Jakeera	H	13.66Q
2	Lundgren, Talia	M	14.03Q
2	Gavora, Alexis	M	14.03Q
4	Teegardin, Julie	H	15.73q
5	Swaim, Veronica	H	16.00q

Heat 2 Preliminaries Wind: NWI

1	Williams, Jazzmyn	EIE	13.91Q
2	Clark, Monica	M	14.20Q
3	Bynum, Ruby	D	14.41Q
4	Heintz, Angie	D	16.24

Girls 3200 Meter Run 1A-2A-3A

Name	School	Finals
------	--------	--------

Section 1

1	Fifield, Macala	M	12:45.84	6
2	Stokes, Delaney	M	13:20.86	4
3	Alexander, Maddy	H	15:55.38	3

Girls High Jump 1A-2A-3A

Name	School	Finals
------	--------	--------

Flight 1

1	Gavora, Alexis	M	J4-06.00	6
2	Francis, Courtney	EIE	J4-04.00	4
3	Fellman, Hannah	D	J4-04.00	3

Girls Triple Jump 1A-2A-3A

Name	School	Finals
------	--------	--------

Flight 1

1	Francis, Courtney	EIE	31-01.50	6
2	Jessica, Stokes	M	29-00.25	4

Girls Discus Throw 1A-2A-3A

Name	School	Finals
------	--------	--------

Flight 1

1	Obermeyer, Demi	M	92-04	6
2	Goepfert, Ava	H	85-01	4
3	Roehl, Sky	H	81-09	3
4	Hebert, Ashlynn	EIE	71-03	2
5	Byam, Anna	D	69-09	1
6	Obermeyer, Mia	M	64-02	
7	Swaim, Veronica	H	62-11	
8	Green, Crystal	D	61-03	

Girls 100 Meter Dash 4A

Name	School	Prelims
------	--------	---------

Heat 1 Preliminaries Wind: NWI

1	Allen, Alisha	LAT	13.09Q
2	Ashmore, Lawjen	WV	13.57Q
3	Oates, Jacqueline	WV	13.67Q
4	Jones, Kinzea	WV	13.81q
5	Glaeser, Britt	LAT	14.68

6	Martellaro, Jessie	WV	15.08
---	--------------------	----	-------

Heat 2 Preliminaries Wind: NWI

1	Oneil, Kieran	WV	13.79Q
1	Mattson, Hannah	WV	13.79Q
3	Trusdall, Brittany	NP	14.11Q
4	Kennedy, Jaime	WV	14.15q
5	Reitano, Jordin	WV	14.45
6	Davis, Da'asha	LAT	14.75

Girls 200 Meter Dash 4A

Name	School	Prelims
------	--------	---------

Heat 1 Preliminaries Wind: NWI

1	Oates, Jacqueline	WV	27.96Q
2	Kennedy, Jaime	WV	28.34Q
3	Jones, Kinzea	WV	29.44Q
4	Craft, Savannah	WV	31.61

Heat 2 Preliminaries Wind: NWI

1	Allen, Alisha	LAT	27.05Q
2	Oneil, Kieran	WV	28.26Q
3	Gaskins, Erika	WV	28.58Q
4	Reitano, Jordin	WV	29.58q
5	Odonnell, Dorothy	WV	30.50q
6	Hinzman, Heather	WV	31.34

Girls 3200 Meter Run 4A

Name	School	Finals
------	--------	--------

Section 1

1	Callahan, Molly	WV	11:34.98	5
2	Edic, Megan	LAT	11:41.30	3
3	Schmitz, Christi	NP	11:48.58	2
4	Wright, Jessica	NP	11:55.40	1
5	Noon, Brigit	WV	12:51.52	
6	Temple, Stephanie	LAT	13:12.99	
7	Fairbanks, Tamara	WV	14:39.06	
8	Lindley, Rachel	WV	14:51.91	
---	Shier, Katie	LAT		DNF

Girls 100 Meter Hurdles 4A

Name	School	Prelims
------	--------	---------

Heat 1 Preliminaries Wind: NWI

1	Joseph, T'Keyah	NP	17.93Q
2	Jackson, Sarah	WV	18.64Q
3	Swanson, Sarah	WV	19.23Q
4	Martellaro, Jessie	WV	19.48
5	Dickerson, Rachel	LAT	19.50
6	Fairbanks, Tamara	WV	21.79

Heat 2 Preliminaries Wind: NWI

1	Oba, Elli	LAT	18.00Q
2	Rorabaugh, Marisa	WV	18.05Q
3	Spencer, Dominique	LAT	18.78Q
4	Ruckhaus, Thea	LAT	18.96q
5	Walling-Bell, Sophia	WV	19.16q
6	Feist, Julianna	WV	20.10
7	Jorgenson, Karen	WV	20.12

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Results

Girls 300 Meter Hurdles 4A

Name	School	Prelims
Heat 1 Preliminaries		
1 Jackson, Sarah	WV	52.45Q
2 Oba, Elli	LAT	53.41Q
3 Hinzman, Heather	WV	54.53Q
4 Ruckhaus, Thea	LAT	55.38q
5 Odonnell, Dorothy	WV	56.15
6 Jorgenson, Karen	WV	57.18
7 Jagow, Joanna	LAT	58.82
Heat 2 Preliminaries		
1 Rorabaugh, Marisa	WV	52.66Q
2 Dickerson, Rachel	LAT	52.71Q
3 Spencer, Dominique	LAT	54.47Q
4 Leonard, Kira	WV	55.51q
5 Martellaro, Jessie	WV	57.03
6 Walling-Bell, Sophia	WV	58.13
7 Feist, Julianna	WV	1:00.51

Girls High Jump 4A

Name	School	Finals
Flight 1		
1 McKinnell, Megan	NP	J5-00.00 5
2 Mattson, Hannah	WV	J5-00.00 3
3 Mackey, Julia	WV	J5-00.00 2
4 Mather, Laura	WV	J4-10.00 1
5 Wolters, Paige	WV	4-04.00
6 Ruckhaus, Thea	LAT	J4-04.00
7 Dickerson, Rachel	LAT	J4-04.00
8 Slater, Jenna	WV	J4-04.00
9 Geddings, Brianna	LAT	4-02.00

Girls Triple Jump 4A

Name	School	Prelims
Flight 1 Preliminaries		
1 Allen, Alisha	LAT	35-00.75q NWI
2 Mackey, Julia	WV	32-11.75q NWI
3 Angell, Christine	LAT	30-00.00q NWI
4 Ruckhaus, Thea	LAT	29-00.75q NWI
5 Dickerson, Rachel	LAT	29-00.00q NWI
6 Joseph, T'Keyah	NP	28-09.50q NWI

Girls Triple Jump 4A

Name	School	Finals
Flight 1 Finals		
1 Allen, Alisha	LAT	35-00.75 5
2 Mackey, Julia	WV	33-02.25 3
3 Angell, Christine	LAT	30-05.75 2
4 Dickerson, Rachel	LAT	30-01.50 1
5 Ruckhaus, Thea	LAT	29-05.75 NWI
6 Joseph, T'Keyah	NP	28-09.50 NWI

Girls Discus Throw 4A

Name	School	Prelims
Flight 1 Preliminaries		
1 Ness, Taylor	LAT	83-07q
2 Kurth, Zoe	WV	81-10q
3 Rohn, Ella	WV	75-11q
4 Taylor, Lindsey	LAT	69-03q
5 Benedix, Michelle	LAT	68-02
6 Perkins, Shelby	NP	57-00
Flight 2 Preliminaries		
1 Swanson, Sarah	WV	93-08q
2 Solomon, Shelby	WV	89-03q
3 Allen, Melissa	WV	80-02q
4 Swenson, Sara	WV	74-11q
5 Wenzlick, Micheala	NP	67-07
6 Greenblatt, Claire	WV	64-04
7 Huff, Jenna	WV	56-09

Girls Discus Throw 4A

Name	School	Finals
Flight 1 Finals		
1 Swanson, Sarah	WV	93-08 5
2 Solomon, Shelby	WV	91-09 3
3 Ness, Taylor	LAT	84-08 2
4 Kurth, Zoe	WV	81-10 1
5 Allen, Melissa	WV	80-02
6 Rohn, Ella	WV	75-11
7 Swenson, Sara	WV	74-11
8 Taylor, Lindsey	LAT	69-03

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Results

Boys 100 Meter Dash 1A-2A-3A

Name	School	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Herman, Charlie	D	12.49Q
2 Fears, Brandon	M	12.65Q
3 Brown, Rashad	M	13.06Q
4 Kincade, Jovante	EIE	13.30q
5 Robertson, Darren	D	14.07q
Heat 2 Preliminaries Wind: NWI		
1 Ellsworth, Tyler	EIE	12.39Q
2 Tompkins, Taylor	H	12.83Q
3 Davis, Kevon	EIE	13.02Q
4 Lemelin, Tom	H	14.36
5 Bowder, Nathen	M	14.72

Boys 3200 Meter Run 1A-2A-3A

Name	School	Finals
Section 1		
1 Ionashku, Andrey	D	9:41.77 6
2 Tatarenko, David	D	11:07.85 4
3 Connolly, Patrick	EIE	11:11.91 3
4 Smith, Chris	EIE	11:28.30 2
5 Rubio, Marcos	H	11:28.36 1
6 Valero, Jeremy	EIE	11:45.54
7 Moore, Michael	M	12:00.79
8 Kjera, Leanard	M	12:13.14
9 Elmer, Ian	H	12:30.25
10 Brouillard, Ross	M	12:34.33
11 St. Peter, Garrett	D	13:41.37

Boys High Jump 1A-2A-3A

Name	School	Finals
Flight 1		
1 Weldon, Alex	EIE	J5-11.00 6
2 Kincade, Jovante	EIE	J4-10.00 4
3 Renner, Charles	EIE	J4-10.00 3
--- Swan, Henry	D	NH

Boys Triple Jump 1A-2A-3A

Name	School	Finals
Flight 1		
1 Rima, Kevin	H	38-08.50 6
2 Herman, Charlie	D	34-09.75 4
3 Tirrell, Tony	D	34-06.25 3
4 Bartels, Jordan	M	33-01.00 2
5 Davis, Kevon	EIE	29-03.75 1
6 Jensen, Patrick	D	25-06.50 NWI

Boys Shot Put 1A-2A-3A

Name	School	Finals
Flight 1		
1 Rima, Kevin	H	44-10.25 6
2 Deveraux, Jackson	H	38-00.25 4
3 Cornelius, Chris	H	36-02.75 3

Flight 1 ... (Boys Shot Put 1A-2A-3A)

Name	School	Finals
4 Robertson, Darren	D	33-05.25 2
5 Jensen, Patrick	D	30-07.50 1
6 Holmes, James	M	30-06.75
7 Biggane, Joe	EIE	29-06.50
8 Fry, Devin	EIE	27-07.25
9 Cerny, Danny	M	27-06.25
10 Johnson, Darrin	M	25-11.75
11 Fritch, Edwin	EIE	23-10.50

Boys 100 Meter Dash 4A

Name	School	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Anderson, Frankie	NP	11.46Q
2 Comeau, Brandon	WV	11.84Q
3 Barnett, Vincent	LAT	11.89Q
4 Davis, Ty	WV	11.93q
5 Rodenberger, Brent	WV	12.17q
6 Barrie, Mark	NP	12.18
7 Baade, Nolan	LAT	12.27

Heat 2 Preliminaries Wind: NWI

1 Vealy, Will	WV	11.64Q
2 Anderson, Dominick	WV	12.08Q
3 Olson, Brandon	LAT	12.13Q
4 Jones, Lee	NP	12.18
5 Vealy, Anthony	WV	12.41

Boys 200 Meter Dash 4A

Name	School	Prelims
Heat 1 Preliminaries Wind: NWI		
1 Ward, Jesse	NP	23.43Q
2 Comeau, Brandon	WV	23.78Q
3 Rodenberger, Brent	WV	24.64Q
4 Arnold, Mike	NP	24.75q
5 Fairbanks, Jared	WV	24.95q
Heat 2 Preliminaries Wind: NWI		
1 Anderson, Frankie	NP	23.68Q
2 Barnett, Vincent	LAT	24.94Q
3 Desmond, Hunter	LAT	25.30Q
4 Odutola, Marquise	LAT	25.50
5 Baade, Nolan	LAT	25.84

Boys 400 Meter Dash 4A

Name	School	Prelims
Heat 1 Preliminaries		
1 Kornkven, Ryer	LAT	55.78Q
2 Isaacson, Jared	NP	57.93Q
3 Albert, Cody	NP	58.35Q
4 Van Flein, Isaac	LAT	58.70q
5 Williams, Storm	LAT	59.30
6 Hebard, Dawson	LAT	1:00.73
Heat 2 Preliminaries		
1 Ward, Jesse	NP	54.88Q

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010

Hosted by Lathrop High School

Lathrop HS Track

Results

2	Nuttall, Chris	WV	56.07Q
3	Graham, Lorenzo	WV	56.69Q
4	McCoy, Matt	LAT	57.86q
5	Agnew, Daide	WV	59.36

Boys 3200 Meter Run 4A

Name	School	Finals
Section 1		
2	Hanson, Kyle	LAT 10:10.46 5
3	DeWilde, Gavin	NP 10:18.57 3
5	Nixon-Helms, Dylan	LAT 10:32.94 1
6	Kowalski, Brandon	WV 10:37.25
7	Stout, Seth	WV 10:40.51
8	Keskinen, Zach	WV 10:51.91
9	Noon, Peter	WV 10:38.90
10	Sayre, Mikko	WV 11:10.77
11	Wilkinson, Kipp	LAT 11:24.84
12	Gilmore, Joseph	NP 12:13.65
13	Smith, Zack	NP 12:35.30
---	Leder, James	WV 10:23.95 2
---	Toelle, Neill	WV 10:40.80

Boys 110 Meter Hurdles 4A

Name	School	Prelims
Heat 1 Preliminaries Wind: NWI		
1	Gallegos, Tim	LAT 15.79Q
2	Hinzman, Austin	WV 17.31Q
3	Billesbach, Alex	WV 18.13Q
4	Albert, Cody	NP 20.00q
Heat 2 Preliminaries Wind: NWI		
1	Tippett, Colin	LAT 16.70Q
2	Foran, Walter	NP 17.60Q
3	Andresen, Nik	WV 18.85Q
4	Grzesiuk, Danny	NP 19.67q
5	Reed, Wyatt	WV 20.82
6	Reece, Trevor	NP 22.77

Boys 300 Meter Hurdles 4A

Name	School	Prelims
Heat 1 Preliminaries		
1	Gallegos, Tim	LAT 43.73Q
2	Billesbach, Alex	WV 44.68Q
3	Wentland, Matt	NP 47.98Q
4	Cole, Taylor	LAT 59.43q
---	Turner, Jerrico	WV DNF
Heat 2 Preliminaries		
1	Tippett, Colin	LAT 47.81Q
2	Hinzman, Austin	WV 47.90Q
3	Andresen, Nik	WV 48.54Q
4	Reed, Wyatt	WV 52.60q

Boys High Jump 4A

Name	School	Finals
Flight 1		
1	Hassebroek, Brey	WV J6-02.00 5

Flight 1 ... (Boys High Jump 4A)

Name	School	Finals
2	Groesbeck, Greg	NP J6-02.00 3
3	Gladden, Tevin	LAT J6-00.00 2
4	Vealy, Will	WV J5-10.00 1
5	Ariola, Kent	WV 5-08.00
6	Albert, Cody	NP J5-08.00
7	Vealy, Anthony	WV 5-06.00
8	Anderson, Dominick	WV 5-02.00

Boys Triple Jump 4A

Name	School	Prelims
Flight 1 Preliminaries		
1	Gladden, Tevin	LAT 39-11.25q NWI
2	Barnett, Vincent	LAT 39-05.75q NWI
3	Davis, Ty	WV 38-06.25q NWI
4	Gallegos, Tim	LAT 38-04.50q NWI
5	Groesbeck, Greg	NP 38-04.50q NWI
6	Hornsby, Jarael	WV 37-03.75q NWI
7	Odutola, Marquise	LAT 35-10.25q NWI
8	Ariola, Kent	WV 34-08.00q NWI
9	Priest, Traigh	NP 30-09.50 NWI
---	Hughes, Rorey	NP ND NWI
---	Brenner, Nick	NP ND NWI

Boys Triple Jump 4A

Name	School	Finals
Flight 1 Finals		
1	Groesbeck, Greg	NP 40-06.00 5
2	Davis, Ty	WV 40-05.25 3
3	Gallegos, Tim	LAT 40-04.50 2
4	Gladden, Tevin	LAT 40-00.75 1
5	Barnett, Vincent	LAT 39-05.75 NWI
6	Hornsby, Jarael	WV 37-03.75 NWI
7	Odutola, Marquise	LAT 35-10.25 NWI
8	Ariola, Kent	WV 34-08.00 NWI

Boys Shot Put 4A

Name	School	Prelims
Flight 1 Preliminaries		
1	Agae, Ishmael	WV 43-04.50q
2	Chiu, Trey	WV 39-11.00q
3	Garris-Shoemaker, Ray	WV 38-03.25q
4	Kuntz, Nyk	WV 30-05.50
5	Owens, Paul	LAT 29-06.25
Flight 2 Preliminaries		
1	Wentland, Chris	NP 39-08.75q
2	Silva, Jonah	LAT 38-09.75q
3	Orozco, Alex	WV 36-00.75q
4	Madsen, Elliot	LAT 32-06.75q
5	Turner, Jerrico	WV 32-04.25q

2010 Region 6 Track & Field Championships - 5/14/2010 to 5/15/2010**Hosted by Lathrop High School****Lathrop HS Track****Results****Boys Shot Put 4A**

Name	School	Finals
Flight 1 Finals		
1 Agae, Ishmael	WV	44-11.75 5
2 Chiu, Trey	WV	40-02.75 3
3 Silva, Jonah	LAT	39-11.00 2
4 Wentland, Chris	NP	39-08.75 1
5 Garris-Shoemaker, Ray	WV	39-04.25
6 Orozco, Alex	WV	36-00.75
7 Madsen, Elliot	LAT	32-06.75
8 Turner, Jerrico	WV	32-04.25

Women - 1A-2A-3A - Team Rankings - 4 Events Scored

1) Monroe Catholic HS	26
2) Eielson HS	12
3) Hutchison HS	10
4) Delta HS	4

Women - 4A - Team Rankings - 4 Events Scored

1) West Valley HS	23
2) Lathrop HS	13
3) North Pole HS	8

Men - 1A-2A-3A - Team Rankings - 4 Events Scored

1) Hutchison HS	20
1) Delta HS	20
3) Eielson HS	19
4) Monroe Catholic HS	2

Men - 4A - Team Rankings - 4 Events Scored

1) West Valley HS	19
2) Lathrop HS	13
3) North Pole HS	12