

Region VI Track and Field 2010 Season

All-Schools Meet #4
West Valley HS Track
Hosted by West Valley HS
April 30-May 1, 2010

Coaches' Meet Information Packet
for Saturday, May 1
Meet Schedule
Heat Sheets
Day 1 Results

Meets organized and officiated by Running Club North
Data and results services provided by SportAlaska

All meet information available at: <http://region6.sportalaska.com/2010/>

Region VI High School Track -- 2010 Season						
Region VI All Schools Meet #3 -- West Valley HS Track -- Saturday, May 1, 2010						
Time	Event	Description	Sex	First Call	Second Call	Final Call
11:00	Field Events Begin - FLJ & MLJ; If only one runway, then Girls go first and Boys follow					
12:00	Coaches' Scratch Meeting Begins			Attended by Meet Dir, Clerk, Ass't Starter		
12:00	Timers and Officials Arrive and			Competitors should check in with the clerk and get their stickers as soon at first call for their events. Instructions will be given to competitors at final call.		
12:05	Assume Stations					
12:10	Test Hand & Photo-Timing Equipmt; PA					
12:15	Coaches' Scratch Meeting Ends			Girls' 4 x 800m		
12:20					Girls' 4 x 800m	
12:25						Girls' 4 x 800m
12:30	4 x 800m	Finals	relay	F	Boys' 4 x 800m	
12:35			competition			Boys' 4 x 800m
12:40			break			Boys' 4 x 800m
12:45	4 x 800m	Finals	relay	M	Girls' 100m HH	
12:50			break			Girls' 100m HH
12:55	hurdle setup		ADMIN			Girls' 100m HH
13:00	100m HH	Heat 1	individual	F	Boys' 110m HH	
13:05	100m HH	Heat 2	individual	F		Boys' 110m HH
13:10	hurdle reset		ADMIN			Boys' 110m HH
13:15	110m HH	Heat 1	individual	M	Girls' 100m	
13:20	110m HH	Heat 2	individual	M		Girls' 100m
13:25	hurdle takedown		ADMIN			Girls' 100m
13:30	100m	Heat 1	individual	F	Boys' 100m	
13:35	100m	Heat 2	individual	F		Boys' 100m
13:40	100m	Heat 3	individual	F		Boys' 100m
13:45	100m	Heat 1	individual	M		
13:50	100m	Heat 2	individual	M		
13:55	100m	Heat 3	individual	M	Girls' 4 x 200m	
14:00	100m	Heat 4	individual	M		Girls' 4 x 200m
14:05	exchange setup		ADMIN		Boys' 4 x 200m	Girls' 4 x 200m
14:10	4 x 200m	Finals	relay	f	Girls' 1600m	Boys' 4 x 200m
14:15	exchange setup		ADMIN			Girls' 1600m
14:20	4 x 200m	Finals	relay	M	Boys' 1600m	Girls' 1600m
14:25	1600m	Finals	individual	F		Boys' 1600m
14:30			break			Boys' 1600m
14:35	1600m	Heat 1	individual	M	Girls' 4 x 100m	
14:40	1600m	Heat 2	individual	M		Girls' 4 x 100m
14:45	exchange setup		ADMIN		Boys' 4 x 100m	Girls' 4 x 100m
14:50	4 x 100m	Finals	relay	F	Girls' 400m	Boys' 4 x 100m
14:55	exchange setup		ADMIN			Girls' 400m
15:00	4 x 100m	Finals	relay	M	Boys' 400m	Girls' 400m
15:05	400m	Heat 1	individual	F		Boys' 400m
15:10	400m	Heat 2	individual	F		Boys' 400m
15:15	400m	Heat 1	individual	M		
15:20	400m	Heat 2	individual	M	Girls' 300m IH	
15:25	400m	Heat 3	individual	M		Girls' 300m IH
15:30	hurdle setup		ADMIN			Girls' 300m IH
15:35	300m IH	Heat 1	individual	F	Boys' 300m IH	
15:40	300m IH	Heat 2	individual	F		Boys' 300m IH
15:45	hurdle reset		ADMIN			Boys' 300m IH
15:50	300m IH	Heat 1	individual	M	Girls' 800m	
15:55	300m IH	Heat 2	individual	M		Girls' 800m
16:00	hurdle takedown		ADMIN		Boys' 800m	Girls' 800m
16:05	800m	Heat 1	individual	F		Boys' 800m
16:10	800m	Heat 2	individual	F		Boys' 800m
16:15	800m	Heat 1	individual	M	Girls' 200m	
16:20	800m	Heat 2	individual	M		Girls' 200m
16:25			break			Girls' 200m
16:30	200m	Heat 1	individual	F	Boys' 200m	
16:35	200m	Heat 2	individual	F		Boys' 200m
16:40	200m	Heat 3	individual	F		Boys' 200m
16:45	200m	Heat 1	individual	M		
16:50	200m	Heat 2	individual	M		
16:55	200m	Heat 3	individual	M	Girls' 4 x 400m	
17:00	200m	Heat 4	individual	M		Girls' 4 x 400m
17:05			break		Boys' 4 x 400m	Girls' 4 x 400m
17:10	4 x 400m	Finals	relay	F		Boys' 4 x 400m
17:15			break			Boys' 4 x 400m
17:20	4 x 400m	Finals	relay	M		

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010

West Valley HS Track

Meet Program - Region VI All Schools Meet #4 - Saturday

Event 5 Girls Shot Put

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Shelby Perkins	NPL	18-04.50
2	Robin Lockwood	WVL	19-05.75
3	Amber Baxter	WVL	15-08.50
4	Ella Rohn	WVL	ND
5	Paige Poston	NPL	ND
6	Kyle Perkins	NPL	16-03.00
7	Jenna Huff	WVL	ND

Flight 2 of 2 Finals

1	Mia Obermeyer	MON	24-04.75
2	Ava Goepfert	HUT	24-10.00
3	Emily Stockwell	WVL	23-03.50
4	Claire Greenblatt	WVL	24-05.00
5	Sky Roehl	HUT	22-00.00
6	Demi Obermeyer	MON	26-02.00
7	Hannah Fellman	DEL	22-08.00
8	T'Keyah Joseph	NPL	30-01.25

Event 7 Girls Long Jump

Pos	Name	School	Seed Mark
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Flight 1 of 1 Finals

1	Jakeera Garrett	HUT	ND
2	Teal Rogers	WVL	ND
3	T'Keyah Joseph	NPL	ND
4	Janelle Pascoe	NPL	8-02.25
5	Allyssa Hellickson	NPL	9-09.00
6	Mallory Wrigley	DEL	11-08.50
7	Ashley Wilkes	NPL	11-11.75
8	Tanya Ionashku	DEL	12-01.00
9	Kari Olsen	DEL	12-01.50
10	Nicole Schreder	MON	12-05.00
11	Da'asha Davis	LAT	12-06.50
12	Stokes Jessica	MON	12-07.50
13	Talia Lundgren	MON	12-10.50
14	Monica Clark	MON	13-11.50

Event 8 Boys Long Jump

Pos	Name	School	Seed Mark
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Flight 1 of 2 Finals

1	Kevin Rima	HUT	ND
2	Anthony Vealy	WVL	ND
3	Ty Davis	WVL	ND
4	Robert Depue	NPL	ND
5	Kevon Davis	EIE	ND
6	Wyatt Reed	WVL	ND
7	Adam Parent	MON	ND
8	Willynest Ducasse	LAT	ND
9	Rorey Hughes	NPL	12-03.50
10	Garrette Duncan	NPL	ND

Flight 2 of 2 Finals

1	Lorenzo Graham	WVL	17-10.25
2	Matt Wentland	NPL	14-09.00
3	Tom Lemelin	HUT	13-04.50
4	Greg Groesbeck	NPL	18-09.25
5	Jordan Bartels	MON	15-10.75
6	Codi Schneider	EIE	15-06.75
7	Tony Tirrell	DEL	15-02.50
8	James Holmes	MON	17-07.50
9	Traigh Priest	NPL	12-11.00
10	kevin Karl	MON	17-03.00
11	Nathen Bowder	MON	12-08.25

Event 12 Boys Discus Throw

Pos	Name	School	Seed Mark
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Flight 1 of 3 Finals

1	Troy Williams	HUT	ND
2	Devin Fry	EIE	ND
3	Jack Obrecht	WVL	ND
4	Marcus Cogley	WVL	ND
5	Wesley Martin	Nenana	ND
6	Trevor Haken	Nenana	ND
7	Storm Williams	LAT	ND
8	Ray Garris-Shoemaker	WVL	ND
9	Nathaniel Grimes	Nenana	ND

Flight 2 of 3 Finals

1	Lee Jones	NPL	ND
2	Joe Biggane	EIE	72-04
3	Robert Depue	NPL	72-11
4	Darrin Johnson	MON	67-03
5	Tom Lemelin	HUT	ND
6	Chris Starky	NPL	46-05
7	Danny Cerny	MON	69-11
8	Jacob Meyer	DEL	62-08
9	Kevin Rima	HUT	ND
10	Anthony Depue	NPL	73-00

Flight 3 of 3 Finals

1	Josh Bialik	DEL	88-09
2	Chris Cornelious	HUT	100-08
3	Dakota Dawson	WVL	82-01
4	Logan Eastwood	WVL	95-09
5	Jackson Deveraux	HUT	121-10
6	Garrett Tucker	NPL	80-05
7	Chris Wentland	NPL	100-02
8	Darren Robertson	DEL	89-08
9	Cohl Fell	NPL	89-09
10	Patrick Jensen	DEL	87-11

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010**West Valley HS Track****Meet Program - Region VI All Schools Meet #4 - Saturday****Event 13 Girls 4x800 Meter Relay**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 1 Finals			
1A	WVL	A	11:00.00
	1) Helen Sudkamp-Walker	2) katelynne Lingaas	
	3) Gathoni Egger	4) Abigail Noon	
2A	MON	A	NT
	1) Macala Fifield	2) Megan Schreder	
	3) Nicole Schreder	4) Lizzy Bennett	
3A	EIE	A	NT
	1) Mickey Murtiff	2) Taylor Boyd	
	3) Ashlynn Hebert	4) Kaylin Son	
4A	NPL	A	NT
	1) Jessica Wright	2) Sam Wood	
	3) Nicole Rood	4) Kelly Schmitz	
5A	DEL	A	NT
	1) Anna Byam	2) Tanya Ionashku	
	3) Crystal Green		

Event 14 Boys 4x800 Meter Relay

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 1 Finals			
1A	WVL	A	9:30.00
	1) Bobby Signor	2) Seth Kane	
	3) Oliver Rogers	4) Alex Teslow	
2A	HUT	A	9:55.80
	1) Brandon Burgett	2) Aurturo Ebert	
	3) Tyler Sands	4) Zach Jacobson	
3A	Nenana	A	NT
	1) Aaron Pilot	2) Bagdad Makhambetov	
	3) Manuel Muzquiz	4) Teerawat Jaidee	
4A	DEL	A	NT
	1) David Tatarenko	2) Andrey Ionashku	
	3) Henry Swan	4) Josh Bialik	
5A	EIE	A	NT
	1) Chris Brewer	2) Jeremy Valero	
	3) Mike Borberly	4) William Mitchell	
6A	NPL	A	NT
	1) Leonard Copeland	2) Kevin Jutila	
	3) Gavin DeWilde	4) Zack Smith	
7A	MON	A	NT
	1) Rashad Brown	2) Tommy Cerny	
	3) Leanard Kjera	4) Danny Cerny	

Event 15 Girls 100 Meter Hurdles

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 2 Finals			
2	Emma Oconnor	WVL	NT
3	Ashley Wilkes	NPL	NT
4	Janelle Pascoe	NPL	NT
5	Julianna Feist	WVL	NT
6	Claire Weingartner	WVL	NT
7	Jessie Martellaro	WVL	NT

Section 2 of 2 Finals

1	Jamyl Coleman	LAT	23.18
2	Stokes Jessica	MON	21.10
4	T'Keyah Joseph	NPL	19.27
5	Liz Rogers	NPL	19.36
6	Emily Stockwell	WVL	20.94
7	Hannah Fellman	DEL	22.88
8	Dorothy Odonnell	WVL	NT

Event 16 Boys 110 Meter Hurdles

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 1 Finals			
1	Cody Albert	NPL	NT
2	Tyler McClendon	WVL	NT
3	Danny Grzesiuk	NPL	NT
4	Antonio Hamilton	EIE	18.29
5	Wyatt Reed	WVL	21.44
6	Walter Foran	NPL	NT
7	Trevor Reece	NPL	NT
8	Tony Tirrell	DEL	NT

Event 17 Girls 100 Meter Dash

<u>Lane</u>	<u>Name</u>	<u>School</u>	<u>Seed Time</u>
Section 1 of 3 Finals			
1	Shelby French	WVL	NT
2	Frances Davis	WVL	NT
3	Ruby Bynum	DEL	NT
4	Jessie Martellaro	WVL	NT
5	Janelle Pascoe	NPL	NT
6	Shantee Colbert	WVL	NT
7	Angie Heintz	DEL	NT
Section 2 of 3 Finals			
1	Ashley Wilkes	NPL	NT
2	Veronica Swaim	HUT	16.78
3	Allyssa Hellickson	NPL	16.30
4	Amanda Duneheew	LAT	15.68
5	Cloey Romans	LAT	15.74
7	Sydney Chaves	WVL	NT
Section 3 of 3 Finals			
1	Mallorie Belt	EIE	15.26
2	Talia Lundgren	MON	14.22
3	Brittany Trusdall	NPL	14.13
4	Jacquelle Oates	WVL	13.76
6	Jazzmyn Williams	EIE	14.15
7	Da'asha Davis	LAT	14.48
8	Na'Tia Chester	LAT	15.54

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010

West Valley HS Track

Meet Program - Region VI All Schools Meet #4 - Saturday

Event 18 Boys 100 Meter Dash

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
2	Rorey Hughes	NPL	NT
3	Willynest Ducasse	LAT	NT
4	Jerrico Turner	WVL	NT
5	Jesse Ward	NPL	NT
6	Jared Isaacson	NPL	NT
7	Grant Ebanal	WVL	NT
Section 2 of 4 Finals			
2	Jovante Kincade	EIE	NT
3	Alec Maddin	HUT	15.32
4	Brook Meath	HUT	14.96
5	Nathen Bowder	MON	15.28
6	Matt Fellman	DEL	NT
7	Codi Schneider	EIE	NT
Section 3 of 4 Finals			
2	Rashad Brown	MON	13.96
3	Shawn Smith	EIE	13.91
4	Jacob Sprankle	EIE	13.09
5	Taylor Tompkins	HUT	13.13
6	Quinn Evenson	HUT	13.95
7	Tom Lemelin	HUT	14.68
Section 4 of 4 Finals			
1	Mike Arnold	NPL	12.89
2	Anthony Vealy	WVL	12.55
3	Tyler Ellsworth	EIE	12.40
4	Frankie Anderson	NPL	11.78
5	Lee Jones	NPL	11.94
6	Charlie Herman	DEL	12.53
7	Chris Markie	NPL	12.66

Event 19 Girls 4x200 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	DEL	A	NT
	1) Tanya Ionashku	2) Ruby Bynum	
	3) Mallory Wrigley	4) Sam Trainor	
2	EIE	A	NT
	1) Mallorie Belt	2) Taylor Boyd	
	3) Jazzmyn Williams	4) Andie Armour	
3	LAT	A	2:06.00
	1) Amanda Dunehew	2) Joanna Jagow	
	3) NaTia Chester	4) Cloey Romans	
4	NPL	A	NT
	1) Allyssa Hellickson	2) Ashley Wilkes	
	3) Brittany Trusdall	4) Janelle Pascoe	
5	MON	A	NT
	1) Monica Clark	2) Kirsten Barnard	
	3) Talia Lundgren	4) Alexis Gavora	
6	WVL	A	NT
	1) Dorothy Odonnell	2) Samantha Taube	
	3) Shantee Colbert	4) Savannah Craft	

Event 20 Boys 4x200 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	MON	A	NT
	1) Zach Miller	2) Kevin Karl	
	3) Michael Moore	4) James Holmes	
2	EIE	A	NT
	1) Codi Schneider	2) Jacob Sprankle	
	3) Shawn Smith	4) Tyler Ellsworth	
3	HUT	A	2:00.10
	1) Quinn Evenson	2) Brook Meath	
	3) Alec Maddin	4) Taylor Tompkins	
4	DEL	A	NT
	1) Taylor Levinson	2) Matt Fellman	
	3) Darren Robertson	4) Patrick Jensen	
5	NPL	A	NT
	1) Danny Grzesiuk	2) Chris Markie	
	3) Garrette Duncan	4) Mike Arnold	
6	WVL	A	NT
	1) Lorenzo Graham	2) Jerrico Turner	
	3) Jackson Curry	4) Ty Davis	

Event 21 Girls 1600 Meter Run

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Christi Schmitz	NPL	5:31.36
2	Jessica Wright	NPL	5:45.70
3	Delaney Stokes	MON	6:12.07
4	Mickey Murtiff	EIE	6:13.12
5	Sarah Lilly	WVL	6:22.70
6	Ashlynn Hebert	EIE	6:40.39
9	Chelsea Roehl	HUT	NT
10	Julia Covell	WVL	NT
11	Mykel Mapel	Nenana	NT
12	Ema Mayo	WVL	NT
13	Megan Schreder	MON	NT
14	Kaylin Son	EIE	NT
15	Courtney Kisner	WVL	NT

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010

West Valley HS Track

Meet Program - Region VI All Schools Meet #4 - Saturday

Event 22 Boys 1600 Meter Run

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	William Mitchell	EIE	5:58.70
2	Garrett St. Peter	DEL	6:21.26
3	Taylor Cole	LAT	6:29.00
4	Sam Kendall	WVL	NT
5	James Martin	NPL	NT
6	Tommy Cerny	MON	NT
7	Aaron Pilot	Nenana	NT
8	Manuel Muzquiz	Nenana	NT
10	Eric Jorgenson	WVL	NT
11	Adam Paskvan	WVL	NT
12	Mikko Sayre	WVL	NT
13	Mike Roland	Nenana	NT
14	Riley Troyer	WVL	NT
15	Jason Paskvan	WVL	NT
16	Adam Parent	MON	NT
17	Leanard Kjera	MON	NT
18	Kevin Jutila	NPL	NT
19	Jim Winfree	MON	NT

Section 2 of 2 Finals

1	Andrey Ionashku	DEL	4:36.46
2	Gavin DeWilde	NPL	4:38.77
3	David Tatarenko	DEL	5:08.79
4	Storm Williams	LAT	5:20.36
5	Elijah Fike	EIE	5:31.78
6	Brandon Burgett	HUT	5:31.99
7	David Spindler	HUT	5:32.22
8	Marcos Rubio	HUT	5:32.38
9	Tyler Sands	HUT	5:40.53
10	Joseph Gilmore	NPL	5:41.92
11	Ian Elmer	HUT	5:44.07
12	Aurturo Ebert	HUT	5:47.00
13	Ross Brouillard	MON	5:48.87
14	Zack Smith	NPL	5:48.90
15	Zach Jacobson	HUT	NT
16	Seth Stout	WVL	NT

Event 23 Girls 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	WVL	B	NT
	1) Emma Oconnor	2) Frances Davis	
	3) Julianna Feist	4) Shantee Colbert	
2	DEL	A	NT
	1) Hannah Fellman	2) Sam Trainor	
	3) Mallory Wrigley	4) Angie Heintz	
3	LAT	A	1:00.14
	1) NaTia Chester	2) Amanda Duneheuw	
	3) Tiernan O'Malley	4) Cloey Romans	
4	MON	A	NT
	1) Monica Clark	2) Anne Smith	
	3) Kirsten Barnard	4) Alexis Gavora	
5	EIE	A	NT
	1) Mallorie Belt	2) Taylor Boyd	
	3) Jazzmyn Williams	4) Andie Armour	
6	NPL	A	NT
	1) Megan McKinnell	2) Sabrina Taiclut	
	3) Brittany Trusdall	4) Sam Wood	
7	WVL	A	NT
	1) Samantha Taube	2) Savannah Craft	
	3) Shelby French	4) Sydney Chaves	

Event 24 Boys 4x100 Meter Relay

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	EIE	A	NT
	1) Codi Schneider	2) Tyler Ellsworth	
	3) Shawn Smith	4) Jacob Sprankle	
2	EIE	B	NT
	1) Joe Biggane	2) Devin Fry	
	3) Alex Weldon	4) Jake Rydland	
3	HUT	A	57:48.14
	1) Quinn Evenson	2) Tom Lemelin	
	3) Brook Meath	4) Taylor Tompkins	
4	NPL	A	NT
	1) Chris Markie	2) Danny Grzesiuk	
	3) Rorey Hughes	4) Mike Arnold	
5	MON	A	NT
	1) Zach Miller	2) Rashad Brown	
	3) kevin Karl	4) James Holmes	
6	NPL	B	NT
	1) Garrett Longoria	2) Anthony Stefan	
	3) Zack Swartz	4) Garrett Tucker	

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010

West Valley HS Track

Meet Program - Region VI All Schools Meet #4 - Saturday

Event 25 Girls 400 Meter Dash

Lane Name	School	Seed Time
Section 1 of 2 Finals		
1 Marissa Myhill	LAT	NT _____
2 Nicole Schreder	MON	NT _____
3 Anne Smith	MON	NT _____
4 Sam Wood	NPL	NT _____
5 Delaney Stokes	MON	NT _____
6 Shantee Colbert	WVL	NT _____
7 Gathoni Egger	WVL	NT _____
8 Megan Schreder	MON	NT _____
Section 2 of 2 Finals		
1 Josie Halvarson	MON	NT _____
2 Samantha Taube	WVL	1:12.29 _____
3 Jacqueline Oates	WVL	1:08.81 _____
4 Andie Armour	EIE	1:11.95 _____
5 Joanna Jagow	LAT	1:17.04 _____
6 Sabrina Taiclut	NPL	NT _____
7 Nicole Rogers	LAT	NT _____
8 katelynne Lingaas	WVL	NT _____

Event 26 Boys 400 Meter Dash

Lane Name	School	Seed Time
Section 1 of 3 Finals		
1 Jake Garish	WVL	NT _____
3 Storm Williams	LAT	NT _____
4 Oliver Rogers	WVL	NT _____
5 David Tatarenko	DEL	NT _____
6 Jim Winfree	MON	NT _____
7 Leonard Copeland	NPL	NT _____
Section 2 of 3 Finals		
1 Riley Clarke	LAT	NT _____
2 Cody Albert	NPL	NT _____
3 Charles Renner	EIE	1:03.52 _____
4 Rashad Brown	MON	1:02.51 _____
5 Alex Teslow	WVL	1:02.84 _____
6 Jacob Martolano	MON	1:07.38 _____
7 Ross Brouillard	MON	NT _____
8 Justin Therriault	MON	NT _____
Section 3 of 3 Finals		
1 Lorenzo Graham	WVL	58.74 _____
2 Eric Pelto	DEL	58.38 _____
3 Jesse Ward	NPL	53.74 _____
4 Jared Isaacson	NPL	54.54 _____
5 Antonio Hamilton	EIE	58.49 _____
6 Michael Moore	MON	58.94 _____

Event 27 Girls 300 Meter Hurdles

Lane Name	School	Seed Time
Section 1 of 2 Finals		
2 Shelby Perkins	NPL	NT _____
3 Emma Oconnor	WVL	NT _____
4 Julianna Feist	WVL	NT _____
5 Emily Stockwell	WVL	NT _____
6 Crystal Green	DEL	NT _____
Section 2 of 2 Finals		
1 Mallory Wrigley	DEL	NT _____
2 Mickey Murtiff	EIE	NT _____
3 Dorothy Odonnell	WVL	57.99 _____
4 Lizzy Bennett	MON	NT _____
5 Claire Weingartner	WVL	NT _____
6 Jessie Martellaro	WVL	NT _____

Event 28 Boys 300 Meter Hurdles

Lane Name	School	Seed Time
Section 1 of 2 Finals		
1 Patrick Jensen	DEL	NT _____
2 Kevin Jutila	NPL	NT _____
3 Taylor Cole	LAT	1:02.13 _____
4 Tyler McClendon	WVL	NT _____
6 Trevor Reece	NPL	NT _____
7 Jim Winfree	MON	NT _____
Section 2 of 2 Finals		
1 Wyatt Reed	WVL	53.12 _____
2 Tony Tirrell	DEL	50.88 _____
3 Antonio Hamilton	EIE	46.40 _____
4 Codi Schneider	EIE	49.69 _____
5 kevin Karl	MON	52.29 _____
7 Charles Renner	EIE	56.56 _____

Event 29 Girls 800 Meter Run

Lane Name	School	Seed Time
Section 1 of 2 Finals		
1A Helen Sudkamp-Walker	WVL	NT _____
2A Charlotte Stark	WVL	NT _____
3A Courtney Kisner	WVL	NT _____
4A Amanda McPherson	Nenana	NT _____
5A Nicole Rood	NPL	NT _____
6A Chelsea Roehl	HUT	NT _____
7A Nicole Rogers	LAT	NT _____
8A Julia Covell	WVL	NT _____

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010

West Valley HS Track

Meet Program - Region VI All Schools Meet #4 - Saturday

Section 2 of 2 Finals...(Event 29 Girls 800 Meter Run)

1A	Abigail Noon	WVL	2:51.02	_____
2A	Ema Mayo	WVL	2:42.97	_____
2B	Sarah Lilly	WVL	2:52.40	_____
3A	Lizzy Bennett	MON	2:27.99	_____
3B	Macala Fifield	MON	2:33.02	_____
4A	Jessica Wright	NPL	2:33.35	_____
4B	Kelly Schmitz	NPL	2:37.70	_____
5A	Delaney Stokes	MON	2:50.43	_____
5B	Anne Smith	MON	3:03.52	_____
7A	Ashlynn Hebert	EIE	3:07.81	_____
8A	Christi Schmitz	NPL	NT	_____

Event 30 Boys 800 Meter Run

Lane Name	School	Seed Time
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Section 1 of 2 Finals

1A	Bobby Signor	WVL	NT	_____
1B	Seth Kane	WVL	NT	_____
2A	Henry Swan	DEL	2:35.51	_____
2B	Ross Brouillard	MON	2:43.80	_____
3A	Bagdad Makhambetov	Nenana	NT	_____
3B	Teerawat Jaidee	Nenana	NT	_____
3C	Manuel Muzquiz	Nenana	NT	_____
4A	Riley Troyer	WVL	NT	_____
4B	Jason Paskvan	WVL	NT	_____
5A	Adam Parent	MON	NT	_____
5C	Jim Winfree	MON	NT	_____
6A	Darrin Johnson	MON	NT	_____
6B	Justin Therriault	MON	NT	_____
6C	Tommy Cerny	MON	NT	_____
7A	Zack Smith	NPL	NT	_____
7B	Alex Teslow	WVL	NT	_____
8A	Scott Shears	LAT	NT	_____
8B	Brandon Burgett	HUT	NT	_____

Section 2 of 2 Finals

1A	Jeremy Valero	EIE	2:29.55	_____
1B	Elijah Fike	EIE	2:33.79	_____
2A	Tyler Sands	HUT	2:28.01	_____
2B	David Spindler	HUT	2:34.84	_____
3A	Gavin DeWilde	NPL	2:07.50	_____
3B	Leonard Copeland	NPL	2:35.12	_____
3C	Joseph Gilmore	NPL	2:36.60	_____
4A	Sam Kendall	WVL	2:19.82	_____
4B	Ivan Krapil	WVL	2:32.56	_____
5A	Zach Jacobson	HUT	2:28.76	_____
5B	Aurturo Ebert	HUT	2:35.09	_____
6A	Chris Smith	EIE	2:30.47	_____
6B	William Mitchell	EIE	2:41.63	_____
7A	Marcos Rubio	HUT	2:35.22	_____
7B	Ian Elmer	HUT	2:41.64	_____
8A	Andrey Ionashku	DEL	NT	_____
8B	Josh Bialik	DEL	NT	_____

Event 31 Girls 200 Meter Dash

Lane Name	School	Seed Time
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Section 1 of 3 Finals

1	Angie Heintz	DEL	NT	_____
2	Julianna Feist	WVL	NT	_____
3	Brittany Trusdall	NPL	NT	_____
4	Emma Oconnor	WVL	NT	_____
5	Marissa Myhill	LAT	NT	_____
6	Sydney Chaves	WVL	NT	_____

Section 2 of 3 Finals

2	Ruby Bynum	DEL	NT	_____
3	Samantha Taube	WVL	32.92	_____
4	Savannah Craft	WVL	NT	_____
5	Josie Halvarson	MON	NT	_____
6	Frances Davis	WVL	NT	_____

Section 3 of 3 Finals

1	Andie Armour	EIE	31.16	_____
2	Talia Lundgren	MON	30.10	_____
3	Jazzmyn Williams	EIE	29.20	_____
4	Alexis Gavora	MON	30.09	_____
5	Dorothy Odonnell	WVL	30.92	_____
6	Mallorie Belt	EIE	31.53	_____

Event 32 Boys 200 Meter Dash

Lane Name	School	Seed Time
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Section 1 of 4 Finals

1	Jesse Ward	NPL	NT	_____
2	Cody Albert	NPL	NT	_____
3	Justin Therriault	MON	NT	_____
4	James Holmes	MON	NT	_____
5	Jackson Curry	WVL	NT	_____
6	Grant Ebanal	WVL	NT	_____
7	Lee Jones	NPL	NT	_____

Section 2 of 4 Finals

1	Jacob Martolano	MON	NT	_____
2	Jacob Sprankle	EIE	NT	_____
3	Chris Markie	NPL	NT	_____
4	Ty Davis	WVL	NT	_____
5	Wyatt Reed	WVL	NT	_____
6	Matt Fellman	DEL	NT	_____
7	Taylor Tompkins	HUT	NT	_____

Section 3 of 4 Finals

1	Alec Maddin	HUT	32.25	_____
2	Quinn Evenson	HUT	29.73	_____
3	Charles Renner	EIE	28.70	_____
4	Shawn Smith	EIE	29.04	_____
5	Brook Meath	HUT	31.90	_____
6	Nathen Bowder	MON	33.23	_____
7	Anthony Vealy	WVL	NT	_____

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010**West Valley HS Track****Meet Program - Region VI All Schools Meet #4 - Saturday****Section 4 of 4 Finals...(Event 32 Boys 200 Meter Dash)**

1	Mike Arnold	NPL	25.73	_____
2	Jared Isaacson	NPL	25.41	_____
3	Frankie Anderson	NPL	23.34	_____
4	Tyler Ellsworth	EIE	25.18	_____
5	Charlie Herman	DEL	25.68	_____
6	Codi Schneider	EIE	27.07	_____

Event 33 Girls 4x400 Meter Relay

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	
Section 1 of 1 Finals				
2	DEL	A	NT	_____
	1) Sam Trainor	2) Kari Olsen		
	3) Tanya Ionashku	4) Anna Byam		
3	WVL	A	4:40.00	_____
	1) Helen Sudkamp-Walker	2) Abigail Noon		
	3) Charlotte Stark	4) Gathoni Egger		
4	NPL	A	NT	_____
	1) Sam Wood	2) Sabrina Taiclut		
	3) Christi Schmitz	4) Kelly Schmitz		
5	MON	A	NT	_____
	1) Macala Fifield	2) Nicole Schreder		
	3) Megan Schreder	4) Lizzy Bennett		

Event 34 Boys 4x400 Meter Relay

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	
Section 1 of 1 Finals				
1	NPL	A	NT	_____
	1) Danny Grzesiuk	2) Matt Wentland		
	3) Garrette Duncan	4) Frankie Anderson		
2	DEL	A	NT	_____
	1) Charlie Herman	2) Eric Pelto		
	3) Tony Tirrell	4) Josh Bialik		
3	WVL	A	3:55.00	_____
	1) Lorenzo Graham	2) Seth Stout		
	3) Alex Teslow	4) Sam Kendall		
4	WVL	B	4:10.00	_____
	1) Riley Troyer	2) Bobby Signor		
	3) Adam Paskvan	4) Mikko Sayre		
5	EIE	A	NT	_____
	1) Chris Smith	2) Jacob Sprankle		
	3) Elijah Fike	4) Antonio Hamilton		
6	EIE	B	NT	_____
	1) Patrick Connolly	2) William Mitchell		
	3) Chris Brewer	4) Charles Renner		
7	MON	A	NT	_____
	1) Zach Miller	2) Danny Cerny		
	3) Michael Moore	4) Justin Therriault		

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010

West Valley HS Track

Results - Region VI All Schools Meet #4 - Friday

Girls 3200 Meter Run

Name	School	Finals
Finals		
1 Christi Schmitz	NPL	11:44.00 10
2 Jessica Wright	NPL	12:15.00 8
3 Macala Fifield	MON	12:19.90 6
4 Mickey Murtiff	EIE	13:07.10 4
5 Anna Byam	DEL	13:45.40 2
6 Delaney Stokes	MON	14:21.00 1
7 Rachel Lindley	WVL	14:59.70
8 Chelsea Roehl	HUT	15:00.00
--- Courtney Kisner	WVL	DNF

Girls High Jump

Name	School	Finals
Finals		
1 Megan McKinnell	NPL	4-10.00 10
2 Courtney Francis	EIE	4-06.00 8
3 Alexis Gavora	MON	4-04.00 6
4 Hannah Fellman	DEL	4-02.00 4

Girls Triple Jump

Name	School	Finals
Finals		
1 Courtney Francis	EIE	31-01.50 10
2 Stokes Jessica	MON	28-06.00 8
3 Monica Clark	MON	27-07.25 6
4 T'Keyah Joseph	NPL	27-06.00 4

Girls Discus Throw

Name	School	Finals
Finals		
1 Demi Obermeyer	MON	82-07 10
2 Sky Roehl	HUT	78-00 8
3 Melissa Allen	WVL	74-09 6
4 Ava Goepfert	HUT	72-01 4
5 Mia Obermeyer	MON	70-03 2
6 T'Keyah Joseph	NPL	68-03 1
7 Liz Rogers	NPL	65-00
8 Anna Byam	DEL	64-03
9 Claire Greenblatt	WVL	63-09
10 Jenna Huff	WVL	63-07
11 Micheala Wenzlick	NPL	61-02
12 Crystal Green	DEL	58-09
13 Candice Haugen	NPL	52-02
14 Amber Baxter	WVL	48-10
15 Robin Lockwood	WVL	48-03
16 Sara Swenson	WVL	46-04
--- Ella Rohn	WVL	ND

Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Andrey Ionashku	DEL	9:45.20 10
2 Seth Stout	WVL	11:09.30 8

3 David Tatarenko	DEL	11:16.80 6
4 Mikko Sayre	WVL	11:33.00 4
5 Tyler Sands	HUT	11:45.80 2
6 Eric Jorgenson	WVL	11:52.30 1
7 Chris Smith	EIE	11:52.60
8 Michael Moore	MON	11:55.80
9 David Spindler	HUT	12:03.70
10 Marcos Rubio	HUT	12:04.40
11 Ian Elmer	HUT	12:04.60
12 Jeremy Valero	EIE	12:07.60
13 Joseph Gilmore	NPL	12:09.10
14 Zack Smith	NPL	12:13.20
15 Leanard Kjera	MON	12:14.50
16 William Mitchell	EIE	12:35.70
17 Seth Kane	WVL	12:38.50
18 Henry Swan	DEL	12:38.70
19 Ivan Krapil	WVL	12:39.10
20 Ross Brouillard	MON	12:42.00
21 Garrett St. Peter	DEL	13:44.90
--- Gavin DeWilde	NPL	DNF

Boys High Jump

Name	School	Finals
Finals		
1 Jesse Ward	NPL	5-10.00 10
2 Lee Jones	NPL	5-06.00 7
2 Greg Groesbeck	NPL	5-06.00 7
4 Cody Albert	NPL	5-04.00 4
5 Eric Pelto	DEL	5-00.00 2
6 Jovante Kincade	EIE	4-08.00 1
--- Matt Fellman	DEL	NH

Boys Triple Jump

Name	School	Finals
Finals		
1 Greg Groesbeck	NPL	38-02.50 10
2 Ty Davis	WVL	37-05.00 8
3 Charlie Herman	DEL	35-06.00 6
4 Tony Tirrell	DEL	32-05.50 4
5 Nick Brenner	NPL	31-07.75 2
6 Jordan Bartels	MON	31-05.25 1
7 Kevon Davis	EIE	31-00.25
8 Kevin Karl	MON	30-07.00
9 Rorey Hughes	NPL	27-00.25

Boys Shot Put

Name	School	Finals
Finals		
1 Kevin Rima	HUT	42-03.50 10
2 Chris Wentland	NPL	36-07.50 8
3 Ray Garris-Shoemaker	WVL	35-11.50 6
4 Jackson Deveraux	HUT	35-08.00 4
5 Marcus Cogley	WVL	34-01.00 2
6 Chris Cornelious	HUT	32-07.50 1
7 Garrett Longoria	NPL	32-02.00
8 Darren Robertson	DEL	31-07.00

Region VI All Schools Meet #4 - 4/30/2010 to 5/1/2010**West Valley HS Track****Results - Region VI All Schools Meet #4 - Friday****Finals ... (Boys Shot Put)**

Name	School	Finals
9 Danny Cerny	MON	31-06.00
10 Patrick Jensen	DEL	31-00.00
11 Jerrico Turner	WVL	30-10.00
12 Joe Biggane	EIE	30-05.00
13 James Holmes	MON	29-11.00
14 Troy Williams	HUT	29-09.50
15 Jacob Martolano	MON	29-08.00
16 Devin Fry	EIE	26-07.25
17 Tim Belmont	NPL	26-03.00
18 Dakota Dawson	WVL	26-00.50
19 Zack Swartz	NPL	25-11.75
20 Jacob Meyer	DEL	25-05.00
21 Matt Wentland	NPL	24-02.00
22 Edwin Fritch	EIE	22-06.75

Women - Team Rankings - 4 Events Scored

1) Monroe Catholic HS	39
2) North Pole HS	33
3) Eielson HS	22
4) Hutchison HS	12
5) West Valley HS	6
5) Delta HS	6

Men - Team Rankings - 4 Events Scored

1) North Pole HS	48
2) West Valley HS	29
3) Delta HS	28
4) Hutchison HS	17
5) Monroe Catholic HS	1
5) Eielson HS	1